2019 Junior Lifeguard Program
For Boys And Girls 9-17 Years Of Age

Purpose of The Program
To acquaint the youth of our community with the experience of ocean swimming and its hazards, while exposing them to an environment that will teach them courtesy, respect, discipline, sound morals, and good sportsmanship.

Ocean and beach safety, lifesaving techniques, procedures for bodysurfing, body boarding, board surfing, development of swimming skills, competition with other Jr. Lifeguard programs, volleyball, and miscellaneous beach games, activities, field trips and ecology.

Program Schedule
Monday through Friday, June 24 through August 15, 2019
– Morning Session 8:30am–12 noon
– Afternoon Session 1–4:30pm
– Full Day Session 8:30am–4:30pm

Cost
$605 for Huntington Beach Residents.
$630 for non residents
Full Day Program: $980 for Huntington Beach Residents. $1005 for non residents

Requirements
Open to boys and girls ages 9 through 17 (as of July 1, 2019). Applicants must possess a basic swimming ability to be able to pass the following prerequisite exams:

<table>
<thead>
<tr>
<th>DIVISIONS</th>
<th>“A” DIVISION</th>
<th>“B” AND “C” DIVISION</th>
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<tbody>
<tr>
<td>A = 14-17 years old</td>
<td>– Swim 100 yards in 1:45 or less</td>
<td>– Swim 100 yards in 1:50 or less</td>
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<td>B = 12-13 years old</td>
<td>– Tread water for five minutes</td>
<td>– Tread water for five minutes</td>
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<tr>
<td>C = 9-11 years old</td>
<td>– Swim under water for 10 yards</td>
<td>– Swim under water for 10 yards</td>
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NOTE: The “C” Division participants will be eligible for the program if you pass with a time requirement of 1:51–2:00, but will be enrolled in the PM session only, regardless of siblings.

Tryouts
Cabana Club, 8141 Atlanta Avenue, Huntington Beach, 92646
– April: 6 and 27, 2019 8am–12 noon
– May 8 and June 5**, 2019 6:30pm–8:30pm
– May 19, 2019 8am–12 noon

** The June 5th tryout is for the PM session only for the “C” and “B” divisions. “A” division applicants are eligible for the AM or PM session for this date.

Sandcrabs
Sand crab registration will begin on March 1st and will be through the City’s website at: hbsands.org. The program is open to guards age 6-8 and will cost ~$150. There will be a swim requirement that must be passed. Additional information will be available on our website.

For more information on the program you can find it at juniorguard.com, or call (714) 374-1501.