

Summer 2013

# HBSANDS

[www.hbsands.org](http://www.hbsands.org)

## COMMUNITY SERVICES GUIDE

The official City of Huntington Beach guide to  
Parks and Recreation Programs and much more



Swim Lessons Pg. 42



Pilates Pg. 34

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Day Camps Pg. 12

Community Services Department - Enhancing Life In Our Community

Parks  
Make  
Life  
Better!

Community Services  
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Huntington Beach, CA 92648

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# Huntington Beach

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Scot Campbell  
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## This is the best time I have seen in many, many years to sell a Huntington Beach home...

- The inventory of available homes is very low, and mortgage rates are near historic lows... many people want to buy!
- If you have been thinking about selling, tell me because I may already be working with your buyer... it just takes a few moments to call or email me the details on your home.

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Jill Hardy  
Joe Carchio  
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## CITY MANAGER

Fred A. Wilson

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Cover photo: © Carmen Bucci

“Fishing at the Park – A simple escape that allows kids to relax and live a moment of peace seemingly far away from life’s pressures”

– Carmen Bucci

Location of Photograph: Huntington Central Park

Park & Facilities map can be found online at: [www.huntingtonbeachca.gov/files/users/community\\_services/parks\\_facilities\\_map.pdf](http://www.huntingtonbeachca.gov/files/users/community_services/parks_facilities_map.pdf)

## COMMUNITY SERVICES DEPARTMENT

Interim Community Services Department Director	Janeen Laudenback
Manager, Facilities, Development, and Concessions	David Dominguez
Marine Safety Chief	Kyle Lindo
Beach Operations Supervisor	Scott Smith
Parking/Camping Supervisor	Dottie Hughes
Specific Events Supervisor	Chris Cole
Senior Supervisor, Cultural Services	Kate Hoffman
Senior Supervisor, Human Services	Randy Pesqueira
Supervisor, City Gym and Pool	Rob Frizzelle
Supervisor, Edison Community Center	John Valinsky
Supervisor, Murdy Community Center	Kristin Martinez
Supervisor, Senior Services	Chris Slama
Supervisor, Sports Complex	Ray Frankeny

### Letter from the Community Services Director

Huntington Beach’s, parks, recreation facilities, and open spaces provide a multitude of benefits, both to citizens and to the natural environment. Huntington Beach City parks range from small neighborhood parks, trails, greenways, and lakes to miles of beautiful shoreline! Huntington Beach Recreation facilities include a variety of playgrounds, ball fields, tennis courts, and community buildings. Both of these assets provide residents with formal and informal gathering places to be physically active, socialize, relax, build community, and connect with the natural world. They make urban areas more inviting for living, working, relaxing, and improve quality of life for residents and visitors alike. This summer, take some time to go out and enjoy the programs, parks, and facilities that are available in Huntington Beach!

**Janeen Laudenback**  
Interim Community Services Director

Summer  
2013

# City News

## Huntington Beach

### “Surf, Sun & Celebrate” on July 4th Weekend

The 109th Annual Huntington Beach 4th of July Celebration bursts into action on Thursday, July 4 with the city’s longest-held parade. The All-American 4 day weekend begins on the beach with the 4-Day Festival at Pier Plaza from 10 a.m. to 9 p.m. from July 4-7. On Thursday July 4, the day opens at 6 a.m. with the Surf City 5K Run and Expo at Worthy Park, and the Kiwanis Pancake Breakfast in Lake Park starting at 6:30 a.m. Then, at 10 a.m. the 109th Annual 4th of July Parade steps off with more than 250 parade entries!

Entertainment including K-Earth 101 FM live broadcasts continues until the Fireworks show begins at 9 p.m. Official merchandise will be available at all Huntington Beach Albertsons Stores and at City Hall, 5th Floor, and soon at our website. For complete up-to-the-minute information and to purchase merchandise online visit <http://www.hb4thofjuly.org>.

McKenna VW “Surf City”  
is the “Official Auto Dealer” for the  
4th of July Parade and Surf City 5K Run.



Das Auto.

For the last 30 years, the McKenna difference has been Community, Integrity, Honesty, Loyalty and Family.

### Summer Kickoff In The Park!

Free  
Event!

Enjoy a fun day with the family at Murdy Community Center! From 11 a.m. to 2 p.m. on June 15, this free event features kid friendly activities such as face painting, relay races, game booths, jump houses, and maybe a fun game of freeze dance or two! Hang out at the picnic benches and enjoy a free hot dog lunch. Information about all summer programs including youth sports, aquatics, summer camps, and more will be available and the Community Center will be open for any registration needs you might have. This event couldn't happen without the donation of time by many community volunteers and monetary donations by local businesses. Please contact Murdy Community Center at 714-960-8895 for more information. Come and spend a few hours soaking up the sun and discover how **Parks Make Life Better!**



# “Parks Make Life Better!” Photo Contest 2013

The City of Huntington Beach Community Services Department enthusiastically invites you to participate in the “Parks Make Life Better!” Photo Contest! The Huntington Beach Community Services Department has embraced the statewide “Parks Make Life Better!” campaign, which aims to remind us of all the amazing benefits that Community Services provides, and invites you to participate too! Whether you enjoy participating in recreation programs and classes, playing in a beautiful park, creating inspiration at the Art Center, or just camping and relaxing at the beach - the Community Services Department offers a variety of ways for the community to become a community! We encourage you to share these stories with us!

Join us in celebrating the “Parks Make Life Better!” movement by submitting a photograph of you and/or family and friends enjoying your favorite community park, program or facility. Whether it’s a park or playground, senior or art center program, secret beach spot, youth or adult sports

program, or community center class, we want to see and know how it makes your life better. First place prize includes a City of Huntington Beach city beach parking pass, and your photo on the cover of the SANDS Community Services Guide!



Photo Submissions will be accepted between May 1-31 and must include a signed Huntington Beach photo release waiver (available at [HBSands.org](http://HBSands.org)). Email [PMLB@surfcity-hb.org](mailto:PMLB@surfcity-hb.org) with your photo submission or for more information call 714- 374-1710. We look forward to seeing how Community Services in Huntington Beach makes your life better!

**Parks  
Make  
Life  
Better!**



## Stress-Free Travel Starts at City Hall!

### City of Huntington Beach Passport Facility

Ready for a vacation? Tired of long lines? Your time is precious, and that is why our agents strive to make your passport application process as quick and easy as possible.

