

ART

CLAY ADVENTURES

Have a blast learning how to turn clay into wonderful creatures and other fun projects. We will hand build the pieces as we learn techniques such as coiling, scoring, slab construction, and more. We will decorate the pieces with under glazes (special paint for wet clay). Different projects each week. All pieces will be glazed and fired. Aprons will be provided. \$20 materials fee due at first class.

Lucia Henry **HB Art Center**
340101-4A 6-12 yrs Th 4-5:15pm 8/4-9/1 \$83/75

ESSENTIAL CARTOONING

This fun and exciting class will teach character drawing and basic cartooning skills, including Japanese manga, anime, and current popular cartoons. Returning students will begin to learn layout and design. Beginners will learn how to draw characters. Limited enrollment. \$25 materials fee for new students (\$20 for returning students) is payable to instructor at first class which covers all supplies. Pre-registration is required. All materials are provided.

Pati Kent **HB Art Center**
340109-4A 7-13 yrs Tu 4:30-5:30pm 8/2-8/30 \$76/69

ART EXPLORATIONS-3 DAY WORKSHOP

This ART Camp is filled with creative and fun projects. Explore a variety of media such as acrylics on canvas, watercolors, pastels, clay sculptures and more! We will enjoy Summer time through art as we draw and paint landscapes, still-life, animals and other themes. Clay projects will be glazed and fired. All art supplies and aprons will be provided. \$20 materials fee due at first class.

Lucia Henry **HB Art Center**
340112-4A 6-12 yrs Tu,W,Th 1-2:30pm 8/23-8/25 \$75/68

CLAY ADVENTURES-3 DAY WORKSHOP

Have a blast learning how to turn clay into wonderful creatures and other fun projects. We will hand build the pieces as we learn techniques such as coiling, scoring, slab construction and more. We will decorate the pieces with under glazes (special paint for wet clay). Different projects each day. All pieces will be glazed and fired. Aprons will be provided. \$20 materials fee due at first class.

Lucia Henry **HB Art Center**
340113-4A 6-12 yrs Tu,W,Th 1-2:30pm 8/9-8/11 \$81/73

INTRO TO IMPROV

Gain self-confidence and overcome fear of standing in front of class, while learning more effective communication skills in a no pressure environment. Students will learn the basic rules, and philosophy of improvisation through games, drills and scenes.

Brenda Glim **HB Art Center**
340115-4A 7-12 yrs W 3:30-5:30pm 8/3-9/7 \$81/73

VIDEO GAME DESIGN: PLATFORM GAMES

Using multimedia fusion 2 software, students will create a multi level platform game. In this class, students will work with a partner and will create unique levels, characters and original plot line. Give characters gravity and create interesting and original bad guys to challenge you through your game.

Brenda Glim **City Gym and Pool**
340205-3A 8-12 yrs M-F 1-4pm 7/25-7/29 \$150

COOKING

KIDS COOKING IT UP FRESH

Children will make nutritious recipes using real foods that will incorporate fresh, wholesome, and nutritious ingredients. Children will learn nutrition concepts along the way as they explore new and familiar foods, seasonings, and herbs. This is a hands-on cooking experience and each child will make his or her own individual recipe.

Stephanie Collett **Edison Community Center**
340301-2A 7-13 yrs Sa 11am-12:15pm 7/30-8/20 \$80

DANCE

BALLET

Challenge your child to develop rhythm, strength and coordination the fun way! In ballet class, boys and girls learn ballet positions, jumps, turns, and dances using French vocabulary. Ballet attire required.

Huntington Academy of Dance **16601 Gothard Street, Suite A**
340408-1B 8-12 yrs Tu 5:30-6:30pm 7/5-8/9 \$65

CONTEMPORARY

Love the moves on So You Think You Can Dance? Contemporary dance style incorporates movements of ballet, jazz, and modern with great music and personal expression. Learn the basic of contemporary, stretches, leaps and turns in the FUN class! Dance attire required.

Huntington Academy of Dance **16601 Gothard Street, Suite A**
340402-1A 12-16 yrs W 5:30-6:30pm 7/6-8/10 \$65



Parks & Recreation Build Family Unity



GYMNASTICS

CHEER-NASTICS

Students have fun while safely learning cheers & stunting techniques plus gymnastic skills great for all levels. Cartwheels, roundoffs, backbends, walkovers, splits, rolls, jumps, beam and back-handsprings barrel are taught by an experienced instructor. Progressive skill level instruction creates success! \$2 materials fee due at first class.

