Today we're commemorating Go Red for Women, when the nation wears red to raise awareness about cardiovascular disease, the leading cause of death for women in the United States. This disease claims an estimated 300,000 women annually, more than all cancers combined. They include mothers, daughters, sisters, and best friends who may have benefitted from greater awareness related to cardiovascular health for women.

As such, the City of Huntington Beach and its Firefighters are taking a stand against cardiovascular disease through outreach and education in our OneHB community. The entire month of February is nationally recognized as American Heart Month, and we encourage you to visit our social media channels to find ways to care for your heart.

In addition, heart disease in women can look very different than what men may experience. For example, chest pain is often not a symptom for women, but jaw pain can be. See page 2 for the signs of strokes and heart attacks in women.

We are asking all women to live fiercely, remain relentless, and stand up against cardiovascular disease. Show your support by wearing red and reminding others to prioritize their heart health. For more information, head to https://www.goredforwomen.org.
February 5, 2021
Public Information Office

Continued from page 1—Go Red for Women Day

**Signs and Symptoms of Stroke**

IF YOU HAVE ANY OF THESE SIGNS, CALL 9-1-1 AND GET TO A HOSPITAL RIGHT AWAY.

1. Sudden numbness or weakness of the face, arm or leg, especially on one side of the body
2. Sudden confusion, trouble speaking or understanding
3. Sudden trouble seeing or blurred vision in one or both eyes
4. Sudden trouble walking, dizziness, loss of balance or coordination
5. Sudden severe headache with no known cause

**Signs and Symptoms of Heart Attack**

IF YOU HAVE ANY OF THESE SIGNS, CALL 9-1-1 AND GET TO A HOSPITAL RIGHT AWAY.

1. Uncomfortable pressure, squeezing, fullness or pain in the center of your chest. It lasts more than a few minutes or goes away and comes back.
2. Pain or discomfort in one or both arms, the back, neck, jaw or stomach.
3. Shortness of breath with or without chest discomfort. Other signs such as breaking out in a cold sweat, nausea or lightheadedness.
4. As with men, women’s most common heart attack symptom is chest pain or discomfort.

But women are somewhat more likely than men to experience some of the other common symptoms, particularly shortness of breath, nausea/vomiting and back or jaw pain.
February is Black History Month, our nation’s way of recognizing the hard work and sacrifices made by African Americans! Take a quiz by Share America to test your knowledge of African American history and learn about the many unsung heroes who have made significant contributions to our nation.
February 5, 2021

Public Information Office

EMERGENCY RENTAL ASSISTANCE PROGRAM for Orange County Renters

The Orange County Health Care Agency is offering Emergency Rental Assistance to households struggling with unpaid rent or utility bills due to COVID-19. The program is accepting applications through February 28, 2021. For more info and to apply, head over to shorturl.at/iryNY.
Sign-up to receive the Orange County Health Care Agency’s Vaccine Facts newsletter, a weekly digest of COVID-19 information and news you’ll need to stay updated and in the know. Visit occovid19.ochealthinfo.com/covid-19-vaccine-resources to sign up.

**LATEST VACCINE UPDATE:**

There are new guidelines regarding protocols at the Super POD (Point of Dispensing) vaccination sites in Anaheim and Aliso Viejo! As of February 3, here’s what we know:

– Vaccinations will only be administered to those who have SECURED AN APPOINTMENT.

– **TO MAKE A VACCINE APPOINTMENT**, visit the Othena website at [www.Othena.com](http://www.Othena.com).

– There are NO WALK-UP APPOINTMENTS at any of the vaccination PODs or Super PODs.

– **QUESTIONS?** Call the Orange County Vaccine hotline at (714) 628-7085.

– Missed the City’s Town Hall discussion on vaccines? [Watch the recording here.](#)
The City of Huntington Beach offers various platforms to receive up-to-date information about City programs, events, and policies. Check out one or more of our outlets ranging from social media to television and an online newsletter so you can stay informed about your community at all times.
Connect with us on HBTV to receive the latest news and updates on your City of Huntington Beach. From community programs to public safety announcements, HBTV has it all. Watch live or on-demand, at home or on any device, to stay in the know wherever you go.

