



HUNTINGTON BEACH
**NEIGHBORHOOD
WATCH
NEWSLETTER**



**TAKE A BITE OUT OF
CRIME®**

Date: **March 2012** Vol. **40** No. **3**

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NON-EMERGENCY/DISPATCH	714 960-8825	Graffiti Hot Line	714 960-8861
POLICE Business Line	714 960-8811	Neighborhood Watch- Nilda Berndt	714 536-5933
Vacation House Checks (RSVP)	714 374-1507	Layout/Graphic Design	Tom Gaccione
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Compiled by Nilda Patiño de Berndt, HBPD Community Relations Specialist

FEBRUARY DONATION UPDATE

The Huntington Beach Neighborhood Watch Program (HBNW) **fiscal year** is from July 1 to June 30 each year. We have estimated we will need approximately \$25,000 this year to cover the various HBNW program expenses which include, but are not limited to, newsletter assembly, distribution costs, returned postage, mailing labels, etc. From the start of our fiscal year to now, we have received **\$12,591.95 in donations and newsletter advertisements-- we have \$12,408.05 to go** by June 30, 2012. The HBNW Board thanks you and our advertisers for your support and generous donations. A \$6 donation pays for each subscriber's distribution costs; a \$10 donation helps with these costs and other needed expenses and puts your name in the Newsletter as a contributor; and a \$25 or more donation accomplishes the above, plus you will receive a HBNW sticker and a token of appreciation. Remember, HBNW is a non-profit organization; **donations are tax deductible.**

As a resident of the city, we encourage you to review the HBNW program budget and expenses.

We strongly suggest you sign up to receive your Newsletter either **electronically** or through the mail. The Newsletter has valuable crime prevention information and crime statistics. Donations are not necessary to receive the Newsletter, but if you wish to make a donation, please make your check payable to:

HB NEIGHBORHOOD WATCH PROGRAM

**Send to: HB NEIGHBORHOOD WATCH
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For more information please call (714) 536-5933.

IN LOVING MEMORY

May You Rest In Peace

Huntington Beach Police Department RSVP's

You sacrificed so much to give back to your community and helped keep us safe. **Thank you for your service.** We will miss you.

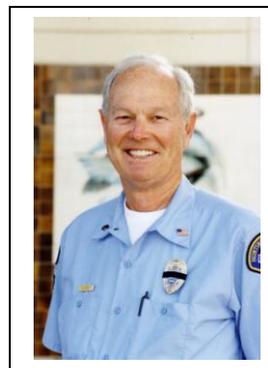
Marge Knack
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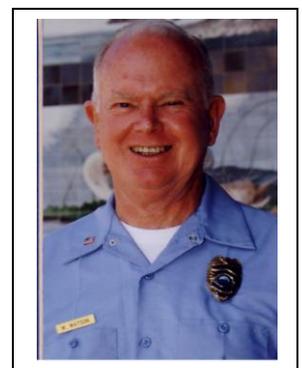
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2005 - 2012



William "Bill" Okey
2003 – 2012



William "Bill" Watson
2002 - 2012





Peer Pressure – Will Your Child Succumb to It?

By Susie Vanderlip, CPAE, CSP

www.legacyofhope.com

It's time to take a new look at an old concept – peer pressure. How many times have we blamed a teen decision to use alcohol, pot or other drugs, have sex, cut themselves, run away, or attempt suicide on “peer pressure?” Is this just an occasion of ‘passing the buck’ onto someone else's child to skirt our own child's personal responsibility or perhaps even our own? Or is “peer pressure” merely a term we use to cover our confusion as to ‘why’ our child could make such a poor decision? Instead, let's redefine ‘peer pressure’ to remove the generality of the term and remove the fear of being accused of poor parenting.

From years of listening to troubled teens – over 25,000 in nearly all 50 states, across every socio-economic, ethnic, rural or urban, and religious background – a new definition has become clear. Peer Pressure is actually Peer Opportunity coupled with Emotional Vulnerability. BOTH must be present to tip the balance and motivate an adolescent to make a poor choice.