Tumble-N-Kids Inc			City Gym and Pool		
340701-3A	6-12 yrs	F	3-4pm	7/1-7/29	\$58
340701-3B	6-12 yrs	F	4-5pm	7/1-7/29	\$58

JAMMIN' GYMNASTS

Girls and boys of all levels learn age-appropriate gymnastics skills, coordination and strength development. Experienced coaches introduce cartwheels, round-offs, rolls, handstands, backbends, beam, trampoline, back-handspring barrel and more. Obstacle courses and music make learning fun, while progressive skill instruction creates confidence and success preparing kids for all sports! \$2 payable to instructor at first class.

Tumble-N-Kids Inc			Edison Community Center		
340702-2A	6-12 yrs	W	3-4pm	6/29-7/27	\$58
340702-2B	5-8 yrs	Sa	11:20am-12:20pm	7/2-7/30	\$58

Tumble-N-Kids Inc			Murdy Community Center		
340702-1A	6-12 yrs	Tu	3-4pm	6/28-7/26	\$58
340702-1B	7-14 yrs	Th	3-4pm	6/30-7/28	\$58

HIP HOP

Hip Hop Hooray! Ho! Boys and girls will get their groove on hip hoppin' to high energy music with funky dance moves! Hip hop introduces students to the rhythmic urban style of popping, locking, and gliding. Parents delight in our family friendly music and movements while kids have a blast and bust-a-move! Bring a friend and try your first class for free! \$1 materials fee due at first class.

Huntington Academy of Dance			Edison Community Center		
340404-2A	5-7 yrs	W	4:35-5:35pm	7/6-8/10	\$65

Huntington Academy of Dance			Murdy Community Center		
340404-1A	7-12 yrs	M	5:30-6:30pm	7/11-8/15	\$65

POLYNESIAN YOUTH

Aloha! Introduction to the fundamentals of Hawaiian Hula and Tahitian dance. Great for fine-tuning motor skills, building self-esteem and showmanship. Have fun dancing to the rhythms of the islands! Class fills quickly. Pre-registration is required.

Melody Seanoa			HB Art Center		
340403-4A	8-12 yrs	Tu	5-6pm	8/2-8/30	\$66/60

TAP

Bring a friend and learn the basics of tap dancing in this FUN class! Students will learn how to keep time and stay in beat with music. Tap dancing is a great way to improve coordination, rhythm, and athletic agility. Boys and girls love making NOISE with their feet! Dance attire, please.

Huntington Academy of Dance			16601 Gothard Street, Suite A		
340407-1A	7-12 yrs	Tu	4:30-5:30pm	7/5-8/9	\$65

YOUTH BALLET

Challenge your child to develop rhythm, strength and coordination the FUN way! In ballet class, boys and girls learn ballet positions, jumps, turns, and dances using French vocabulary. Ballet attire required. Details will be given at first class. \$1 materials fee due at first class.

Huntington Academy of Dance			City Gym and Pool		
340401-3A	5-7 yrs	Th	4-5pm	7/7-8/11	\$65

Huntington Academy of Dance			Edison Community Center		
340401-2A	5-7 yrs	Sa	10:15-11:15am	7/9-8/13	\$65

Huntington Academy of Dance			Murdy Community Cent		
340401-1A	6-8 yrs	M	4-5pm	7/11-8/15	\$65

KARTWHEEL-N-KIDS

Girls and boys learn gymnastics skills including; cartwheels, rolls, jumps, handstands, bridge/backbends, beams, handspring barrel, trampoline and more. We focus on beginning tumbling skills incorporating music, obstacle courses and fun. Progressive skill level instruction creates confidence and success. \$2 materials fee due at first class.

Tumble-N-Kids Inc			City Gym and Pool		
340704-3A	4-6 yrs	F	2-3pm	7/1-7/29	\$58

Tumble-N-Kids Inc			Edison Community Center		
340704-2A	4-6 yrs	W	2-3pm	6/29-7/27	\$58

Tumble-N-Kids Inc			Murdy Community Center		
340704-1A	4-6 yrs	Tu	2-3pm	6/28-7/26	\$58
340704-1B	4-6 yrs	Th	2-3pm	6/30-7/28	\$58



MARTIAL ARTS

KARATE-DO TRADITIONAL JAPANESE BEGINNER

This traditional Japanese karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Uniforms are available for purchase from instructor. One day a week for \$110 or 2 days a week for \$130. *No Class Date: Jul-28, Jul-29*

Wadoryu USA		Edison Community Center			
340903-2A	8-10 yrs	Th	5-5:40pm	6/30-9/1	\$110
340903-2B	8-10 yrs	F	5-5:40pm	7/1-9/2	\$110

KARATE-DO TRADITIONAL JAPANESE KARATE NOVICE

Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Classes are ongoing and progressive. Uniforms are available for purchase from instructor. White, orange, yellow, and blue belts only. 1-day a week for \$60 or 2 days a week for \$80. Must be enrolled in both sessions to be eligible for belt test.

