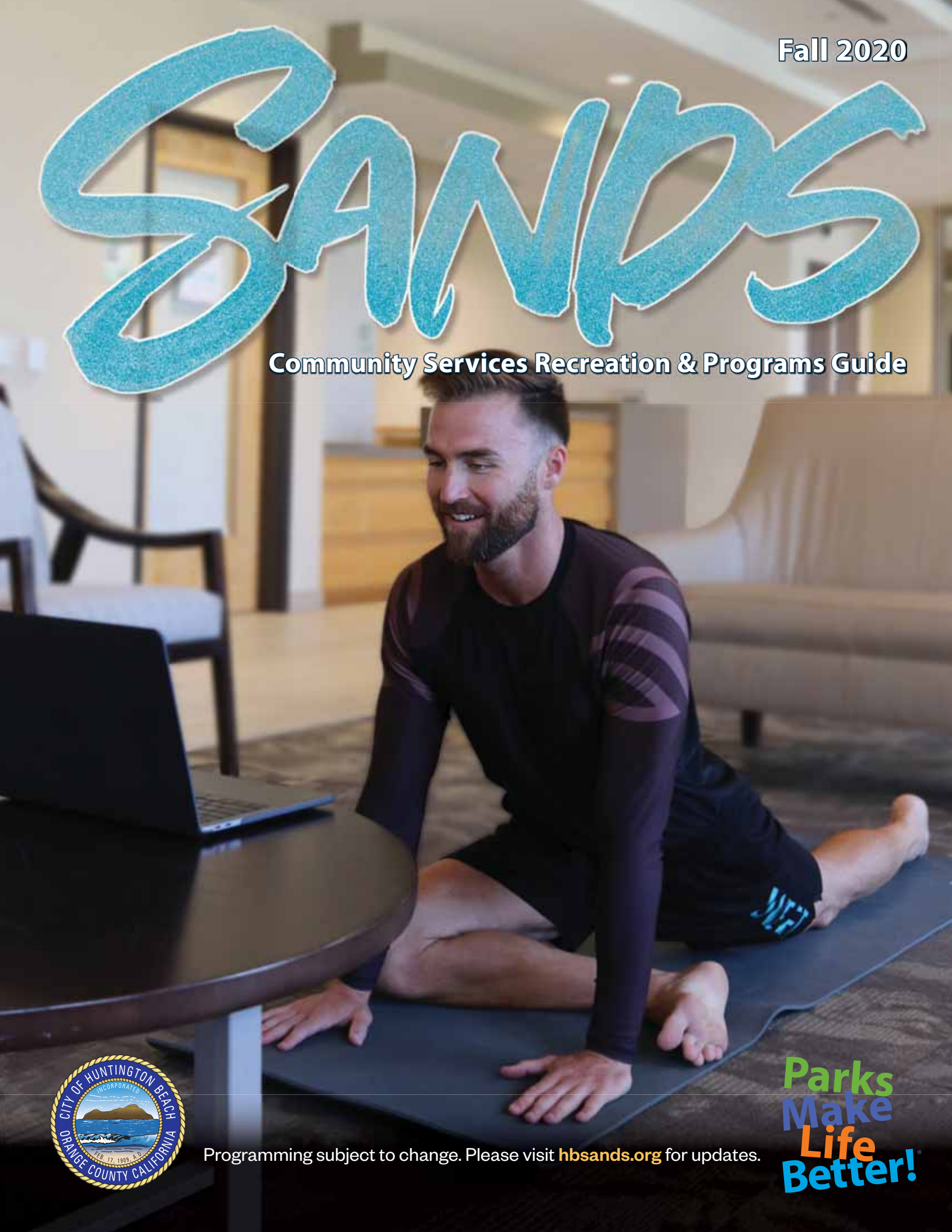
Fall 2020

SANDS

Community Services Recreation & Programs Guide



Programming subject to change. Please visit **hbsands.org** for updates.

Parks Make Life Better!®

HUNTINGTON BEACH
COMMUNITY SERVICES

JOIN US FOR

DRIVE-THRU PUMPKIN PARTY

Calling all families! Join us for a drive-thru fall festival at Murdy Park. We will be handing out pumpkins from our pumpkin patch, decorating kits, candy, and more! Decorate your car for a chance to win a fun family prize!

· SATURDAY, OCTOBER 24 ·
· 3:30PM ·
· MURDY PARK (7000 NORMA DR) ·

$20 PER CAR. ADDITIONAL PUMPKINS $5 EACH. PRE-REGISTRATION REQUIRED.
REGISTER ONLINE AT HBSANDS.ORG
ACTIVITY CODE 411202
PLEASE CALL 714.960.8884 FOR ADDITIONAL DETAILS

Parks Make Life Better!

BREAKFAST WITH SANTA

SATURDAY, DECEMBER 12TH

Murdy Community Center
7000 Norma Dr.
Huntington Beach, CA
92647

$10 PER PERSON

CHILDREN UNDER 1 ARE FREE

411205-1A	411205-1B
8:30-10:30 AM	9:30-11:30 AM

For more information:
call (714)960-8895 or visit
www.hbsands.org

Richard Branson once said, "Every success story is a tale of constant adaption, revision and change." As we continue to live in a COVID world, this quote rings true. The Community Services team strives to be innovative, forward thinking and ready to pivot as the opportunity to expand programs and services arises.

One of the biggest adaptions you'll notice for the Fall season is the registration process. Historically, all class registrations would open on a single day. In Fall, registration dates will roll throughout the season, opening 6 days prior to the start of each class. By employing this strategy, we hope to offer better customer service based on the guidance provided by the County and State. Community Services staff are also seeking virtual class opportunities to bring programs to you! These may not be listed in the Sands, so continue to visit **hbsands.org** for the most up to date details on events, classes and programs.

You'll see changes starting to happen at Edison Community Center and Rodgers Senior Center in the coming months. We are excited to reimagine those locations, ensuring that our facilities continue to evolve with the needs of Huntington Beach.

Our COVID success story will be the result of collaboration with our residents, community partners and businesses. The Community Services team is always available to assist you through the registration process, provide information on upcoming events, and field any ideas or needs you may have. Please visit the directory on page 38. Together, we will guarantee that Parks Make Life Better!

Chris Slama
Director of Community Services

together we're ONE HB

Our Core Purpose:

We exist to serve exceptionally, inspiring pride in our Huntington Beach community.

Department Mission Statement:

The City of Huntington Beach Community Services Department provides outstanding programs, services and facilities to enhance and enrich the lives of our residents and visitors.

Online registration for on-site classes begins at 7:30am, six (6) days before the class or program beings. See **hbsands.org** for registration date for specific classes.

Register at **hbsands.org**. Classes scheduled to begin **September 7**.

DISCLAIMER

Due to the uncertainty of the COVID-19 Virus at the time of print, all programs and events in this Fall 2020 magazine are subject to change. All programs provided in this issue of the *SANDS* will be evaluated to ensure that proper health and safety precautions are taken for participants.

Please visit **huntingtonbeachca.gov/sands** or hbsands.org for updates!

SANDS

Fall 2020

2 Senior Center in Central Park Updates
5 Special Events
6 Infant/Toddler
11 Youth
17 Adults
29 Senior Center in Central Park
31 Aquatics
34 Tennis
37 Pickleball
38 Directory
40 Registration

CITY COUNCIL

Mayor Lyn Semeta
Mayor Pro Tem Jill Hardy
Councilmember Patrick Brenden
Councilmember Kim Carr
Councilmember Barbara Delgleize
Councilmember Erik Peterson
Councilmember Mike Posey

COMMUNITY SERVICES COMMISSION

Chair Jay Kreitz
Vice Chair Michelle Schuetz
Commissioner Joe Carchio
Commissioner Lisa Kemmerer
Commissioner Janis Mantini
Commissioner Krista Sterud
Commissioner Richard Thiel

CITY ADMINISTRATION

City Manager Oliver Chi
Assistant City Manager Travis Hopkins

SENIOR CENTER
in Central Park
HUNTINGTON BEACH

The Senior Center in Central Park is looking forward to the day we can re-open our doors for our community to return to the many activities we have to offer, continue to provide our many in-person services, and to serve the public exceptionally. During this time of closure, we have transformed our operations striving to provide the best service in response to the COVID-19 crisis. Community Services Department staff, other City departments, and our non-profit partners have worked together to create partnerships to best serve the needs of the older adults in our community. If you should need assistance, have a question, or would just like to say hello, we are available by phone at 714-536-5600, Monday through Friday from 8 a.m to 4 p.m.

Due to the changing nature of COVID-19, programs and events at the Senior Center in Central Park are subject to change. For more information about programs being offered at the Senior Center in Central Park, please visit huntingtonbeachca.gov/seniorcenterincentralpark.

For more questions, please call 714-536-5600.

MEALS

As you can imagine, nutritional support and essential supplies have become a critical need during this time. In response to these needs, the Senior Center in Central Park has continued to be available and ready to address the needs that arise from our community members. Thus far, our Care Management staff have been working hard to respond to over 3,000 inquiries!

Knowing that our Home Delivered Meals was at capacity, the City worked in partnership with the Greater Huntington Beach Interfaith Council, Waste Not OC, Care Connections Network, and the Lutheran Disaster Response to bridge the gap and address the unmet immediate and longer-term nutritional needs of older adults in our community. This volunteer-driven partnership worked tirelessly to support those in need as well as organizing a successful tri-community canned food drive. A huge thank you goes out to all those that have organized and volunteered during this critical time.

In addition, the City has continued to collaborate with Meals on Wheels OC. Aligning services with critical food needs in the community, the Congregate Lunch Program was transformed into a drive-thru frozen meal program. Senior Center staff coordinates the distribution of several hundred multipacks of frozen meals every Tuesday in the Center's parking lot. Meals on Wheels has done an excellent job responding to the needs of those in our community by providing thousands of meals per week. This is truly a coordinated effort and we thank Meals on Wheels OC and staff for all the continued support.

- *50,000 meals served*
- *3,000 Care Management inquiries*
- *2,200 rides provided*
- *720 bags of shelf stable food distributed to low income residents*

Between urgent meal deliveries, Home Delivered Meals, One HB Connects, Meals on Wheels OC Grab & Go Meals, and food distribution, the Senior Center has served over 50,000 meals! This would not be possible without the coordinated efforts of the Community Services Department and City staff, support and donations of our partners named above, the Huntington Beach Council on Aging, the Handycrafters Club, and our wonderful community who have generously sent in donations. We appreciate you!

TRANSPORTATION

Although the regular hustle and bustle to the Senior Center has been paused, Surf City Seniors on the Go are still providing rides for essential services. Working under new protocols, with safety in mind, transportation has continued critical rides to medical appointments and grocery stores, with over 2,200 rides given. Transportation also delivers Congregate Grab & Go packs of frozen meals to clients who previously attended congregate lunches in person as well as food commodities bags to clients in need.

As many of our clients are regular riders, transportation staff and drivers have developed relationships with those in our community. Staff have been busy during this time maintaining connection with clients through regular wellness calls. As our community slowly re-opens, Surf City Seniors on the Go looks forward to seeing more faces in our cars and buses in the future.

PROGRAMMING

The City of Huntington Beach Senior Center staff along with the Huntington Beach Council on Aging cannot wait to welcome you back into the doors of the Center when it is safe to do so. We miss the smiling faces, the laughter, and the community that has filled these walls for the past four years. We, however, are a strong community and know that when this does pass, we will once again come together and enjoy the many activities that are offered at the Senior Center.

While the difficulties of COVID-19 still exist, the Senior Center staff is hard at work putting together opportunities for engagement and activities to keep us connected, yet apart. We have started a "Senior Center in a Box program." Every two weeks you are invited to come pick up a different activity carefully packaged in individual boxes. Each box is thoughtfully filled with an activity to enjoy. We invite you to share your completed project with our community on the Senior Center in Central Park Facebook. If possible, we ask for a $5 donation to support this ongoing program. For more information please visit HBCOA.org or check the latest Outlook on Active Aging newsletter.

Our special events have always been one of our favorite ways to connect with our community. Although they may look a bit different this year, we want to assure you that we are brainstorming creative ways to make them happen! While social distancing measures may be in place for the foreseeable future, we are actively searching for exciting events to bring our community together, albeit at a distance. With the support of the Huntington Beach Council on Aging, we are evaluating the opportunity for "drive-in experiences." We are seeking other creative ideas, so if you have one, please share!

- *7840 recreation packets created and distributed*
- *700 boxes of Senior Center in a Box given out*
- *1200 handwritten thinking of you cards distributed*
- *16,800 special edition newsletters distributed*

During our closure, staff has diligently been working on connecting with you via the Senior Center in Central Park Facebook. We consistently post workouts to follow, including yoga, exercise, meditation and more! In addition, we post links to lectures by partners such as Hoag Hospital and MemorialCare Orange Coast Hospital. It is our hope to keep you updated on Center happenings and engaged in virtual activities.

As we await for guidance to reopen, we encourage you to check out our website at huntingtonbeachca.gov/seniorcenterincentralpark. All current programming opportunities will be posted on the Senior Center in Central Park website as they become available. We want to thank you all for hanging in there with us and checking in virtually via Facebook, driving by for box pick up, or even just a phone call to say hello. We miss you and cannot wait to have you back at the Senior Center in Central Park!

CONNECT WITH US ONLINE

huntingtonbeachca.gov/seniorcenterincentralpark

NANCY M.

This morning I picked up an activity box. It is super! From the ease of pick up to the card, the activities, and the supplies one can tell that whomever put this together was really planning for a treat for us seniors. The size and weight of the box works well too. Thank you so much for providing this box.

FELICIANA R.

Dear HB Senior Center & Staff. We are truly grateful for your staff and entire organization. Your endless support and timeless effort with services provided to our mom is priceless.

JOYCE P.

Although some of you are only a voice on the phone, you go all out to help me. In the past, before the pandemic, I have been a regular rider in using your transportation. Most of your drivers are very familiar to me. They are ever so polite and helpful. In my case, you have been my main source of travel. I can't thank you enough.

Due to the uncertainty of the COVID-19 Virus at the time of print, all events in this fall 2020 magazine are subject to change. All programs provided in this issue of the SANDS will be evaluated to ensure that proper health and safety precautions are taken for participants. At the time of print, all events will open for registration one month before the event.

Please visit **huntingtonbeachca.gov/sands** or **hbsands.org** for more information and updates!

HB City Surf Contest (CANCELLED)

Recreation Staff **South Side of Pier**

311213-2A	Up–9 yrs	Menehune Boys & Girls	10/10 & 11	$40
311213-2B	10–14 yrs	Boys	10/10 & 11	$40
311213-2C	15–17 yrs	Juniors Men	10/10 & 11	$40
311213-2D	18–24 yrs	Men	10/10 & 11	$40
311213-2E	25–34 yrs	Masters Men	10/10 & 11	$40
311213-2F	35–44 yrs	Senior Men	10/10 & 11	$40
311213-2G	45–54 yrs	Grand Masters Men	10/10 & 11	$40
311213-2H	55–64 yrs	Super Grand Masters	10/10 & 11	$40
311213-2I	65 & up	Legends Men	10/10 & 11	$40
311213-2J	10 & up	Women	10/10 & 11	$40

Drive-Thru Pumpkin Party

Recreation Staff **Murdy Community Center**

411202-3A	Sa	Starts at 3:30 pm	10/24	$20

Breakfast With Santa

Recreation Staff **Murdy Community Center**

411205-1A	All ages	Sa	8:30–10:30am	12/12	$10
411205-1B	All ages	Sa	9:30–11:30am	12/12	$10

Registration for **special events** begins at 7:30 a.m., thirty (30) days before the event date.

*Online registration for **on-site classes** begins at begins at 7:30am, six (6) days before the first class meeting.*

INFANT/TODDLER

Dance & Performing Arts

Ballet Buddies

Learn ballet the fun way with friends, great music, and an enthusiastic instructor. Learn basic ballet positions, jumps, turns, and short dances using French vocabulary. Leotard, tights, and ballet slippers encouraged. Parents are invited to watch the last class of the session. *No class: 11/2.*

Huntington Academy of Dance				Murdy Community Center	
430407-1A	3–5 yrs	M	10:45–11:45am	9/14–11/29	$85
430407-1B	4–6 yrs	M	3:30–4:30pm	9/14–11/29	$85
Huntington Academy of Dance				**6941 Edinger Ave.**	
430407-1C	3-5 yrs	Tu	11am–12pm	9/8 - 10/27	$85
Huntington Academy of Dance				**Edison Community Center**	
430407-2A	4–6 yrs	W	3:30–4:30pm	9/9–10/28	$85
430407-2B	3–5 yrs	Sa	9:15–10:15am	9/12–10/31	$85
430407-2C	4–6 yrs	Sa	10:15–11:15am	9/12–10/31	$85
Huntington Academy of Dance				**City Gym & Pool**	
430407-3A	3–5 yrs	Th	3–4pm	9/10–10/29	$85

Ballet & Tap

WARNING: If your child takes this class, they will perform dance routines for you at home all the time! This popular class teaches basic positions, movements, and rhythms of ballet and tap! Parents are invited to "show day" on the last class. Dance attire and tap shoes required. *No class: 10/29.*

Huntington Academy of Dance				Murdy Community Center	
430408-1A	3–5 yrs	Th	10:15–11:15am	11/5	$85

Baby Ballerina & Me

Parents assist dancers in learning basic ballet positions, movements, short dances and more. Both parents and tiny dancers benefit by improving body awareness, coordination and flexibility. A great start for a budding ballerina and fun for parents, too.

Huntington Academy of Dance				Murdy Community Center	
430410-1A	2.5–4 yrs	M	9:45–10:30am	9/14–11/29	$85
Huntington Academy of Dance				**6941 Edinger Ave.**	
430410-1B	2.5–4 yrs	Tu	10–10:45am	9/8–10/27	$85

Jazz & Hip Hop

Does your child dance around the house all day long? This is the class for your budding dancer! Bring a friend and learn the basics of Jazz Dance and get your groove on hip-hopping. Your child will move to family friendly high energy music while learning funky fresh moves! Parents are invited to show day on the last class. Dance attire is encouraged. *No class: 10/29.*

Huntington Academy of Dance				Murdy Community Center	
430416-1A	3–5 yrs	Th	11:30am–12:30pm	9/10–11/5	$85

Performing Arts: Sunshine Generation of HB

Make new friends while building useful lifetime skills! Gain confidence for public performing with NO pressure. Kids focus on singing, dancing, and public speaking with showmanship. Optional community performances after the end of the session. $30 for Sunshine t-shirt, CD, and wordsheets due at the first class. Parents are asked not to stay during rehearsals. *No class: 11/1, 11/25.*

Iskui Merdjanian				Murdy Community Center	
431004-1A	3–6 yrs	W	6:45–7:30pm	9/30–12/2	$79
Iskui Merdjanian				**Edison Community Center**	
431004-2A	3–5 yrs	Th	4:45–5:30pm	9/10–10/29	$79

Rhythm Babies

This class is an easy and fun way to introduce your child to age appropriate musical instruments. They will delight to the sounds while developing their balance and coordination skills. $2 material fee due at first class. This is a parent-participation class.

Patricia Hill				Murdy Community Center	
431005-1A	6–18 mos	Th	10:30–11:15am	9/17–11/5	$86

Rhythm, Rhyme & Fun

Rhyming games, musical instruments, and a colorful costume parade are just some of the fun things that your child will take part in as they learn to socialize in a positive and cheerful environment. $3 material fee due at first class. This is a parent participant class.

Patricia Hill				City Gym & Pool	
431002-3A	18 mos–3 yrs	Tu	9:30–10:30am	9/15–10/27	$90

Tiny Tutu Tots

Dance develops body awareness, coordination, and rhythm in young tots as they move and groove to the music. Parents will enjoy helping baby improve gross motor skills, plus it's so much fun to watch baby dance! Dance attire encouraged for tots. Parent participation required.

Huntington Academy of Dance				Murdy Community Center	
430402-1A	1.5–2.5 yrs	M	9–9:30am	9/14–11/2	$65
Huntington Academy of Dance				**6941 Edinger Ave.**	
430402-1B	1.5–2.5 yrs	Th	9–9:30am	9/10–10/29	$65

Tippi Toes Hip Hop for Tots

Boys and girls will learn all the latest hip-hop moves designed for tiny tots! High energy dance lessons, obstacle courses, parachute play, games, and more.