City Hall offices are open Monday - Friday, 8 a.m. – 5 p.m. (except holidays). Photo services are available - standard fees apply.

**Location:** 2000 Main Street @ Main/Yorktown, 2nd Floor

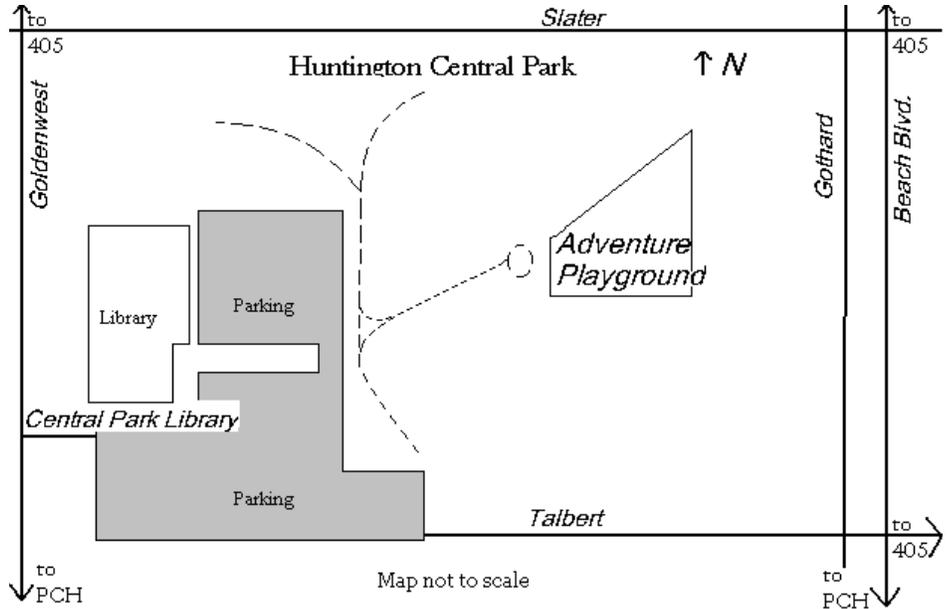
**Phone:** 714-374-1600

**Website:** [www.huntingtonbeachca.gov/passports](http://www.huntingtonbeachca.gov/passports)



# Huntington Beach Adventure Playground

## In Huntington Central Park east of the Library



### Fun for kids of all ages:

- Raft around the pond
- Balance across the rope bridge
- Build with hammers & saws
- Splash down the mud slide
- Open June 17 through August 9.
- Hours: Monday through Saturday 10 a.m. until 4 p.m. Closed Sundays.
- Suggested age is 5-12, but we don't turn anyone away due to age. Children under 10 are required to have parent or guardian supervision in the building area.
- Families or groups of less than 10 children do not need to make reservations.
- Groups of 10 or more and birthday parties must make reservations. To ensure there will be room, make reservations early in the season. Due to space limitations, tables can only be reserved for Saturday birthday parties and only one table per party.
- To make reservations early call Huntington Beach Community Services at **714-536-5486**.
- Starting June 17 – For reservations, please call Adventure Playground at **714-842-7442**.
- **Everybody must be wearing closed-toe tennis shoes (sneakers) or stronger covering the entire foot. Children wearing water shoes, jelly shoes, or sandals will not be permitted to play.**
- We appreciate wood donations: 2x4, 4x4, plywood, pallets, or any wood that the kids can use to build tree-house structures. We can also use a few more hammers and saws. Donations are tax deductible.
- Bring your own lunch. We also sell a variety of candy and soda for a small fee.
- The kids will get dirty. We have a shower and a changing area, so bring extra clothes, a bag, and a towel.
- Beach chairs or blankets are recommended for adults who want to watch, but we encourage their participation.
- 2013 Fees: \$3 per child. All adults are free.

## Proper Method For Discharging Pool Water To Streets And Gutters

**W**ith the warm summer months approaching, a dip into a cool pool becomes more tempting. However, some maintenance may need to be conducted to ready the pool. There are basic rules to abide by when draining the pool. The preferred method is to discharge the pool water to the sanitary sewer. If that isn't possible and pool water must be discharged to the street (which is permitted as per the City's Storm Water and Urban Runoff Management ordinance) the water must meet the following characteristics:

- Residual chlorine is less than 0.1 mg/L.
- The pH is between 6.5 and 8.5.
- Water is free of any unusual coloration.
- There is no discharge of filter media or acid cleaning wastes.
- The path to nearest downstream storm drain is free of debris.

For more information, please contact the Public Works Department at 714-536-5431.



## Shipley Nature Center

### Open 9 am to 4 pm on Second Saturdays

Besides the regular hours of 9 am to 1 pm, Shipley will now be open on the Second Saturday of each month until 4 pm. Educational programs for kids and families will be held on these Saturdays. Check website for details.

### Composting Seminars

Mark your calendars for 9:30 am on May 18 or June 22 to learn all about Traditional Composting and Vermicomposting (worm composting). See how to turn kitchen scraps and backyard cuttings into "black gold" for your garden. Registration is \$10 per attendee. Register online at [www.shipleynature.org](http://www.shipleynature.org). HB residents get a \$50 voucher toward the purchase of either type of composting bin, available on day of seminar.

### Cool Summer Nights

Shipley Nature Center again invites all nature lovers to Thursday evenings during July and August from 4 pm to 8 pm. Short talks on native plants, raptors and critters along with the astronomers will be returning featured evenings. Enjoy a stroll in the habitats to observe the evening activities of local wildlife.

See [www.shipleynature.org](http://www.shipleynature.org) for all event details. 17851 Goldenwest St. 714-842-4772. Open Monday – Saturday, 9 am - 1 pm and on the second Saturday of the month from 9 am - 4 pm.

# HB JUNIOR LIFEGUARDS TURNS 50

## HB

Junior Lifeguards is a program designed to acquaint student's ages 9-17 with the ocean environment. Established in 1964 the program still adheres to the basic construct of teaching ocean safety, and environmental awareness through physical fitness in a disciplined setting. Students are educated in aquatic ecological awareness, First Aid, CPR, and ocean life saving skills. Students are also instructed in competition skills associated with the surf through daily physical fitness activities.

Tryouts are being held at "The Cabana Club" located in Huntington Beach at the corner of Atlanta and Beach Blvd. Students must pass a 100-yard swim under 1 minute 50 seconds, tread water for 5 minutes and finally swim underwater for 10 yards. After passing the exam your son or daughter will receive a registration package outlining the program procedures. Students may tryout as often as they would like on the 4 tryout days.