Wadoryu USA		Edison Community Center			
340904-2A	8-17 yrs	Th	5:45-6:30pm	6/30-7/21	\$60
340904-2B	8-17 yrs	Th	5:45-6:30pm	8/4-9/1	\$60
340904-2C	8-17 yrs	F	5:45-6:30pm	7/1-7/22	\$60
340904-2D	8-17 yrs	F	5:45-6:30pm	8/5-9/2	\$60

KARATE-DO TRADITIONAL JAPANESE INTERMEDIATE

Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Classes are ongoing and progressive. Uniforms are available for purchase from instructor. Blue/St, Green, Green/St, Red, Red/St, Purple belts only. 1-day a week for \$75 or 2 days a week for \$95. Must be enrolled in both sessions to be eligible for belt test.

Wadoryu USA		Edison Community Center			
340906-2A	8-17 yrs	Th	5:45-7:30pm	6/30-7/21	\$75
340906-2B	8-17 yrs	Th	5:45-7:30pm	8/4-9/1	\$75
340906-2C	8-17 yrs	F	5:45-7:30pm	7/1-7/22	\$75
340906-2D	8-17 yrs	F	5:45-7:30pm	8/5-9/2	\$75

KARATE- DO TRADITIONAL JAPANESE ADVANCED

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Brown or black belts only. Uniforms and equipment are available for purchase from instructor. One day a week for \$80 or 2 days a week for \$100. Must be enrolled in both sessions to be eligible for belt test.

Wadoryu USA		Edison Community Center			
340907-2A	8-18 yrs	Th	5:45-8:15pm	6/30-7/21	\$80
340907-2B	8-18 yrs	Th	5:45-8:15pm	8/4-9/1	\$80
340907-2C	8-18 yrs	F	5:45-8:15pm	7/1-7/22	\$80
340907-2D	8-18 yrs	F	5:45-8:15pm	8/5-9/2	\$80

JUNIOR TAE KWON DO

Develop coordination, improve balance, and achieve total fitness and self-defense while increasing self-confidence. Uniforms will be available for purchase from instructor. *No Class Dates: Jul-4*

Kiavash Tillehkoob		City Gym and Pool			
340908-3A	6-9 yrs	M	5:45-6:30pm	6/27-8/29	\$177
340908-3B	6-9 yrs	Tu	5:45-6:30pm	6/28-8/30	\$177
340908-3C	6-9 yrs	W	5:45-6:30pm	6/29-8/31	\$177
340908-3D	6-9 yrs	Th	5:45-6:30pm	6/30-9/1	\$177

YOUTH SELF-DEFENSE & SAFETY AWARENESS

This program combines safety awareness with self-defense instruction. Students learn verbal and physical skills for self-defense against bullies and strangers. Escape maneuvers and communication skills are taught to contract threats. Safety tips are discussed each week. Students progress in rank and earn their belts. All Classes available for ages 4-15.

Young Champions Rec Prog		Murdy Community Center			
340905-1A	4-15 yrs	F	5:30-6:10pm	7/1-9/2	\$78-New Student
340905-1B	4-15 yrs	F	6:15-6:55pm	7/1-9/2	\$78-Yellow & Orange Belt
340905-1C	4-15 yrs	F	7-7:40pm	7/1-9/2	\$78-Purple & Above

MUSIC

GLEE CLUB

This high-energy class provides male and female students with an opportunity to sing, dance, perform, and unlock their inner superstar! Students will learn Pop and Broadway music and choreography in a fun atmosphere, while building voice and mic technique, musical expression, and providing self-confidence in all areas. \$10 materials fee payable to instructor. Optional student performance at the OC Fair (nominal costume fee applies).

Take the Stage Productions		Edison Community Center			
341010-2A	8-12 yrs	M	4:20-5:20pm	6/27-8/29	\$99

GROUP GUITAR

Have you ever wanted to be a rockstar? Well now's the time! Learn to play guitar from Mr. Greg and have fun playing your favorite songs in no time! Beatles, Rolling Stones, Green Day, Weezer, and so much more! All levels welcome, so don't delay and learn to play today. (Bring your own guitar, \$20 materials fee due to instructor for book).

The RockBand Experience		HB Art Center			
341007-4A	8-12 yrs	Th	3:30-4:30pm	8/4-8/25	\$81/73

PERFORMING ARTS: SUNSHINE GENERATION OF HB

Make new friends while building useful lifetime skills! Gain confidence for public performing with NO pressure. Kids focus on singing, dancing, and public speaking with showmanship. Optional community performances after the end of the session at OC Fair, Santa Ana Zoo, Knotts Berry Farm, and Adventure City. \$30 for Sunshine t-shirt, CD, and worksheets. Parents are asked not to stay during rehearsals.