Tippi Toes Orange County				Edison Community Center	
430418-2A	2.5–5 yrs	F	9:30–10:10am	9/11–10/30	$120

*Online registration for **virtual classes** begins at 7:30am, on Tuesday, August 25.*

Tippi Toes Princess Ballet

With songs like "Put'n on my Make-up" and "Pink High Heels," your little dancer is sure to leave class covered in sparkles while she leaps and twirls! The instructor will use dance, imagination and Tippi Toes music to make class a magical experience! Performance opportunities available throughout the year.

Tippi Toes Orange County				Murdy Community Center	
430405-1A	3–5 yrs	M	4:15–5pm	9/14–10/19	$92
430405-1B	3–5 yrs	M	4:15–5pm	10/26–12/7	$92
Tippi Toes Orange County				**Edison Community Center**	
430405-2A	3–5 yrs	W	10:10–10:55am	9/9–10/28	$120
Tippi Toes Orange County				**City Gym & Pool**	
430405-3A	2.5–4 yrs	Sa	10:10–10:55am	9/12–10/17	$92
430405-3B	2.5–4 yrs	Sa	10:10–10:55am	10/24–12/5	$92
430405-3C	4–7 yrs	Sa	11:05–11:50am	9/12–10/17	$92
430405-3D	4–7 yrs	Sa	11:05–11:50am	10/24–12/5	$92

Tippi Toes Toddler & Me

Tippi Toes Dance Company introduces music, movement, balance and the basic dance steps in a fun and positive manner! Instructors will keep fun & exciting music and curriculum moving along while parents take an active role in encouraging, supporting and keeping the little dancer on track. Performance opportunities available throughout the year.

Tippi Toes Orange County				Murdy Community Center	
430404-1A	1.5–3 yrs	M	5:10–5:40pm	9/14–10/19	$92
430404-1B	1.5–3 yrs	M	5:10–5:40pm	10/26–12/7	$92
Tippi Toes Orange County				**Edison Community Center**	
430404-2A	1.5–3 yrs	W	9:30–10am	9/9–10/28	$120
Tippi Toes Orange County				**City Gym & Pool**	
430404-3A	1.5–3 yrs	Sa	9:30–10am	9/12–10/17	$92
430404-3B	1.5–3 yrs	Sa	9:30–10am	10/24–12/5	$92

Tupua's Tiny Tots Polynesian Dance

Aloha! Introduction to the fundamentals of Hawaiian Hula and Tahitian dance for your little ones. Great for fine-tuning motor skills, building self-esteem, and showmanship. Have fun dancing to the rhythms of the islands! Class luau held at the end of the session.

Melody Seanoa				HB Art Center	
430403-4A	3–5 yrs	Tu	3:30–4pm	9/8–10/13	$56/51
430403-4B	3–5 yrs	Tu	3:30–4pm	10/20–11/24	$56/51

Registration for fall programs begins at 7:30 a.m., six (6) days before the program starts.

Wiggle, Giggle Music Time

Children will enjoy singing, dancing, and musical "bandtime." A simple project will be made by each participant to take home that reflects the weekly theme. A $5 material fee is due to the instructor. Parent participation is required.

Patricia Hill				Murdy Community Center	
431001-1A	18 mos–3 yrs	Th	9:30–10:15am	9/17–11/5	$86
Patricia Hill				**City Gym & Pool**	
431001-3A	18 mos–3 yrs	Tu	10:45–11:30am	9/15–10/27	$86

Zumbini

Zumbini program combines music, dance and educational tools, as well as bonding with their caregivers. Using the power of music to enhance our lives, stimulate learning, and inspire dance and movement. Includes singing, dancing, and playing with instruments! Parent participation is required.

Tippi Toes Orange County				Murdy Community Center	
430419-1A	0.5–4 yrs	Tu	9–9:45am	9/15–10/20	$96
430419-1B	0.5–4 yrs	Tu	9–9:45am	10/27–12/1	$96

Education

ABC & 123

Welcome to the PORTAL Enrichment Program, which provides a unique introduction to letters, numbers, and basic words. This children language learning program will come alive through fun and entertainment with music, puppets, big books, posters, picture cards, theater, felt board, trivia, and bingo games. No material fee.

Portal Languages				Edison Community Center	
430618-2A	2–4 yrs	Tu	9:15–10:15am	9/8–10/27	$110

HB Community Preschool–Combination Program

We believe children learn and develop best through play. Our nurturing environment will offer engaging and fun activities while exploring arts, music, science, story time, and more. This class is for children ages 3 to 5 years old. Children eligible to enroll in the Pre-K class may also enroll in this class concurrently. Your child must be 3 years old by 9/1/20 and potty trained. A $20 material fee payable to the instructor. Public school holidays will be observed. *No class: 11/24, 11/26.*

Keri Smith				Murdy Community Center	
430603-1A	3–5 yrs	Tu, Th	9am–12pm	9/15–10/22	$225
430603-1B	3–5 yrs	Tu, Th	9am–12pm	10/27–12/10	$225
Keri Smith				**Edison Community Center**	
430603-2A	3–5 yrs	Tu, Th	9am–12pm	9/15–10/22	$225
Keri Smith				**Lake Park Clubhouse**	
430603-2B	3–5 yrs	Tu, Th	9am–12pm	10/27–12/10	$225

*Online registration for **on-site classes** begins at begins at 7:30am, six (6) days before the first class meeting.*

INFANT/TODDLER

HB Community Preschool – Pre-K Program

Our Pre-K class designed to prepare your child for a successful transition into Kindergarten. Through play and hands-on activities your child will develop problem solving skills, language skills, writing skills, and confidence! Your child must be 4 years old by 9/1/20. A $25 material fee payable to the instructor. Public school holidays will be observed. *No class: 11/23, 11/25, 11/27.*

Keri Smith				Murdy Community Center	
430607-1A	4–5 yrs	M, W, F	9am–12pm	9/14–10/23	$295
430607-1B	4–5 yrs	M, W, F	9am–12pm	10/26–12/11	$295
Keri Smith				**Edison Community Center**	
430607-2A	4–5 yrs	M, W, F	9am–12pm	9/14–10/23	$295
Keri Smith				**Lake Park Clubhouse**	
430607-2B	4–5 yrs	M, W, F	9am–12pm	10/26–12/11	$295

Preschool Spanish Basics

Welcome to the PORTAL Enrichment Program, which provides a unique opportunity to enjoy a Spanish class and associated cultural activity. This children's language learning program will come alive through fun and entertainment with music, puppets, big books, posters, picture cards, theater, felt board, trivia and bingo games.

Portal Languages				Edison Community Center	
430617-2A	2–5 yrs	Tu	10:30–11:30am	9/8–10/27	$156

Fitness

Parent & Me Froggy Yoga & Play

Parent & Me Froggy Yoga and Play is a perfect environment for fun and bonding with your little one. This class gives a leg up on motor skills, balance, and strength while encouraging their strong imaginations. Yoga, creative movement, and dance combined with animal costumes/props and great music. Please bring mat or towel.

Se7en Yoga				Edison Community Center	
430804-2A	6 mos–3 yrs	Th	10:30–11:15am	9/10–10/29	$64

Karate-Do Traditional Japanese Beginner

Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Classes are ongoing and progressive. Uniforms are available for purchase from instructor. One day a week, Thursday, or Friday, for $58. Two days a week for $78. *No class: 11/26, 11/27.*

Wadoryu USA Inc.				Edison Community Center	
430901-2A	5–7 yrs	Th	5:30–6:10pm	9/10–10/15	$58
430901-2B	5–7 yrs	F	5:30–6:10pm	9/11–10/16	$58
Wadoryu USA Inc.				**Lake Park Clubhouse**	
430901-2C	5–7 yrs	Th	5:30–6:10pm	10/29–12/10	$58
430901-2D	5–7 yrs	F	5:30–6:10pm	10/30–12/11	$58

Karate-Do Traditional Japanese Novice

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Classes are ongoing and progressive. Uniforms and equipment are available for purchase from instructor. Orange, yellow, blue belts only. One day a week, Thursday or Friday, for $65. Two days a week for $86. Must be enrolled in both sessions to be eligible for belt test. *No class: 11/26, 11/27.*

Wadoryu USA Inc.				Edison Community Center	
430902-2A	5–7 yrs	Th	5:30–6:30pm	9/10–10/15	$66
430902-2B	5–7 yrs	F	5:30–6:30pm	9/11–10/16	$66
Wadoryu USA Inc.				**Lake Park Clubhouse**	
430902-2C	5–7 yrs	Th	5:30–6:30pm	10/29–12/10	$66
430902-2D	5–7 yrs	F	5:30–6:30pm	10/30–12/11	$66

Karate-Do Traditional Japanese Intermediate & Advanced

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Classes are ongoing and progressive. Uniforms and equipment are available for purchase from instructor. Blue/St, Green/St, Purple, Purple/St, Red, Red St belts only. One day a week,Thursday, or Friday, for $76. Two days a week for $96. Must be enrolled in both sessions to be eligible for belt test. *No class: 11/26, 11/27.*

Wadoryu USA Inc.				Edison Community Center	
430903-2A	5–7 yrs	Th	5:30–7:30pm	9/10–10/15	$76
430903-2C	5–7 yrs	F	5:30–7:30pm	9/11–10/16	$76
Wadoryu USA Inc.				**Lake Park Clubhouse**	
430903-2B	5–7 yrs	Th	5:30–7:30pm	10/29–12/10	$76
430903-2D	5–7 yrs	F	5:30–7:30pm	10/30–12/11	$76

*Online registration for **virtual classes** begins at 7:30am, on Tuesday, August 25.*

Gymnastics

Froggy Yoga and Play

Kids Froggy Yoga and Play is a perfect environment for your kid to be a kid. This class gives a leg up on motor skills, balance, strength, and flexibility while encouraging their strong imaginations. Yoga, Animal Costumes/Props combined with great music, bubbles/play. Please bring a mat or towel.

Se7en Yoga — **Edison Community Center**

430803-2A	3–7 yrs	Th	9:30–10:15am	9/10–10/29	$64

Gymnastics: Tumble-N-Dance

Boys + Girls will improve rhythm, strength, body control, balance and coordination through music, creative movement, & tumbling challenges. Simple directions and routines will help your child develop listening and social interaction skills. Have fun and find your GROOVE! Parent participation MAY be required. $2 material fee due first class.

Tumble-N-Kids Inc. — **City Gym & Pool**

430712-3A	3–5 yrs	F	11–11:45am	9/18–12/4	$100

Gymnastics: Junior Olympians

Girls and boys are taught fundamental movement and gymnastic skills through introduction of simple directions and fun stations. Beginning cartwheels, rolls, balance beams, mini trampoline, back-handspring barrel, and obstacle courses will be safely introduced. Boost self-esteem, increase body awareness and build strength and coordination for all types of sports! $2 material fee is due to the instructor on the first day. *Parent participation may be required. *No class: 10/30, 11/27.*

Tumble-N-Kids Inc. — **Murdy Community Center**

430716-1A	3–5 yrs	Tu	12:45–1:30pm	9/15–11/17	$100
430716-1B	3–5 yrs	Th	11:15am–12pm	9/17–11/19	$100

Tumble-N-Kids Inc. — **Edison Community Center**

430716-2A	3–5 yrs	W	11:15am–12pm	9/9–10/21	$70

Gymnastics: Tiny Twisters

Tiny Twisters and partners Shake-Tumble-N-Roll with upbeat music and friends. Safe spotting tips and age-appropriate tumbling will facilitate child's sensory and motor skill development. Tumblers explore in a safe environment, learn multiple rolls down the "big cheese," crawl through tunnels, and learn gymnastics positions in a circle time with fun songs and props. Parent participation required. $2 material fee due to the instructor on the first day.

Tumble-N-Kids Inc. — **Murdy Community Center**

430704-1A	1–2 yrs	Tu	10:30–11:15am	9/15–11/17	$100
430704-1B	1–2 yrs	Sa	9:30–10:15am	9/19–11/21	$100

Tumble-N-Kids Inc. — **Edison Community Center**

430704-2A	1–2 yrs	W	9:30–10:15am	9/9–10/21	$70
430704-2B	1–2 yrs	Sa	9:30–10:15am	9/12–10/24	$70

Gymnastics: Tumble-Bugs

Let's MOVE! Music, tumbling challenges, introducing simple directions and routines will help your child develop listening and social interaction skills. Tumble Bugs and partners will participate in circle time and obstacle courses, dance to songs, tumble, roll, jump, balance, walk like animals and finish with parachute activities! *Parent participation required. $2 material fee due first class. *No class: 10/30, 11/27.*

Tumble-N-Kids Inc. — **Murdy Community Center**

430706-1A	1.5–3 yrs	Tu	11:30am–12:30pm	9/15–11/17	$120
430706-1B	1.5–3 yrs	Th	10–11am	9/17–11/19	$120
430706-1C	2–4 yrs	Sa	10:30–11:30am	9/19–11/21	$120

Tumble-N-Kids Inc. — **Edison Community Center**

430706-2A	1.5–3 yrs	W	10:15–11:15am	9/9–10/21	$84
430706-2B	2–4 yrs	Sa	10:15–11:15am	9/12–10/24	$84

Tumble-N-Kids Inc. — **City Gym & Pool**

430706-3A	1.5–3 yrs	F	10–11am	9/18–12/4	$120

Music

Parent & Me Sunshine Babies & Tots of HB

Have fun singing, dancing, marching and playing to upbeat music using bright colored props, and introduce your child to the wonderful world of song combined with dance. Fun activities include parachute games, bubbles, balls, tunnels, marching parade using rhythm instruments, and more. Parent participation is required. 3-year-olds can join our Sunshine Generation Performing Group. *No class: 11/11, 11/25.*

Iskui Merdjanian — **Murdy Community Center**

431003-1A	10 mos–3 yrs	Tu	9:15–10am	9/29–11/17	$69
431003-1B	10 mos–3 yrs	W	5:45–6:30pm	9/30–12/2	$69

Iskui Merdjanian — **Edison Community Center**

431003-2A	10 mos–3 yrs	Th	9:15–10am	9/10–10/29	$69

Parks Make Life Better!®

*Online registration for **on-site classes** begins at begins at 7:30am, six (6) days before the first class meeting.*

INFANT/TODDLER

Sports

Mini-Hawk Multi-Sport

Introduce your little superstar to sports in our most popular program! This baseball, basketball, and soccer class uses age-appropriate games and activities to explore balance, hand/eye coordination, and skill development. Parent participation may be required for younger ages.

Skyhawks Sports Academy LLC. Murdy Community Center

431304-1A	2–3.5 yrs	W	6–6:40pm	9/9–11/4	$155
431304-1B	3.5–4.5 yrs	W	6:50–7:30pm	9/9–11/4	$155

Skyhawks Sports Academy LLC. Edison Community Center

431304-2A	2–3.5 yrs	Th	4–4:40pm	9/10–11/5	$155
431304-2B	3.5–4.5 yrs	Th	4:50–5:30pm	9/10–11/5	$155
431304-2C	4.5–6 yrs	Th	5:40–6:20pm	9/10–11/5	$155
431304-2D	2–3.5 yrs	Sa	9–9:40am	9/12–11/7	$155
431304-2E	3.5–4.5 yrs	Sa	9:50–10:30am	9/12–11/7	$155
431304-2F	4.5–6 yrs	Sa	10:40–11:20am	9/12–11/7	$155

Skyhawks Sports Academy LLC. City Gym & Pool

431304-3A	2–3.5 yrs	M	10:15–11am	9/14–10/19	$99
431304-3B	2–3.5 yrs	M	10:15–11am	11/9–12/14	$99

Mommy/Daddy & Me Soccer

As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, parents are part of the action! Each child receives a soccer jersey. *No class: 10/31.*

Kidz Love Soccer Murdy Community Center

431314-1A	2–3.5 yrs	Sa	5–5:30pm	9/19–11/14	$132

Skyhawks HoopsterTots

Learning basketball has never been more fun! These classes focus on dribbling, shot technique, passing, and teamwork. Adjustable hoops and appropriately sized basketballs are used to always provide the right amount of challenge.

Skyhawks Sports Academy LLC. Edison Community Center

431311-2A	3.5–4.5 yrs	Tu	5–5:40pm	9/8–10/13	$99
431311-2B	4.5–6 yrs	Tu	5:50–6:30pm	9/8–10/13	$99
431311-2C	3.5–4.5 yrs	Tu	5–5:40pm	11/3–12/8	$99
431311-2D	4.5–6 yrs	Tu	5:50–6:30pm	11/3–12/8	$99

Registration for fall programs begins at 7:30 a.m., six (6) days before the program starts.

Pee Wee Soccer

This non-competitive introduction to soccer is a great way to start boys and girls off with a positive and fun learning experience in youth sports. Players will be introduced to the fundamentals of soccer through game based drills, hands on instruction and scrimmages. Program will take place under the lights at the Central Park Sports Complex on the artificial turf soccer fields! Each participant will receive an HB recreation shirt and all soccer equipment will be made available.

Youth Sports Staff Sports Complex

431307-01	3–5 yrs	Tu	4–4:40pm	9/8–10/13	$60
431307-02	3–5 yrs	Tu	5–5:40pm	9/8–10/13	$60
431307-03	3–5 yrs	Tu	6–6:40pm	9/8–10/13	$60
431307-04	3–5 yrs	Th	4–4:40pm	9/10–10/15	$60
431307-05	3–5 yrs	Th	5–5:40pm	9/10–10/15	$60
431307-06	3–5 yrs	Th	6–6:40pm	9/10–10/15	$60

Skyhawks SoccerTots

Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition. Instructor-to-student ratio is kept small to maximize individual development, and above all, we promote fun, fun, fun! Parent participation may be required for younger ages. *No class: 11/11, 11/27.*

Skyhawks Sports Academy LLC. Murdy Community Center

431316-1A	2–3.5 yrs	M	4–4:40pm	9/14–10/19	$99
431316-1B	2–3.5 yrs	M	4–4:40pm	11/9–12/14	$99
431316-1C	3.5–5 yrs	M	4:50–5:30pm	9/14–10/19	$99
431316-1D	3.5–5 yrs	M	4:50–5:30pm	11/9–12/14	$99

Skyhawks Sports Academy LLC. Edison Community Center

431316-2A	2–3.5 yrs	W	5–5:40pm	9/9–10/14	$99
431316-2B	3.5–4.5 yrs	W	5:50–6:30pm	9/9–10/14	$99
431316-2C	4.5–6 yrs	W	6:40–7:20pm	9/9–10/14	$99
431316-2D	2–3.5 yrs	W	5–5:40pm	11/4–12/16	$99
431316-2E	3.5–4.5 yrs	W	5:50–6:30pm	11/4–12/16	$99
431316-2F	4.5–6 yrs	W	6:40–7:20pm	11/4–12/16	$99
431316-2G	2–3.5 yrs	F	5–5:40pm	9/11–10/16	$99
431316-2H	3.5–4.5 yrs	F	5:50–6:30pm	9/11–10/16	$99
431316-2I	4.5–6 yrs	F	6:40–7:20pm	9/11–10/16	$99
431316-2J	2–3.5 yrs	F	5–5:40pm	11/6–12/18	$99
431316-2K	3.5–4.5 yrs	F	5:50–6:30pm	11/6–12/18	$99
431316-2L	4.5–6 yrs	F	6:40–7:20pm	11/6–12/18	$99

Tot/Pre-Soccer

Little tykes will enjoy running and kicking just like the big kids! Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Each child receives a soccer jersey. Shin guards are required after the first meeting. *No class: 10/31.*

Kidz Love Soccer Murdy Community Center

431315-1A	3.5–5 yrs	Sa	4:15–4:50pm	9/19–11/14	$132

*Online registration for **virtual classes** begins at 7:30am, on Tuesday, August 25.*

Art

Art Explorations

In this LIVE virtual step-by-step art class, students will combine fun drawing exercises and creative painting projects. The different elements of art will be introduced through a variety of media such as acrylics on canvas, pastels, and watercolors. Emphasis is placed on techniques as students explore the work of famous artists. *Different projects each session. *You can purchase the Art Kit, which includes all the supplies for this class (shipped to your home). *Classes are online via Zoom.

Lucia Henry — **Online**

440110-4A	6–11 yrs	Th	3:45–5pm	9/10–10/1	$81/73

Clay Adventures

In this LIVE virtual step-by-step clay sculpture class, students will have a blast learning clay hand-building techniques and create unique projects such as castles, animals, and fantastic creatures. We will be using air-dry clay and decorate the pieces with acrylic paint. *Different projects each session. *You can purchase the Clay Kit, which includes all the supplies for this class (shipped to your home). *Classes are online via Zoom.

Lucia Henry — **Online**

440101-4A	6–11 yrs	Th	3:45–5pm	10/8 - 10/29	$81/73

Cartooning for Fun!