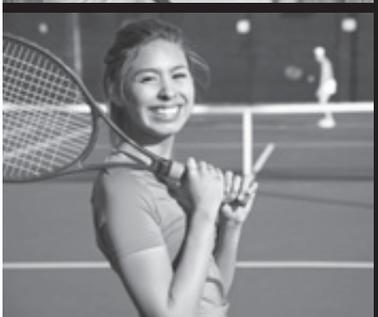
**Tryouts:** May 4, 11, 18, and 19

**Times:** 8 a.m. to 12 noon

**Program dates:** June 24 through August 15

**Cost:** \$550 for HB residents, \$575 for non-residents

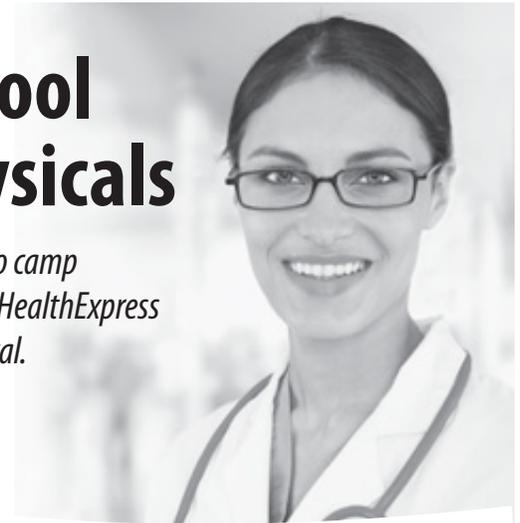
For further information call 714-374-1501.



## Sports, School and Camp Physicals

*Before your child heads off to camp or hits the field, visit MemorialCare HealthExpress for a head-to-toe physical.*

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Huntington Beach 7201 Yorktown Avenue  
Irvine 14201 Jeffrey Road  
Mission Viejo 25872 Muirlands Boulevard  
1-877-250-7104 • MemorialCare.org/HealthExpress

# Huntington Beach Concert Band Summer Series 2013 Concerts in the Park

*“A Huntington Beach tradition for years and years”*

June 23	Huntington Beach Concert Band	July 28	Huntington Beach Concert Band
June 30	Moonlight Express	August 4	Night Blooming Jazzmen
July 7	Bones West	August 11	Golden West Pops
July 14	La Sirena Y Orquesta Mar de Ashé	August 18	Wise Guys
July 21	Henebry's 1920's Crazy Rhythm Hot Society Orchestra	August 25	Bob DeSena
		September 1	Mike Henebry Orchestra

**Huntington Beach Central Park Bandstand**

**5 PM – Bring your picnic dinner – Great family fun!**

hbconcertband.org

## Tourism Works For Huntington Beach National Tourism Week: May 4-12, 2013

The first week of May is recognized by the U.S. Travel Association as National Tourism Week, a tradition first celebrated in 1984. Tourism is essential to Huntington Beach's economy. In 2011, Huntington Beach tourism supported 2,700 jobs and generated \$8.2 million in tax revenue from visitors outside of Orange County. The revenue generated by visitor spending helps to keep our parks and beaches clean, our libraries open, and our city safe via police, fire and marine safety services. For more information, go to [SurfCityUSA.com](http://SurfCityUSA.com) and click on "Contact Us."

## Beach Information



**City Beach:** Encompassing 3.5 miles from Beach Boulevard to the west city limits, the city boasts one of the world's finest beaches. The beachfront includes the municipal pier, food and rental concessions, restrooms, showers, volleyball nets, fire rings, and a 2,200 space beach parking lot plus ad-

ditional parking on Pacific Coast Highway and adjacent streets. Lifeguard service is provided during daylight hours 365 days a year. The number and location of lifeguards on duty varies depending on season, weather and surf conditions. Please note posted signage for information. Curfew is 10:00 pm to 5:00 am and is strictly enforced. Beach Headquarters: 103 Pacific Coast Highway. Office hours: Monday – Friday, 8:00 am - 5:00 pm. Phone: 714-536-5281 Emergencies: call 911.

For information on Municipal Beach Parking Pass, Main Promenade Parking Structure, Day Use Parking, Pier Plaza Parking, and Sunset Vista RV Park, please visit [www.surfcity-hb.org/visitors/parking/](http://www.surfcity-hb.org/visitors/parking/) or call 714-536-5281.

# COME & **GET A DEAL**

**TAKE THE OC FAIR EXPRESS & RECEIVE A  
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Goldenwest Transportation Center  
7301 Center Avenue, Huntington Beach

## **WE CARE WEDNESDAY**

Free admission and 1 carnival ride  
per person every Wednesday with  
donation. (Donation changes weekly.)

Visit [ocfair.com/promotions](http://ocfair.com/promotions) or  
[octa.net/ocfairexpress1](http://octa.net/ocfairexpress1)  
714-708-1501



JULY 12 - AUGUST 11  
OPEN WEDNESDAY - SUNDAY



# Cultural & Historic Services

## MAKING A COMMUNITY GREAT IS A FINE ART

The Huntington Beach Art Center is dedicated to providing children and adults with opportunities to pursue creativity through gallery exhibitions, classes, workshops, artist talks, tours, art camps and numerous family activities. Cultural and artistic programs are funded in part by such community groups as the Art Center Foundation. Many of our programs are offered free to Huntington Beach families while others are offered at nominal fees. The Art Center is also available to rent for private parties and events.

### Join Us and Make Art a Part of Your Family Life

#### Huntington Beach Art Center Art Center Hours

Tuesday – Thursday, Noon – 8:00 PM

Friday, Noon – 6:00 PM

Saturday, Noon – 5:00 PM

Phone: (714) 374-1650; FAX: (714) 374-5304

Administrative Office Hours

Monday – Friday 8:30 AM – 5:30 PM

538 Main Street

Phone: (714) 536-5258

[www.huntingtonbeachartcenter.org](http://www.huntingtonbeachartcenter.org)

## EVENTS SUMMER 2013

### THE STUDIO UPSTAIRS

This exhibition will present the work of local contemporary artists from the Studio Upstairs group.

**Opening Reception: Saturday, May 18: 6 – 7 p.m.**  
**Members and Patrons Preview; 7 – 9 p.m. Public Reception.**  
**Exhibition: May 18 — June 15, 2013**

### THE ART OF CHOCOLATE

The HBAC is proud to present the 2nd annual Art of Chocolate. The event will include culinary demonstrations and samplings from local bakers, chocolatiers and gourmet food artisans.