Iskui Merdjanian		Edison Community Center			
341003-2A	6-13 yrs	Th	5:45-6:45pm	6/30-8/4	\$77

STORYBOOK STAGE PLAY

Students explore fairytales and fables as the basics to create new stories, inspire imagination and build performance skills. Through the use of their voices, bodies, costumes and props, students will create memorable skits and characters while building skills in acting, public speaking, creative thinking, reading comprehension, and confidence! \$10 materials fee due at first class. *No Class Dates: Jul-5*

Take the Stage Productions		Murdy Community Center			
341005-1A	5-9 yrs	Tu	4:15-5pm	6/28-8/30	\$99

SPECIAL INTEREST

HOLLYWOOD FILM ACTING I

This introductory course is designed for all students wishing to learn the acting techniques of their favorite Film & TV stars. The course includes on camera acting technique, vocabulary, character development and expression. Practical exercises in both scripted and improvisational work will be stressed. \$5 materials fee payable to instructor. *No Class Dates: Jul-6*

Take the Stage Productions Murdy Community Center
341008-1A 6-10 yrs W 4-4:45pm 6/29-8/31 \$99

HOLLYWOOD FILM ACTING II

This entertaining course is designed for students who have taken Hollywood Film Acting I, or students starting at an older age. This class will continue to strengthen acting technique favored by Film & TV stars with more emphasis in scene study and character development. This course includes advanced acting technique, vocabulary, scene breakdown, in-depth character development and expression. Practical exercises in both scripted and improvisational work will be stressed. \$5 materials fee payable to instructor. *No Class Dates: Jul-6*

Take the Stage Productions Murdy Community Center
341009-1A 8-12 yrs W 4:45-5:30pm 6/29-8/31 \$99

BROADWAY STAR MUSICAL THEATER

Learn to act, sing, & dance to your favorite Broadway musicals. Students explore musical theater performance through storytelling, character development, improvisation, as well as singing, musicality, rhythm, dance & movement. This is a great class for both beginners wishing to learn how to perform and seasoned performers who want to hone their skills. Performance on last day. \$10 materials fee payable to instructor. *No Class Dates: Jul-5*

Take the Stage Productions Murdy Community Center
341103-1A 5-10 yrs Tu 5:05-5:50pm 6/28-8/30 \$99



SERIOUSLY AWESOME SITTERS

The ultimate babysitter preparation class! You become certified in Basic First Aid and CPR/AEAD for adults and children. You'll also learn how to market your services, safely care for children, make healthy snacks, and entertain kids so that you'll be asked back again and again! \$30 materials fee due at first class.

Workshops on Wellness Murdy Community Center
350608-1A 10 yrs + Sa 10am-5pm 7/16 \$60

MINE,CRAFT,BUILD: JEDI ADVENTURE GAME

Mine, craft, and build the Star Wars universe using LEGO! Roll the dice to gather Jedi resources. Then build a Pod racer, make a droid, or create the Tree house Village of Endor! This novice Play-Well LEGO game is inspired by the Mine craft tablet game and the Star Wars fantasy setting.

Play-WellTEK City Gym and Pool
341140-3A 5-6 yrs M-F 9am-12pm 6/27-7/1 \$170

MINE,CRAFT,BUILD: JEDI SURVIVAL GAME

Mine, craft, and build the Star Wars universe using LEGO! Roll the dice to gather Jedi resources. Then build a Starship, make a Light Sabers, or create the Force to survive the Empire attacks! This advanced Play-Well LEGO game is inspired by the Mine craft tablet game and the Star Wars fantasy setting.

Play-WellTEK City Gym and Pool
341141-3A 7-11 yrs M-Th 1-4pm 6/20-6/23 \$170

SPORTS

SKYHAWKS BASKETBALL

This fun, skill-intensive program is designed for beginning to intermediate players. An active class of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff will also focus on respect, teamwork and responsibility. *No Class Dates: Jul-4*

Skyhawks Sports Academy Inc Murdy Community Center
341302-1A 7-10 yrs M 6-7pm 6/27-8/22 \$135

SKYHAWKS INSTRUCTIONAL SOCCER LEAGUE

This innovative program encourages children to play, have fun, and enjoy the game without the added pressure of coaches, referees, and parents. No set teams or assigned coaches mean more focus on skill development and fun! After a short practice, small-sided teams will be selected and supervised game play will ensue. All players are required to wear shin guards.