This fun and exciting ONLINE class will teach character drawing and basic cartooning skills, including Japanese manga, anime, and current popular cartoons. Returning students will begin to learn layout and design. Beginners will learn how to draw characters. Limited enrollment. $25 material fee for new students ($20 for returning students) due at first class. Pre-registration is required. All materials are provided. This class is ongoing so students may repeat. Weekly characters will be available via downloads from internet.

Pati Kent — **Online**

440109-4A	7–13 yrs	Tu	4:30–5:30pm	9/15–10/6	$82/74
440109-4B	7–13 yrs	Tu	4:30–5:30pm	10/20–11/10	$82/74

Drawing & Painting for Kids

In this ONLINE class students will explore traditional drawing methods using graphite pencil, colored pencil, charcoal, and black sharpies. Line, shape, color, and value will be explored in drawing. For painting, students will work with acrylic paints and watercolor. Students will work on color and mixing paint while reinterpreting one master artist's masterpiece. *No class: 11/25.*

Gia Moody — **Online**

440131-4A	7–13 yrs	W	3–4:30pm	9/9–9/30	$78/71
440131-4B	7–13 yrs	W	3–4:30pm	10/7–11/4	$102/92
440131-4C	7–13 yrs	W	3–4:30pm	11/11–12/9	$78/71

Photography for Kids!

This fun ONLINE photo class will foster creativity, nurture curiosity, and ignite a passion for image-making. Using mobile phones or tablets as capture and editing devices, students will explore the magic of light and the beauty of design elements to make awesome photos.

Mary-Linn Hughes — **Online**

440132–4A	8–12 yrs	Sa	3–4:30pm	9/19–10/10	$86/78
440132–4B	8–12 yrs	Sa	3–4:30pm	11/7–11/28	$86/78

Culinary

Fresh Bites!

Come join other children learn the ins and outs of the kitchen. We will be making and baking fresh meals and snacks using foods with fresh herbs and spices. This class can help the choosiest of eaters to be more adventurous while trying new foods as well as the experienced child who would like to broaden his/her recipe collections!

Stephanie Collett — **Edison Community Center**

440301-2A	7–12 yrs	Sa	11am–12:15pm	9/12–10/17	$120

Dance & Performing Arts

Basic Ballet

Challenge your child to develop rhythm, strength and coordination the fun way! In ballet class, boys and girls learn ballet positions, jumps, turns, and dances using French vocabulary. Ballet attire required.

Huntington Academy of Dance — **6941 Edinger Ave.**

440408-1A	8–12 yrs	Tu	6–7pm	9/8–10/27	$85

Hip Hop

Hip Hop Hooray! Ho! Boys and girls will get their groove on hip hoppin' to high energy music with funky dance moves! Hip hop introduces students to the rhythmic urban style of popping, locking, and gliding. Parents delight in our family friendly music and movements while kids have a blast and bust-a-move! Bring a friend and try your first class for free! *No class: 11/2.*

Huntington Academy of Dance — **Murdy Community Center**

440404-1A	7–12 yrs	M	6–7pm	9/14–11/9	$85

Huntington Academy of Dance — **Edison Community Center**

440404-2A	5–7 yrs	W	4:35–5:35pm	9/9–10/28	$85

Online classes

*Online registration for **on-site classes** begins at begins at 7:30am, six (6) days before the first class meeting.*

YOUTH

Musical Theater

Love to sing and dance? From High School Musical to Glee, everyone loves musical theater! This FUN class will introduce students to the basics of musical theater dance, acting and voice instruction. Please wear dance attire. Join us and SING and DANCE your days away!

Huntington Academy of Dance — **6941 Edinger Ave.**

441107-1A	7–12 yrs	M	5:30–6:30pm	9/14–11/2	$85

Performing Arts: Sunshine Generation of HB

Make new friends while building useful lifetime skills! Gain confidence for public performing with NO pressure. Kids focus on singing, dancing, and public speaking with showmanship. Optional community performances after the end of the session. Parents are asked not to stay during rehearsals. $30 sunshine t-shirt, CD, and wordsheets due at first class.

Iskui Merdjanian — **Murdy Community Center**

441003-1A	6–10 yrs	W	6:45–7:45pm	9/30–12/2	$79

Tumble-N-Kids Inc. — **Edison Community Center**

441003-2A	6–11 yrs	Th	5:45–7pm	9/10–10/29	$79

Tap

Bring a friend and learn the basics of tap dancing in this FUN class! Students will learn how to keep time and stay in beat with music. Tap dancing is a great way to improve coordination, rhythm, and athletic agility. Boys and girls love making NOISE with their feet! Dance attire, please. Optional recital June 25th- additional fees apply, please see instructior the first day of class for more information.

Huntington Academy of Dance — **6941 Edinger Ave.**

440407-1A	7–12 yrs	M	3:30–4:30pm	9/14–11/2	$85

Tupua's Youth Polynesian Dance

Aloha! Introduction to the fundamentals of Hawaiian Hula and Tahitian dance for your little ones. Great for fine-tuning motor skills, building self-esteem, and showmanship. Have fun dancing to the rhythms of the islands! Class luau held at the end of the session.

Melody Seanoa — **HB Art Center**

440403-4A	6–11 yrs	Tu	4–4:45pm	9/8–10/13	$66/60
440403-4B	6–11 yrs	Tu	4–4:45pm	10/20–11/24	$66/60

Registration for fall programs begins at 7:30 a.m., six (6) days before the program starts.

Youth Ballet

Challenge your child to develop rhythm, strength and coordination the FUN way! In ballet class, boys and girls learn ballet positions, jumps, turns, and dances using French vocabulary. Ballet attire required. Details will be given at first class. *No class: 11/2.*

Huntington Academy of Dance — **Murdy Community Center**

440401-1A	6–8 yrs	M	4:30–5:30pm	9/14–11/9	$85

Huntington Academy of Dance — **Edison Community Center**

440401-2A	5–7 yrs	Sa	11:15am–12:15pm	9/12–10/31	$85

Huntington Academy of Dance — **City Gym & Pool**

440401-3A	5–7 yrs	Th	4–5pm	9/10–10/29	$85

Education

American Sign Language

Learn ASL to power up your executive function and CV: our fun class will help you to communicate and stimulate your problem-solving skills, planning and other mentally demanding tasks. If you wish to gain the attention of millions of deaf and hard of hearing individuals, learn ASL. Knowing your ABCs and a few simple signs is a great place to start. When you learn and use ASL, deaf and hard hearing customers and friends will flock to you.

Portal Languages — **Edison Community Center**

440636-2A	10–17 yrs	M	4:30–5:30pm	9/14–10/26	$146

Mad Science: Crazy Chemworks

Welcome to the world of chemistry! Children make gooey slime, experiment with different reactions and learn to use the tools that chemists use. Polymers and catalysts are only two of the fascinating concepts young scientists explore in this thrilling trop through the chemistry lab! $20 material fee due the first day of class.

MAD Science — **Murdy Community Center**

420601-1A	5–12 yrs	Th	3:30–4:30pm	10/1–11/19	$105

Gymnastics

Gymnastics: Cheer-Nastics

All levels welcome! Experienced coaches safely teach stunts, jumps, cheers, arm motions, and gymnastic skills. Primary tumbling skills include cartwheels, round offs, handsprings, walkovers, and routines! A great class to take in addition to the Jammin Gymnasts class. Performance on last day! $2 material fee due first class. *No class: 10/30, 11/27.*

Tumble-N-Kids Inc. — **City Gym & Pool**

440701-3A	6–12 yrs	F	4–5pm	9/18–12/4	$120

*Online registration for **virtual classes** begins at 7:30am, on Tuesday, August 25.*

Gymnastics: Jammin' Gymnasts

Boys and Girls build skills on balance beam, mini-trampoline and floor, perfecting cartwheels, round-offs, handsprings, backbends, flips and more! The mastery of basic skills leads to increased development and advancement through the levels of the USA Gymnastics Program that is implemented in our curriculum. $2 material fee due first class. *No class: 10/30, 11/27.*

Tumble-N-Kids Inc. — **Murdy Community Center**

440702-1A	7–12 yrs	Tu	4–5pm	9/15–11/17	$120
440702-1B	7–12 yrs	Th	4:30–5:30pm	9/17–11/19	$120
440702-1C	5-8 yrs	Sa	11:45am–12:45pm	9/19–11/21	$120

Tumble-N-Kids Inc. — **Edison Community Center**

440702-2A	7–12 yrs	W	3:45–4:45pm	9/9–10/21	$84
440702-2B	5-8 yrs	Sa	11:20am–12:20pm	9/12–10/24	$84

Tumble-N-Kids Inc. — **City Gym & Pool**

440702-3A	7–12 yrs	F	5–6pm	9/18–12/4	$120

Gymnastics: Kartwheel-N-Kids

Strength, flexibility, balance, agility and coordination- Great skills needed for ALL sports! Aspiring gymnasts benefit from our progressive skill teaching method, promoting confidence and self-esteem! Gymnasts build routines and skill on floor, fine-tune rolls, cartwheels, round-offs, walkovers, handsprings, splits, and more! $2 material fee due first class. *No class: 10/30, 11/27.*

Tumble-N-Kids Inc. — **Murdy Community Center**

440704-1A	4–6 yrs	Tu	2:45–3:45pm	9/15–11/17	$120
440704-1B	4–6 yrs	Th	3:15–4:15pm	9/17–11/19	$120

Tumble-N-Kids Inc. — **Edison Community Center**

440704-2A	4–6 yrs	W	2:45–3:45pm	9/9–10/21	$84

Tumble-N-Kids Inc. — **City Gym & Pool**

440704-3A	4–6 yrs	F	3–4pm	9/18–12/4	$120

Gymnastics: Cheer Jumps & Stunts

All levels welcome! Experienced coaches safely teach stunts, jumps, cheers, arm motions, and powerful floor tumbling. Primary tumbling skills include round offs, backhandsprings, aerials and tucks. A great class to take in addition to the Jammin' Gymnasts class. Performance on last day! $2 material fee due first class. *No class: 10/30, 11/27.*

Tumble-N-Kids Inc. — **City Gym & Pool**

440707-3A	8–16 yrs	F	6–7pm	9/18–12/4	$120

Fitness

Karate-Do Traditional Japanese Beginner

This traditional Japanese karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Uniforms are available for purchase from instructor. One day a week, Thursday or Friday, for $58. Two days a week for $78. *No class: 11/26, 11/27.*

Wadoryu USA Inc. — **Edison Community Center**

440903-2A	8–12 yrs	Th	5:30–6:10pm	9/10–10/15	$58
440903-2B	8–12 yrs	F	5:30–6:10pm	9/11–10/16	$58

Wadoryu USA Inc. — **Lake Park Clubhouse**

440903-2C	8–12 yrs	Th	5:30–6:10pm	10/29–12/10	$58
440903-2D	8–12 yrs	F	5:30–6:10pm	10/30–12/11	$58

Karate-Do Traditional Japanese Novice

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Uniforms and equipment are available for purchase from instructor. White, orange, yellow, and blue belts only. One day a week, Thursday, or Friday, for $66. Two days a week for $86. Must be enrolled in both sessions to be eligible for belt test. *No class: 11/26, 11/27.*

Wadoryu USA Inc. — **Edison Community Center**

440904-2A	8–14 yrs	Th	5:30–6:30pm	9/10–10/15	$66
440904-2C	8–14 yrs	F	5:30–6:30pm	9/11–10/16	$66

Wadoryu USA Inc. — **Lake Park Clubhouse**

440904-2B	8–14 yrs	Th	5:30–6:30pm	10/29–12/10	$66
440904-2D	8–14 yrs	F	5:30–6:30pm	10/30–12/11	$66

Karate-Do Traditional Japanese Intermediate

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Uniforms and equipment are available for purchase from instructor. Blue/St, Green, Green/St, Red, Red/St., Purple belts only. One day a week,Thursday, or Friday, for $76. Two days a week for $96. Must be enrolled in both sessions to be eligible for belt test. *No class: 11/26, 11/27.*

Wadoryu USA Inc. — **Edison Community Center**

440906-2A	8–18 yrs	Th	5:30–7:30pm	9/10–10/15	$76
440906-2C	8–18 yrs	F	5:30–7:30pm	9/11–10/16	$76

Wadoryu USA Inc. — **Lake Park Clubhouse**

440906-2B	8–18 yrs	Th	5:30–7:30pm	10/29–12/10	$76
440906-2D	8–18 yrs	F	5:30–7:30pm	10/30–12/11	$76

*Online registration for **on-site classes** begins at begins at 7:30am, six (6) days before the first class meeting.*

YOUTH

Karate-Do Traditional Japanese Advanced

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Red stripe, brown or black belts only. Uniforms and equipment are available for purchase from instructor. One day a week for $80 or two days a week for $100. Must be enrolled in both sessions to be eligible for belt test. *No class: 11/26, 11/27.*

Wadoryu USA Inc. — **Edison Community Center**

440907-2A	8–18 yrs	Th	6–8pm	9/10–10/15	$80
440907-2C	8–18 yrs	F	6–8:15pm	9/11–10/16	$80

Wadoryu USA Inc. — **Lake Park Clubhouse**

440907-2B	8–18 yrs	Th	6–8pm	10/29–12/10	$80
440907-2D	8–18 yrs	F	6–8:15pm	10/30–12/11	$80

Junior Tae Kwon Do

Participants will learn the foundations of martial arts from Master Kia, a 7th degree black belt, with over 40 years of experience. They will work on overall physical fitness, discipline, focus, leadership, and self-defense. This class is ongoing and progressive. Uniforms available for purchase from instructor. Beginners-Advanced welcome! *No class: 10/28, 10/29, 11/2, 11/3, 11/4, 11/11, 11/26.*

Kiavash Tillehkooh — **City Gym & Pool**

440908-3A	5–9 yrs	M	5:45–6:30pm	9/14–12/7	$188
440908-3B	5–9 yrs	Tu	5:45–6:30pm	9/8–12/8	$188
440908-3C	5–9 yrs	W	5:45–6:30pm	9/9–12/9	$188
440908-3D	5–9 yrs	Th	5:45–6:30pm	9/10–12/10	$188

Teen Tae Kwon Do

Participants will learn the foundations of martial arts from Master Kia, a 7th degree black belt, with over 40 years of experience. They will work on overall physical fitness, discipline, focus, leadership, and self-defense. This class is ongoing and progressive. Uniforms available for purchase from instructor. Beginners-Advanced welcome! *No class: 10/28, 10/29, 11/2, 11/3, 11/4, 11/11, 11/26.*

Kiavash Tillehkooh — **City Gym & Pool**

440912-3A	10–17 yrs	M, W	6:30–7:15pm	9/14–12/9	$199
440912-3B	10–17 yrs	Tu, Th	6:30–7:15pm	9/8–12/10	$199
440912-3C	10–17 yrs	W, Th	6:30–7:15pm	9/9–12/10	$199
440912-3D	10–17 yrs	Tu, W	6:30–7:15pm	9/8–12/ 9	$199

Youth Karate/Self-Defense

This program combines safety awareness with self-defense instruction. Students learn verbal and physical skills for self-defense against bullies and strangers. Escape maneuvers and communication skills are taught to combat threats. Safety tips are discussed each week. Students progress in rank and earn their belts.

Young Champions Rec Program — **Murdy Community Center**

440905-1A	New Students	4–15 yrs	F	5:30–6:10pm	9/11–12/11	$118
440905-1B	Yellow/orange belts	4–15 yrs	F	6:25–7:05pm	9/11–12/11	$118
440905-1C	Purple belt and above	4–15 yrs	F	7:20–8pm	9/11–12/11	$118

Music

Group Guitar 1

Have you ever wanted to be a rockstar? Well, now's the time! New students will learn to play acoustic guitar from Mr. Greg and have fun playing their favorite songs in no time! Beatles, Rolling Stones, Green Day, Weezer, and so much more! Don't delay and learn to play today. This course is suitable for new students. Bring your own guitar, $20 material fee for book. *No class: 11/24.*

The RockBand Experience — **Murdy Community Center**

451008-1A	13 yrs +	Tu	3:30–4:15pm	9/8–9/29	$99
451008-1B	13 yrs +	Tu	3:30–4:15pm	10/6–10/27	$99
451008-1C	13 yrs +	Tu	3:30–4:15pm	11/3–12/1	$99

Group Guitar 2

Have you ever wanted to be a rockstar? Well, now's the time! Continuing students will learn to play acoustic guitar from Mr. Greg and have fun playing their favorite songs in no time! Beatles, Rolling Stones, Green Day, Weezer, and so much more! Don't delay and learn to play today. This course is suitable for continuing students. Bring your own guitar, $20 material fee for book. *No class: 11/24.*

The RockBand Experience — **Murdy Community Center**

451018-1A	8 yrs +	Tu	4:30–5:15pm	9/8–9/29	$99
451018-1B	8 yrs +	Tu	4:30–5:15pm	10/6–10/27	$99
451018-1C	8 yrs +	Tu	4:30–5:15pm	11/3–12/1	$99

Special Interest

Sing and Sign! For Special Needs

With a focus on self-esteem and fun, we support one another as we play with vocal music. Learn harmony, tone, style, the joy of singing, basic signs, story creating, choreography and more! We perform for one another in a friendly, flexible environment, all without pressure. Perfection absolutely not required! *No class: 10/28, 11/4.*

Cyndi Harrington-Dewey — **Murdy Community Center**

441014-1A	8–12 yrs	W	3:45–4:45pm	9/16–11/18	$86

Adaptive class

Registration for fall programs begins at 7:30 a.m., six (6) days before the program starts.

*Online registration for **virtual classes** begins at 7:30am, on Tuesday, August 25.*

Sports

Beach Volleyball: Boys Weekday Trainings

The Golden Coast Beach Volleyball Club invites all boys to register for our club trainings where our coaches will teach the techniques and tactics of the game of 2-a-side beach volleyball. Each week we focus on a particular skill and then apply it in game situations. Trainings held at the courts at 15th street and PCH. For more information go to www.goldencoastvolleyball.com

Beach Volleyball CA Inc. **15th St at PCH**

441330-2A	12–17 yrs	Tu	4–5:20pm	9/15–10/27	$115
441330-2B	12–17 yrs	Th	4–5:20pm	9/17–10/29	$115

Beach Volleyball: Girls Weekday Training

The Golden Coast Beach Volleyball Club invites all girls to register for our club trainings where our coaches will teach the techniques and tactics of the game of 2-a-side beach volleyball. Each week we focus on a particular skill and then apply it in game situations. Trainings held at the courts at 15th street and PCH. For more information go to www.goldencoastvolleyball.com

Beach Volleyball CA Inc. **15th St at PCH**

441331-2A	12–17 yrs	Tu	4–5:20pm	9/15–10/27	$115
441331-2B	12–17 yrs	Th	4–5:20pm	9/17–10/29	$115

Beach Volleyball: Youth Beginner

This class introduces beach volleyball to kids just starting out in the sport. The program adopts a concept of cooperative volleyball where participants play the ball over the net in a cooperative way to achieve goals that progressively get more difficult. Trainings held at the courts at 15th street and PCH. For more information go to goldencoastvolleyball.com $5 materials fee due at first class.

Beach Volleyball CA Inc. **15th St at PCH**

441360-2A	7–9 yrs	Sa	9–9:50am	9/19–10/24	$75
441360-2B	10–12 yrs	Sa	10–10:50am	9/19–10/24	$75

Indoor Coed Volleyball League

The City of Huntington Beach Indoor Coed Volleyball league is a competitive league with an emphasis on having fun and learning the game of volleyball. Boys and girls from 3rd through 8th grades will be placed on teams for the season which includes two weeks of evaluations, practice games, six league games and a championship tournament. All 3rd and 4th graders will play by volley tennis standards.

Youth Sports Staff **City Gym & Pool**

441316-3A	7th & 8th grade	Sa	12–1pm	9/5–11/7	$60
441316-3B	5th & 6th grade	Sa	10:30–11:30am	9/5–11/7	$60
441316-3C	3rd & 4th grade	Sa	9–10am	9/5–11/7	$60

Skyhawks Basketball

This fun, skill-intensive program is designed for beginning to intermediate players. An active class of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff will also focus on respect, teamwork and responsibility.

