

CITY OF HUNTINGTON BEACH CERT NEWSLETTER

June 2010

SINCE 1991



HB CERT HIGHLIGHTS

INSIDE THIS ISSUE

President's Message
Page 1

HB Text Alert
Page 1

ARC Training Class
Page 1—2

HBCOA Golf
Tournament
Page 2

CERT Speakers
Page 2

CERT Elected Officers

CERT Badges
Page 2

Is the FCC Looking
for You?
Page 3

Fire Extinguishers
Page 3

Thanks to April class
Instructors
Page 3

Photos from April
SALS Class 4

Registration Form for
Ham Radio License
Class
Page 5

2010 CERT Class
Schedule
Pages 6—7

Important
Announcements and
Upcoming Events
Page 8



CLASS 1



President's Message

By Judy Ann Morris
jamorris189@yahoo.com

Thank you to all the 150 students in attendance at our April Save-A-Life Saturday Class.

Here we are half way through 2010; the year is passing by so fast. Did you make a "to do" list for 2010? How many projects have you accomplished on your list? Do you need to update or change your list? Sometimes our priorities during the year have changed because of personal growth or just circumstances in our lives. Take a few minutes and reevaluate what you want to accomplish this year.

Here are a few ideas to restart your list, and if you have tasks already completed, you can check them off immediately. That's a bonus!

1. Complete a "grab-n-go" bag for each member of your family. (The bag should be stored by their bedside.)

2. Make a "grab-n-go" for each family member's car.

3. Start on/or complete a two-week supply of food, water, and medical supplies to be stored in your home.

4. Make copies of all of your important papers and put them in a fire-safe place.

5. Prepare an "out of state" contact information card for all family members.

6. Contact your neighbors to talk about taking care of each other after any disaster.

7. Register and attend a CPR class. Remember CPR needs to be renewed every two years.

IMPORTANT INFORMATION - JUNE 19, 2010 DRILL YOUR SKILLS

Class will be held at the Fire Training Center at 18301 Gothard – not at City Hall.

Bring:

- Extra bottled water for the day
- Sunscreen (outdoor class)
- Heavy work gloves
- Flashlight
- Fire Extinguisher if you wish to use your own (no refilling at class)
- Old clothes, long pants, shirts, closed toe/heel shoes
- Hat, cap or visor

If possible, car pool because parking is at a premium at the Training Center.

If you are a past grad or need to use this class as a make up class in order to graduate, you must contact Brevyn Mettler at his email bmettler@surfcity-hb.org in order to get permission to attend.

Text Alert for Street Sweeping for Huntington Beach Residents

The notification feature, introduced at Monday night's City Council meeting, alerts residents via text message and e-mail about street sweepers, City Council and Planning Commission agendas, and newsletters. Dozens of other alerts are slated to be added to the system at a future date.

Residents can sign up for the alert by going to www.HuntingtonBeachca.gov.

Then at the top of the page, click on "I want to" and drop down to "be notified."

Information services director Jack Marshall said he was not aware of any other Orange County city that text messages people about street sweeping. Other local cities do have text messaging for traffic or emergency alerts. However, Huntington Beach's features were modeled after the Boston city website.

American Red Cross Shelter Training Class Huntington Beach CERT Volunteers,

The ARC Shelter Training Class is required for all CERT members who wish to become Huntington Beach Fire Department volunteers. We originally scheduled a CERT Responder class that day but due to the conflict in dates, the CERT responder class will be rescheduled. The ARC Shelter class will fill up fast and is first come, first serve. **ONLY register if you have or will complete all four CERT classes by July and intend on a serious commitment to HB CERT.** There are a lot of people that would like to attend. You must be 18 to register.

American Red Cross Shelter Training 1-day Class

This class is recommended for CERT volunteers who have already completed the 20-hour CERT training classes and wish to develop their skill level and ability to respond to crises within Orange County. This class is additionally a pre-requisite for the CERT

(continued on page 2)

**American Red Cross Shelter Training Class
Huntington Beach CERT Volunteers,**
(continued)

**Mutual Aid Program (CMAP) Responder class
for mutual aid response within Orange County.**

Students will acquire knowledge of Red Cross policies and procedures for setting up, running and closing a shelter during a disaster. Students will also receive an overview of the activities performed by the Mass Care group in support of a disaster relief operation.