Skyhawks Sports Academy Inc Edison Community Center
341303-2A 4-5 yrs Th 4-5:15pm 6/30-8/18 \$135
341303-2B 6-7 yrs Th 5:30-6:45pm 6/30-8/18 \$135

VOLLEYBALL: HB ACES INDOOR

Much like Club Volleyball, HB Aces Indoor will meet one day each week and learn all the elements of the game. Class will include instruction on technique, drills to reinforce, and plenty of team play. Juniors will be given a HB Aces Indoor t-shirt the first day of class. *No Class Dates: Jul-4*

Matt Taylor Volleyball City Gym and Pool
341309-3A 10-12 yrs M 3:30-4:45pm 6/27-8/29 \$153
341309-3B 12-14 yrs M 4:45-6pm 6/27-8/29 \$153
341309-3C 12-14 yrs Th 3:30-4:45pm 6/30-8/25 \$153
341309-3D 12-14 yrs Th 4:45-6pm 6/30-8/25 \$153



JUNIOR BASKETBALL

Boys and girls 6 to 8 years old will be introduced to the basics of basketball in the semi-competitive clinic-based program. Drills, basketball techniques, and basketball games will be used to teach the **FUNDamentals** of basketball. Every player will receive a HB recreation jersey!

Youth Sports Staff **City Gym and Pool**
341312-00 6-8 yrs Sa 11:30am-12:20pm 7/2-8/6 \$55

Youth Sports Staff **Murdy Community Center**
341312-01 6-8 yrs Sa 11:30am-12:20pm 7/2-8/6 \$55

INSTRUCTIONAL BASKETBALL CAMP

The Summer Basketball program is a clinic based program with an emphasis on learning the game and having fun. All skill levels are welcome and the fundamentals of basketball will be taught through game based drills and instruction. Players will participate in a recreational program where enjoying basketball is the key to learning. All players will be placed on a team and will receive an HB recreation jersey!

Youth Sports Staff **Murdy Community Center**
341318-00 8-10 yrs Tu,Th 3-4pm 6/28-7/21 \$55
341318-01 11-13 yrs Tu,Th 4-5pm 6/28-7/21 \$55

INSTRUCTIONAL SOFTBALL CAMP

This Community Services Department softball program is a clinic-based program with an emphasis on learning the game and having fun. All skill levels are welcome and basic fundamentals will be taught through drills and instruction. Players will enjoy a recreational program where enjoying softball is the key to learning. All players will be placed on a team and will receive an HB recreation jersey! *No Class Dates: Jul-4*

Youth Sports Staff **Edison Community Center**
351308-00 8-12 yrs M,W 12-12:50pm 6/27-7/25 \$55

INSTRUCTIONAL BASEBALL CAMP

This Community Services Department baseball program is a clinic-based program with an emphasis on learning the game and having fun. All skill levels are welcome and basic fundamentals will be taught through drills and instruction. Players will enjoy a recreational program where enjoying baseball is the key to learning. All players will be placed on a team and will receive an HB recreation jersey! *No Class Dates: Jul-4*

Youth Sports Staff **Murdy Community Center**
341319-00 8-12 yrs M,W 12-12:50pm 6/27-7/25 \$55

JUNIOR BASEBALL/SOFTBALL

Junior Baseball/Softball is a semi-competitive introduction to baseball/softball for youth between the ages of 6 and 8 years old. Participants will learn fundamental baseball/softball techniques, basic rules of the game and to have fun while playing sports. Participants will also strengthen social skills by interacting with their coaches and teammates. All players will be placed on a team and will receive an HB recreation jersey! *No Class Dates: Jul-4*

Youth Sports Staff **Edison Community Center**
341411-01 6-8 yrs M,W 12-12:50pm 6/27-7/25 \$55

Youth Sports Staff **Murdy Community Center**
341411-00 6-8 yrs M,W 12-12:50pm 6/27-7/25 \$55

ICE HOCKEY SKATING SKILLS

Learn basic skating skills necessary for hockey including forward and backward skating, stopping, and turning. Pucks and sticks are not used during this class. Includes skate rental, 30-minute lesson, free practice on day of class, and three additional skating passes to be used during the 4-week session. *No Class Dates: Jul-6*

The Rinks Westminster ICE **13071 Springdale Street, Westminster**

341323-1A 6-16 yrs W 6:10-6:40pm 6/29-7/27 \$37
341323-1B 6-16 yrs W 6:10-6:40pm 8/3-8/24 \$37
341323-1C 6-16 yrs Sa 10:45-11:15am 7/9-7/30 \$37
341323-1D 6-16 yrs Sa 10:45-11:15am 8/6-8/27 \$37

INSTRUCTIONAL VOLLEYBALL CAMP

Boys and girls will be introduced to the fundamentals of indoor volleyball in this instruction based camp with an emphasis on learning the game while having fun! All skill levels are welcomed and participants will be taught the basics of volleyball through games based drills, hands on training and semi-competitive scrimmages. Get ready for the fall indoor volleyball league! Camp will take place Monday through Friday, August 10-14.