Skyhawks Sports Academy LLC. Murdy Community Center

441302-1A	7–10 yrs	M	6–7pm	9/14–10/19	$109
441302-1B	7–10 yrs	M	6–7pm	11/9–12/14	$109

Skyhawks Sports Academy LLC. Edison Community Center

441302-2A	7–10 yrs	Tu	6:40–7:40pm	9/8–10/13	$109
441302-2B	7–10 yrs	Tu	6:40–7:40pm	11/3–12/8	$109

Skyhawks Beginning Golf

Children will learn the fundamentals of swinging, putting, and body positioning. Using the SNAG (Starting New at Golf) system, we have simplified instruction so that young players can make an effective transition onto the golf course. All equipment provided.

Skyhawks Sports Academy LLC. Edison Community Center

441337-2A	5–6 yrs	M	5–6pm	9/14–10/19	$99
441337-2B	7–8 yrs	M	6:15–7:15pm	9/14–10/19	$99
441337-2C	5–6 yrs	M	5–6pm	11/9–12/14	$99
441337-2D	7–8 yrs	M	6:15–7:15pm	11/9–12/14	$99

Soccer 1: Techniques & Teamwork

Learn dribbling, passing, defense and shooting goals! Small-sided soccer matches will be introduced gradually. Perfect for first time players while being fun and engaging for kids with some experience. Each participant receives a soccer jersey. Shin guards are required after the first meeting. *No class 10/31.*

Kidz Love Soccer **Murdy Community Center**

441335-1A	5–6 yrs	Sa	3:15–4pm	9/19–11/14	$132

Soccer 2: Skillz & Scrimmages

Have a great time while developing core soccer skills like dribbling, passing and shooting in a team play format. Each class will include individual skill building and scrimmages to develop teamwork and positional play. All levels are welcome! Each participant receives a soccer jersey. Shin guards are required after the first meeting. *No class: 10/31.*

Kidz Love Soccer **Murdy Community Center**

441336-1A	7–10 yrs	Sa	2:15–3pm	9/19–11/14	$132

*Online registration for **on-site classes** begins at begins at 7:30am, six (6) days before the first class meeting.*

YOUTH

Volleyball: HB Aces Indoor

HB Aces continues on as the premier after-school alternative to the high costs and demands of club volleyball. Students can expect to learn the basics of the game in a fun and challenging enviornment–all from experienced coaches. Classes will include instruction on technique, drills to reinforce, and plenty of game play. All players will receive HB Aces T-Shirt on the first day of class!

Matt Taylor Volleyball					City Gym & Pool
441309-3A	5th & 6th grade	M	3:30–4:45pm	9/14–11/30	$193
441309-3C	7th & 8th grade	M	4:45–6pm	9/14–11/30	$193
441309-3B	5th & 6th grade	Th	3:30–4:45pm	9/17–12/3	$193

Volleyball: HB Aces Elite

This program is limited to experienced and motivated players who are looking for a high intensity clinic with competitive game play. Consider this a bridge between introduction classes and club volleyball. Beginner and lower level players should look to the Monday class to build their skills. *No class: 11/26.*

Matt Taylor Volleyball					City Gym & Pool
441355-3A	6th–8th grade	Th	4:45–6pm	9/17–12/3	$193

Wrestling: Beginner Youth

This super-fun program is the first of its kind in HB. Foundational wrestling skills are taught in a dynamic, exciting enviornment utilizing positive reinforcement, instructional drills and technique-oriented games. The focus is on skill-development & fun! Youths are partnered with same age/size partners. More info: info@oc-grappling.org or oc-grappling.org.

OC Youth Sports Academy					Rodgers Clubhouse
441349-1A	6–9 yrs	Tu, Th	5:30–6:30pm	9/8–12/3	$256
441349-1B	10–14 yrs	Tu, Th	5:30–6:30pm	9/8–12/3	$256

Wrestling: Intermediate Youth

This program is run by coaches with D1 and other collegiate backgrounds and is an excellent prep for competitive youth and high school wrestling. Fundamental basics are sharpened, and competitive readiness, mindset, intermediate, and advanced wrestling skills are enhanced. The focus is on skill and knowledge development! Wrestlers will work with same age, experience, size partners. Tournament preparation and diet are also covered. More info: oc-grappling.org.

OC Youth Sports Academy					Rodgers Clubhouse
441350-1A	6–9 yrs	Tu, Th	6:30–8pm	9/8–12/3	$276
441350-1B	10–14 yrs	Tu, Th	6:30–8pm	9/8–12/3	$276

Registration for fall programs begins at 7:30 a.m., six (6) days before the program starts.

Junior Soccer

This semi-competitive introduction to soccer is a great way to start boys and girls off with a positive and fun learning experience in youth sports. Players will be introduced to the fundamentals of soccer through game based drills, hands on instruction and scrimmages. Program will take place under the lights at the Central Park Sports Complex on the artificial turf soccer fields! Each participant will receive HB Recreation shirt and all soccer equipment will be made available.

Youth Sports Staff					Sports Complex
441310-00	6–8 yrs	Tu	6–6:40pm	9/8–10/13	$60
441310-01	6–8 yrs	Th	6–6:40pm	9/10 – 10/15	$60

Skate & Surf

Skateboarding

Whether you are just learning or ready to learn advanced tricks, this class is right for you. Make new friends, advance your skills, and most importantly, have fun in our private skatepark. Requirements: A signed Skatedogs waiver form, a skateboard, knee pads, elbow pads and a helmet. *No class: 11/25.*

Skatedogs					Sports Complex
491402-6A	5–13 yrs	W	3:30–5:30pm	9/9–10/14	$216
491402-6B	5–13 yrs	W	3:30–5:30pm	10/28–12/9	$216
491402-6C	5–13 yrs	F	3:30–5:30pm	9/11–10/16	$216
491402-6D	5–13 yrs	F	3:30–5:30pm	10/30–12/11	$216

Youth Beginner Surfing Lessons

This is a 4 lesson surf program that stresses beach safety and fun while you learn the basics of catching and riding waves and ocean safety. Students must be able to swim. Boards and wetsuits provided. Lessons are run by a former pro surfer and coach with 30 years of experience.

HB Surf School					285 Pacific Coast Hwy
441407-2A	8–16 yrs	Sa	9–10am	9/5–9/26	$220
441407-2B	8–16 yrs	Sa	9–10am	10/3–10/24	$220
441407-2C	8–16 yrs	Sa	9–10am	11/7–11/28	$220

Parks Make Life Better!®

*Online registration for **virtual classes** begins at 7:30am, on Tuesday, August 25.*

Aquatic Exercise

For specific aquatic fitness start/end dates, call the City Gym & Pool at 714-960-8884.

Aquatic Exercise: Aqua Active

This class is designed for people with arthritis to gently improve range of motion, strength and endurance. Participants must be able to enter and exit the pool independently. A doctor's release is recommended if you have recently had surgery.

Debra Thurn City Gym & Pool

- M–F: 12:30–1:30pm

	October		November		December	
M,W,F	450806-3A	$84	450806-3B	$84	450806-3C	$84
T, Th	450806-3D	$58	450806-3E	$58	450806-3F	$58

Aqua Tone Fitness: Aquatic Cardio Exercise

This unique class improves body tone, flexibility, cardiovascular strength and physical fitness through exercises utilizing all muscle groups. This high-energy workout is twice as effective in the water as it would be on land. No prerequisite for swimming ability. More info: aquatonefitness@aol.com.

Dawnette Lowry — **City Gym & Pool**

- T, W, Th, Sa: 7–8am
- T, Th, F: 8:20–9:20am

350808	16-class pack	$135

Aqua Tone Fitness: Aqua Evening Cardio

This fun and very challenging water workout class will take you to a new limit of resistance using Hydro-Tone's Water Weights. Move from shallow to deep water utilizing and concentrating on the weaker muscle groups of your body. Questions: aquatonefitness@aol.com. *No class: 7/3.*

Dawnette Lowry — **City Gym & Pool**

- M, W, F: 5:30pm–6:30pm

350808	16-class pack	$135

Aqua Tone Fitness: Aquatic Bodybuilding

Hydro-Tone is a unique and intense Body Building workout course. This system accommodates variable resistance of water to movement through it. Hydro-Tone Bells and Boots are designed to fit any individual who is looking for greater muscle stimulation. Equipment rental $3 per class to be paid each class. More info: aquatonefitness@aol.com.

Dawnette Lowry City Gym & Pool

- M, W: 8:15–9:25am

350802	16-class pack	$166

Art

Abstract Landscape Workshop

Create an abstract landscape painting in one afternoon in this ONLINE workshop. The workshop covers the basics of color theory and a variety of paint application techniques using acrylics. No previous experience required.

Iris Kern-Foster — **Online**

450197-4A	16 yrs +	F	3–5:30pm	9/25	$46/42
450197-4B	16 yrs +	F	3–5:30pm	10/23	$46/42

Art in the Afternoon

This fun ONLINE class is designed for beginning and intermediate students who would like to improve their drawing and painting skills. The class will include exercises and sketchbook assignments. Students will use acrylic paints in their paintings and have the opportunity to include their paintings in an art show! Supplies list provided on receipt.

Pati Kent — **Online**

450103-4A	15 yrs +	Tu	2:45–4:15pm	9/15–10/6	$85/77
450103-4B	15 yrs +	Tu	2:45–4:15pm	10/20–11/10	$85/77

Beginning Digital Photography

This 6-week class is a fun way to explore the use of your digital camera. Students will learn about lighting, composition, and camera controls to achieve a solid grounding in the technical and creative aspects of photographic techniques. Students should bring their digital camera and a USB flash drive.

Kurt Weston — **Online**

450109-4A	16 yrs +	F	3:30–5:30pm	10/2–11/6	$126/114

Colored Pencils

Learn how to do some serious "coloring" using various methods with graphite, wax, oil, pastel, and watercolor pencils on a variety of surfaces and with paint and pencil specific mediums. Instructor will bring samples of everything to try out in class. *No class: 11/11, 11/25.*

Marilyn Oropeza — **Online**

451606-4A	18 yrs +	W	1–3pm	9/9–10/14	$114/103
451606-4B	18 yrs +	W	1–3pm	10/21–12/9	$114/103

Online classes

*Online registration for **on-site classes** begins at begins at 7:30am, six (6) days before the first class meeting.*

ADULTS

Chinese Brush Painting

Explore the world of Chinese Brush Painting from the comfort of home! Mayee's popular class is now available Live-On-Line on Saturday mornings. Founded on classical techniques, materials, and subject matter, Mayee delivers her lively, step-by-step approach via Zoom. The class will interact and paint together - just like in the studio. Students will need a table and a computer device (laptop, tablet, smart phone, or desktop computer) with a camera, microphone, speaker, and stable internet access. The Zoom link, log-in instructions, and materials list will be emailed upon registration. *No class 9/19, 11/7.*

Mayee Futterman — **Online**

450174-4A	13 yrs+	Sa	9:30am–12:30pm	9/12–10/10	$91/82
450174-4B	13 yrs+	Sa	9:30am–12:30pm	10/24–11/21	$91/82

Creating Landscapes with Notan

This class is ONLINE. The Notan: the composition of art and imagery. Notan is a Japanese design concept involving the play and placement of light and dark elements as they are placed next to one another in the composition. We will be exploring the landscape only in black and white. Also, we will be drawing first in markers and then painting with a neutral dark color. During this class you will create one or two completed landscapes.

Gia Moody — **Online**

451638-4A	18 yrs+	Sa	9–10:15am	9/12–10/10	$96/81
451638-4B	18 yrs+	Sa	9–10:15am	10/17–11/14	$96/81

Creative Writing Jumpstart

You want to write, but don't know where to start. Begin with a session of guided writing exercises and tips on how to put your ideas into motion for books, scripts, short stories, poetry, and non-fiction. We'll discuss structure, technique, characters, and conflict. This one-day intensive class, taught by a published writer and former magazine editor, will encourage both the novice and experienced writer. Bring writing supplies. More information, YourProfessorD@gmail.com.

Dorothy Spirus — **Online**

450198-4A	16 yrs +	Tu	6–8pm	9/8	$75/68
450198-4B	16 yrs +	Sa	2–4pm	10/24	$75/68

Creative Writing

Do you have a half-finished novel, great family stories or an idea for a children's book, short story or screenplay? Commit to your creativity and complete your project with guidance from a former magazine editor. New to creative writing? This class will help you begin. Open to all levels of experience. More info: YourProfessorD@gmail.com.

Dorothy Spirus — **Online**

450144-4A	18 yrs +	Tu	6:30–8pm	9/15–10/20	$185/167
450144-4B	18 yrs +	Tu	6:30–8pm	10/27–12/1	$185/167

Glass Mosaic Art on Stone

Learn the art of mosaic in this beginner and intermediate class. Students will learn how to draw a simple design, cut glass, and create a mosaic on a garden rock. $25 material fee due at first class.

Anne Marie Price — **HB Art Center**

450141-4A	13 yrs +	F	12:30–2:15pm	9/11–10/9	$125/113
450141-4B	13 yrs +	F	12:30–2:15pm	10/23–11/20	$125/113

Introduction to Watercolor

For the beginning or returning artist, an intro to the many types of watercolor supplies and use. The 8 basic methods of application, color and water control, layering and blending, creating light and shadow, negative and positive painting, landscape, portrait, mixed media, and how to fix mistakes. *No class: 11/11, 11/25.*

Marilyn Oropeza — **Online**

450125-4A	18 yrs +	W	10:30am–12:30pm	9/9–10/14	$114/103
450125-4B	18 yrs +	W	10:30am–12:30pm	10/21–12/9	$114/103

Photo Critique Sessions

This class is designed to further the photographer's artistic vision and technical skills. Students will bring digital photographs on a USB flash drive to be viewed by the class for evaluation and comments. Visual aesthetic, concept, subject matter, technique, and digital image modification will be the basis for discussion.

Kurt Weston — **Online**

450180-4A	18 yrs +	F	1–3pm	10/2–11/6	$126/114

Watercolor Painting

This class is for intermediate to advanced students to learn the joys and pitfalls of watercolor painting. The focus will be on skills and techniques with weekly demonstrations and critiques. Materials list will be provided on the first day of class. If you already have supplies, please bring them.

Diane Merrill — **HB Art Center**

450116-4A	18 yrs +	Tu	9:30am–12:30pm	9/8–10/13	$126/114
450116-4B	18 yrs +	Tu	9:30am–12:30pm	10/27–12/1	$126/114

Registration for fall programs begins at 7:30 a.m., six (6) days before the program starts.

Online classes

*Online registration for **virtual classes** begins at 7:30am, on Tuesday, August 25.*

Culinary

Baking

Just in time for the Holidays. In this "hands on" class we are learning to bake breads, muffins, cookies, pies and so much more. We will learn the fail proof techniques to feel like you should make it instead of buy it. Treat your friends and family to wonderful homemade goodies. You will take home a packet of more recipes to try at home. Come hungry. A $15 material fee is due the night of the class.

April Berg				Murdy Community Center	
450308-1A	18 yrs +	Tu	6:15–9:15pm	11/10	$35

April Berg				Edison Community Center	
450308-2A	18 yrs +	Tu	6:15–9:15pm	9/8	$35

Dance & Performing Arts

Ballet: Adult Beginning

Love the grace and poise of ballet dancers? Looking to improve posture, gain strength, and increase flexibility? Join other beginners in learning a new skill while experienced dancers refine the basics. Wear comfortable clothing and bring an exercise mat or towel.

Huntington Academy of Dance				6941 Edinger Ave.	
450442-1A	13 yrs +	W	7:30–8:30pm	9/9–10/28	$85

Huntington Academy of Dance				City Gym & Pool	
450442-3A	13 yrs +	M	7–8pm	9/14–11/2	$85

Ballet & Ballet Stretch for Seniors

Please join us in learning and practicing the beautiful graceful movements of Ballet. An opportunity to improve fitness through fun, working on flexibility, coordination, strength, balance, endurance and healthy attractive posture. No experience necessary. The class is non-competitive and we become great friends in the process.

Huntington Academy of Dance				6941 Edinger Ave.	
450426-1A	50 yrs +	M	12:30–1:30pm	9/14–10/19	$49
450426-1B	50 yrs +	M	12:30–1:30pm	10/26–11/30	$49

Ballroom & Country Line Dance Basics

Line Dancing is a great way to learn the basics of a variety of dances, without needing a partner! You can learn everything from the Waltz to the Hustle, & even some country moves. Whether you're looking for a fun new hobby, a place to meet some new friends, or a way to stay active, dancing is a great way to go!

Amanda Mykitta				Edison Community Center	
450462-2A	16 yrs +	F	1–2pm	9/18–10/23	$40

Ballroom Dance Basics

Never be a wall-flower again. From Waltz to the Salsa, we'll teach you how to own the dance floor! Join our ballroom group class, followed immediately by a lively practice party. Our dynamic steps and techniques will last a lifetime, and we make learning fun! No partner needed. Taught by Mandy Mykitta. *No class: 11/11, 11/25.*

Definitely Dance				Murdy Community Center	
450441-1A	16 yrs +	W	7:15–8:15pm	9/16–10/14	$35
450441-1B	16 yrs +	W	7:15–8:15pm	10/28–12/9	$35

Country Line Dance

Learn easy line dances from the 80's and more recent ones, popular in today's country nightclubs. Work out and have a good time!

Efren Barrera				Murdy Community Center	
450413-1A	14 yrs +	Th	4–5pm	9/10–10/8	$40
450413-1B	14 yrs +	Th	4–5pm	10/15–11/12	$40
450413-1C	14 yrs +	Th	7:15–8:15pm	9/10–10/8	$40
450413-1D	14 yrs +	Th	7:15–8:15pm	10/15–11/12	$40

*Online registration for **on-site classes** begins at begins at 7:30am, six (6) days before the first class meeting.*

ADULTS

Country Two Step & Cowboy Cha-Cha

Country 2 Step plus Cowboy Cha-Cha; both dances are coming back and both are popular in country nightclubs! You will learn both and have a good time socializing and meeting new people. No partner needed!

Efren Barrera — **Murdy Community Center**

450415-1A	14 yrs +	Th	6–7pm	9/10–10/8	$40
450415-1B	14 yrs +	Th	6–7pm	10/15–11/12	$40

Dance: Swing Basics

Fun and easy Swing Dance. Basic steps are taught to beginners so they may dance immediately with confidence. Swing dance is the most versatile and fun social dance since it can be danced to almost any kind of music. No partner necessary. Hosted by Michael and Olivia Lai.

Kaylaa Fox — **Murdy Community Center**

450423-1A	16 yrs +	Th	8:30–9:30pm	9/10–10/1	$35
450423-1B	16 yrs +	Th	8:30–9:30pm	10/15–11/5	$35

Dance: Swing Intermediate

Move on to Swing intermediate. Combine and expand on your basic swing skills. Go beyond the basics to explore Lindy Hop, West Coast, and Charleston rhythms that will make your dancing more enjoyable. No partner needed. Hosted by Michael and Olivia Lai.

Kaylaa Fox — **Murdy Community Center**

450424-1A	16 yrs +	Th	7:15–8:15pm	9/10–10/1	$35
450424-1B	16 yrs +	Th	7:15–8:15pm	10/15–11/5	$35

Dance: Swing Advanced

Move way beyond the basics. Advanced Swing moves to 4, 6 and 8 swing rhythms that will challenge you and make you shine on the dance floor. No partner necessary. Hosted by Michael and Olivia Lai.

Kaylaa Fox — **Murdy Community Center**

450422-1A	16 yrs +	Th	6–7pm	9/10–10/1	$35
450422-1B	16 yrs +	Th	6–7pm	10/15–11/5	$35

Salsa 1 for Teens & Adults

Salsa, the hot and spicy dance, lets you move to the Latin rhythms in today's club and party scene. Learn hot beginner and intermediate patterns. Meet people, socialize and show off your moves! No partner needed.

Efren Barrera — **Murdy Community Center**

450421-1A	14 yrs +	Th	8:30–9:30pm	9/10–10/8	$40
450421-1B	14 yrs +	Th	8:30–9:30pm	10/15–11/12	$40

Adaptive class

Special Needs Ballroom

Join us for a dynamic ballroom dance class for people with all types of special needs and developmental disabilities! Taught by our lead instructor, Mandy Mykitta, many dances will be represented. From the Waltz to the Hustle, well teach you all the moves you need to own any dance floor! *No class: 11/11, 11/25.*

Definitely Dance — **Murdy Community Center**

450455-1A	14 yrs +	W	6–7pm	9/16–10/14	$25
450455-1B	14 yrs +	W	6–7pm	10/28–12/9	$25

Swing & Salsa Basics

Swing and Salsa are some of the most popular social dances out there. Come learn the basics of these dynamic dances so that you can own the dance floor. Dance classes are a great place to meet new friends, get a workout in, and have some fun–come join us! No partner needed.

