



## HealthFax Immunization Program

### Flu Immunization Eligibility 2009/2010 Flu Season

**“What you need to know”**

***Do not have a flu shot if:***

- ✓ You have a fever
- ✓ You are ill
- ✓ You have ever had a serious reaction to a flu shot in the past
- ✓ You are allergic to eggs or egg products
- ✓ You are pregnant or think that you may be pregnant
- ✓ You are a nursing mother
- ✓ You have a history of Guillain-Barre Syndrome
- ✓ You are allergic to Thimerisol (preservative)
- ✓ You are under 18 years of age

**Cost: Flu – First 250 Employees: No Cost  
After 250: \$22.00**

**Pneumonia: \$50.00  
(Cash or Check made out to HealthFax, Inc.)**

***Free Flu Shots Available for City of Huntington Beach Active Full-Time Employees Only  
no spouses or dependents eligible***

**Tuesday, September 22, 2009  
10am – 2pm  
City Hall/Lower Level  
Caucus Room**

**This year's flu strains are:**

**A/ Brisbane (H1N1)**

**A/Brisbane (H3N2)**

**B/Brisbane**

**\*\*For more information on the flu and this year's flu season log on to: [www.cdc.gov/nip](http://www.cdc.gov/nip)**

**Note:**

1. Please wear “short” sleeve shirt or blouse on the day of the shots.
2. The flu vaccine is made from a virus that is no longer active. Therefore, you cannot get the flu from a flu shot.
3. This immunization will not protect you from the Swine Flu.