**Sunday, May 19, 2013: 1 – 5 p.m.**

**Tickets: \$20 HBAC Members; \$25 General Admission**

### KUSTOM KULTURE II

The exhibition, sponsored by Vans and curated by Paul Frank and Craig Stecyk, will feature motorcycle and surf culture iconography. Events for the exhibition will include films and panel discussions. Opening Reception: Saturday, July 13: 6 – 7 p.m. Members and

**Patrons Preview; 7 – 9 p.m. Public Reception.**

**Exhibition dates: July 13 – August 31, 2013**



No classes Thursday, July 4

## HUNTINGTON BEACH LIBRARY INFORMATION

Central Library – 7111 Talbert Avenue – 714-842-4481

[www.hbpl.org](http://www.hbpl.org)

### Banning Branch

9281 Banning Avenue  
714-375-5005

### Main Street Branch

525 Main Street  
714-375-5071

### Helen Murphy Branch

15882 Graham Street  
714-375-5006

### Oak View Branch

17251 Oak Lane  
714-375-5068

**The Friends of the Library** is a non-profit group of volunteers that raises money for the Library. Ways you can help are to “Friend” the library online, join either the Friends or the Friends of the Children’s Library, donate money, or volunteer your time. For information, call 714 375-8429.

### Friends of the Library (FOTL) Needs Volunteers

Did you know that the Friends of the Library (FOTL) is the main support organization for the Huntington Beach Library? Their Used Book Sales and Gift Shop, staffed by volunteers, fund many library programs.

Through the FOTL Used Book sales –located on the main floor—volunteers price, display and sell the thousands of used books donated to the library. Training is provided. Participants select their own hours.

Volunteers, working in three-hour shifts, man the Gift Shop—Central Library, main floor. Open the same hours as the library, the shop carries a wide variety of merchandise. Volunteer training is provided.

Members of FOTL also enjoy benefits. Author luncheons are held several times a year; members receive 10% off all Gift Shop purchases and are invited to the December Wassail party. Yearly memberships begin at \$15, seniors/students, \$20, families. For more information, call 714-375-8429, or go online at [www.hbpl.org/volunteers](http://www.hbpl.org/volunteers).

## CHILDREN’S LIBRARY EVENTS – SUMMER 2013

### FESTIVAL OF FOLKTALES AND SUMMER READING PROGRAM 2013

Central Library

Tuesday, June 25, 2013 11:00 AM to 3:00 PM

Storytellers presenting tales from around the world, performances of international music, multicultural puppet shows, dancers, crafts, and a special performance in the Tabby Theater combine to make this one of the library’s best-attended events each year. The theme of this year’s Summer Reading Program is “Dig into Delicious Reading” for ages 2 through 12, for our young adult readers, “Groundbreaking Reads” and “Reading is so Delicious” for adults. **The program lasts until August 2. Enjoy the Festival of Folktales and register for this summer’s reading program!** Sign up online, [www.hbpl.org](http://www.hbpl.org), or at any Huntington Beach library branch starting June 25. Children can earn prizes by reading and teens and adults can earn raffle tickets for a chance to win great prizes. Events include games, face painting, special performers and crafts. You could also enjoy a special show with guaranteed seats. Food will be available as well. For more information on prices and events, please visit [www.hbpl.org](http://www.hbpl.org).

Summer Time Central Library Toddler Story Times are Tuesdays at 9:15 a.m., 10 a.m. and 11 a.m., and Saturdays at 10 a.m. For all other story time hours, and more information on upcoming summer shows in **July and August**, check our website at [www.hbpl.org](http://www.hbpl.org) and click on Kid Stuff, then Storytimes & Events.

## Cultural & Historic Services

### THE HUNTINGTON BEACH PLAYHOUSE

The Huntington Beach Playhouse is a non-profit community theatre group coordinated and run strictly by local volunteers, performing at the 319 seat theater in the lower level of the Central Library. For information, call 714-375-0696, or visit [www.hbph.com](http://www.hbph.com).

### HUNTINGTON BEACH CONCERT BAND

The Huntington Beach Concert Band is a volunteer organization of approximately 70 musicians providing music to the HB community. For information, call 714-963-3681 or visit [www.hbconcertband.org](http://www.hbconcertband.org).

### HUNTINGTON BEACH HISTORICAL SOCIETY – (NEWLAND HOUSE MUSEUM)

Built in 1898, the Newland House Museum is the city's best-preserved and most historically significant example of early homes. The Newland House Museum is open the first and third weekends of the month, Saturday and Sunday from 12 pm to 4 pm, except holidays and rainy days. For membership and information, call 714-962-5777.

### HUNTINGTON BEACH ART LEAGUE

The Huntington Beach Art League meets on the first Wednesday of each month at the Rodgers Senior Center. For information, e-mail [president@hbartleague.com](mailto:president@hbartleague.com), or call Betty Viers at 714 848-8203 or Diana LoSchiavo at 714-842-9433.

### THE INTERNATIONAL SURFING MUSEUM

The International Surfing Museum plays host to this international monument to surfing, featuring exhibits on the culture and sport of surf, and a summer concert series. For information, call 714-960-3483 or visit [www.surfingmuseum.org](http://www.surfingmuseum.org).

## Human Services

### HUNTINGTON BEACH SENIOR SERVICES

#### MICHAEL E. RODGERS SENIORS CENTER

1706 Orange Avenue, 714 536-9387; FAX 714 374-1543  
Office Hours: Monday through Friday, 8:30 am to 5:00 pm

The Michael E. Rodgers Seniors Center is a focal point for an array of programs and services important to the quality of life for the seniors in our community. The center is a multi-purpose facility and offers opportunities for community involvement and companionship with a wide range of social, recreational, and educational programs promoting wellness. Volunteer and internship opportunities are available.



For senior transportation information call 714-374-1742

## Human Services

### PC BUDDY CLUB

The PC Buddy Club is a FREE social club for new and experienced computer users. The club meets the 2nd and 4th Thursday of each month, from 2:00 - 4:00 pm, at the Michael E. Rodgers Seniors Center. Experienced teachers who are able to answer your most troubling computer questions will moderate the club. Guest speakers will address a variety of topics current in the computer industry.