- **Channel 3**
  Frontier or Spectrum Cable customers can tune in on Channel 3 to watch live.

- **HBTV Online**
  Did you cut the cable cord? If so, you can still watch HBTV using any internet browser on your computer or smart device. All programs play live and on demand. Simply visit HBTV Online to tune in today.

- **HBTV Smart TV**
  If you have Apple TV or Roku and prefer to watch our quality programs on your smart TV, there’s an app for that. Use your Apple TV and Roku device to download the “Cablecast Screenweave” app, which gives you access to municipal cable channels throughout the nation. Use the search function to find the City of Huntington Beach’s channel to play our programs live or on demand!

- **YouTube**
  All of our HBTV shows are available on the City's YouTube page, where you can play them on demand and at your leisure.
The City of Huntington Beach’s TV station, HBTV, is seeking talented local chefs and restaurant owners from all types of backgrounds and with a range of cuisines to be featured on our new Chefs of Huntington Beach show. Whether you enjoy cooking delightful desserts, hefty main courses, family meals for takeout, ‘make it yourself’ meal kits or the greatest burger ever, we want to hear from you!

If cooking is your passion, you cannot miss out on this **FREE opportunity** to showcase your restaurant! The show is produced by the City of Huntington Beach and will air on the City’s Cable Channel HBTV, YouTube, Facebook, Instagram and Twitter.

Fill out the application at [https://forms.gle/PrfuaF1ymTn7usfw7](https://forms.gle/PrfuaF1ymTn7usfw7) or visit [www.huntingtonbeachca.gov/chefsofhb](http://www.huntingtonbeachca.gov/chefsofhb)

**Guidelines**
- Restaurant must be located in Huntington Beach.
- Each chef and the restaurant must submit an application and biography to be considered.
- Restaurants will be selected by lottery system.
- The TV show will be 10 to 15 minutes long and will feature two restaurant per episode.
- The TV show will not feature alcohol products or cocktails.
- Completing the application with signature authorizes the City of Huntington Beach to use Chef’s name, likeness, and background details as provided above for any marketing materials related to this show, including but not limited to use on web, printed materials, video, press releases, and advertisements.
- While filmed during COVID-19, chefs and managers must wear masks and abide by guidelines set by the CDC. Restaurants must be in compliance with all City ordinances.
- Restaurant will help promote “Chef Show” on their restaurant’s web site, and social media
Virtual Town Halls

COVID-19 Town Halls
Watch all our COVID-19 Town Halls for updates and information
hbready.com/townhall/

YouTube Town Hall Playlist
Head to our YouTube channel to watch our other Town Hall videos

STAY UPDATED ON HUNTINGTON BEACH'S HOMELESSNESS EFFORTS AND FIND WAYS TO ASSIST

www hbhomelesssolutions com
HBPD Cracks Down on Cycle Chop Shops

On Thursday, January 21, the Huntington Beach Police Department advertised a Stolen Bicycle Education and Recovery Operation on social media. Our goal was to educate residents on the new Chop Shop Ordinance (10.49 HMBC), and to encourage residents to report chop shop locations.

On that date, eight detectives, three HTF officers, three case managers and one CSO patrolled the City educating citizens and looking for stolen bicycles and parts. We received two emails from citizens informing us of possible chop shop locations and a few citizens posted commentary on FB with some locations to check. Team members went to over 40 locations. In total, one chop shop arrest was made, one stolen bicycle was recovered, one found bicycle was booked, over 20 people were educated on the 529 registry, eight people were investigated for chop shop related issues but they did not meet the criteria, numerous abandoned and untraceable bicycle parts were recovered, and a truckload of trash was taken for disposal.

The images presented, show the importance of registering bicycles via the Project529 website.

The power blue bicycle shown in the picture was found abandoned along the Santa Ana River Channel. One of our detectives ran the serial number in the Project 529’s database and discovered it was stolen. The bicycle will be reunited with its’ owner.

The other picture shows a suspect who was stopped riding a girls bicycle that he claimed was given to him several months ago, while also possessing an open container of alcohol and methamphetamine. The bicycle was not registered and there were no hits in our local systems, so the investigating supervisors had no option but to release the bicycle back to the suspect.