First, take Peer Opportunity. When a child's friend or older sibling has alcohol, tobacco, pot, cocaine, meth, pharmaceutical drugs, inhalants, steroids or other inappropriate substances with them, is using them, and likely, offering them or exhorting your child to use them – this is Peer Opportunity. The “forbidden fruit” is present for the picking (using). However, this does NOT mean your child/your teen is going to take advantage of that opportunity. Many teens DO say “NO,” “Not interested,” “Not my thing,” and “My parents would kill me!” In other words, Peer Opportunity is not enough to get any child/teen to use or participate in an unacceptable act. Teaching your child refusal skills and practicing how to say No when offered is very useful in moments of Peer Opportunity. It prepares a child to handle the moment more comfortably and with confidence.

What makes a child actually take a bite of that “forbidden fruit” is *Emotional Vulnerability*. We will never eliminate Peer Opportunity completely. Alcohol, drugs, teen sex, and other dangerous choices will be present in the world for as long as there are people on the planet. But parents CAN impact the Emotional Vulnerability of their child, thereby tipping the balance in favor of a “No, thanks” response.

So, what is Emotional Vulnerability? It's best understood through the workings of the adolescent brain. The cortex of the brain starts to grow when a child is 12 and continues to grow until they are 24 to 27 years old. The cortex's job is to provide impulse control and the ability to analyze situations, determine outcomes and consequences, and make deliberate and healthy decisions. As a result, a 12 to 18 year old teen clearly doesn't have a fully developed cortex. In fact, if you've ever asked a 12 through 18 year-old, “What were you thinking?”, the best answer would be, “I wasn't thinkin' nothin'. I don't have a whole brain to think with yet.” They really DON'T have a whole brain to think with yet, and are primarily responding to their emotions.

We all have a part of the brain called the amygdale which has been shown through brain scans to be the first part of the brain that activates when we make decisions in life. The amygdale is where we store a certain amount of emotional memory – particularly fears. Therefore, our kids our making decisions based on those feelings and fears. This is abundantly clear to me from the thousands of conversations I have had with teens. Teens don't understand why parents berate them, hit them, criticize them or ignore them; they just believe that they, the teen, are at fault and unlovable. They react to the feelings of rejection, hurt, anger and they become emotionally vulnerable – needy – desperate to be loved. *(continued on page 3)*

Peer Pressure – Will Your Child Succumb to it?

(continued from page 2)

Emotional Vulnerability is when a child's fear of not being lovable exceeds a certain threshold. Teens are particularly vulnerable to wanting to fit in, be liked, and be accepted by their peers. They all have varying levels of these feelings and fears at times in adolescence. However, there are varying circumstances in a child's life that create a level of fear of not being loved and lovable that tips the scales towards serious *Emotional Vulnerability* and dangerous choices.

Life circumstances that increase a child's fear of not being loved/ lovable include parental divorce. And don't fool yourself, they didn't "get over it" because it happened back when they were 6 and now they're 12. Divorce leaves many children with a diminished sense of security and lovability which may surface or re-surface more acutely when their cortex starts to grow at 12. Once that reasoning power begins to develop, a teen will question anew: "What's wrong with me? What did I do to make my parents fight, hit me, split up?"

Thousands of teens have shared with me how they feel it is THEIR FAULT that a divorced parent isn't present in their lives right now. They feel unlovable and are plagued by self-loathing, assuming it is their fault that a parent isn't around. This is especially acute when a biological parent has abandoned the family – even if it happened before the child was even born. In adolescence, the brain has grown just enough for a teen to question, "WHY aren't they coming to see me? It must be ME. They don't really love me. I'm a loser."

The gut-wrenching fear of not being lovable/ loved generates an acute loneliness that none of us, young or old, can endure for long. Drugs, alcohol, sex, running away, cutting, and suicide attempts now have appeal as methods to escape the acute pain that seems to be bottomless and inescapable.

Even high-achieving teens from affluent families can have significant *Emotional Vulnerability*. Upper middle class to affluent parents may give their kids abundant material goods, exposure to hobbies and travel, etc. However, they also have a strong tendency for an abundance of high expectations with praise or criticism directly linked to performance. High-achievers come to me when they have partied too much and are now addicted to cocaine, meth, heroin, prescription painkillers or other drugs, having eating disorders, or are cutting on themselves. They say they succumbed because they felt so "STRESSED" by the expectations of their parents and/or social standing.