### SENIORSERV LUNCH PROGRAM

SeniorServ serves a wide variety of delicious, nutritious lunches each weekday at 11:30 am. A donation of \$3 per meal is suggested for people 60 years of age and older. A meal cost for those under 60 years of age is \$5. For more information regarding the lunch program, call 714 536-8404.

### SENIORS OUTREACH CENTER

1718 Orange Avenue, 714 960-2478; FAX 714 374-1620  
Office Hours: Monday through Friday, 8:00 am to 5:00 pm  
Transportation Office – 714 374-1742

Outreach services, under the direction of the Community Services Department since 1974, assist the frail and elderly in the city with their physical, emotional, and nutritional needs through professionally trained staff and volunteers. The center's goal is to promote self-sufficiency and independence for seniors. The center provides resources, information and consultation for older adults and families in need. In addition, Outreach offers a citywide free transportation program for seniors.

**Services Include:** Home Delivered Meals - Monday through Friday; Holiday Meals - Easter, Thanksgiving, and Christmas; Transportation – within Huntington Beach with 5 days advance notice; Care Management – advocacy, support services and linkage for older adults; Equipment Lending Service - wheelchairs, walkers, and more; CHERISH - Emergency Food Certificates – Limited availability; Friendly Visitors; College Internships; SC-SSP – Surf City Senior Service Providers Network

### HUNTINGTON BEACH COUNCIL ON AGING



The Huntington Beach Council on Aging (HBCOA) is officially recognized by the City Council of Huntington Beach as representing its local senior citizens. The mission of this nonprofit corporation is to work with city staff and volunteers to enhance the dignity and quality of life for city seniors through comprehensive services, education, and advocacy aimed to empower and meet the needs of a diverse population. As the senior population continues to grow, the HBCOA will respond to the broadening needs of our senior community and advocate on their behalf.

The Executive Board meets at 9:00 am on the first Thursday of each month at the Michael E Rodgers Seniors Center; and general membership meetings are held four times a year. Please help us continue our efforts by becoming a member of the HBCOA, or by making a donation. The HB Council on Aging and the seniors who benefit directly from your generosity appreciate your support of senior programs. Please call Rodgers Seniors Center at 714 536-9387 for additional information.

### PROJECT SELF-SUFFICIENCY

Project Self-Sufficiency is a local Huntington Beach program that assists low-income, single parents to achieve economic independence through education and training. The program is in its 27th year of helping local families in need.

The Huntington Beach community, civic organizations, businesses and public and private donors support the PSS program in a variety of ways. Project Self Sufficiency Foundation is a 501 (C)(3) organization and all contributions are tax deductible. For more information, please call 714 536-5263 or 714 536-5439 or visit our website: [www.pssfoundation.org](http://www.pssfoundation.org).

# Recreation Facilities

## EDISON COMMUNITY CENTER (ECC)

21377 Magnolia Street, 714 960-8870

&

## MURDY COMMUNITY CENTER (MCC)

7000 Norma Drive, 714 960-8895

**Reservations are now available for group picnic shelters!** The centers offer children's play equipment, lighted tennis courts, lighted softball diamonds, lighted racquetball courts (ECC only), lighted basketball courts, volleyball, horseshoes and barbecues. The centers contain four meeting rooms, kitchen, lounge and game room. Pool, ping-pong, and table games are available during specified hours.

## CITY GYM AND POOL (CG)

1600 Palm Avenue, 714-960-8884

This supervised facility offers cultural classes, swim lessons, indoor basketball courts and swimming pool. Billiards, ping-pong and table games are available during specific hours.

Open Basketball and Volleyball:

Full Court: Thurs. 7:30 pm – 9:00 pm

Fri. 12:00 pm – 4:45 pm

Half Court: Mon. & Wed. 10:30 am – 12:00 pm & 1:00 pm – 3:00 pm

Volleyball Fri. 5:00 pm – 8:00 pm

## HUNTINGTON CENTRAL PARK (HCP)

Huntington Central Park is the city's largest park, consisting of over 350 acres. Park entrances can be found on Edwards Street, Goldenwest Street, Gothard Street, Slater Avenue, and Talbert Avenue. The park provides a quiet retreat from the usual city turmoil. A sense of serenity is felt as one strolls amidst the trees, expansive lawns, and placid lakes and observes a variety of bird life. Additionally, the park has picnic tables, barbecues, restrooms, several playgrounds, disc golf, and six miles of trails. For information, phone 714 536-5486 or telephone numbers listed below for specific activity.

**Covered Group Picnic Shelter** – Seats 200 people and includes tables, barbecues, sinks, and electricity.

**Amphitheater** – Small rustic Amphitheater which seats 200 people and includes wooden benches, a stage, and electricity.

**Disc Golf Course** – Includes 18 holes and is played like golf using a "Frisbee."

**Dog Park** – Fenced free-run dog area at Edwards and Inlet. For information, phone 714-536-5672.

**Youth Group Campground** – Organized youth groups; no individual camping is permitted.

**Food Concessions** – Kathy May's Lakeside Cafe, 714-842-7700, and The Park Bench Café, 714-842-0775, are located in the park.

**Equestrian Center** – This 25-acre center offers boarding, riding school, training, and party rentals. For information, phone 714-848-6565.

**Shiple Nature Center** – 18-acre Nature Center with trails and Interpretive Center. Parking at 17851 Goldenwest Street. For information, phone 714-842-4772, [www.shipleynature.org](http://www.shipleynature.org)

Reserve a picnic area for your special event. Contact:  
**Edison Community Center:**  
714-960-8870 or  
**Murdy Community Center:**  
714-960-8895

## SPORTS COMPLEX

### AT HUNTINGTON CENTRAL PARK

**Fields** – The facility has 8 softball/ baseball fields, 3 open artificial turf fields and one arena style soccer field. All fields require a permit. For information, phone 714-536-5230.

**Batting Cages** – There are seven cages available for: baseball (4), slow-pitch softball (2) and fast-pitch softball (1). For hours, information or reservations, please call 714-375-3960.

**Food Concessions** – Two food concessions conveniently located within the Sports Complex: HB Outdoor Barbeque 714-842-6255, and HB BBQ #2 714-847-4555.

## RENTAL FACILITIES

HARBOUR VIEW CLUBHOUSE . . . . . 16600 Saybrook Lane

LAKE PARK CLUBHOUSE and BBQ. . . . . Lake and 12th Streets

NEWLAND BARN . . . . . 19822 Beach Boulevard

These rental halls with meeting rooms also include a complete kitchen, restrooms, tables and chairs. For further information, please call 714-375-5158. Community Centers are also available for rental. For more information please call individual centers.