Youth Sports Staff **City Gym and Pool**
341317-00 9-11 yrs Tu,W,F 2-3:30pm 8/9-8/26 \$55
341317-01 12-14 yrs Tu,W,F 3:30-5pm 8/9-8/26 \$55



See page 2 for a list of **SURF SCHOOLS**

BEGINNING ICE SKATING

Enjoy the Winter Olympics' most beautiful sport. Figure Skating. Learn to skate across the ice forward and backward, stop, hop, spin and more! Includes skate rental, 30-minute lesson, free practice on day of class (3:00-5:00pm for Wednesday class and 12:00-2:00pm for Saturday), and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the 1st class and dress warm. *No Class Dates: Jul-6*

The Rinks Westminster ICE **13071 Springdale Street, Westminster**

341324-1A	6-16 yrs	W	5:10-5:40pm	6/29-7/27	\$37
341324-1B	6-16 yrs	W	5:10-5:40pm	8/3-8/24	\$37
341324-1C	6-16 yrs	Sa	10:45-11:15am	7/9-7/30	\$37
341324-1D	6-16 yrs	Sa	10:45-11:15am	8/6-8/27	\$37

GCBV CLUB:

GUYS ADVANCED SQUAD SUMMER TRAININGS

This squad is for boys that are committed to competing in youth volleyball tournaments over summer. Athletes must obtain permission from the club director to be eligible for this squad. Training days and times dependent on the 2016 youth tournament schedule. 3 days a week for \$400.

Beach Volleyball CA Inc					City Beach
341327-2A	12-14 yrs	TBD	TBD	7/12-8/29	\$400
341327-2B	15-17 yrs	TBD	TBD	7/12-8/29	\$400

GCBV CLUB:

GIRLS ADVANCED SQUAD SUMMER TRAININGS

This squad is for girls that are committed to competing in youth tournaments over summer. Athletes must obtain permission from the club director to be eligible for this squad. Training days and times dependent on 2016 youth tournament schedule. 3 days a week for \$400.

Beach Volleyball CA Inc					City Beach
341328-2A	12-14 yrs	TBD	TBD	7/12-8/29	\$400
341328-2B	15-17 yrs	TBD	TBD	7/12-8/29	\$400

GCBV CLUB: BOYS SUMMER TRAINING BLOCK

Boys looking to master pairs beach volleyball are invited to register for our summer training block. Trainings held on the courts where 15th Street meets PCH. In addition to the dates listed below, there will be an evaluation day for all participants on Monday, 7/11 from 9:00am-11:00am. Based on evaluation performance, participants will be placed in either our beginning, intermediate, or advanced training groups. Sign up for 1 day a week for \$200, 2 days a week for \$360, 3 days for \$400. More info at goldencoastvolleyball.com.

Beach Volleyball CA Inc					City Beach
341340-2A	12-14 yrs	Tu	4-6pm	7/12-8/23	\$200
341340-2B	12-14 yrs	W	4-6pm	7/13-8/24	\$200
341340-2C	12-14 yrs	Th	4-6pm	7/14-8/25	\$200
341340-2D	15-17 yrs	Tu	4-6pm	7/12-8/23	\$200
341340-2E	15-17 yrs	W	4-6pm	7/13-8/24	\$200
341340-2F	15-17 yrs	Th	4-6pm	7/14-8/25	\$200

BEACH VOLLEYBALL CONDITIONING BOOTCAMP

You are invited to participate in the Golden Coast Beach Volleyball club conditioning bootcamp. This is a fitness program involving stations of activity and rest based around movements specific to beach volleyball. Trainings will be held on the courts where 15th Street meets PCH. More info at goldencoastvolleyball.com.

Beach Volleyball CA Inc					City Beach
341341-2A	12-17 yrs	Tu	8-8:45am	7/12-8/23	\$100
341341-2B	12-17 yrs	Th	8-8:45am	7/14-8/25	\$100

GCBV CLUB: GIRLS SUMMER TRAINING BLOCK

Girls looking to master pairs beach volleyball are invited to register for our summer training block. Trainings held at the courts where 15th Street meets PCH. In addition to the dates listed below, there will be an evaluation day for all participants on Monday, 7/11 from 9:00am-11:00am. Based on evaluation performance, participants will be placed in either our beginning, intermediate, or advanced training groups. Sign up for 1 day a week for \$200, 2 days for \$360, 3 days for \$400.

Beach Volleyball CA Inc					City Beach
341342-2A	12-14 yrs	Tu	4-6pm	7/12-8/23	\$200
341342-2B	12-14 yrs	W	4-6pm	7/13-8/24	\$200
341342-2C	12-14 yrs	Th	4-6pm	7/14-8/25	\$200
341342-2D	15-17 yrs	Tu	4-6pm	7/12-8/23	\$200
341342-2E	15-17 yrs	W	4-6pm	7/13-8/24	\$200
341342-2F	15-17 yrs	Th	4-6pm	7/14-8/25	\$200

SOCCER 1

Fun skill games are player at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Each child receives a soccer jersey. Shin guards are required after the first meeting.