**YOU MUST PREREGISTER FOR THIS CLASS
– ABSOUTELY, NO WALK-INS**

Class meets:
Saturday, July 17, 2010
8:00 am to 6:00 pm
Host: City of Fullerton Fire Department
Location:
City of Fullerton Maintenance Services Dept.
1580 W. Commonwealth Ave.
Fullerton, CA
Class Fee: None
Registration: <http://bit.ly/JulyShelter>

**To register via phone, or for more information call
Tina at 714-738-6508 or email
tinam@fullertonfire.org.**

**Something fun and worthwhile: June 25,
2010 – HBCOA Golf Tournament**

The HB Council on Aging (HBOCA) and HB CERT have always worked together to prepare, educate and serve the residents of Huntington Beach. HBCOA recently spent over \$6000 for disaster supplies for the Rodger's Senior Center. HB CERT has a Senior Response Team that has dedicated themselves to respond to the Senior Center after any major disaster. We have always had a CERT representative on the HBCOA Board working with the Senior Center on disaster preparedness.

**You can have a fun day of golf and support
HB Senior Programs by joining the HBCOA
Golf Tournament at Meadowlark Golf Course
on Friday, June 25th.**

If you are a golfer, this is a great deal for a full day of golfing. The entry fee is \$100 per person which includes your team's golf cart, lunch, dinner and many opportunities for fun and prizes.

The Golf Tournament accepts foursomes or individuals that they will team with other golfers. Please call Cathy Meschuk at 714-968-7219 to register or if you have any questions.

Disaster Preparedness Speakers Available

It is time to schedule a Disaster Preparedness Talk for your Neighborhood, Business, School, Civic Organization or Church. This is a perfect way to introduce our Save-A-Life Saturday Classes to the residents of Huntington Beach. It is easy and it is FREE!

Five Simple Steps:

1. Find a place to host an hour-long presentation given by a trained HBFD CERT Volunteer Speaker.
2. Choose a convenient date and time for your group.
3. Call the CERT Message Line (714-536-5974) or email Judy Ann Morris at jamorris189@yahoo.com (please put CERT in the subject line) with your contact information, the date, and time you have determined. Please give us at least three weeks notice and we will do our best to accommodate your group.
4. CERT will provide a flyer to distribute to your neighborhood or group.
5. Provide simple refreshments to be enjoyed at the end of the meeting. Our CERT Speaker will provide all printed material and even bring a door prize for your guests.

2010 Elected CERT Officers:

President - Judy Ann Morris
jamorris189@yahoo.com

1st Vice President – Peter Petrelis
pgpworks1@verizon.net

2nd Vice President – Richard Batistelli
rbatistell@aol.com

Secretary – Juanita Walker

Treasurer – Esther Whitton

DSW Manager – Kim Louie

CERT Badges

When the badge machine is up and running, Peter Petrelis will be making CERT badges again. If you have an expired CERT badge, or you are a 2009 CERT graduate who has completed paperwork and background check, but did not receive a badge, please contact Peter Petrelis by e-mail for an appointment time.

Is the Federal Communications Commission (FCC) Looking for you?

By John Fort

Attention all FCC license holders. Is your mailing address and name correct on your FCC license? The FCC has been canceling amateur radio licenses that have incorrect addresses. They have found many incorrect addresses recently. If you have moved, make sure your address is updated in the FCC data base. There is no charge for this update.

FCC part 97.23 says "...Mailing address: Each license grant must show the grantee's correct name and mailing address. The mailing address must be in an area where the amateur service is regulated by the FCC and where the grantee can receive mail delivery by the United States Postal Service. Revocation of the station license or suspension of the operator license may result when correspondence from the FCC is returned as undeliverable because the grantee failed to provide the correct mailing address."

For more information go to the FCC website:

http://wireless.fcc.gov/services/index.htm?job=cft&id=amateur&page=cft_change_address

Or for a fee of \$8.00, QRZ.com will make any change(s) for you. Go to:

<https://secure.qrz.com/vec> and follow their instructions..

Fire Extinguishers

Choosing your Extinguisher

Fire Extinguishers are tested by independent laboratories and labeled for the type and size of fire they can extinguish. Use these labels as a guide to purchase the kind of extinguisher that suits your needs. The recommended extinguisher for home use is the multipurpose type.

Classes of Fires

Class A: Ordinary combustibles such as wood, cloth, and paper

Class B: Flammable liquids, such as gasoline, oil, and oil-based paint

Class C: Energized electrical equipment, including wiring, fuse boxes, circuit breakers, and appliances.

The extinguisher must be appropriate for the type of fire being fought. If you use the wrong extinguisher, you can endanger yourself and make the fire worse. Multipurpose fire extinguishers marked ABC may be used on all three classes of fires.

Extinguisher Sizes

Portable extinguishers are also rated for the size of fire they can handle. This rating will appear on the label. For example: 2A:10B:C. The larger the numbers, the larger the fire that the extinguisher can put out, but higher-rated models are often heavier. Make sure you can hold and operate an extinguisher before you buy it.