Lake Park Clubhouse



Newland Barn

# Special Events

## HB PIER SWIM

The 63rd Annual HB Pier Swim will be held on Saturday June 8. Awards will be given to the top 3 finishers in each division. The Gene Beshe Memorial Perpetual Trophy will be awarded to the top team. Pre-Registration includes a t-shirt (April 17 – May 24). Late Registration on June 8 will be taken on the beach only and starts at 7am. Late Registration does not include a t-shirt (extra t-shirts may be available for \$10 each).

Staff, Recreation		South Side of Pier	
1022.301	12yrs to 15yrs – Junior Men	10:15am	\$25
1022.303	12yrs to 15yrs – Junior Women	10:15am	\$25
1022.305	16yrs to 24yrs – Men	8:45am	\$25
1022.307	16yrs to 24yrs – Women	8:45am	\$25
1022.309	25yrs to 31yrs – Senior Men	8:45am	\$25
1022.311	25yrs to 31yrs – Senior Women	8:45am	\$25
1022.313	32yrs to 39yrs – Masters Men	9:30am	\$25
1022.315	32yrs to 39yrs – Masters Women	9:30am	\$25
1022.318	40yrs to 49yrs – Grand Masters Men	9:30am	\$25
1022.319	40yrs to 49yrs – Grand Masters women	9:30am	\$25
1022.321	50yrs to 59yrs – Super Masters Men	9:30am	\$25
1022.323	50yrs to 59yrs – Super Masters Women	9:30am	\$25
1022.328	60yrs to 64yrs – Ultra Masters Men	9:30am	\$25
1022.330	60yrs to 64yrs – Ultra Masters Women	9:30am	\$25
1022.329	65yrs & up – Legends Men	9:30am	\$25
1022.331	65yrs & up – Legends Women	9:30am	\$25

## SUMMER KICKOFF IN THE PARK! FREE EVENT!

Enjoy a fun day with the family at Murdy Community Center! From 11:00a.m. to 2:00p.m. on June 15<sup>th</sup>, this free event features kid friendly activities such as face painting, relay races, game booths, jump houses, and maybe a fun game of freeze dance or two! Hang out at the picnic benches and enjoy a free hot dog lunch. Information about all summer programs including youth sports, aquatics, summer camps, and more will be available and the Community Center will be open for any registration needs you might have. This event couldn't happen without the donation of time by many community volunteers and monetary donations by local businesses. Please contact Murdy Community Center at 714-960-8895 for more information. Come and spend a few hours soaking up the sun and discover how **Parks Make Life Better!**

## OVERNIGHT FAMILY CAMPOUT

Nothing is better than a relaxing weekend spent outdoors with nature, especially in your own backyard. Come and enjoy what HB has to offer at this low-cost camping experience at Huntington Central Park. At only \$15 per space, and \$10 per person, this great adventure includes activities such as a nature walk at Shipley Nature Center, crafts, campfire entertainment including smores by the fire, dinner, breakfast, and more! Lions Club generously donates their time to provide you two hot meals, and Inside the Outdoors makes an Amazing Animals presentation at campfire. Conclude the event on Sunday with a trip to Adventure Playground. Check-in will begin on July 27<sup>th</sup> at 12:00pm and the event will end at 12:00pm on July 28<sup>th</sup>. Reservations book fast, the first day to register is May 28<sup>th</sup> in person at any Community Center. Please contact Murdy Community Center at 714-960-8895 for more information.

Central Park Camping			
1025.301	All Ages	7/27 - 7/28	12:00pm-12:00pm Sa Su



## 50<sup>TH</sup> ANNUAL HUCK FINN FISHING DERBY

The City of Huntington Beach Community Services department is proud to offer the annual Huck Finn Fishing Derby at the Huntington Beach pier. This FREE EVENT will take place Saturday, August 17th from 9:30am - Noon. Prizes will be awarded to the best dressed Huck Finn and Becky Thatcher character as well as the largest and smallest fish. Please contact the City Gym and Pool for more information at (714) 960-8884 or register online at HBSANDS.org prior to the event. Late registration and check in will begin on the HB Pier between 8:00am and 9:15am on the day of the event.

1023.300	4yrs to 15yrs	7/17	9:30am-12:00pm	Sa	Free
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## HB CITY SURF CONTEST

The 43th Annual Huntington Beach City Surf contest, sponsored by The City of Huntington Beach Community Service Department, Huntington Surf & Sport and Dukes will be held on September 14 and 15. Participation will be limited to persons residing in the Huntington Beach Union High School District. Winners of each division will receive awards. Driver's license or school ID with proof of age (birth certificate) must be presented before competing. Ages are as of contest date. Thursday, August 22 is the last day to sign up. Each participant will receive a contest T-shirt. Participation limited to first 175 registrants.

Staff, Recreation		South Side of Pier	
1026.301	Up to 9yrs	Menehune Boys & Girls	\$35
1026.302	10yrs to 14yrs	Boys	\$35
1026.303	15yrs to 17yrs	Juniors Men	\$35
1026.304	18yrs to 24yrs	Men	\$35
1026.305	25yrs to 34yrs	Masters Men	\$35
1026.306	35yrs to 44yrs	Senior Men	\$35
1026.307	45yrs to 54yrs	Grand Masters Men	\$35
1026.308	55yrs to 64yrs	Super Grand Masters	\$35
1026.309	65yrs & up	Legends Men	\$35
1026.310	10yrs & up	Women	\$35

# Day Camps

## BEAUTY SPA CAMP

Don't spend a day at the spa; spend a week! In this Camp learn the tips and tricks of beauty, relax, and become prettier each day. Come and get your nails done and your hair fixed! Learn how to make your own perfume and bath and body products! Create jewelry to add bling. This is a great camp for beauty and creativity!

Edutainment Art, David Herbelin			City Gym	
2163.300	6yrs to 12yrs	7/29 - 8/2	9:00am-12:00pm	M-F \$150

## BEST CHEF: KIDS COOKING CAMP

In this Camp we will prep, cook and enjoy 2-3 dishes each day. This is a hands on cooking class. We will make a variety of dishes ranging from white bean dip, Southwestern potato skins, kale chips, chicken skewers, zucchini gratin and desserts! Come hungry! Recipe booklet provided.