Kidz Love Soccer				Murdy Community Center	
341335-1A	5-6 yrs	Sa	4:15-5pm	7/9-8/27	\$97

SOCCER 2

Kidz 7-10 years of age will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All levels are welcome to come enjoy the world's most popular game! Each child receives a soccer jersey. Shin guards are required after the first meeting.

Kidz Love Soccer				Murdy Community Center	
341336-1A	7-10 yrs	Sa	3:30-4:15pm	7/9-8/27	\$97

SKYHAWKS INDOOR SOCCER CAMP

Developed over 30 years, this is the number one soccer camp for parents looking to introduce their children to the fundamental of the world's most popular sport. Using our progression curriculum, your young athlete will gain the technical skills and sport knowledge required for that next step into soccer. All participants receive a t-shirt, soccer ball and player evaluation.

Skyhawks				City Gym	
321302-3A	6-13 yrs	M-F	2-5pm	7/25-7/29	\$165

Register Online! www.hbsands.org



SKYHAWKS BEGINNING GOLF

Children will learn the fundamentals of swinging, putting, and body positioning. Using the SNAG (Starting New at Golf) system, we have simplified instruction so that young players can make an effective transition onto the golf course. All equipment provided.

Skyhawks Sports Academy Inc			Edison Community Center		
341337-2A	5-7 yrs	M	4-5pm	7/11-8/15	\$95
341337-2B	8-11 yrs	M	5-6pm	7/11-8/15	\$95

BEGINNER WRESTLING WITH OCG

This ground-breaking & super-fun OCG youth program is a first of its kind for HB. Basic wrestling skills are taught in a dynamic environment utilizing positive reinforcement, instructional drills, and technique-oriented games. The focus is on skill-development & fun! For more info 949-439-6156 or [facebook.com/OrangeCountyGrappling](https://www.facebook.com/OrangeCountyGrappling).

Monday, and Sunday Classes held at Surf City Gymnastics 21571 Surveyor Circle HB 92646

Academy OC Youth Sports			Murdy Community Center		
341338-1C	5-16 yrs	Th	5:30-6:30pm	6/30-8/18	\$150
341338-1E	5-16 yrs	Th	5:30-6:30pm	6/30-7/28	\$125
341338-1F	5-16 yrs	Th	5:30-6:30pm	8/4-8/25	\$100

Academy OC Youth Sports			Surf City Gymnastics, 21571 Surveyor Circle		
341338-1A	5-9 yrs	M	7:45-8:45pm	6/27-8/22	\$125
341338-1B	10-16 yrs	M	7:45-8:45pm	6/27-8/22	\$125
341338-1D	5-16 yrs	Su	10-11am	7/3-8/21	\$125
341338-1G	10-16 yrs	Su	10-11am	7/3-7/24	\$125

SPEED AND AGILITY

This amazing Program teaches youth to run faster, while having fun in a positive environment. Youth will improve foot speed, form, body mechanics, and increase sprint speed, core strength, reaction time, change of direction and quickness via ladder drills, skills games, and relay races. For more information: oc-ysa.org/speed-agility.

OC Youth Sports Academy Lake Park Clubhouse, 1035 11th Street					
341339-1A	8-18 yrs	M,W,F	9-10:30am	6/27-8/19	\$400
341339-1B	8-18 yrs	M,W,F	4-5:30pm	6/27-8/19	\$400
341339-1C	8-18 yrs	M,W	9-10:30am	6/27-8/17	\$300
341339-1D	8-18 yrs	W,F	4-5:30pm	6/29-8/19	\$300
341339-1E	8-18 yrs	M,F	9-10:30p	6/27-8/19	\$300

YOUTH INTERMEDIATE & ADVANCED WRESTLING TECHNIQUE

This ground-breaking wrestling program is a first of its kind for HB. Intermediate to advanced wrestling skills are taught by an actual CA High School State Championship Team Coach who has coached many CA HS state champs and placers. The focus is on technical skill-development in ground technique, from leg-riding, cradles, turning and pinning opponents. For more info email ocysa4youths@gmail.com or visit [facebook.com/orangecountygrappling](https://www.facebook.com/orangecountygrappling) or [instagram.com/orangecountygrappling](https://www.instagram.com/orangecountygrappling).

OC Youth Sports Academy			Murdy Community Center		
341343-1A	9-18 yrs	Th	6:30-7:30pm	6/30-8/18	\$150
341343-1B	11-18 yrs	Th	7:30-8:30pm	6/30-8/18	\$150
341343-1C	9-18 yrs	Th	6:30-7:30pm	6/30-7/28	\$100
341343-1D	11-18 yrs	Th	7:30-8:30pm	6/30-7/28	\$100
341313-1E	9-18 yrs	Th	6:30-7:30pm	7/28-8/25	\$100
341313-1F	11-18 yrs	Th	7:30-8:30pm	7/28-8/25	\$100

CORE & JUMP (PLYO) TRAINING

Many coaches and athletes make use of plyometric exercises to enhance speed, power and enhance agility and coordination for higher levels of athletic performance. For more info: oc-ysa.org/core-strength.