As a reminder, registering your bicycle is an important step four our officers to return bicycles to their rightful owners if they are ever lost or stolen.
Every second counts in a residential fire! Fire can spread rapidly through your home, leaving you as little as two minutes to escape safely once the smoke alarm sounds. Don’t have an escape plan? NFPA has helpful tools to help create your own Fire Escape Plan. Creating and practicing an escape plan may seem unnecessary, but these actions can have heroic results.

Last weekend, your Huntington Beach firefighters responded to a residential kitchen fire near the downtown area. The occupant inside was alerted to the fire by a smoke alarm on the second floor and was able to quickly escape. Firefighters had a quick knockdown of the fire and no injuries to report.

Please help with our community risk reduction and remember that kitchen safety is important to prevent fires in your home. Here are some safety tips to remember:

- Don’t leave your cooking appliances unattended. Stay in the kitchen while you are frying, grilling, boiling, or broiling food.
- Keep anything that can catch fire — oven mitts, wooden utensils, food packaging, towels or curtains — away from your stovetop.
- Be on alert! If you are sleepy or have consumed alcohol, do not use the stove or stovetop.

For more information, read about creating a home escape plan.
February 5, 2021

Community and Library Services Department

HUNTINGTON BEACH
COMMUNITY AND LIBRARY SERVICES

Valentine's Day
ACTIVITY KIT

Spend Valentine's Day the Community and Library Services way! Activity kits will include a fun family dinner recipe, dessert, crafts, games, and much more... including a special surprise!

Register online at hbsands.org
Activity Code: 111219
$25 per kit (activities for 4 people)
Please call City Gym and Pool at (714) 960-8884 for more details.
Instructions for kit pickup will be provided on registration receipt.
February 5, 2021

Community and Library Services Department

The Huntington Beach Community Services Department received public input on the future public art piece that will be installed at Central Park at their recent Town Hall meeting. Want to watch it again? You can now stream the Town Hall on demand on our YouTube channel and HBTV Channel 3.

Central Park Public Art

Virtual Town Hall Replay & Survey

Watch the Virtual Town Hall and take the survey by Friday, February 5, 2021.

For more information email Ashley.Wysocki@surfcity-HB.org
The Muse Huntington Beach Art Center’s Blog

One of the many exciting changes at the Huntington Beach Art Center for 2021 includes a new blog. We love talking to you and have considered many ways to entice you into a deeper dive into the arts. This column will feature different writers throughout the year, introducing our audience to new explorations in art.

As social distancing continues, our classes and exhibitions will be available online. Thursday nights will pop with lectures and demonstrations. Art for Lunch will take on a new flavor.

Opportunities for surf artists and plein air painters will arrive in the summer and fall, accompanied by outdoor workshops, historical lectures and artist talks. An Artist Council Inspired winter exhibit is the encouragement to all artists to be working now and becoming a member of the Artist Council!

This is a year to expand, to experience, to blossom and to grow. We invite you to join us on that journey.
The Children’s Library has a lot to celebrate during the month of February. First, patrons of all ages are encouraged to stop by the Central Library or visit the HBPL social media pages during the week of February 8-13, 2021 for Love Your Library Week. This month is the perfect time to show the library some LOVE! Events at the Central Library include decorating the Children's Library aquarium with paper hearts, taking photos at the “Love Your Library” photo booth, and giving out Valentine Quick Craft Kits at the Children’s Desk (while supplies last). Library Lovers can also tag HBPL on social media using @hbcalibrary or #hblovesthelibrary to let the library know what they love the most about them!

Tweens ages 8-12 are invited to attend a very special online Wise Owl Tween Book Club featuring the library’s own author Van Hoang! An “Intro & Meet the Author” event is set for Thursday, February 11 at 4 p.m. followed by a “Discussion with the Author” on Thursday, March 11 at 4 p.m.

The featured book is Van’s recently published Girl Giant and the Monkey King, which explores the world of Vietnamese mythology through the eyes of 11 year old Thom Ngho. Thom, who is freakishly strong, makes a bargain with legendary trickster Sun Wukong, also known as the Monkey King, to become “normal”, so that she can fit in at her new school. This bargain does not come without risks, however.