Sciumbato, Marieva G			City Gym Room B	
2116.300	8yrs to 13yrs	7/8 - 7/11	1:00pm-4:00pm	M-Th \$150
2116.301	8yrs to 13yrs	8/12 - 8/15	1:00pm-4:00pm	M-Th \$150

**Parks & Recreation...**  
**Build Family Unity**  
 ...The Benefits Are Endless

# Day Camps

## CARNIVAL CAMP

Our goal: To put on a carnival for friends and family at the end of the week. Each day create and play your own carnival games, attractions, and shows. Practice and perfect them until you are ready to open the gates on Friday. Each carnival will be completely original based on ideas and skills of the campers involved.

Edutainment Art, David Herbelin Harbour View Clubhouse  
16600 Saybrook Lane  
2177.300 6yrs to 12yrs 8/19 - 8/23 9:00am-12:00pm M-F \$150

## CHEER CAMP

Learn basic cheers, chants, dance movements, and jumps in this fun cheerleading camp! Students develop rhythm, flexibility, and coordination in this exciting sport. Cheerleading builds teamwork and cooperation. Bring a friend and cheer for summer! Parents are invited to see our skills at our show on the last day of the camp. Pack a lunch and wear dance attire.

Huntington Academy of Dance 16601 Gothard Street, Suite A  
2152.300 7yrs to 12yrs 8/5 - 8/9 10:00am-12:30pm M-F \$110

## COMPUTERS: BEGINNING VIDEO GAME DESIGN

Participants work in pairs to conceive, design and build their own original computer game from scratch. Their game is original to the team - characters, the action, background, music and the format. Participants learn fundamental game elements and build a single platform game. Every team completes a game by the end of the program.

Freshi Films LLC City Gym  
2159.300 7yrs to 12yrs 8/19 - 8/23 1:00pm-4:00pm M-F \$139

## COMPUTERS: DIGITAL 3-D ANIMATION

Today's animators use computers programs to create the world of their cartoons. In this class, participants will learn skills that help with computer drawing, character skeleton and movement, frame layering, and dialogue matching. In small groups of two or three, students will focus more on learning these techniques, than on finishing a complete short film.

Freshi Films LLC City Gym  
2088.300 7yrs to 12yrs 6/24 - 6/28 1:00pm-4:00pm M-F \$139

## COMPUTERS: FILMMAKING FROM THE SCRIPT TO PREMIERE

This class begins with a completed script allowing participants to immediately get into their projects. Small groups of 6 to 8 will create the storyboard for their films and use basic video cameras and editing software to produce the film, integrating simple special effects, sound effects, and musical score. The final class will premiere their movie for friends and family.

Freshi Films LLC City Gym  
2172.300 7yrs to 12yrs 8/26 - 8/30 1:00pm-4:00pm M-F \$139

## COOKING: TOP JUNIOR CHEF CAMP

Our goal: to open a restaurant in one week. Campers will learn food handling skills and hygiene and then learn how to make several delicious and fun dishes. Our restaurant is open at the end of the week for family and friends! (2 guests per student enrolled allowed at the final days meal.) \$15 material fee due at first class.

Edutainment Art, David Herbelin City Gym, Room B  
2089.300 7yrs to 12yrs 8/19 - 8/23 9:00am-12:00pm M-F \$150

## CREATIVE ARTS AND CRAFTS CAMP

Boys and girls, ages 5-12 will be designing and completing several different art creations. Campers are encouraged to use their own imagination and creativity. They will be using all different art mediums; sculpture, painting, print making, distressed art, collage, mosaic and so much more. Each week campers will be campers will be creating different creations. There will be an art show at end of week. \$30 material fee due at first class.

Berg, April Murdy Community Center Hall C&D  
2058.301 5yrs to 12yrs 8/26 - 8/30 9:00am-2:00pm M-F \$125

## CREATURE ANIMATION FLIX

After you film, the creatures you make will look like they're running around the room! No longer are you stuck inside filming animation in just one spot in most adventurous stop-motion animation camp yet. You'll use arts and craft to make your creatures, brainstorm story ideas, create storyboards, film and do your own voice-overs and sound effects in this one of a kind camp. See examples on our website. Sign up for an IncrediFlix morning and an afternoon camp in the same week and receive free lunch supervision and \$18 discount per camp. \$30 material fee due at first class.

IncrediFlix Studios Lake View Clubhouse, 17451 Zeider Lane  
2182.300 7yrs to 13yrs 7/29 - 8/2 1:00pm-4:00pm M-F \$176

## CULINARY KIDS: KIDS IN THE KITCHEN

Culinary Kids Cooking is an appetizing adventure where children between the ages of 5 and 12 will create healthy meals to share with family and friends. All weeks will feature new recipes. Come to one or come to ALL! \$50 material fee due at first class.

CulinaryCooking, Kids LLC Murdy Community Center, Kitchen  
2125.300 5yrs to 12yrs 7/15 - 7/19 1:00pm-4:00pm M-F \$175  
2125.301 5yrs to 12yrs 7/22 - 7/26 1:00pm-4:00pm M-F \$175  
2125.302 5yrs to 12yrs 7/29 - 8/2 1:00pm-4:00pm M-F \$175  
2125.303 5yrs to 12yrs 8/5 - 8/9 1:00pm-4:00pm M-F \$175  
2125.304 5yrs to 12yrs 8/12 - 8/16 1:00pm-4:00pm M-F \$175

## FAIRY TALE BALLET CAMP

Calling all princesses and knights! Join us for a FUN Fairy Tale Ballet Camp! Dancers start the day with a 1 hour ballet lesson followed by story time featuring tales from classical ballets. Dancers will work on a related ballet art project and will rehearse a dance for the performance on the last day. Participants wear leotard, tights, and ballet slippers. Pack a large tee and a snack. \$5 material fee due at first class.