Keep in mind, what is tolerable stress to one child may not be for another. Depending upon what position that child has in the family (first born, middle child or youngest), their natural aptitudes (how hard it is for a particular child to succeed at school, sports, other activities), and the degree of control and criticism in the home, a child can or cannot tolerate a parent's disappointment or disapproval over such things as a lower than desired test score or less than stellar performance. Any child that is subjected to regular criticism, ridicule, name-calling, or verbal abuse by a parent is going to translate that to into feelings of not being lovable – not good enough to be loved. When a teen feels they are "not being enough to be loved," their *Emotional Vulnerability* level rises significantly and primes them to give in to Peer Opportunity to drink, use drugs, have sex, run away, attempt suicide, etc. *(to be continued in April's issue)*

APRIL IS SEXUAL ASSAULT AWARENESS MONTH

Working together we can raise awareness, change attitudes, and help prevent sexual assault. You can begin April 1st by wearing a "Teal Ribbon" to help bring awareness to others about Sexual Assault. You may pick up a "Teal Ribbon" at the front counter of the HBPD, while the supply lasts (compliments of HB Neighborhood Watch Program).

RESIDENTIAL BURGLARIES, VEHICLE BURGLARIES, GRAND THEFT AUTO

The police patrol areas are the north and south. The patrol beats are 2-13. Your RD (Reporting District) is the half-mile square surrounding your home.

To locate your Beat and RD, please check the map on the back inside page. In most cases, your BEAT/RD is identified on your address mailing label.

RESIDENTIAL BURGLARIES

37 reported 01/15/12 – 02/14/12

45 reported 12/15/11 – 01/14/12

Eleven of the entries were due to **OPEN OR UNLOCKED** windows or doors. Eight of these burglaries were committed during the day; nine were committed at night, and twenty at an unknown time.

There were nine garage entries.

There were seven attempted entries.

VEHICLE BURGLARIES

65 reported 01/15/12 – 02/14/12

96 reported 12/15/11 – 01/14/12

GRAND THEFT AUTO

20 reported 01/15/12 – 02/14/12

27 reported 12/15/11 – 01/14/12

BEAT 2

4 Residential Burglaries
2 Vehicle Burglaries
2 Grand Theft Auto

Residential Burglaries

RD 464-1 RD 466-1
RD 475-1 RD 476-1

Streets: Miramar Ln., Hagerstown Cir., Kaneohe Ln., and Brookhurst St.

In RD 464, Miramar Ln., suspect(s) possibly entered through a rear sliding glass door left open for the dog.

In RD 466, Hagerstown Cir., suspect is in custody.

In RD 475, Kaneohe Ln., attempted only, suspect(s) did not gain entry.

There was one attempted entry.

Vehicle Burglaries

RD 460-1 RD 476-1

Grand Theft Auto

RD 467-1 RD 476-1

BEAT 3

2 Residential Burglaries
0 Vehicle Burglaries
2 Grand Theft Auto

Residential Burglaries

RD 444-1 RD 445-1

Streets: Allport Ln. and Candlewood Dr.

In RD 445, Candlewood Dr., suspect is in custody.

There was one garage entry.

Vehicle Burglaries

None reported

Grand Theft Auto

RD 454-1 RD 445-1

BEAT 4

10 Residential Burglaries
8 Vehicle Burglaries
0 Grand Theft Auto

Residential Burglaries

RD 432-4 RD 433-1
RD 442-3 RD 452-1
RD 463-1

Streets: Huntington St., Delaware St., Rumford Ln., Alabama St., California St., Hartford Ave., and Doncaster Dr.

In RD 432, Huntington St., suspect is possibly known.

In RD 432 Delaware St., suspect(s) possibly used a bolt cutter to remove the lock from the garage door to gain entry.

In RD 432 Huntington St., It appeared suspect(s) may have used a bolt cutter to cut the lock on the garage. There were motion sensor lights that when activated may have scared off the suspect(s) before they stole anything.

In RD 442, California St., suspect(s) cut the garage door locking mechanism with an unknown object to gain entry.

In RD 452, Hartford Ave., it appeared the suspect(s) made entry into the storage unit by cutting the lock off.

In RD 463, Doncaster Dr., suspect(s) entered the garage through an unlocked access side door and removed items and then exited through the main roll-up door.

There were six garage entries.

There were three attempted entries.

Vehicle Burglaries

RD 442-4 RD 443-1
RD 452-2 RD 474-1

Grand Theft Auto

None reported

BEAT 5

1 Residential Burglary
1 Vehicle Burglary
1 Grand Theft Auto

Residential Burglaries

RD 437-1

Street: Lexington Ln.