Registration begins February 1 through the library’s online calendar. The first 15 registrants will receive a free copy of the book, and all registrants will receive a craft/activity kit! The online meetings will be on Zoom.

Visit www hbpl.libcal.com to register.
In honor of February’s Black History Month, children of all ages are invited to explore the Children’s Library’s collection of materials celebrating Black history and culture! Visit this online resource at [www.bit.ly/HBPLchildrens](http://www.bit.ly/HBPLchildrens) on the Library’s website to browse picture books, grade level books, and other clickable lists of books, movies, and music exploring this important topic.

The Youth Services Department is happy to announce that Melissa Ronning was promoted to the position of Senior Youth Services Librarian in January. She takes the helm from Barbara Richardson, who retired in October 2020 after 35 years of service with the City.

Melissa has worked in both Youth and Public Services at the Library since 2015, and has been a tremendous advocate for youth and families in the community. She was a lead coordinator for the School Library Card Initiative, which distributed library cards to all elementary and middle school children in the Ocean View and Fountain Valley School Districts.

Melissa was also a key team member in the development of the Teen Library Card Program, which makes accessing the library easier for teens by allowing them to sign up for library cards using their school ID. Additionally, she has been a lead member of the HBPL Makerspace Program, an incredibly successful grant writer in support of library programming, and a wonderful liaison to the rest of the Orange County library community. The Youth Services staff are so excited to have her on board and look forward to working with her and the library’s community partners to develop new, exciting programs and services for youth and families.
Teenaged aspiring authors are encouraged to attend the upcoming Teen Writers Masterclass. These virtual creative writing workshops are led by teens Gaby, Alena, Christina and Kaitlyn, who are seniors from the Creative Writing Conservatory at the Orange County School of the Arts (OCSA). In collaboration with the Huntington Beach Public Library, the Teen Writers Masterclass aims to bring easily accessible and informal creative writing tutorials to kids and teens. After watching the videos and completing the provided exercises, teens will be able to submit their creative writing pieces to be published online! For more information, visit the Teen LibGuide at https://hbpl.libguides.com/teens/writersmasterclass.

In celebration of the Lunar New Year, which begins on February 12, the next bi-weekly Teen Try it Activity Kit will feature all of the materials needed to make paper lanterns and red gift envelopes, plus riddle solving and zodiac fun! Registration for the February 16 kit is on Sunday, February 7 at 3 p.m. These kits, intended for ages 11-18, are designed to give teens a hands-on break from the schooling experience, and to encourage creativity and self-discovery. This kit is also a great way to learn about traditional New Year celebrations in China, Japan, Vietnam, and Korea! To reserve a kit for pickup during the week of February 16-21, register online here.
Join the Friends of the Huntington Beach Public Library on Thursday, February 25 at 4 p.m. for a live Zoom talk with New York Times Bestselling author and Emmy Award winning television writer Matt Goldman, as he discusses Dead West — the fourth installment in his series featuring Minneapolis Private Investigator Nils Shapior. In this latest crime novel, Nils accepts what he believes will be an easy job, but once he arrives in Los Angeles, he becomes disoriented by the city full of sunshine and secrets. To register for this free event, click here https://www.fotlhb.com/programs--special-events_1.html.
February 5, 2021

Community and Library Services Department

Literacy Department Programs

The Literacy Volunteers will be having their next informational meeting online via Zoom on Tuesday, February 23 at 6:30 p.m. Those interested in finding a better job or helping their children with homework are invited to attend this Literacy Learner Information Meeting to find out how the literacy department can help them reach their goals. After an initial assessment, learners will be matched with a volunteer tutor who will design a plan individualized to their needs. All tutoring is conducted in English, and is virtual at this time. Registration is required.

Contact the Literacy office today at 714.375.5102 to speak with staff and register, then e-mail literacy@surfcity-hb.org to receive the link for the online Zoom event.