OC Youth Sports Academy Lake Park Clubhouse, 1035 11th Street					
341344-1A	8-18 yrs	Tu,Th	9-10:15am	6/28-8/18	\$225
341344-1B	8-18 yrs	Tu,Th	4-5:15pm	6/28-8/18	\$225

HB ATHLETIC EDGE TRAINING

This program will take youth athletes to the next level. Speed, Footwork, Core, Power, Balance, Strength, Coordination, and Rhythm will all be trained and enhanced. These are the elements of true athleticism. Scientifically proven training methods will be implemented to overcome plateaus and increase fast-twitch muscle fiber activation. For more information please visit: oc-ysa.org/core-strength/ & oc-ysa.org/speed-agility/. No Class Dates: Jul-4

OC Youth Sports Academy Lake Park Clubhouse, 1035 11th Street					
341345-1A	8-18 yrs	M, W	9-10:30am	6/27-8/17	\$550
341345-1B	8-18 yrs	M, W	9-10:30am	6/27-7/20	\$295
341345-1C	8-18 yrs	M, W	4-5:15pm	6/27-8/17	\$550
341345-1D	8-18 yrs	M, W	4-5:15pm	7/25-8/17	\$265

WRESTLING DYNAMIC CONDITION & ATHLETICISM PROGRAM

This broad-based, inclusive training program is for youths & teens who want to increase their conditioning & overall athleticism for wrestling, or for any sport. It's taught in a gymnastics studio where equipment, wrestling & gymnastics drills, exercises and athletic skills are thought to increase power, speed, core, balance, rhythm, explosion and timing.

OC Youth Sports Academy			Surf City Gymnastics, 21571 Surveyor Circle		
341346-1A	5-9 yrs	M	7:45-8:45pm	6/27-8/22	\$200
341346-1B	10-18 yrs	M	7:45-8:45pm	6/27-8/22	\$200
341346-1C	5-9 yrs	M	7:45-8:45pm	6/27-8/21	\$120
341346-1D	10-18 yrs	M	7:45-8:45pm	6/27-8/21	\$120
341346-1E	5-9 yrs	M	7:45-8:45pm	7/25-8/22	\$150
341346-1F	10-18 yrs	M	7:45-8:45pm	7/25-8/22	\$150
341346-1G	5-9 yrs	Su	9-10:30pm	7/3-8/21	\$180
341346-1H	10-18 yrs	Su	9-10:30pm	7/3-8/21	\$180

MOE AGER HOOP SCHOOL

This class, taught by former Dallas Mavericks shooting guard, develops teamwork, confidence, and fundamental basketball skills, such as dribbling, passing, shooting, ball handling, footwork, offense, and defense. It offers intense, real world guidance for those ready to skyrocket their game, but adds fun for those who just love basketball.

Moe Ager Hoop School			City Gym and Pool		
341347-3A	7-10 yrs	Th	1:30-3pm	6/30-9/1	\$125
341347-3B	11-14 yrs	Th	1:30-3pm	6/30-9/1	\$125

VOLLEYBALL: HIGH SCHOOL PREP

Are you looking to make the Freshman team next year? This clinic is for players that already have volleyball experience who want to take their game to the next level. Expect a challenging and competitive learning environment to prepare you for high school athletics.

Matt Taylor			City Gym		
351333-3A	13-15 yrs	W	5-6:20pm	6/29-8/24	\$156

SURF AND SKATE

OC ROLLER KIDS

Has your child expressed interest in playing hockey or roller derby? This class is designed for the aspiring skater. Drills range from beginner to advanced, based on the individual skater needs. Skaters to wear roller skates or inlines, protective gear-helmet, knee/elbow pads, and wrist guards.

Elena Parra

Edison Community Center

341406-2A 6-13 yrs Sa 10-11am 7/9-8/6 \$55



Skateboarding BIRTHDAY PARTY



Sports Complex Parking Lot

Celebrate your birthday with your friends by riding ramps and getting skateboarding instruction from an experienced coach in the Skatedogs private skatepark. All parties include instruction, free skate, and fun games! For more information contact Skatedogs at 714-313-8787.

112th 4th of July Official Merchandise

T-shirts • Long Sleeve Shirts • Hats • Logo Pins



On-Sale

May 28, 2016

Online at www.hb4thofjuly.org &
All HB Albertsons & Vons

July 2, 3 & 4, 2016

4th of July Festival at Pier Plaza