Amanda Mykitta — **Edison Community Center**

450461-2A	16 yrs +	Tu	7–8pm	9/15–10/20	$40

Tupua's Teen Polynesian Dance

Aloha! Introduction to the fundamentals of Hawaiian Hula and Tahitian dance. Great for fine-tuning motor skills, building self-esteem, and showmanship. Have fun dancing to the rhythms of the islands! Class fills quickly. Pre-registration is required.

Melody Seanoa — **HB Art Center**

450465-4A	12–16 yrs +	Tu	4:45–5:30pm	9/8–10/13	$66/60
450465-4B	12–16 yrs +	Tu	4:45–5:30pm	10/20–11/24	$66/60

Dog Training

Beginning Dog Obedience

For dogs 5 months and older and handlers 10 years to adult. Obedience commands (heel, sit, down, stay, stand, come), long distance work, hand signals, and correcting bad habits (chewing, jumping, digging, etc.). Trophies and certificates awarded at graduation. First meeting held WITHOUT DOGS. Bring shot records. $10 material fee (includes training manual).

Dog Services Unlimited — **Edison Community Center**

450504-2A	10 yrs +	Tu	7–8pm	9/15–10/27	$98

*Online registration for **virtual classes** begins at 7:30am, on Tuesday, August 25.*

Dog Training: Crash Course in Canine Manners

Establish better manners and correct behavior problems in four 75-minute lessons! Dogs five months or older will learn to stay, come, sit, lie down, and walk without pulling on a leash. Discussions of various bad habits will be included! Dogs attend all meetings. Bring shot records and $5 material fee to first lesson. Pre-registration is required.

Dog Services Unlimited				Murdy Community Center	
450506-1A	10 yrs +	Th	6:30–7:45pm	10/22–11/12	$89

Flyball Beginning

Flyball is a fast paced sport for dogs that involves running, jumping and retrieving a ball. Dogs must be at least 6 months old, in good physical condition, well socialized and have a fairly reliable "come when called." First class held without dogs

Surf City Flyball			Central Park–Slater/Goldenwest Street		
450507-1A	18 yrs +	Sa	9–10am	9/19–11/14	$95

Flyball Intermediate

For dogs who have at least 2 sessions of Flyball Beginning and/or prior Flyball training. This class teaches the skills necessary for actual Flyball competition.

Surf City Flyball			Central Park–Slater/Goldenwest Street		
450508-1A	18 yrs +	Sa	10:30am–12pm	9/19–11/14	$85

Educational

American Sign Language for Beginners

Learn ASL to power up your executive function and CV: Our fun class will help you to communicate and stimulate your problem-solving skills, planning and other mentally demanding tasks. If you wish to gain the attention of millions of deaf and hard of hearing individuals, learn ASL. Knowing your ABCs and a few simples signs is a great place to start. When you learn and use ASL, deaf and hard hearing customers and friends will flock to you.

Portal Languages				Edison Community Center	
450628-2A	18 yrs +	M	5:30–6:30pm	9/14–10/26	$146

Italian: Beginning Conversational

This class focuses on day-to-day conversational Italian. Topics can be adapted to interest of class. Taught by native speaker. Perfect for those traveling to Italy.

Spectrum Languages				Edison Community Center	
450601-2A	18 yrs +	Th	5–6:30pm	9/10–10/29	$195

Italian: Conversational 1B

This is a continuation of Conversational Italian 1A. Focus is on spoken Italian and adding knowledge of more complex sentence structures and vocabulary to be able to help any student become more conversant. Material may be adapted to the learning preferences and experience of the participants.

Spectrum Languages				Edison Community Center	
450603-2A	18 yrs +	Th	6:30–8pm	9/10–10/29	$215

Spanish: Conversational

Learn how to engage your Spanish conversations. The focus is on speaking about daily actions, travels, and experiences. Vocabulary development, key grammatical structures, and use of appropriate verbs will follow. The lessons build on one another. Emphasis is given to listening and interpretation. $30 material fee due first class.

Portal Languages				City Gym & Pool	
450619-3A	18 yrs +	M	5–6pm	9/14–11/16	$206

*Online registration for **on-site classes** begins at begins at 7:30am, six (6) days before the first class meeting.*

ADULTS

Fitness

Ab-Core Blast

Join us for a 30-minute blast of abdominal/core-strengthening exercises that will have you feeling your abs for days! Proper engagement can help you obtain a flatter looking abdomen region, better posture, and more! Core strength can also help you reduce the risk for certain back problems while helping to alleviate most chronic back pain. All ages/abilites welcome. Bring: mat, exercise ball (~65cm), grip socks, towel & water.

HB Pilates & Fitness Inc. — **Murdy Community Center**

450833-1A	16 yrs +	M	11:30am–12pm	9/14–10/5	$40
450833-1B	16 yrs +	M	11:30am–12pm	10/12–11/9	$48
450833-1C	16 yrs +	M	11:30am–12pm	11/16–12/14	$48

Adult Tae Kwon Do

Participants will learn the foundations of martial arts from Master Kia, a 7th degree black belt, with over 40 years of experience. They will work on overall physical fitness, discipline, focus, leadership, and self defense. This class is ongoing and progressive. Uniforms available for purchase from instructor. Beginners-Advanced welcome! *No class: 10/28, 10/29, 11/2, 11/3, 11/4, 11/11, 11/25, 11/26.*

Kiavash Tillehkooh — **City Gym & Pool**

450909-3A	15 yrs +	M	7:15–8pm	9/14–12/7	$188
450909-3B	15 yrs +	Tu	7:15–8pm	9/8–12/8	$188
450909-3C	15 yrs +	W	7:15–8pm	9/9–12/9	$188
450909-3D	15 yrs +	Th	7:15–8pm	9/10–12/10	$188

Cardio Step for the Heart

This class raises the heart rate by stepping up and down on 4 or 8 -inch steps. A step workout effectively burns fat while strengthening your heart and toning lower body. Different size steps are provided for beginners through advanced levels. *Sign-up for CARDIO STEP FOR THE HEART plus HEAD TO TOE WORKOUT together for only $141. *No class: 11/11, 11/25, 11/27.*

Susan Hardy — **Murdy Community Center**

450835-1A	13 yrs +	M, W, F	9:30–10:15am	9/9–12/11	$137

Cardio Step & Body Sculpt

Step aerobics is a high calorie-burning workout with less stress on ankles and joints compared to other impact classes. Steps range from 4 to 8 inches accommodating beginner through advanced. Upper body workout with light weights and abdominal work finishes up the class. Bring hand weights and a mat.

Susan Hardy — **Edison Community Center**

450851-2A	13 yrs +	M, W, F	5:15–6:15pm	9/9–10/30	$91

Head to Toe Workout

A total body workout accommodating all fitness levels. Using body weight, hand weights, bands or tubes as resistance. This workout includes arms, upper body as well as targeting legs, lower body and abs. Exercises emphasize injury prevention. Bring mat and weights. *Sign-up for HEAD TO TOE WORKOUT plus CARDIO STEP FOR THE HEART together for only $141. *No class: 11/11, 11/25, 11/27.*

Susan Hardy — **Murdy Community Center**

450841-1A	13 yrs +	M, W, F	8:30–9:15am	9/9–12/11	$137

Jazzercise

We believe fitness is an important aspect of living our best lives. Our workout keeps us physically and mentally healthy. We're in it together. At Jazzercise, instructors, franchise owners and customers alike are bonded by a love for this program and the strength we derive from working it together; motivate us to be the best versions of ourselves on the daily and we revel in each other's successes.

Erica Den Hartog — **City Gym & Pool**

450853-3A	13 yrs +	M, W, F	8:45–9:50am	10-class pack	$90
450853-3B	13 yrs +	M, W, F	8:45–9:50am	20-class pack	$140
450853-3C	13 yrs +	M, W, F	8:45–9:50am	30-class pack	$170

Karate-Do Traditional Japanese

Learn traditional karate. Improve your physical fitness and balance. Come and learn basic Japanese commands and counting, meditation, self-defense, and how to spar correctly. This class is ongoing and progressive. Uniforms and equipment are available for purchase from instructor. *No class: 11/26, 11/27.*

Wadoryu USA Inc. — **Edison Community Center**

450907-2A	18 yrs +	Th	7:15–8pm	9/10–10/15	$58
450907-2B	18 yrs +	F	7:15–8pm	9/11–10/16	$58

Wadoryu USA Inc. — **Lake Park Clubhouse**

450907-2C	18 yrs +	Th	7:15–8pm	10/29–12/10	$58
450907-2D	18 yrs +	F	7:15–8pm	10/30–12/11	$58

Lean & Fit

Join us for a fun and energizing workout that will help you burn fat, build lean muscle, and give you that extra energy boost for the day! Incorporating strength, power, stability, and cardio circuit exercises, we promise to sculpt and tighten your entire body so you will look and feel your absolute best! All ages and abilities welcome. Bring a mat, towel, water, and dumbbells.

HB Pilates & Fitness Inc. — **Murdy Community Center**

450839-1A	16 yrs +	M	9–10am	9/14–10/5	$59
450839-1B	16 yrs +	M	9–10am	10/12–11/9	$71
450839-1C	16 yrs +	M	9–10am	11/16–12/14	$71

HB Pilates & Fitness Inc. — **Edison Community Center**

450839-2A	16 yrs +	F	9–10am	9/11–10/9	$71

HB Pilates & Fitness Inc. — **City Gym & Pool**

450839-2B	16 yrs +	F	9–10am	10/16–11/13	$71

*Online registration for **virtual classes** begins at 7:30am, on Tuesday, August 25.*

Pilates Mat

Join us for a low-impact class that will deliver high results and help you improve: posture, strength, flexibility, balance, coordination, mobility, and total mind-body awareness. Focusing on core strength and proper alignment, we will condition your entire body in every class! Info@hbpilates.com. All ages/abilities welcome. Bring: mat, small towel, grip socks, and water. *No class: 11/26.*

HB Pilates & Fitness Inc. — Murdy Community Center

450811-1A	16 yrs +	M	10:15–11:15am	9/14–10/5	$59
450811-1B	16 yrs +	M	10:15–11:15am	10/12–11/9	$71
450811-1C	16 yrs +	M	10:15–11:15am	11/16–12/14	$71
450811-1D	16 yrs +	Tu	6–7pm	9/8–10/6	$71
450811-1E	16 yrs +	Tu	6–7pm	10/13–11/10	$71
450811-1F	16 yrs +	Tu	6–7pm	11/17–12/15	$71
450811-1G	16 yrs +	Th	6:45–7:45pm	9/10–10/8	$71
450811-1H	16 yrs +	Th	6:45–7:45pm	10/15–11/12	$71
450811-1I	16 yrs +	Th	6:45–7:45pm	11/19–12/17	$59

HB Pilates & Fitness Inc. — Edison Community Center

450811-2A	16 yrs +	M	6:30–7:30pm	9/14–10/5	$59
450811-2E	16 yrs +	F	10–11am	9/11–10/9	$71

HB Pilates & Fitness Inc. — City Gym & Pool

450811-3A	16 yrs +	W	9–10am	9/9–10/7	$71
450811-3B	16 yrs +	W	9–10am	10/14–11/4	$59
450811-3C	16 yrs +	W	9–10am	11/18–12/16	$71
450811-2F	16 yrs +	F	10–11am	10/16–11/13	$71

Pilates Barre with Cardio

Burn mega calories and feel fit and fabulous in no time! This high energy class fuses Pilates, Barre, Yoga, and Dance with cardio intervals and functional fitness exercises. Using resistance bands, workout balls, and your own body weight we will help you achieve the lean and toned body you have been waiting for! Fitness level: Intermediate. Bring: mat, small towel, grip socks and water. *No class: 11/26.*

HB Pilates & Fitness Inc. — Murdy Community Center

450855-1A	16 yrs +	Tu	7:15–8:15pm	9/8–10/6	$71
450855-1B	16 yrs +	Tu	7:15–8:15pm	10/13–11/10	$71
450855-1C	16 yrs +	Tu	7:15–8:15pm	11/17–12/15	$71
450855-1D	16 yrs +	Th	8–9pm	9/10–10/8	$71
450855-1E	16 yrs +	Th	8–9pm	10/15–11/12	$71
450855-1F	16 yrs +	Th	8–9pm	11/19–12/17	$59

HB Pilates & Fitness Inc. — Edison Community Center

450855-2A	16 yrs +	M	7:30–8:30pm	9/14–10/5	$59

HB Pilates & Fitness Inc. — City Gym & Pool

450855-3A	16 yrs +	W	10–11am	9/9–10/7	$71
450855-3B	16 yrs +	W	10–11am	10/14–11/4	$59
450855-3C	16 yrs +	W	10–11am	11/18–12/16	$71

Prenatal/Postnatal Pilates

Pilates is a safe way for women to exercise before, during (1st, 2nd, & 3rd trimester), and after their pregnancy (with doctors approval). Work with a Prenatal/Postnatal Certified instructor on gentle strength and flexibility exercises specifically designed to support the changes of the body during pregnancy and help rebuild strength and muscle control after delivery. *No class: 11/26.*

HB Pilates & Fitness Inc. — Murdy Community Center

450856-1A	18 yrs +	Th	5:30–6:30pm	9/10–10/8	$75
450856-1B	18 yrs +	Th	5:30–6:30pm	10/15–11/12	$75
450856-1C	18 yrs +	Th	5:30–6:30pm	11/19–12/17	$62
450856-1D	18 yrs +	One private lesson		9/8–12/19	$46

Private Pilates, Yoga & Personal Training

Whether you are looking to lose weight, start a new fitness routine, tone up and get stronger, or simply stay healthy and energized, working one-on-one will allow you to maximize the results of your personal health and fitness goals. Each exercise program is custom designed, specifically for you! 45-minute and 60-minute sessions available upon request. Times and dates TBD. info@hbpilates.com *No class: 11/11, 11/26, 11/27.*

HB Pilates & Fitness Inc. — All HB Community Centers

450897-1A	16 yrs +	Five 30-minute sessions	9/8–10/10	$220
450897-1B	16 yrs +	Five 30-minute sessions	10/12–11/14	$220
450897-1C	16 yrs +	Five 30-minute sessions	11/16–12/19	$220

Reformer Pilates Lessons

Work one-on-one using the Balanced Body Pilates Reformer to help you achieve your personal goals. Keeping in mind limitations, restrictions and providing individual modifications for those recovering from injuries. Reformer Pilates is a great low impact workout for all ages and ability levels. Specialties: Post-Injury Fitness, Athletic Cross Training, Pilates, Prenatal/Postnatal Pilates, and Pilates for 50+. Lessons held offsite at REPAIR Sports Institute. *No class: 11/11, 11/26, 11/27.*

HB Pilates & Fitness Inc. — All HB Community Centers

451512-1A	16 yrs +	Five 30-minute sessions	9/8–10/10	$220
451512-1B	16 yrs +	Five 30-minute sessions	10/12–11/14	$220
451512-1C	16 yrs +	Five 30-minute sessions	11/16–12/19	$220

Saturday AM Cardio Step & Body Sculpt

Make this class your wake-up workout. Using a 4"-8" step (or low impact on floor) for cardio. Bring weights for upper body workout and a mat for AB work. You'll be energized for the weekend!

Susan Hardy — Edison Community Center

450846-2A	13 yrs +	Sa	9:15–10:15am	9/12–10/31	$40

*Online registration for **on-site classes** begins at begins at 7:30am, six (6) days before the first class meeting.*

ADULTS

Self Defense for Women & Teens

Designed specifically for the novice, this class material is simple and concise, utilizing movements that anyone can learn. Strategies on avoidance and prevention, awareness, escape methods, pre-incident indicators, and using intuition to recognize attacks BEFORE they happen. Loose clothing or workout attire recommended. $10 material fee payable to instructor.

Susan Salinas — **City Gym & Pool**

451135-3A	13 yrs +	F	7–8pm	9/18–10/9	$76
451135-3B	13 yrs +	F	7–8pm	10/16–11/6	$76

Tai Chi Chuan–Simplified Yang Style

Integrated exercise-art for mental and physical well-being, producing a balanced unification of body, mind, and spirit while stretching and toning the body. Wear comfortable clothes. First class is free.

Shona Howe — **HB Art Center/Triangle Park**

450884-4A	18 yrs +	Tu	9:30–10:45am	9/15–12/8	$102/92

Tai Chi Basics Set 1

Discover SHIBASHI, the most popular Tai Chi/Chi Kung exercise in the world, practiced by 10 million people daily. 18 gentle, easy to learn flowing movements which reduce stress, strengthen, balance, and revitalize. Set 1 emphasizes the upper body and can be done sitting or standing. First class free!

Donald Walker — **Edison Community Center**

450887-2A	18 yrs +	Tu	1:30–2:45pm	9/8–10/27	$49

Total Body Workout/Cardio Step

This class raises the heart rate by stepping up and down on 4 or 8 -inch steps. A step workout effectively burns fat while strengthening your heart and toning lower body. Different size steps are provided for beginners through advanced levels. *Sign-up for CARDIO STEP FOR THE HEART plus HEAD TO TOE WORKOUT together for only $141. *No class: 11/11, 11/25, 11/27.*

Susan Hardy — **Murdy Community Center**

450886-1A	13 yrs +	M, W, F	8:30–10am	9/9–12/11	$166

Total Body Stretch

Everyone benefits from stretching on a regular basis. Stretching improves posture and circulation, helps you become more limber and relaxed, and can even prevent injuries. This easy-to-follow class will help make stretching a part of your wellness routine. Bring an exercise mat.

Marianne Grossman — **Edison Community Center**

450857-2A	18 yrs +	Tu	5:30–6:30pm	9/8–10/27	$52

Yoga: Build Yoga

Suitable for everyone from first-time to intermediate-level Yoga students. Build Yoga will consist of a series of movements to warm the body, build strength, flexibility and balance. The class will end with unwinding and relaxation for a wonderful mind-body experience. Learn yoga in a fun and supportive environment. Bring a blanket, blocks (x2), yoga strap and mat.

HB Pilates & Fitness Inc. — **Murdy Community Center**

450878-1A	16 yrs +	Sa	9:15–10am	9/12–10/10	$71
450878-1B	16 yrs +	Sa	9:15–10am	10/17–11/14	$71
450878-1C	16 yrs +	Sa	9:15–10am	11/21–12/19	$71

Yoga: Edison

Yoga unites mind & body improving general health, balance, and well-being. Therapeutically oriented class integrates postures, meditation, Yoga philosophy and research in a breath centered practice suitable for all levels. Bring mat and blanket. *No class: 10/14, 11/11, 11/25.*

Diane Pavesic — **Edison Community Center**

450868-2A	18 yrs +	W	4:30–5:30pm	9/23–10/28	$58
450868-2B	18 yrs +	W	6–7pm	9/23–10/28	$58

Diane Pavesic — **Lake Park Clubhouse**

450868-2C	18 yrs +	W	4:30–5:30pm	11/4–12/9	$40
450868-2D	18 yrs +	W	6–7pm	11/4–12/9	$40

Yoga: Murdy

Beginner & intermediate students welcome! Classes are sequenced to increase flexibility while strengthening the entire body (back, hips, shoulders, neck, etc.). Breathing & relaxation techniques are incorporated to calm the mind integrating a sense of well being. Avoid eating two hours prior to class and bring a mat and large towel. If there are existing medical conditions, please check with your doctor before proceeding.

Jacki King E-RYT, CYT, YACEP — **Murdy Community Center**

451124-1A	16 yrs+	M	4:35–5:35pm	9/14–10/12	$54
451124-1B	16 yrs+	M	4:35–5:35pm	11/2–12/7	$54
451124-1C	16 yrs+	W	4–5m	9/16–10/14	$54
451124-1D	16 yrs+	W	4–5pm	11/4–12/16	$54

No class: 11/11, 11/23, 11/25.

Susan Holden — **Murdy Community Center**

450876-1A	16 yrs+	M	6–7pm	9/14–10/12	$54
450876-1B	16 yrs+	M	6–7pm	11/2–12/7	$54
450876-1C	16 yrs+	Tu	5:30–6:30pm	9/15–10/13	$54
450876-1D	16 yrs+	Tu	5:30–6:30pm	11/3–12/8	$54
450876-1E	16 yrs+	F	4–5pm	9/18–10/16	$54
450876-1F	16 yrs+	F	4–5pm	11/6–12/11	$54

No class: 11/23, 11/24, 11/27.