Installation and Maintenance

Extinguishers should be installed in plain view, above the reach of children, near an escape route, and away from stoves and heating appliances. Extinguishers require routine care. Read your operator's manual to learn how to inspect your extinguisher. Follow manufacturer's instructions on maintenance. Rechargeable models must be serviced after every use. Service companies are listed in the Yellow Pages under "Fire Protection Equipment." Disposable fire extinguishers can only be used once and must be replaced after use.

Operation of a Fire Extinguisher

* Keep your back to an unobstructed exit and stand six to eight feet away from the fire.

* Pull the pin. This unlocks the operating lever and allows you to discharge the extinguisher.

* Point the extinguisher nozzle (or hose) at the base of the fire.

* Squeeze the lever above the handle. This discharges the extinguishing agent. Releasing the lever will stop the discharge.

* Sweep from side to side: Moving carefully toward the fire, keep the extinguisher aimed at the base of the fire and sweep back and forth until the flames appear to be out. Watch the fire area. If the fire re-ignites, repeat the process.

Should you fight the fire?

Before you begin to fight a fire:

* Make sure everyone has left, or is leaving the building.

* Make sure the fire department has been called.

* Make sure you have an unobstructed escape route to which the fire will not spread.

* Be sure you have read the instructions and know how to use the extinguisher.

For information about Fire Department education programs, please see Safety Education on the City website: www.huntingtonbeachca.gov.

A CERTIFIED Thank You to April Class Instructors

The Disaster First Aid/Search & Rescue Class is always one of our most popular and informative classes.

Thank you to our lead instructors:

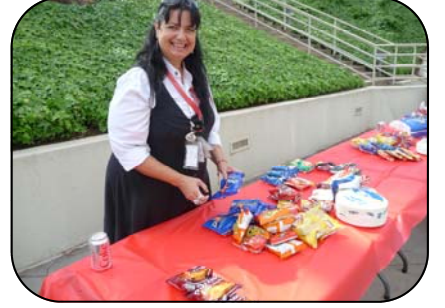
Brevyn Mettler - Class Coordinator

DFM Bob Culhane-Disaster Medical Operations

Valerie Jordan - Wound Care & Burns

Trish White - Head to Toe Assessment & Shock

Billie Brandon - Fractures & Splints





Amateur Radio Class

Instructor John Fort, CERT Communications Team Leader

2010 Class Schedule

Date & Time:	Wednesday, Sept 15	6:30 – 8:30PM
	Wednesday, Sept 22	6:30 – 8:30PM
	Wednesday, Sept 29	6:30 – 8:30PM
	Wednesday, Oct 6	6:30 – 8:30PM
	Wednesday, Oct 13	6:30 – 8:30PM
	Wednesday, Oct 20	6:30 – 8:30PM
	Thursday, Oct 21	6:00 – 8:30PM *FCC Test

Location: Huntington Beach EOC
 2000 Main Street - enter the Police Dept.
 And take the elevator to the lower level



Who is invited: ALL CERT Volunteers



To be eligible for this training
 (worth \$200), you must become
 a CERT or RACES Communicator.

To register contact John Fort at JEFort1@earthlink.net

Please Print

Name _____

Address _____

City _____, _____ Zip _____

Phone _____ - _____

E-mail _____

I have enclosed \$35.00 for book and class materials.

Please make checks payable to C.E.R.T.



Return registration with a check to: City of Huntington Beach - EOC, P.O. Box 190, Huntington Beach, CA 92648

by Aug 9, 2010. Class is limited to 30 persons. For more information, call 714-536-5974.

For questions, e-mail John Fort at JEFort1@earthlink.net

Become a Fire Department Volunteer

Get Your Home and Family Prepared



In most disasters, the victim or bystander is the first to respond. Do you know what to do?

Potential impact of a 7.8 earthquake on the San Andreas Fault

What Will I Learn?

What is CERT?

CERT (Community Emergency Response Teams) is a FEMA endorsed training program that prepares you to help yourself, your family, your neighbors and your community in the event of a disaster. During an incident, emergency response personnel could become overwhelmed and resources will be limited. By becoming CERT trained, you will gain the skills to help emergency responders save lives and property. Once you have completed the training, you have the opportunity to become a Fire Department CERT volunteer.



In the **Save-A-Life Saturday** series, you will learn:

- How to prepare your home and family for a disaster
- How to perform basic first aid and CPR
- How to safely search a building for trapped victims and rescue them
- How to put out small fires using a fire extinguisher
- How to survive outdoors if you cannot return to your home because it is unsafe
- How to use all these skills to create a Neighborhood CERT Team



CLASS 1

Emergency Management
&
Homeland Security Office
2000 Main Street
Huntington Beach, CA 92648
714-374-1565

What do CERT Volunteers do?