In RD 437, Lexington Ln., suspect(s) possibly entered the residence through an unlocked 2nd story patio door.

Vehicle Burglaries

RD 436-1

Grand Theft Auto

RD 437-1

BEAT 6

5 Residential Burglaries
3 Vehicle Burglaries
1 Grand Theft Auto

Residential Burglaries

RD 348-1 RD 349-1
RD 441-2 RD 451-1

Streets: Pacific Coast Highway, Acacia Ave., San Nicolas Cir., 10th St., and 6th St.

In RD 348, Pacific Coast hwy., suspect described as male, white, 35 years old, height 6'3", weight 200 lbs. and muscular build, bald or shaved head, large nose, wearing a reddish flannel shirt and jeans. Vehicle described as "UCLA blue" with a SUV body.

In RD 349, Acacia Ave., it appeared an unknown suspect(s) forced an unknown type of tool through the gap in the top 2 garage door panels and released the emergency cable granting him/them access to the garage

There was one garage entry.

There was one attempted entry.

Vehicle Burglaries

RD 338-1 RD 451-2

Grand Theft Auto

RD 451-1

RESIDENTIAL BURGLARIES, VEHICLE BURGLARIES, GRAND THEFT AUTO**BEAT 7**

1 Residential Burglary
4 Vehicle Burglaries
2 Grand Theft Auto

Residential Burglaries
RD 411-1

Streets: Ellis Ave.

In RD 411, Ellis Ave., suspects are possibly known.

Vehicle Burglaries
RD 293-2 RD 422-2

Grand Theft Auto
RD 412-1 RD 423-1

BEAT 8

2 Residential Burglaries
7 Vehicle Burglaries
3 Grand Theft Auto

Residential Burglaries
RD 179-1 RD 281-1

Streets: Spickard Dr. and Metzler Ln.

In RD 179, Spickard Dr., suspect(s) entered the residence through an unlocked rear door.

In RD 281, Metzler Ln., it appeared an unknown suspect(s) cut two pad locks off a storage container to gain entry.

There was one storage container entry.

Vehicle Burglaries
RD 176-2 RD 177-3
RD 178-1 RD 179-1

Grand Theft Auto
RD 177-2 RD 189-1

BEAT 9

3 Residential Burglaries
8 Vehicle Burglaries
5 Grand Theft Auto

Residential Burglaries
RD 263-1 RD 264-1
RD 272-1

Streets: Heritage Ln., Ross Ln., and Ash Ln.

In RD 263, Heritage Ln., an unknown suspect(s) pried open the kitchen window above the sink, entered through the kitchen window, ransacked the residence, stole the property and left the house through the living room's sliding glass door.

In RD 264, Ross Ln., it appears entry was made through the rear

east door. This door is a French Door and it was pried and pulled on until the wood broke.

Vehicle Burglaries
RD 264-1 RD 272-1
RD 273-3 RD 282-1
RD 283-2

Grand Theft Auto
RD 272-3 RD 273-1
RD 283-1

BEAT 10

4 Residential Burglaries
6 Vehicle Burglaries
1 Grand Theft Auto

Residential Burglaries
RD 152-1 RD 164-1
RD 165-1 RD 175-1

Streets: Twinkle Cir, Edgewater Ln., Sims Ln., and Sandra Lee Ln.

In RD 165, Sims Ln., unknown suspect(s) broke off the garage door lock.

There was one garage entry.

Vehicle Burglaries
RD 151-1 RD 154-1
RD 164-2 RD 175-2

Grand Theft Auto
RD 165-1

BEAT 11
2 Residential Burglaries
3 Vehicle Burglaries
0 Grand Theft Auto

Residential Burglaries
RD 166-1 RD 169-1

Streets: Heil Ave. and Simone Ln.

There was one storage unit entry.

Vehicle Burglaries
RD 158-1 RD 166-1
RD 168-1

Grand Theft Auto
None reported

BEAT 12
1 Residential Burglary
5 Vehicle Burglaries
1 Grand Theft Auto

Residential Burglaries
RD 138-1

Street: Stanford Ln.

There was one attempted entry.