*Online registration for **virtual classes** begins at 7:30am, on Tuesday, August 25.*

Yoga: Restorative Flow

Combining gentle movement flows with stillness and breath, Restorative Flow Yoga is perfect for all levels. Unwind from the fast-paced world we live in and join us for a relaxing and healing Yoga experience that will help create inner balance and improve posture and flexibility through strategic but gentle movement and postures. Bring a blanket, blocks (x2), yoga strap and mat. More info: info@hbpilates.com.

HB Pilates & Fitness Inc. — **Murdy Community Center**

450828-1A	16 yrs +	Sa	10:15–11am	9/12–10/10	$71
450828-1B	16 yrs +	Sa	10:15–11am	10/17–11/14	$71
450828-1C	16 yrs +	Sa	10:15–11am	11/21–12/19	$71

Zumba

It's different! Effective! Zumba's body sculpting moves and engaging dance steps are set to a fabulous fusion of Latin and International music. Cha-cha, mambo, rock-n-roll and belly dance your way to fitness in this exciting class of calorie-torching, fun-infused class. Going on vacation? We'll pro-rate you for the number of weeks you attend. Walk-ins welcome $12. *No class: 11/25.*

SockhopFitness — **Edison Community Center**

450858-2A	16 yrs +	W	6:30–7:15pm	9/9–10/28	$48

SockhopFitness — **Newland Barn**

450858-2B	16 yrs +	W	6:30–7:15pm	11/4–12/16	$39

Zumba Gold & Zumba Gold Toning

Zumba Gold is perfect for active adults looking for the great moves of Zumba at a lower impact. This fun-filled class will improve cardiovascular strength, balance, muscle tone and flexibility. The lively mix of Latin and International music will leave you feeling inspired and strong. Ditch the workout! Join the Party!

SockhopFitness — **Murdy Community Center**

450860-1A	55 yrs +	Tu	8:30–9:20am	9/8–12/8	$78

Zumba & Zumba Toning

The best of both! Get Zumba Toning on Mondays plus Zumba on Wednesdays at a nice discount. Monday classes emphasize Toning; Wednesday classes emphasize dance; both days emphasize fun and fabulous world music while you get fit. Bring: towel, water, and light weights or toning sticks. *No class: 11/25.*

SockhopFitness — **Edison Community Center**

450827-2A	16 yrs +	M, W	6–7:15pm	9/14–10/28	$82

SockhopFitness — **Newland Barn**

450827-2B	16 yrs +	M, W	6–7:15pm	11/4–12/16	$71

Zumba Toning

The perfect way to sculpt while having a total blast! Zumba Toning combines body-sculpting exercises and high energy cardio with Latin-infused Zumba moves for a calorie torching, strength training dance fitness party. Lightweight, maraca-like Zumba Toning sticks can be purchased or bring one-to-three pound hand weights. Going on vacation? We'll prorate you for the number of weeks you attend.

SockhopFitness — **Edison Community Center**

450888-2A	16 yrs +	M	6–6:45pm	9/14–10/26	$42

SockhopFitness — **Newland Barn**

450888-2B	16 yrs +	M	6–6:45pm	11/2–12/14	$45

Music

Group Ukulele 1

Have you ever wanted to play ukulele? Well, now's the time! Learn to play from Mr. Greg, and have fun playing your favorite songs in no time! Learn traditional Hawaiian, Pop and Rock Songs, and even modern-day adaptations of your favorite Radio Hits! Don't delay and learn to play today! This class is suitable for new students. For best availability, please register prior to the first week of class. $20 material fee for book due at first class (payable to instructor). Students must provide their own ukulele. Please call Greg if you have questions about acquiring an ukulele. *No class: 11/11, 11/25.*

The RockBand Experience — **HB Art Center**

451016-4A	8 yrs +	W	3:15–4pm	9/9–9/30	$99/90
451016-4B	8 yrs +	W	3:15–4pm	10/7–10/28	$99/90
451016-4C	8 yrs +	W	3:15–4pm	11/4–12/9	$99/90

Group Ukulele 2

Have you ever wanted to play ukulele? Well, now's the time! Learn to play from Mr. Greg, and have fun playing your favorite songs in no time! Learn traditional Hawaiian, Pop and Rock Songs, and even modern-day adaptations of your favorite Radio Hits! Don't delay and learn to play today! This class is suitable for continuing students. For best availability, please register prior to the first week of class. $20 material fee for book due at first class (payable to instructor). Students must provide their own ukulele. Please call Greg if you have questions about acquiring an ukulele. *No class: 11/11, 11/25.*

The RockBand Experience — **HB Art Center**

451017-4A	8 yrs +	W	4–4:45pm	9/9–9/30	$99/90
451017-4B	8 yrs +	W	4–4:45pm	10/7–10/28	$99/90
451017-4C	8 yrs +	W	4–4:45pm	11/4–12/9	$99/90

*Online registration for **on-site classes** begins at begins at 7:30am, six (6) days before the first class meeting.*

ADULTS

Group Ukulele 3

Have you ever wanted to play ukulele? Well, now's the time! Learn to play from Mr. Greg, and have fun playing your favorite songs in no time! Learn traditional Hawaiian, Pop and Rock Songs, and even modern-day adaptations of your favorite Radio Hits! Don't delay and learn to play today! Students must be pre-approved by Mr. Greg to enroll for this class. For best availability, please register prior to the first week of class. $20 material fee for book due at first class (payable to instructor). Students must provide their own ukulele. Please call Greg at 562-977-8723 if you have questions about acquiring an ukulele. *No class: 11/11, 11/25.*

The RockBand Experience — **HB Art Center**

451012–4A	8 yrs +	W	4:45–5:30pm	9/9–9/30	$99/90
451012–4B	8 yrs +	W	4:45–5:30pm	10/7–10/28	$99/90
451012–4C	8 yrs +	W	4:45–5:30pm	11/4–12/9	$99/90

Special Interest

Fashion Makeup–Everyday to Glamor

Part 1–Creating The Classic Face: Designed for beginners, learn the fundamentals of fashion makeup while creating the Classic Face, a makeup style for every day. Learn how to apply foundation, eye shadows, eyeliners, mascara, powder, blush and more. Part 2–Creating The Glamorous Face: Completion of Fashion Makeup. Learn how to transform the Classic Face to a Glamorous Face for those special events. Techniques taught: Smokey Eye, Highlighting/Contour, Pouty Lip and more. All products & supplies included. More info: (562) 221-3944 or rbnimis@yahoo.com.

Rodolfo Nimis — **Murdy Community Center**

451134-1A	16 yrs +	Sa	9:30am–12:30pm	9/12	$75

CPR & AED Training–Adult, Child, and Youth

Don't miss a beat and increase the number of people *Stayin' Alive.* An additional $24 fee for the American Heart Association workbook and two-year course completion card is payable to the instructor. Not a class for medical providers. Advance registration is required.

Healthy U — **Murdy Community Center**

451104-1A	11 yrs+	Th	5:30–9pm	9/10	$65
451104-1B	11 yrs+	Th	5:30–9pm	10/22	$65
451104-1C	11 yrs+	Th	5:30–9pm	12/3	$65

Sing and Sign!

With a focus on self-esteem and fun, we support one another as we play with vocal music. Learn harmony, tone, style, the joy of singing, basic signs, story creating, choreography and more! We perform for one another in a friendly, flexible environment, all without pressure. Perfection absolutely not required! *No class: 10/28, 11/4.*

Cyndi Harrington-Dewey — **Murdy Community Center**

451141-1A	12 yrs+	W	5–6pm	9/16–11/18	$86

Sports

Adult Wrestling

Coached by an ex-collegiate wrestler with 30 years experience in the sport as well as a purple belt in BJJ under Sensei James Boran. This class is designed for BJJ players who want to improve their wrestling takedowns and takedown defense from wrestlers in standing position. Learn Greco clinch position, freestyle, and folkstyle wrestling techniques for defending takedowns. The focus is on fun building a connection to improve BJJ. *No class: 11/26.*

OC Youth Sports Academy — **Rodgers Clubhouse**

451520-1A	16 yrs +	Tu, Th	8:15–10pm	9/8–12/3	$276

Beach Volleyball: Adult Beginner

This adult program is designed for individuals with minimal or no beach volleyball experience. Our friendly coaches will introduce you to the great game of beach volleyball in a fun and relaxed environment. More info: GoldenCoastVolleyball.com.

Beach Volleyball CA Inc. — **15th St at PCH**

451313-2A	18 yrs +	Tu	5:20–6:20pm	9/15–10/27	$115

Beach Volleyball: Adult Intermediate

This class is designed for individuals with playing experience who can serve, pass, set and spike consistently. Sessions will be structed around the development of a specific skill each week and then applying that skill in game situations. Trainings held at 15th St and PCH. More info: goldencoastvolleyball.com.

Beach Volleyball CA Inc. — **15th St at PCH**

451311-2A	18 yrs +	Th	5:20–6:20pm	9/17–10/29	$115

Adaptive class

Registration for fall programs begins at 7:30 a.m., six (6) days before the program starts.

*Online registration for **virtual classes** begins at 7:30am, on Tuesday, August 25.*

Hatha Yoga

Unwind after work with a well-rounded class including breath work, stretch, strength, and focus on alignment. Achieve connection among mind, body, and soul in this one hour Hatha yoga experience. All skill levels welcome. *No class: 11/11, 11/25.*

Meghan Rambo — **HB Art Center**

451521-4A	12 yrs +	W	4:30–5:30pm	9/9–10/14	$102/92
451521-4B	12 yrs +	W	4:30–5:30pm	10/21–12/9	$102/92

King & Queen of the Court Volleyball Tournament

How do you stack up against the rest? This 6-on-6coed tournament is designed to find the top male and female player at the intermediate/advanced level. Each game, participants are given different team assignments and win points based on their team performances. Total individual points on the last night establish winners! Prizes awarded. $20 material fee is payable to instructor. *No class: 11/26.*

Matt Taylor Volleyball — **City Gym & Pool**

451323-3A	16 yrs +	Th	7:45–9:45pm	9/17–12/3	$155

PiYo Live!

PiYo is a low-impact, high-intensity, Pilates and yoga-inspired workout that burns fat, defines every inch of your body, and increases your flexibility without weights or jumps. A fun dynamic workout that is easily adaptable to all fitness levels. Bring your yoga mat and be ready to sweat!

Noelle Acampora — **HB Art Center**

451513-4A	16 yrs +	Sa	1:30–2:30pm	9/12–10/17	$86/78
451513-4B	16 yrs +	Sa	1:30–2:30pm	10/31–12/5	$86/78

Teen Yoga

This one-hour class is designed to introduce yoga to teens. The class focuses on body awareness, yoga poses, confidence, and compassion. Yoga is a great way for teens to practice self-care. They will learn techniques for a healthy and positive lifestyle in a fun and easy-going atmosphere. Bring a yoga mat and water. *No class: 11/11, 11/25.*

Meghan Rambo — **HB Art Center**

451511-4A	12–19 yrs	W	3:30–4:30pm	9/9–10/14	$102/92
451511-4B	12–19 yrs	W	3:30–4:30pm	10/21–12/9	$102/92

Online classes

Volleyball: Adult Indoor Clinic

Take your game to the next level! The beginner class is designed for those new to the game as well as players who struggle with general consistency in their ball control. For the more experienced player, look to the intermediate class to sharpen your skills and technique. Guided play to follow instruction and drills. *No class: 11/26.*

Matt Taylor Volleyball — **City Gym & Pool**

451309-3A	16 yrs +	Th	6:15–7:45pm	9/17–12/3	$171

Vinyasa Yoga

Vinyasa yoga is a breath-to-movement based yoga practice. Yoga increases flexibility and mobility while lengthening and stretching your whole body. This beginner/intermediate level yoga class will incorporate yoga basics and breath work. Avoid eating within 2 hours before the class. You will need a yoga mat and 2 blocks or large towels. If you have prior medical conditions, please consult with your physician. *No class: 11/26.*

Elena Schoenberger — **Online**

451526-4A	12 yrs +	Th	11am–12pm	9/17–10/15	$76/69
451526-4B	12 yrs +	Th	11am–12pm	11/5–12/10	$76/69

Yin Yoga & Meditation

Yin Yoga consists of longer held seated or lying down poses. A passive stretching of the connective tissue and muscles helps release tension and tightness in the body. Meditation and relaxing music support quieting the mind. Avoid eating within two hours before class. If you have prior medical conditions, please consult with your physician. *No class: 11/24.*

Elena Schoenberger — **Online**

451525-4A	12 yrs +	Tu	11am–12pm	9/15–10/13	$81/73
451525-4B	12 yrs +	Tu	11am–12pm	11/3–12/8	$81/73

Volleyball: Women's Volleyball League

Tuesdays - Intermediate class from 10 am–12 pm, Wednesdays - Advanced only 4's from 10 am–12 pm, Thursday's - Advanced only 4's from 10am–12:30pm. If you are a new player you must tryout the first week. You will be assessed at a satisfactory skill level. Please arrive 20 minutes early for tryouts.

Joann DiGiovanni — **City Gym & Pool**

Intermediate					
451302-3A	18 yrs +	Tu	10am–12:30pm	9/8–9/29	$30
451302-3B	18 yrs +	Tu	10am–12:30pm	10/6–10/27	$30
Advanced					
451302-3C	18 yrs +	W	10am–12:30pm	9/9–9/30	$30
451302-3D	18 yrs +	W	10am–12:30pm	10/7–10/28	$30
451302-3E	18 yrs +	Th	10am–12:30pm	9/10–10/1	$30
451302-3F	18 yrs +	Th	10am–12:30pm	10/8–10/29	$30

*Online registration for **on-site classes** begins at begins at 7:30am, six (6) days before the first class meeting.*

ADULTS

Skate & Surf

Learn to Surf

This is a four lesson surf program that stresses beach safety and fun while you learn the basics of catching and riding waves, and ocean safety. Students must be able to swim. Boards and wetsuits provided. Lessons are run by a former pro surfer and coach with 30 years experience. hbsurfschool.com.

HB Surf School **285 Pacific Coast Hwy**

451403-2A	18 yrs +	Sa	10–11:30am	9/5–9/26	$245
451403-2B	18 yrs +	Sa	10–11:30am	10/3–10/24	$245
451403-2C	18 yrs +	Sa	10–11:30am	11/7–11/28	$245

*Online registration for **virtual classes** begins at 7:30am, on Tuesday, August 25.*

CITY OF HUNTINGTON BEACH • COMMUNITY SERVICES DEPARTMENT

ADULT SPORTS LEAGUES

ADULT SIX'S VOLLEYBALL LEAGUES

M/W • 6–10 p.m. • City Gym & Pool

This is a structured, competitive volleyball league for players of various skill levels.

- Three levels of play for co-ed teams (three men, three women) are offered on Monday nights, and Advanced Women's League plays on Wednesday nights.
- Each match consists of three games.
- Each team must pay additional $14 fee directly to official before each game.
- To enter a team or join an existing team, contact Rics Volleyball at 714-375-5063.

ARENA SOCCER LEAGUES

Sports Complex Fall season scheduled to start mid-September
Winter season starts mid-January 2021

6v6 Men's Open League	M/W	7, 8, 9 p.m.
6v6 Men's Rec League (28+)	Th	7, 8, 9 p.m.
6v6 Coed Open League	T/F	7, 8, 9 p.m.

$400 PER TEAM

*EACH TEAM MUST PAY AN ADDITIONAL $25 DIRECTLY TO OFFICIAL BEFORE EACH GAME.

SLO-PITCH SOFTBALL LEAGUES

Sports Complex Fall season scheduled to start mid-September
Winter season starts mid-January 2021

Mens	Co-Ed	Price
Sunday, Mondays, Tuesdays or Thursdays	Sunday afternoons or evenings, or Wednesdays	**$420* /per team**
Central Park Sports Complex (and other City softball fields)		
Mens 55+	**Co-Ed 55+**	**Price**
Sunday mornings or Thursday nights	Tuesday nights	**$200* /per team**
Central Park Sports Complex and other City softball fields)	Murdy Park	
Legends Senior Womens Softball Association	**Competitive Senior Womens League**	**Price**
Thursday nights	Monday nights	**$200* /per team**
Murdy Park	Greer Park	

*EACH TEAM MUST PAY AN ADDITIONAL $15 DIRECTLY TO OFFICIAL BEFORE EACH GAME.

DISCLAIMER: Programming subject to change due with the changing nature of COVID-19.

MORE INFORMATION:
714-536-5230 or huntingtonbeachca.gov

SENIOR CENTER IN CENTRAL PARK

Due to the changing nature of COVID-19, programs and events at the Senior Center in Central Park are subject to change. For more information about programs being offered at the Senior Center in Central Park, please visit huntingtonbeachca.gov/seniorcenterincentralpark. For more questions, please call 714-536-5600.

ARTS

Cardkateers
Volunteer Instructor

Knitting for Beginners
Volunteer Instructor

Morning Masterpiece
Volunteer Instructor

Traditional Hawaiian Applique & Quilting
Volunteer Instructor

Painting and Drawing
Marilyn Oropeza

Studio Art
Marilyn Oropeza

DANCE

All Level Swing Basics & Ballroom Dance
Definitely Dance

Line Dance Beginners & Levels 1–4
Suzy Hazard and Linda Anderson-Maarleveld

Registration for fall programs begins at 7:30 a.m., six (6) days before the program starts.

EDUCATION

Aging in Place
Marga Dill

Brain Fitness and Writing Your Life Story
Sharon Fleming

French and Spanish Language Classes
Portal Languages

Downshifting: Getting the Most Out of Retirement
Tap the Gap Coaching

OC Learning Black History
OC Learning Black History

FITNESS

ATX Cardiac Lifestyle
Elizabeth Logue

Better Life Boxing
Andrew Deming

Circuit Training
Marianne Grossman

Senior Cardiofit
Marianne Grossman

Total Body Stretch
Marianne Grossman

*Online registration for **on-site classes** begins at begins at 7:30am, six (6) days before the first class meeting.*

SENIOR CENTER IN CENTRAL PARK

Zumba Gold & Toning
Marianne Grossman

Flex and Stretch
Marianne Grossman

Exercise for Balance
Hoag Physical Therapist

Fabulously Fit as You Age
Rene Burton

Family Martial Arts
Frances Cardinal

HB Pilates Classes:
- Gentle Pilates Mat
- Lean and Fit
- Pilates Barre with Cardio
- Pilates Chair and Pilates Chair Plus
- Pilates Chair: Sitting Only
- Restorative Flow Yoga
- Pilates Mat

Strength and Balance
Jennifer Rennie

Tai Chi Chuan Beginners & Intermediate
Elizabeth Pham/Shona Howe

Yoga
Susan Holden

Yoga: Senior Center in Central Park & Yoga Chair
Diane Pavesic

Zumba
Sockhop Fitness

Zumba
CS Dance Factory

MUSIC

Ukulele
Guava Groove

SOCIAL & RECREATIONAL

Behind the Classics
Theodore Siegel

Bridge Beginning and Intermediate
Rita Spira

Dinner Book Club
April Berg

TECHNOLOGY

Computer Classes by Marga Dill
Marga Dill
- 5G Internet and Cell Phone Data Plans
- Amazon Prime
- Cutting the Cable
- Everything Google
- How to Protect your Online Identity and Internet Tips for Travel
- Smartphones Beginning and Advanced

Computer Classes by Patrice Rutledge
Patrice Rutledge
- Essential Google Applications
- Creating Custom Photobooks
- Digital Photo Organizing
- Facebook Essentials
- Online Travel Planning
- Online Genealogy Basics
- Popular Applications for Seniors

Registration for fall programs begins at 7:30 a.m., six (6) days before the program starts.

*Online registration for **virtual classes** begins at 7:30am, on Tuesday, August 25.*

The City of Huntington Beach is pleased to offer a complete swim program. Our program is designed to meet a variety of swimming needs. Whether it is learning new swimming techniques, or recreational enjoyment of the water, we have something for everybody.

Our swim instructors are certified American Red Cross Water Safety Instructors and lifeguards. The swim courses follow the American Red Cross standards. Classes are offered for students 6 months to 17 years old and teach skills from water adjustment through lifeguarding techniques. Classes consist of ten lessons unless otherwise specified.

American Red Cross

For water safety information, visit **redcross.org/watersafety.**

SWIM LEVEL PLACEMENT:

If you have questions or need help placing your child in the correct swim level, call the **City Gym & Pool** at **714-960-8884** to schedule an appointment.

COVID-19 INSTRUCTION:

Due to COVID-19, a parent/guardian is required to be in the pool with the child to provide hands-on instruction.

Registration or transfers will NOT be accepted after the third class.