CERT volunteers are trained to prepare for and respond to a disaster until first responders arrive. You will be taught to manage a disaster in your home, work, neighborhood or school. After taking care of your home, family and neighborhood, you will help the city with duties such as, providing damage assessment information, sandbagging, sheltering, helping in the Emergency Operation Center (EOC), and providing support to the Fire Department and Police Department.



Huntington Beach Fire Department

A Class 1 Fire Department

Classes are free,
but you must register

To Register

Call the CERT Message Line
714-536-5974

or

Register online at
www.SurfCity-hb.org/CERT



Save-A-Life Saturday Schedule

The series consists of four classes that build on each other and ends with a disaster drill where you can practice what you have learned. Attend one class or all, but it is suggested you attend them in order for the greatest benefit.

Class 1: Disaster & Terrorism Preparedness

March 20, 2010 7:45AM to 2:00PM Civic Center

Learn what threats Huntington Beach residents face, how the City will respond in a disaster, and how you can get your home, family, neighborhood, school and/or business prepared to respond to emergencies. **Lunch Provided**

Class 2: Disaster First Aid (Medical Ops I & II)

April 17, 2010 7:45AM to 2:30PM Civic Center

Learn creative first aid solutions to common injuries resulting from an earthquake, or other disasters, and the ABC's of disaster first aid. Additional topics include splints, slings, treating burns, impaled objects and shock. Learn how to triage disaster victims. **Lunch Provided**

Class 3: Disaster Living

May 15, 2010 7:45AM to 2:30PM Civic Center

Learn how and where to set up an outdoor shelter in a disaster. Whether in your yard or at a park, you will have to care for yourself and neighbors until the Red Cross establishes indoor shelters. Learn skills such as tenting, outdoor cooking and sanitation. **Lunch Provided**

Class 4: Light Search & Rescue/Fire Suppression

June 19, 2010 7:45AM to 2:30PM Fire Training Center

Learn how to do a safety size-up, lift 1000+ pounds using simple leverage techniques, properly search for trapped victims, shore up an unsafe structure, and safely move the injured. Learn to use a fire extinguisher and put out a live fire, fire safety and prevention, how to shut off utilities and secure items that may cause injuries in an earthquake. Finish the class with a disaster drill that will test your newly acquired skills. **Lunch Provided**

Note: All students are required to become CPR certified. FireMed customers can take classes for free and non-FireMed customers can take classes for a fee. For a schedule call 800-400-4277.

Civic Center Address: 2000 Main Street Huntington Beach, 92648

Fire Training Center Address: 18301 Gothard Street



Neighbor Helping Neighbor



Neighbors-Helping-Neighbors

MISSION STATEMENT:The mission of the Community Emergency Response Team (CERT) Program is to provide information and training on disaster preparedness; provide leadership and coordination during an emergency, and assistance to help victims recover from an emergency.

Upcoming Events

- June 3, 2010 - 6:00pm: Management Meeting in the EOC open to all HB CERT Members
 - June 19, 2010 - 7:45am-2:30pm: Light Search & Rescue/Fire Suppression at Fire Training Center
 - July 8, 2010 - 6:00pm: Management Meeting in the EOC open to all HB CERT Members
 - July 17, 2010– 8:00am-6:00pm: American Red Cross (ARC) Shelter training Class
-
- **Fire Med customers can take CPR classes for free and non-FireMed customers can take classes for a fee. Dates are listed below.**
 - To enroll in CPR classes, call 800-400-4277 or 714-556-4277. Class location is in HB area and exact location given at time of enrollment.**
 - Wednesday, June 9 - 6 to 9 p.m.
 - Wednesday, July 7 - 6 to 9 p.m.
 - Saturday, July 17 - 9:30 a.m. to 12:30 p.m.
 - Wednesday, August 11 - 6 to 9 p.m.
 - Wednesday, September 8 - 6 to 9 p.m.

HB CERT Newsletter Staff

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Art Weiland	Carol Nehls	Cynthia Goebel	

For those who do not receive the newsletter by email, you can go to the CERT website: www.surfcity-hb.org/CERT. In order to receive the email alert, click on newsletters, and then click on sign up for email alert. It's as simple as that!

For those of you who do not have computer access at home, we have made arrangements for you:

- Rodgers Senior Center at 1706 Orange Avenue, HB will print out a black and white copy for you.
- There will be a few copies outside the door to the EOC to which you are welcome.
- The Central Library has computer access for the public.

IMPORTANT ANNOUNCEMENT!

2010 Save-a-Life Saturday CERT Class Schedule is available on our website, www.surfcity-hb.org/CERT,