



## WHAT TO DO IF YOU FIND A CHILD IN A POOL

Yell for help and get the child out of the pool and onto the pool check.

If someone is with you, have them call 9-1-1. Determine if the child is breathing: tilt the head back; if you don't hear or feel breathing or see the chest rising begin CPR until emergency help arrives.

If you are alone and the child is not breathing, start CPR. After one minute, call 9-1-1. Return to the child and continue CPR until help arrives.

Free CPR Classes available  
Call the Huntington Beach  
Fire Department - FireMed Program  
at (714) 374-1598

## Courtesy of the Huntington Beach Fire Department

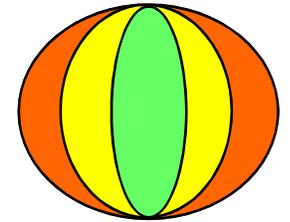
For Information on free CPR Classes  
Call the City of Huntington Beach  
Fire Department - FireMed Program  
at (714) 374-1598

FireMed is an official program of the Huntington Beach Fire Department. Your membership in the FireMed Program helps firefighters and paramedics respond as quickly as possible to save lives. **You**, too, can make a difference by learning the important lifesaving skills of CPR - which is a free benefit of your FireMed membership.

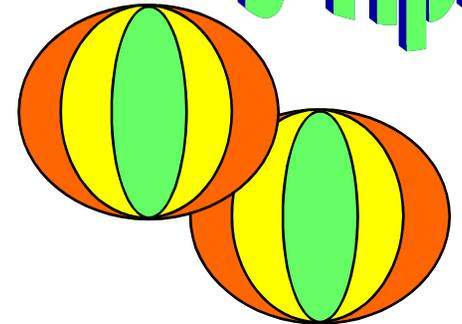


For Information on Swim Classes call the  
City of Huntington Beach  
Community Services Department  
(714) 536-5486

## Children Drown



## Water Safety Tips



## Without a Sound

## Kids aren't waterproof

### FACT

Drowning is the leading cause of unintentional injury or death to children under five years.

### FACT

A pool or spa is 14 times more likely than a vehicle to cause the death of a child under five.

### FACT

Drowning is silent. Children do not understand the danger of water and do not splash or cry out for help.

### FACT

Most of the children who drowned or nearly drowned were last seen in the house or away from the pool or spa.

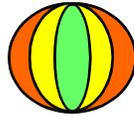
### FACT

Children can drown in the time it takes to answer the phone or door; children have drowned in three seconds, don't break visual contact.



Curiosity, rapidly changing skills, and an inability to understand danger, place young children at high risk. Adults must establish and communicate, who is responsible for child supervision at all times. The Huntington Beach Fire Department recommends using the following action steps to prevent a tragedy.

## Action Steps



### Protection & Preparation

- **Alarms on doors and windows** leading to the water (at least 5 feet high so the child cannot reach them). Secure and lock all doors and windows when not in use.
- **A non-climbable 5 foot fence** that separates the pool/spa from the residence with openings no more than 4" wide. Place items which can be climbed on away from the fence.
- **Self-closing and self latching fence gates** with latches above 54" high. The gates should open outward.
- **Mount rescue equipment by the pool** (lifesaving ring, shepherd's hook, CPR sign). Many float-type toys are thought to be lifesavers but they are not. They are only toys!
- **Never leave toys** in or around the pool/spa area.
- **Post 9-1-1 emergency phone number on your phones.** Have a phone near the pool area.

## Supervision

- Assign an adult "water watcher" to supervise the pool/spa area, especially during social gatherings. "Water Watcher Tags" are available at the Fire Department Education Section. Call (714) 536-5569 or 536-5419
- Never leave a child alone near a pool/spa bathtub, toilet, water filled bucket, pond, or any form of standing water in which the child's nose and mouth may be submerged.
- Don't rely on swimming lessons, life preservers, or other equipment to make a child "water safe."
- Don't allow children to play in the pool/spa area.
- Look in the pool area first if a child is missing.
- Communicate pool safety measures with the baby sitter.
- Learn how to perform infant/child CPR.



**Learn how to swim and learn rescue techniques.**