Adult Services Programs

Job seekers who would like to learn to write a more effective resume in order to make a better first impression with employers are encouraged to attend an online Resume Writing Class offered by the Library’s Adult Services, in conjunction with Golden West College. This Zoom class is led by instructor Nikki Nguyen, Career Counselor at Golden West College, and will be held on Wednesday, February 17 at 1 p.m. Register online at https://hbpl.libcal.com/calendar/events/resume to receive a link to the Zoom meeting prior to the event. Registration closes February 15.
February 5, 2021

The Makerspace Program

The Makerspace Program staff and volunteers are offering online virtual Q & A sessions throughout the month of February to answer questions about the program, troubleshoot device issues and show attendees how to use their new maker toys. These Makerspace Q & A Sessions will offer users the opportunity to get helpful hints and tips from the library’s professional staff, as well as a chance for them to connect with other local makers using the same tools. Click here to register for one or all of the online Zoom sessions, or click the links below.

Makerspace Q&A Sessions:

- **Sewing** - February 9, 5:30 p.m., register HERE!
- **Laser Engraver** - February 10, 5:30 p.m., register HERE!
- **3D Printer** - February 11, 5:30 p.m., register HERE!
- **Design Software** - February 16, 5:30 p.m., register HERE!
- **CNC Router** - February 18, 5:30 p.m., register HERE!
Virtual AM Connect

SHARE THE LOVE:
Love local, give local

Friday, February 12, 2021
Registration: 7:45 a.m.
Event: 8:00 - 9:00 a.m.
Attendance: $5 for Chamber Members,
$10 for non-members

This month, we focus on giving back to our local community. Learn about nine of our local non-profit organizations, the benefits they provide to the community, and how businesses can get involved.

Lauren McGunigale from Mercy House will be sharing an update on the Huntington Beach Navigation Center, including the progress since its opening, types of donations they need, and how you can help.

FEATURED NON-PROFIT ORGANIZATIONS:

MERGENCY HOUSE

Register in advance to receive the zoom link at hbehamber.com
#HBChamber
February is #ShowYourHBLove Month!

Visit Huntington Beach will be creating a website, blogs, and social media content inspired by the holidays and events occurring all month long. Show your HB Love by creating posts surrounding each week’s theme and share with VHB to be featured.

**Week 1**
- **Feb. 1 - Feb. 7**
  - Theme: Action Sports
  - Event: Superbowl (2/7)
  - Topics: Superbowl, HB Sports Love, Action Sports Retailers, why sports are great in HB

**Week 2**
- **Feb. 8 - Feb. 14**
  - Theme: Restaurants & Retail
  - Event: Valentine's Day (2/14), Three Day Weekend (2/15)
  - Topics: Valentine’s Day, gifts, romantic dinners, fun with friends, staycations, take out

**Week 3**
- **Feb. 15 - Feb. 20**
  - Theme: Community Giveback
  - Event: President’s Day (2/15)
  - Topics: President’s Day, giveback on your day off, helping others, volunteering

**Week 4**
- **Feb. 21 - Feb. 28**
  - Theme: Community Pride
  - Topics: Reasons you love HB, favorite foods and activities, unique finds in HB, hidden gems

### Ways to Get Involved

**STEP 1**
Share with VHB
VHB is creating an interactive map, website, blogs and content for this campaign. Send photos and details of promotions or events to info@surfcityusa.com to be included.

**STEP 2**
Share on Social
Post content on your own social channels
Tag VHB’s social channel and #ShowYourHBLove so VHB can repost

**STEP 3**
Engage on Social
Repilot content your business is tagged in
Tag VHB’s social channel and #ShowYourHBLove so VHB can repost

@HBSurfCityUSA
@SurfCityUSA
Visit Huntington Beach
ShowYourHBLove.com
City Hall Directory

Helpline (714) 536-5511
City Attorney (714) 536-5555
City Clerk (714) 536-5227
Passports (714) 374-1600
City Council (714) 536-5553
City Manager (714) 536-5202
Community Services (714) 536-5486
Beach Operations (714) 536-5281
Business Development (714) 536-5582
Finance Department (714) 536-5630
Business Licenses (714) 536-5267
Fire Department (714) 536-5411
Human Resources (714) 536-5492
Information Services (714) 536-5515
Library Services (714) 842-4481
Community Development (714) 536-5271
Code Enforcement (714) 375-5155
Police Department (714) 960-8811
Public Works (714) 536-5431
Graffiti Removal (714) 960-8861

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City Manager
www.huntingtonbeachca.gov