The **City Gym & Pool** is located at **1600 Palm Avenue.**

Swim Levels

PARENT AND CHILD (PC) 6 mos to about 3 years

Parents and children learn together through two fun-filled levels to increase children's comfort in the water and build a foundation of basic aquatic and water safety skills.

- **PC LEVEL 1 (PC1):** Introduces Basic skills including safety topics to parents and children.
- **PC LEVEL 2 (PC2):** Builds on the skills introduced in Level 1, with participants improving these skills and learning more advanced skills.

PRESCHOOL AQUATICS (PA) About 4 to 5 years

Three fun, age-appropriate levels teach basic aquatic safety and survival skills to increase children's comfort level in and around the water.

- **PA LEVEL 1 (PA1):** Orients children to the aquatic environment and helps them gain basic aquatics skills.
- **PA LEVEL 2 (PA2):** Helps children gain greater independence in their skills and develop more comfort in and around water.
- **PA LEVEL 3 (PA3):** Helps children start to gain basic swimming propulsive skills to be comfortable in and around water.

LEARN-TO-SWIM (LS) About 6-to-17 years old

Four progressive levels help swimmers of varying ages and abilities develop their water safety, survival and swim skills.

- **LEVEL 1 (LS1):** Introduction to Water Skills: Ages 6 and up. Builds confidence and develops safety skills in and around water for children with little or no prior swim instruction.
- **LEVEL 2 (LS2):** Fundamental Aquatic Skills: Ages 6 and up. Students are introduced to the front and back crawl.
- **LEVEL 3 (LS3):** Stroke Development: Must hold level 2 certificate or be able to perform at the equivalent skill level. Students refine the front and back crawl and are introduced to the butterfly-kick.
- **LEVEL 4 (LS4):** Stroke Improvement: Must hold level 3 certificate or be able to perform at the equivalent skill level. Students will be introduced to the breast stroke, elementary backstroke and butterfly.

*Online registration for **on-site classes** begins at begins at 7:30am, six (6) days before the first class meeting.*

AQUATICS

Swim Lessons

The City of Huntington Beach is pleased to offer a complete American Red Cross swim program. Our program is designed to meet a variety of swimming needs. Whether it is learning new swimming techniques, or recreational enjoyment of the water, we have something for everybody.

Our swim instructors are certified American Red Cross Water Safety Instructors and lifeguards. The swim courses follow the American Red Cross standards. Classes are offered for students age 6 months to 17 years and teach skills from water adjustment through life guarding techniques. Classes consist of ten lessons unless otherwise specified.

For more information about the City's aquatics program, please visit: **huntingtonbeachca.gov/aquatics**.

	Activity	Section	Time	Days	Dates
Parent and Child 1–2	472201	00	9:30am	M/W	9/14–10/14
	472201	01	9:30am	T/Th	9/15–10/15
	472201	02	9:30am	M/W	10/19–11/23
	472201	03	9:30am	T/Th	10/20–11/19
Preschool Aquatics 1	472203	00	10:15am	M/W	9/14–10/14
	472203	01	1:45pm	M/W	9/14–10/14
	472203	02	10:15am	T/Th	9/15–10/15
	472203	03	1:45pm	T/Th	9/15–10/15
	472203	04	10:15am	M/W	10/19–11/23
	472203	05	1:45pm	M/W	10/19–11/23
	472203	06	10:15am	T/Th	10/20–11/19
	472203	07	1:45pm	T/Th	10/20–11/19
	472203	08	8:15am	Sa	9/19–11/21
Preschool Aquatics 2	472204	00	11am	M/W	9/14–10/14
	472204	01	2:30pm	M/W	9/14–10/14
	472204	02	11am	T/Th	9/15–10/15
	472204	03	2:30pm	T/Th	9/15–10/15
	472204	04	11am	M/W	10/19–11/23
	472204	05	2:30pm	M/W	10/19–11/23
	472204	06	11am	T/Th	10/20–11/19
	472204	07	2:30pm	T/Th	10/20–11/19
	472204	08	9am	Sa	9/19–11/21
Preschool Aquatics 3	472205	00	11:45am	M/W	9/14–10/14
	472205	01	3:15pm	M/W	9/14–10/14
	472205	02	11:45am	T/Th	9/15–10/15
	472205	03	3:15pm	T/Th	9/15–10/15
	472205	04	11:45am	M/W	10/19–11/23
	472205	05	3:15pm	M/W	10/19–11/23
	472205	06	11:45am	T/Th	10/20–11/19
	472205	07	3:15pm	T/Th	10/20–11/19
	472205	08	9:45am	Sa	9/19–11/21

	Activity	Section	Time	Days	Dates
Learn to Swim 1	472206	00	4pm	M/W	9/14–10/14
	472206	01	4pm	M/W	10/19–11/23
	472206	02	4pm	T/Th	9/15–10/15
	472206	03	4pm	T/Th	10/20–11/19
	472206	04	10:30am	Sa	9/19–11/21
Learn to Swim 2	472207	00	4:45pm	M/W	9/14–10/14
	472207	01	4:45pm	M/W	10/19–11/23
	472207	02	4:45pm	T/Th	9/15–10/15
	472207	03	4:45pm	T/Th	10/20–11/19
	472207	04	11:15am	Sa	9/19–11/21
Learn to Swim 3	472208	00	6:45pm	M/W	9/14–10/14
	472208	01	6:45pm	M/W	10/19–11/23
	472208	02	6:45pm	T/Th	9/15–10/15
	472208	03	6:45pm	T/Th	10/20–11/19
	472208	04	12pm	Sa	9/19–11/21
Learn to Swim 4	472209	00	7:30pm	M/W	9/14–10/14
	472209	01	7:30pm	M/W	10/19–11/23
	472209	02	7:30pm	T/Th	9/15–10/15
	472209	03	7:30pm	T/Th	10/20–11/19
	472209	04	12:45pm	Sa	9/19–11/21

COVID-19 INSTRUCTION:

Due to COVID-19, a parent/guardian is required to be in the pool with the child to provide hands-on instruction.

! Registration or transfers will NOT be accepted after the third class.

*Online registration for **virtual classes** begins at 7:30am, on Tuesday, August 25.*

Use your *noodle* and be safe at the *pool*!

For more information, visit redcross.org/watersafety.

It is important to remember that drowning is a leading cause of death for children in the United States. The American Red Cross provides numerous online tools to help educate people of all ages on water safety. Please visit **redcross.org/watersafety** for a variety of videos, quizzes, and other interactive safety guides to help keep families safe.

Swim Lessons

The City of Huntington Beach is pleased to offer a complete American Red Cross swim program. Our program is designed to meet a variety of swimming needs. Whether it is learning new swimming techniques, or recreational enjoyment of the water, we have something for everybody.

Our swim instructors are certified American Red Cross Water Safety Instructors and lifeguards. The swim courses follow the American Red Cross standards. Classes are offered to age six months through adult and teach skills from water adjustment through lifeguarding techniques. Classes consist of ten lessons unless otherwise specified.

For more information about the City's aquatics program, please visit:

huntingtonbeachca.gov/aquatics.

Quick tips:

- Maintain constant supervision.
- Always swim with a buddy; do not allow anyone to swim alone.
- Never leave a young child unattended near water and do not trust a child's life to another child; teach children to always ask permission to go near water.
- Have young children or inexperienced swimmers wear U.S. Coast Guard-approved life jackets around water, but do not rely on life jackets alone.
- Make sure everyone in your family learns to swim well. Enroll in age-appropriate Red Cross water orientation and learn-to-swim courses.
- If you have a pool, secure it with appropriate barriers. Many children who drown in home pools were out of sight for less than five minutes and in the care of one or both parents at the time.
- Avoid distractions when supervising children around water.
- If a child is missing, check the water first. Seconds count in preventing death or disability.
- Have appropriate equipment, such as reaching or throwing equipment, a cell phone, life jackets and a first aid kit.
- Know how and when to call **9-1-1** or the local emergency number.
- Protect your skin. Limit the amount of direct sunlight you receive between 10 a.m. and 4 p.m. and wear sunscreen with a protection factor of at least 15.
- Swim in designated areas supervised by lifeguards.
- Drink plenty of water regularly, even if you're not thirsty. Avoid drinks with sugar or caffeine in them.

American Red Cross

*Online registration for **on-site classes** begins at begins at 7:30am, six (6) days before the first class meeting.*

TENNIS

Pee Wee Tennis Academy

This clinic is the perfect tennis intro for your young child eager to pick up a racquet. Students will learn the basics of the: forehand, backhand, volley, and serve in a coordination building, fitness friendly, fun, atmosphere. Your child will love joining in fun tennis games like: popcorn machine, walk the tennis dog, and alley rally. Students will need to supply their own racquet. Please bring one can of unopened tennis balls to the first class.

Tennis Anyone Inc.				Marina Park	
482501-1A	3–6 yrs	M	4:15–4:55pm	9/14–10/5	$69
482501-1B	3–6 yrs	M	4:15–4:55pm	10/12–11/2	$69
482501-1C	3–6 yrs	M	4:15–4:55pm	11/9–12/14	$104
Tennis Anyone Inc.				**Murdy Community Center**	
482501-1D	3–6 yrs	Tu	4:15–4:55pm	9/15–10/6	$69
482501-1E	3–6 yrs	Tu	4:15–4:55pm	10/13–11/3	$69
482501-1F	3–6 yrs	Tu	4:15–4:55pm	11/10–12/15	$104
482501-1G	3–6 yrs	Sa	8:15–8:55am	9/19–10/10	$69
482501-1H	3–6 yrs	Sa	8:15–8:55am	10/17–11/7	$69
482501-1I	3–6 yrs	Sa	8:15–8:55am	11/14–12/19	$104
Tennis Anyone Inc.				**Edison Community Center**	
482501-2A	3–6 yrs	M	4:15–5pm	9/14–10/5	$69
482501-2B	3–6 yrs	W	4:15–5pm	9/16–10/7	$69
482501-2C	3–6 yrs	Sa	8:15–9am	9/19–10/10	$69
482501-2D	3–6 yrs	M	4:15–5pm	10/12–11/2	$69
482501-2E	3–6 yrs	W	4:15–5pm	10/14–11/4	$69
482501-2F	3–6 yrs	Sa	8:15–9am	10/17–11/7	$69
482501-2G	3–6 yrs	M	4:15–5pm	11/9–12/14	$104
482501-2H	3–6 yrs	W	4:15–5pm	11/11–12/16	$104
482501-2I	3–6 yrs	Sa	8:15–9am	11/14–12/19	$104

Registration for fall programs begins at 7:30 a.m., six (6) days before the program starts.

Parks Make Life Better!®

TENNIS INFORMATION

LOCATIONS

Edison Community Park	21377 Magnolia Street
Marina Park	5562 Cross Drive
Murdy Community Park	7000 Norma Drive

MULTI-DAY DISCOUNT

20% OFF — 20% off the second day of the week for students registering for two days per week.

30% OFF — 30% off the third day of the week for students registering for three days per week.

RACQUETS

Students need to provide their own racquets each class.

RAIN HOTLINE

Call 909-625-2060.

For questions or more information: **909-625-2060.**

*Online registration for **virtual classes** begins at 7:30am, on Tuesday, August 25.*

Tennis Academy: Junior Beginner to Intermediate

The focus of the Junior Tennis Academy for Beginners is on learning the four major strokes of the game in a fun-filled, fitness-friendly atmosphere. Students will work to establish form on the forehand, backhand, volley, and serve. Students will absolutely love playing drills like: King of the Tennis Hill, Tennis Baseball, and Tennis Line Tag. Beginners over the age of 13 should start in the Junior Tennis Academy-Intermediate/Advanced. Students will need to supply their own racquet. Please bring one can of unopened tennis balls to the first class.

Tennis Anyone Inc. — Marina Park

482510-1A	7–13 yrs	M	5–5:55pm	9/14–10/5	$79
482510-1B	7–13 yrs	M	5–5:55pm	10/12–11/2	$79
482510-1C	7–13 yrs	M	5–5:55pm	11/9–12/14	$119

Tennis Anyone Inc. — Murdy Community Center

482510-1D	7–13 yrs	Tu	5–5:55pm	9/15–10/6	$79
482510-1E	7–13 yrs	Tu	5–5:55pm	10/13–11/3	$79
482510-1F	7–13 yrs	Tu	5–5:55pm	11/10–12/15	$119
482510-1G	7–13 yrs	W	5–5:55pm	9/16–10/7	$79
482510-1H	7–13 yrs	W	5–5:55pm	10/14–11/4	$79
482510-1I	7–13 yrs	W	5–5:55pm	11/11–12/16	$119
482510-1J	7–13 yrs	Sa	9–9:55am	9/19–10/10	$79
482510-1K	7–13 yrs	Sa	9–9:55m	10/17–11/7	$79
482510-1L	7–13 yrs	Sa	9–9:55am	11/14–12/19	$119

Tennis Anyone Inc. — Edison Community Center

482510-2A	7–13 yrs	M	5–6pm	9/14–10/5	$79
482510-2B	7–13 yrs	W	5–6pm	9/16–10/7	$79
482510-2C	7–13 yrs	Sa	9–10am	9/19–10/10	$79
482510-2D	7–13 yrs	M	5–6pm	10/12–11/2	$79
482510-2E	7–13 yrs	W	5–6pm	10/14–11/4	$79
482510-2F	7–13 yrs	Sa	9–10am	10/17–11/7	$79
482510-2G	7–13 yrs	M	5–6pm	11/9–12/14	$119
482510-2H	7–13 yrs	W	5–6pm	11/11–12/16	$119
482510-2I	7–13 yrs	Sa	9–10am	11/14–12/19	$119

Tennis Academy: Junior Intermediate to Advanced

This program is for students that have either attained all three mastery levels in the Beginning Academy or are coming in with proper form on the major tennis strokes. The focus in this group is on building stoke dependability so that students are able to rally with proper form. This is a high energy, dynamic, fitness challenging, tennis program designed to bring students to a level where they have the tools to start playing matches. Beginning students older than 13 should start in this group. Students will need to provide their own tennis racket. Please bring one can of unopened new tennis balls to first class.

Tennis Anyone Inc. — Marina Park

482520-1A	7–17 yrs	M	6–7:25pm	9/14–10/5	$79
482520-1B	7–17 yrs	M	6–7:25pm	10/12–11/2	$89
482520-1C	7–17 yrs	M	6–7:25pm	11/9–12/14	$134

Tennis Anyone Inc. — Murdy Community Center

482520-1D	7–17 yrs	Tu	6–7:25pm	9/15–10/6	$89
482520-1E	7–17 yrs	Tu	6–7:25pm	10/13–11/3	$89
482520-1F	7–17 yrs	Tu	6–7:25pm	11/10–12/15	$134
482520-1G	7–17 yrs	W	6–7:25pm	9/16–10/7	$89
482520-1H	7–17 yrs	W	6–7:25pm	10/14–11/4	$89
482520-1I	7–17 yrs	W	6–7:25pm	11/11–12/16	$134
482520-1J	7–17 yrs	Sa	10–11:25am	9/19–10/10	$89
482520-1K	7–17 yrs	Sa	10–11:25am	10/17–11/7	$89
482520-1L	7–17 yrs	Sa	10–11:25am	11/14–12/19	$134

Tennis Anyone Inc. — Edison Community Center

482520-2A	7–17 yrs	M	6–7:30pm	9/14–10/5	$89
482520-2B	7–17 yrs	W	6–7:30pm	9/16–10/7	$89
482520-2C	7–17 yrs	M	6–7:30pm	10/12–11/2	$89
482520-2D	7–17 yrs	W	6–7:30pm	10/14–11/4	$89
482520-2E	7–17 yrs	M	6–7:30pm	11/9–12/14	$134
482520-2F	7–17 yrs	W	6–7:30pm	11/11–12/16	$134

Semi-Private Tournament Academy

This class is for students that have either attained six mastery levels in our Beginning and Intermediate to Advanced Academies or are already successfully playing matches. This is our highest level group designed to give students a competitive edge in junior tournaments or high school tennis team competition. Please bring one can of unopened tennis balls to first class. More info: tennisanyone.info.

Tennis Anyone Inc. — Murdy Community Center

482521-1A	7–17 yrs	W	7:30–8:25pm	9/16–10/7	$119
482521-1B	7–17 yrs	W	7:30–8:25pm	10/14–11/4	$119
482521-1C	7–17 yrs	W	7:30–8:25pm	11/11–12/16	$179

Tennis Anyone Inc. — Edison Community Center

482521-2A	7–17 yrs	M	7:30–8:25pm	9/14–10/5	$119
482521-2B	7–17 yrs	M	7:30–8:25pm	10/12–11/2	$119
482521-2C	7–17 yrs	M	7:30–8:25pm	11/9–12/14	$179

*Online registration for **on-site classes** begins at begins at 7:30am, six (6) days before the first class meeting.*

TENNIS

Semi-Private Lessons: Youth Beginner to Intermediate

These groups are for two-to-four students interested in learning in a more intimate setting. Small group students enjoy the benefit of a more focused class, where players are grouped by level and work on skills appropriate for that level. More info: tennisanyone.info.

Tennis Anyone Inc.				Murdy Community Center	
482609-1A	7–17 yrs	Th	4:30–5:25pm	9/17–10/8	$119
482609-1B	7–17 yrs	Th	4:30–5:25pm	10/15–11/5	$119
482609-1C	7–17 yrs	Th	4:30–5:25pm	11/12–12/17	$149

Semi-Private Lessons: Youth Intermediate to Advanced

These groups are for two-to-four students interested in learning in a more intimate setting. Small Group students enjoy the benefit of a more focused class, where players are grouped by level and work on skills appropriate for that level. Please bring one can of unopened tennis balls to the first class.

Tennis Anyone Inc.				Murdy Community Center	
482602-1A	7–17 yrs	Th	5:30–6:25pm	9/17–10/8	$119
482602-1B	7–17 yrs	Th	5:30–6:25pm	10/15–11/5	$119
482602-1C	7–17 yrs	Th	5:30–6:25pm	11/12–12/17	$149
482602-1D	7–17 yrs	Th	6:30–7:25pm	9/17–10/8	$119
482602-1E	7–17 yrs	Th	6:30–7:25pm	10/15–11/5	$119
482602-1F	7–17 yrs	Th	6:30–7:25pm	11/12–12/17	$149

Tennis Anyone Inc.				Edison Community Center	
482602-2A	7–17 yrs	Sa	10–11am	9/19–10/10	$119
482602-2B	7–17 yrs	Sa	10–11am	10/17–11/7	$119
482602-2C	7–17 yrs	Sa	10–11am	11/14–12/19	$179

Semi-Private Lessons: Adult Beginning

These groups are for two-to-four students, interested in learning in a more intimate setting. Small Group students enjoy the benefit of a more focused class, where players are grouped by level and work on skills appropriate for that level. More info: tennisanyone.info. *No class: 11/26.*

Tennis Anyone Inc.				Marina Park	
482800-1A	16 yrs +	M	7:30–8:25pm	9/14–10/5	$109
482800-1B	16 yrs +	M	7:30–8:25pm	10/12–11/2	$109
482800-1C	16 yrs +	M	7:30–8:25pm	11/9–12/14	$164

Tennis Anyone Inc.				Murdy Community Center	
482800-1D	16 yrs +	Th	6:30–7:25pm	9/17–10/8	$109
482800-1E	16 yrs +	Th	6:30–7:25pm	10/15–11/5	$109
482800-1F	16 yrs +	Th	6:30–7:25pm	11/12–12/17	$136

Tennis Anyone Inc.				Edison Community Center	
482800-2A	16 yrs +	W	7:30–8:30pm	9/16–10/7	$109
482800-2B	16 yrs +	Sa	11am–12pm	9/19–10/10	$109
482800-2C	16 yrs +	W	7:30–8:30pm	10/14–11/4	$109
482800-2D	16 yrs +	Sa	11am–12pm	10/17–11/7	$109
482800-2E	16 yrs +	W	7:30–8:30pm	11/11–12/16	$164
482800-2F	16 yrs +	Sa	11am–12pm	11/14–12/19	$164

Jr. Round Robin Tennis Tournament

This tournament is for junior players that can rally from the baseline and make an occasional serve. Students compete for trophies and bragging rights in this Junior Round Robin Tournament. Students will be given feedback designed to help move them to a higher competitive level.