Vehicle Burglaries
RD 128-1 RD 139-1
RD 146-1 RD 148-1
RD 149-1

Grand Theft Auto
RD 128-1

BEAT 13

2 Residential Burglaries
18 Vehicle Burglaries
2 Grand Theft Auto

Residential Burglaries
RD 242-1 RD 262-1

Streets: Cascade Ln. and Westwood Ln.

In RD 242, Cascade Ln., it was determined that the suspect used the victim's BBQ brush to try to pry open the rear sliding glass door but did not gain entry. Suspect then left the area in an unknown direction.

There was one attempted entry.

Vehicle Burglaries
RD 242-6 RD 251-2
RD 252-4 RD 253-1
RD 261-1 RD 262-4

Grand Theft Auto
RD 242-2

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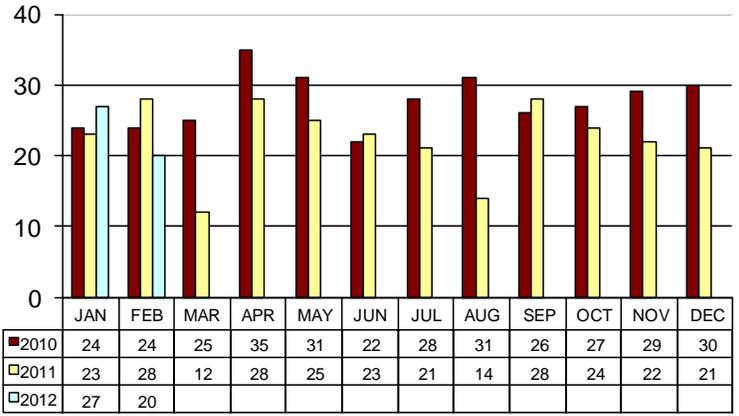
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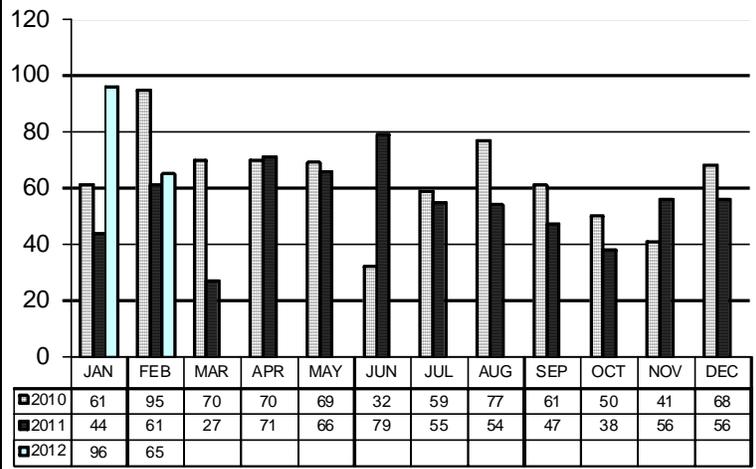
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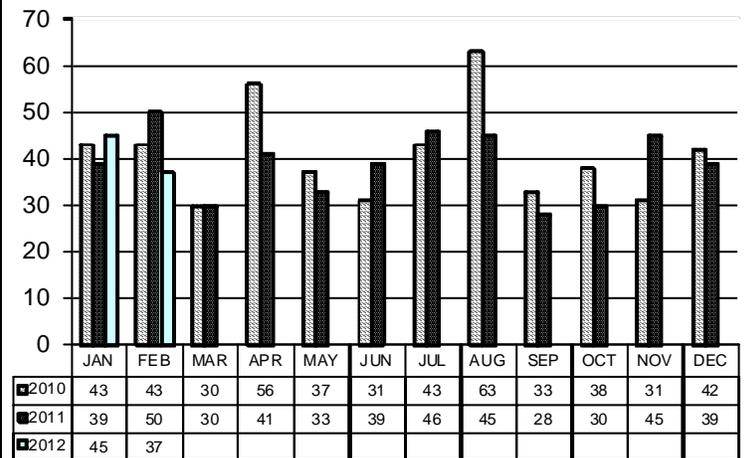
GRAND THEFT AUTO



VEHICLE BURGLARIES



RESIDENTIAL BURGLARIES



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Locate Your Beat and Reporting District (RD) by referring to this map. In most cases your BEAT and RD are on your mailing label.

Example:
If you live in Beat 3 and RD 455, you will have 3-455 on your address label.



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