Tennis Anyone Inc.				Murdy Community Center	
482709-1A	7–17 yrs	Sa	1–3:30pm	11/14	$35

Jr. Match Play Clinic

Students of all ages will play competitive singles and doubles matches with feedback from a coach on positioning, shot selection, and the finer points of set play. This is a great way to gain needed match experience in a friendly setting. *No class: 11/27.*

Tennis Anyone Inc.				Murdy Community Center	
482708-1A	7–17 yrs	F	5:30–7:30pm	9/18–10/9	$79
482708-1B	7–17 yrs	F	5:30–7:30pm	10/16–11/6	$79
482708-1C	7–17 yrs	F	5:30–7:30pm	11/13–12/18	$99

Adult Tennis Academy – Intermediate to Advanced

The focus of this academy is on gaining higher level skills like topspin, slice, overheads, and drop shots in a fun filled, fitness challenging atmosphere. These clinics are a terrific training ground for skills used in match play. Be ready to sweat! Students will need to provide their own racquet. Materials fee: One can of unopened tennis balls.

Tennis Anyone Inc.				Murdy Community Center	
482710-1A	16 yrs +	Tu	7:30–8:40pm	9/15–10/6	$75
482710-1B	16 yrs +	Tu	7:30–8:40pm	10/13–11/3	$75
482710-1C	16 yrs +	Tu	7:30–8:40pm	11/10–12/15	$113
482710-1D	16 yrs +	Th	7:30–8:40pm	9/17–10/8	$75
482710-1E	16 yrs +	Th	7:30–8:40pm	10/15–11/5	$75
482710-1F	16 yrs +	Th	7:30–8:40pm	11/12–12/17	$94

Private Lessons: Head Pro Private Lessons

Private Lesson Students enjoy a one on one tennis experience where the coach of their choice works individually with them to design a game plan and training routine to take their game to the next level. Students work on skills appropriate for their specific level of play. Students can talk directly to Tennis Anyone coach to set up a time or call Tennis Anyone Staff at 909-625-2060.

Tennis Anyone Inc.			Murdy Community Center	
482902-1A	3 yrs +	Two-hour lessons	9/14–10/10	$120
482902-1B	3 yrs +	Two-hour lessons	10/12–11/7	$120
482902-1C	3 yrs +	Two-hour lessons	11/9–12/19	$120
482902-1D	3 yrs +	Four-hour lessons	9/14–10/10	$240
482902-1E	3 yrs +	Four-hour lessons	10/12–11/7	$240
482902-1F	3 yrs +	Four-hour lessons	11/9–12/19	$240

*Online registration for **virtual classes** begins at 7:30am, on Tuesday, August 25.*

Pickleball: Adult Intermediate

NEW! Designed for players that have completed adult intermediate pickleball class or is an intermediate/advanced experienced player. Expands on advancing your game plan utilizing advanced court strategies and creative play options. Incorporating vital elements of the game in a challenging format. More info: (714) 315-0922 or dtabruscato@gmail.com.

Performance Pickleball					Worthy Park
450830-3A	14 yrs +	F	6–8pm	11/6–11/20	$140

Pickleball Clinic: Adult Beginner

Designed for adults with no experience playing pickleball. Basic fundamental skills such as safety, etiquette, rules, and strategy will be introduced in a group setting. Once completed, player can comfortably participate in games. Paddle and balls are provided. Flat, outdoor, court-specific footwear recommended. More info: (714) 315-0922 or dtabruscato@gmail.com.

Performance Pickleball					Worthy Park
452310-3A	14 yrs +	Tu	6–8pm	9/22–10/13	$132

Pickleball: Adult Intermediate

Instruction for those who have taken Adult Beginning Pickleball Class or is an experienced player. This class expands on optimizing your game plan, court strategies, and the next steps to improve your game. Be prepared to elevate your game! Flat outdoor court specific footwear recommended. Questions: Call or email Diana at (714) 315-0922 or dtabruscato@gmail.com.

Performance Pickleball					Worthy Park
450809-5A	14 yrs +	Th	6–8pm	9/24–10/15	$132

Pickleball: Semi-Private Beginner

This class is for anyone seeking to learn or to expand their pickleball ability in a small group setting. You will experience individual coaching attention based on your needs in a smaller group setting. During drills and match play, court strategies will focus on mechanics, consistency, accuracy, ball control, placement and an overall game plan. Semi-private lessons are the perfect blend of personal attention and affordability. The nets, paddles and balls are provided. Flat tennis court specific footwear is recommended.

Performance Pickleball					Worthy Park
451322-5A	14 yrs +	Tu	4–5:30pm	10/27–11/17	$159

Registration for fall programs begins at 7:30 a.m., six (6) days before the program starts.

Pickleball: Adult Drop-in Drills – Beginner, Intermediate, & Advanced

Calling all players! A 1 hour time slot is set aside specifically for drilling to enhance skills and game consistency by executing repetitive drills. Designed to create habitual memory. Prepare to exercise and extend your range of play. Flat outdoor court specific footwear recommended. Paddles and balls provided. Must register prior to beginning of class. Questions: Call or email Diana at (714) 315-0922 or dtabruscato@gmail.com.

Performance Pickleball					Worthy Park
451324-5A	16 yrs +	Tu	4:45–5:45pm	10/13	$26
451324-5B	16 yrs +	Th	5–6pm	10/29	$26
451324-5C	16 yrs +	Th	5–6pm	11/19	$26

Pickleball: Private Instructional

For all ages and skill levels! Beginning to advanced welcome! Tailored private instruction works around your schedule. Will access strengths and focus on individual goals. Player development and abilities at your individual pace. The paddles and balls are provided. Flat outdoor court specific footwear recommended. To arrange dates and times, contact Diana at (714) 315-0922 or dtabruscato@gmail.com. Maximum of one participant per sign up.

Performance Pickleball				Worthy Park
451325-5A	14 yrs +	One hour	9/8 - 12/12	$55
451325-5B	14 yrs +	Two hours	9/7 - 12/12	$100
451325-5C	14 yrs +	Three hours	9/7 - 12/12	$140

Pickleball: Adult Match Play

Match Play classes are designed for adults with experience playing pickleball games. Match play is focused on playing pickleball games in a round robin setting in a rotating partner/set partner format. Scores will be calculated and award winners will be recognized at end of classes. A great way to experience educational play in a doubles team challenge format. The paddles and balls are provided.

Performance Pickleball					Worthy Park
451328-5A	14 yrs +	Th	6–8pm	10/22–11/5	$69

NEW! Pickleball: Youth Beginner

Calling all youth with no experience playing pickleball. Basic foundational and fundamental skills will be introduced such as safety, etiquette, rules, scoring, underhand serve, and other basic strategies. Once completed, player will have a basic understanding of how to play pickleball and comfortably participate in games. Paddles and balls are provided. Flat outdoor court specific footwear recommended. Questions: Call or email Diana at (714) 315-0922 or dtabruscato@gmail.com.

Performance Pickleball					Worthy Park
451361-5A	10 yrs +	F	5:30–6:30pm	10/9–10/30	$60

*Online registration for **on-site classes** begins at begins at 7:30am, six (6) days before the first class meeting.*

Directory

R = indicates facilities are available for rent.

Recreation & Community Services

Community Services Department

2000 Main Street, Fifth Floor 714-536-5486
Director of Community Services: Chris Slama
Community Services Manager: Chris Cole
Community Services Manager: Ashley Wysocki

City Gym & Pool R

1600 Palm Avenue 714-960-8884
Supervisor: Holland Gannon

Edison Community Center R

21377 Magnolia Street 714-960-8870
Supervisor: John Valinsky

Murdy Community Center R

7000 Norma Drive 714-960-8895
Supervisor: Kaci Thol

Community Center Hours

Please check online for hours of operation.

Arts & Cultural Services

Huntington Beach Art Center R

538 Main Street 714-374-1650
Senior Supervisor: Kate Hoffman

Administrative Hours

Please check online for hours of operation.

Art Center Hours

Please check online for hours of operation.

Central Park Sports Complex

Sports Complex at Huntington Beach Central Park R

18100 Goldenwest Street..... 714-536-5230
Supervisor: Ray Frankeny

Sports Complex Contacts

Adventure Playground
June 21–August 20, 2021..... 714-842-7442
Adventure Playground (Off season) 714-536-5486
Batting Cages 714-375-3960
Rain & Field Condition Hotline 714-375-5164
Field Rentals 714-536-5230

Beach Camping & Parking

Lifeguard Headquarters

103 Pacific Coast Highway 714-536-5281
Supervisor: Dottie Sheldon

City Beach Camping 714-536-5286
Bolsa Chica State Beach 714-846-3460
Magnolia State Beach 714-536-1454

Senior Services

Senior Center in Central Park R

18041 Goldenwest Street 714-536-5600
Senior Supervisor: Randy Pesqueira
Supervisor: Kristin Martinez

Senior Center in Central Park Hours

Please check online for hours of operation.

Hoag Wellness Pavilion 714-374-1578
Transportation 714-374-1742
Huntington Beach Council on Aging 714-374-1524
SeniorServ Office 714-375-8404

Social Services Provided:

- Care management
- Home-delivered meals
- Transportation (Surf City Seniors on the Go!)

Huntington Beach Central Park

Central Park Amenities

Disc Golf Course..... 714-931-4559
Equestrian Center 714-848-6565
Concessions (Kathy May's Lakeside Café) 714-842-7700
Concessions (The Park Bench Café)..... 714-842-0775
Shipley Nature Center 714-842-4772

Rental Facilities

Harbor View Clubhouse..... 16600 Saybrook Lane
Lake Park Clubhouse & BBQ.....1035 11th Street
Newland Barn ..... 19822 Beach Boulevard
Call 714-536-5486 for reservation information.

Community Groups

Huntington Beach Art League

The Huntington Beach Art League meets on the first Wednesday of each month at the Senior Center.

- Contact: e-mail ***president@hbartleague.com***
- More information: ***hbartleague.org***

Huntington Beach Community Garden

Imagine your kitchen full of delicious organic produce that you grew in your own plot at the HB Community Garden! For a low annual fee, you can have your own garden plot! In addition to providing an area where HB residents can grow food for their own use, HBCG donates thousands of pounds of excess harvest to local charities and educates the public on organic gardening.

- Contact: ***HBCommunityGarden@gmail.com***
- More information: ***huntingtonbeachcomunitygarden.com***

Huntington Beach Concert Band

The Huntington Beach Concert Band is a volunteer organization of approximately 70 musicians providing music to the HB community.

- More information: ***hbconcertband.org***

Huntington Beach Council On Aging

The Huntington Beach Council on Aging (HBCOA) is officially recognized by the City Council of Huntington Beach as representing its local senior citizens. The mission of this nonprofit corporation is to work with City staff and volunteers to enhance the dignity and quality of life for City seniors through comprehensive services, education, and advocacy aimed to empower and meet the needs of a diverse population. The Board meets at 9 a.m. on the first Thursday of each month at the Senior Center in Central Park; and general membership meetings are held four times a year. Please help us continue our efforts by becoming a member of the HBCOA, or by making a donation.

- More information: ***hbcoa.org***

Huntington Beach Historical Society (Newland House Museum)

Built in 1898, the Newland House Museum is the City's best-preserved and most historically significant example of early homes. The Newland House Museum is open the first and third weekends of the month, Saturday and Sunday from 12 to 4 p.m., except holidays and rainy days.

- More information: ***hbnews.us/nwhouse.html***

Shipley Nature Center

The Shipley Nature Center is an 18-acre nature center with trails and Interpretive Center, and is open Monday through Saturday, from 9 a.m. to 1 p.m. Come learn all about composting and vermitcomposting and how to turn kitchen scraps and backyard cuttings into "black gold." Classes will be held in April, May, June and September.

Parent and Me Time: Come enjoy stories and crafts on Wednesdays at 11a.m; cost is $3 per parent.

Address: 17851 Goldenwest Street

- More information: ***shipleynature.org***

City Services

City Attorney	714-536-5555
City Clerk	714-536-5227
City Council	714-536-5553
City Manager	714-536-5202
Code Enforcement	714-375-5155
Community Development	714-536-5271
Beach Operations	714-536-5281
Business Development	714-536-5542
Business Licenses	714-536-5267
Finance Department	714-536-5630
Fire Department	714-536-5411
Graffiti Removal	714-960-8861
Human Resources	714-536-5492
Information Services	714-536-5515
Junior Lifeguards	714-374-1501
Library Services	714-842-4481
Park Tree & Landscape	714-536-5480
Passports	714-374-1600
Police Department	714-960-8811
Public Works	714-536-5431
Water Conservation	714-536-5922
Water/Trash Set-Up	714-536-5919

Local Resources

HB Chamber of Commerce	714-536-8888
HB Downtown BID	714-536-8300
HB Tree Society	714-564-1396
HB Visitors Bureau–Visit HB	714-969-3492
Huntington Dog Beach	714-841-8644
Huntington Harbour Yacht Club	562-592-2186
International Surfing Museum	714-300-8836
Meadowlark Golf Club	714-846-1364

Registration

Fall class registration begins at 7:30am six (6) days before the class begins.

City of Huntington Beach
2000 Main Street, Fifth Floor
Huntington Beach, CA 92648
714-536-5486 Telephone
714-374-1654 Fax
hbcommunityservices@surfcity-hb.org

Two ways to register

1 Online at *hbsands.org*

Go online to view and register for your favorite City classes and events with ease at ***hbsands.org***, 24 hours a day, seven days a week.

2 Mail in checks to:

Community Services Department, PO Box 190, Huntington Beach, CA 92649-2702.
Make checks out to: **City of Huntington Beach**.
$30 will be charged for returned checks. Improperly submitted registrations will not be processed. Mail-in registration accepted. Checks only. Priority given to online registration. If you would like a receipt mailed to you, include a self-addressed envelope with stamp.

General Information

- All courses are subject to change or cancellation.
- Registration and payment is required for all courses unless noted otherwise. Registration and payment must be received before attending any course.
- If a course is full at the time of registration, you may register for the waitlist. Please wait to be contacted by City staff or instructor prior to attending the course.
- Mail-in registration accepted. Checks only. Priority given to online registration. If you would like a receipt mailed to you, include a self-addressed envelope with stamp. Send registrations to Community Services Department, PO Box 190, Huntington Beach, CA 92648-2702.
- $30 will be charged for returned checks. Improperly submitted registrations will not be processed.
- Make checks out to: **City of Huntington Beach**.

ADULT/GUARDIAN		
First Name	Last Name	
Address		
City	State	Zip
Email	Primary Phone	Cell Phone

PARTICIPANT'S NAME	DATE OF BIRTH	GENDER	ACTIVITY NUMBER	ACTIVITY NAME	FEE
				GRAND TOTAL	

Mandatory Signature: Date:

Receipt Number:

Waiver & Release of Liability

The above named participant has my permission to participate in the activity indicated above. I realize every precaution is taken to eliminate any injuries or hazards and a competent supervisor is present. However, in the event of an injury, I hereby waive, release, and hold harmless from any liability for damages or claims for damages for personal injury, including accidental death, as well as from claims for property damage which may arise in connection with the above named activity, against the Supervisor, Community Services Department personnel, and the City of Huntington Beach. Participants of virtual recreation classes acknowledge they are responsible for ensuring their environment is safe/free from obstructions and that any use of third-party applications (e.g., Zoom, Instagram, etc.) is at their own security risk.

COVID-19 Waiver:

I am aware of the COVID-19 pandemic and related governmental orders, directives and guidelines (collectively "directives"), including directives for frequent hand washing, social distancing and use of face masks in public locations. I am aware that this facility and the activity for which it is being used will be located in a public location during the COVID-19 pandemic. I am aware that I could be infected, seriously injured or even die due to COVID-19. I accept and voluntarily incur any and all risks or danger of bodily injury, death, property damage, loss, expense or harm which arise during or result from my use of the assigned facility/grounds, regardless of whether or not caused in whole or in part by the alleged or actual negligence of city of Huntington Beach, its officials, employees, representatives, and volunteers.

Applicable if Participant is a minor: I am the parent/legal guardian of the Participant, and I hereby execute this Release on his/her behalf.

Photo Release

Registration constitutes permission of the City of Huntington Beach to take and use any photograph of the above named participant and/or legal guardian in any promotion materials without compensation to the above named participant and/or legal guardian of the above name participant for such use.

Americans With Disabilities Act

The City intends to comply with the Americans with Disabilities Act. If you require special assistance for participation in our recreation programs, please notify staff at the time of registration or call 714-536-5486.

Withdrawal & Refund Policy

- Full refunds are available for classes that are cancelled. All other withdrawals are subject to a six-dollar ($6) processing fee for each class session.
- Refunds after the start of the program are contingent upon City approval and will be assessed a six-dollar ($6) processing fee and will be prorated based on the number of classes held.
  – Credit card transactions will be refunded to the same credit card used for enrollment.
  – Cash or check transactions may receive a refund in the form of a City-issued check.
- Refunds are not available for workshops without a two-day notice, special events, or classes that have concluded, unless approved by Supervisor due to extenuating circumstances.

CLASSES AND PROGRAMS AT YOUR FINGERTIPS!

Fall Program
Online Registration Information

Register at *hbsands.org*

Register for your favorite classes at your convenience, 24 hours a day, seven days a week. You can register from your computer, or your mobile device!

COVID-19 Registration Process

Registration will begin at 9am, **six days** before the activity or class begins.

Example: If an activity starts on Tuesday, September 8, then registration will open on Wednesday, September 2, at 9am.

STEP ONE - LOGIN

New Users:

All users will need to create a new account for ***hbsands.org*** before they can register for programs.

To create a new account:

1. Go to ***hbsands.org***, click **Create An Account**, located at the bottom of the Login box.
2. Fill out the **New Account Information** and **Household Primary Person Information**. All fields in red* are required.
3. To add additional household members, click **Add New Member** at the bottom of the screen.
4. Click **Save** when all fields are completed.

Returning Users:

To login to your account:

1. Go to ***hbsands.org***, locate the Login box.
2. Type in your Username and Password.
   - » *If you forgot your Username and Password, click Forgot Password at the bottom of the Login box.*
3. Click **Login**.

STEP TWO - CHOOSE YOUR PROGRAMS

How to Search:

1. Search Bar:
   - » Search by keyword, ex. "swimming."
   - » Search by six digit class code (do not type in the dash or digits following it).
2. Search by Category:
   - » Click on category of interest, ex. Camps, Youth Sports, Senior Center in Central Park.
3. Add to Cart:
   - » When you find what you are looking for:
   - » To **Add Class To Cart**, click the + on the left.
   - » If **Class Is Full** or not available for registration, a red ✖ will be on the left.
4. Choose which member of your household you wish to enroll. You may enroll multiple members of your household.
5. Agree to the waiver (one waiver per person registered).
6. When you are ready, click **Proceed To Checkout**, or click the Shopping Cart button.

STEP THREE - CHECKOUT

1. In your Shopping Cart, you will see a Summary of Charges, which reviews what you're purchasing.
2. Make sure your Billing Information is correct, and click **Continue**.
3. Fill out your Payment Information and click **Submit Payment**.
4. Check your email for your receipt!

DISCLAIMER

Due to the uncertainty of the COVID-19 Virus at the time of print, all activities and events in this fall 2020 brochure are subject to change. All activities provided in this issue of the *SANDS* will be evaluated to ensure that proper health and safety precautions are taken for participants. Please visit ***hbsands.org*** for updates.

For questions specific to classes at the Senior Center in Central Park, please call **714-536-5600**.

For all other classes, please call the Community Services Department at **714-536-5486**, or the community center where the class is held (see Directory on page 38 for telephone numbers).

** We cannot process enrollments over the phone.*

Community Services
2000 Main Street
Huntington Beach, CA 92648

**********ECRWSSEDDM****

Residential Customer

PRST STD
ECRWSS
U.S. POSTAGE
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HUNTINGTON BEACH,
CA 92647
PERMIT NO. 23

Hoag Medical Group Pediatrics

Meet our Pediatricians in Huntington Beach:

Jennifer Birkhauser, MD

Jennifer Kim, MD

Kimberly Lank, DO

Kristy Tolly, MD

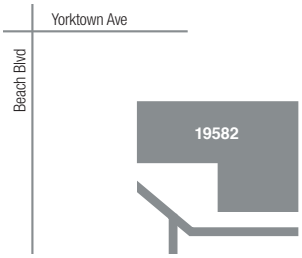
Rachel Zabaneh, MD

Natalia Zapadinsky, MD

Hoag Medical Group Pediatrics offers:

- Care for children of all ages
- Same day sick appointments
- Access to CHOC Children's
- Weekend sick appointments at Tustin Legacy location
- Continuity of care at 13 Hoag Urgent Care locations
- In-person and telehealth visits available

Hoag Medical Group Pediatrics
19582 Beach Boulevard, Suite 350
Huntington Beach, CA 92648
714-477-8001



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