Huntington Academy of Dance 16601 Gothard Street, Suite A  
Little Mermaid

2037.300 4yrs to 7yrs 6/24 - 6/28 10:00am-12:00pm M-F \$99

Rapunzel

2037.301 4yrs to 7yrs 7/8 - 7/12 10:00am-12:00pm M-F \$99

Cinderella

2037.302 4yrs to 7yrs 7/29 - 8/2 10:00am-12:00pm M-F \$99

Princess Jasmine & Friends

2037.303 4yrs to 7yrs 8/5 - 8/9 10:00am-12:00pm M-F \$99

Tinkerbell & Pixie Hollow

2037.304 4yrs to 7yrs 8/19 - 8/23 10:00am-12:00pm M-F \$99

**Parks & Recreation...**  
**Spark Creativity**

...The Benefits Are Endless

Register Online! [www.hbsands.org](http://www.hbsands.org)

# Day Camps

## FILMMAKING FLIX

Are you the next star director? Actor? Writer? Cameraman? Of course you are, and you get to do it all in these live action flix! You'll work in groups to make your vision come true in these movies where you'll act, write, direct, and more. Sign up for an IncrediFlix morning and an afternoon camp in the same week and receive free lunch supervision and \$18 discount per camp. \$30 material fee due at first class.

IncrediFlix Studios Lake View Clubhouse, 17451 Zeider Ln  
2183.300 7yrs to 13yrs 8/19 - 8/23 9:00am-12:00pm M-F \$176

## FORT BUILDING CAMP

You've done it since you were two surrounding yourself with piles of stuffed animals and couch cushions. Now build your forts with tons of friends and have the fun of building, and competing. Each day new forts will be made out of different whacky materials: Some small forts and some large. From card castles to bamboo huts. Teams will compete for best design, best fortified, longest standing and more. Castle vs. castle, fort vs. fort, fun vs. more fun.

Edutainment Art, David Herbelin Harbour View Clubhouse  
16600 Saybrook Ln  
2176.300 6yrs to 12yrs 6/24 - 6/28 9:00am-12:00pm M-F \$150

## GREEN SCREEN ANIMATION FLIX

Take your characters underwater, to a volcano, or even to outer space. In this camp, you have no limits. In age appropriate groups, you'll brainstorm ideas, create your characters, film your movies with green screen backdrop, select your location, and add voice-overs. See our website for example at [www.incrediflix.com](http://www.incrediflix.com). Sign up for an IncrediFlix morning and an afternoon camp in the same week and receive free lunch supervision and \$18 discount per camp. \$30 production fee.

IncrediFlix Studios Lake View Clubhouse, 17451 Zeider Lane  
2180.300 7yrs to 13yrs 7/8 - 7/12 1:00pm-4:00pm M-F \$176

## GYMNASTICS: CHEER-NASTIC CAMP

Our fun, high energy, non-competitive cheer and gymnastics camp welcomes beginning to advanced levels. Skilled coaches teach "Cheer-Tumbling": cartwheels, round-offs, walkovers, rolls, jumps, splits, backbends, handsprings, cheers, and beginning stunting. Get fit and prepared for all sports. Bring a friend for double fun! Includes camp tee plus performance on Friday. Bring labeled lunch, water bottle, sunscreen, tennis shoes for cheer and stunting. \$10 material fee due at first class.

Tumble-N-Kids, Inc Edison Community Center Hall A  
2110.300 5yrs to 12yrs 8/12 - 8/16 10:30am-2:30pm M-F \$166

## HARRY POTTER CAMP

A camp filled with magic, potions, magical recipes, puzzles, crafts and presentations. Live the fantasy of being a wizard for a week. Think you have the magic touch and want to be a Wizard? This is the place to start.

Edutainment Art, David Herbelin City Gym  
2161.300 6yrs to 12yrs 7/8 - 7/12 9:00am-12:00pm M-F \$150

## LEGO CAMP: JEDI ENGINEERING WITH LEGOS

Build X-wings, droids, and palaces inspired by designs made a long time ago in a galaxy far, far away. Create motorized sand crawlers, drone assembly lines, and battlecruisers in this new offering of imaginative and original themed projects.

Play-Well TEK, Timothy Bowen City Gym  
2164.300 5yrs to 6yrs 7/22 - 7/26 9:00am-12:00pm M-F \$180

## LEGO CAMP: JEDI MASTER ENGINEERING WITH LEGOS

The Force is strong in this class. Build machines and structures based on the best designs from any galaxy like X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, settlements, and fortresses. Jedi instructors reinforce key engineering concepts such as gear trains, worm drives, pneumatics, eccentric motion and more as students tap into the forces of imagination and engineering.

Play-Well TEK, Timothy Bowen City Gym  
2165.300 7yrs to 12yrs 7/22 - 7/26 1:00pm-4:00pm M-F \$180

## LEGO CAMP: JUNKYARD ENGINEERING WITH LEGO

Because engineering is always a team effort, this camp teaches students how to work collaboratively to design and build the fastest, strongest, most maneuverable, coolest machines and structures possible to solve real world engineering challenges. Students will build elevators, bulldozers, conveyor belts, and other motorized and alternatively powered contraptions to complete this challenging course.

Play-Well TEK, Timothy Bowen City Gym  
2166.300 7yrs to 12yrs 8/5 - 8/9 1:00pm-4:00pm M-F \$180

## LEGO CAMP: PRE-ENGINEERING WITH LEGO

Have your child become a Play-Well Engineer! Build cities, bridges, motorized cars and planes. With access to over 100,000 pieces of LEGO, students build what they have only dreamed of with the support of an experienced Play-Well Engineering instructor.

Play-Well TEK, Timothy Bowen City Gym  
2020.300 5yrs to 6yrs 8/5 - 8/9 9:00am-12:00pm M-F \$180

## LEGO FLIX

We know you love Legos and you can create incredible worlds. Now it's time to bring those worlds to life in Lego animated flix! Students will create a Lego set with Lego characters for a movie they storyboard, write, shoot, and voice-over in age appropriate groups. Sign up for an IncrediFlix morning and an afternoon camp in the same week and receive free lunch supervision and \$18 discount per camp. \$30 material fee due at first class.

IncrediFlix Studios Lake View Clubhouse, 17451 Zeider Lane  
2129.300 7yrs to 13yrs 7/8 - 7/12 9:00am-12:00pm M-F \$176  
2129.301 7yrs to 13yrs 8/19 - 8/23 1:00pm-4:00pm M-F \$176

## MAD SCIENCE: CRAZY CHEMWORKS

Come and discover what it's like to be a real scientist and work in a Mad Science Lab. Each day we will experiment with different chemicals and tools to see what kind of interesting and crazy reactions we can create! By the end of the week the Jr. Mad Scientist will have their very own chemistry set so they can perform their own experiments at home! \$30.00 material fees due at first class.

Broderick, Jay Lake View Clubhouse, 17451 Zeider Lane  
2006.300 5yrs to 12yrs 8/19 - 8/23 1:30pm-4:30pm M-F \$135\*  
2006.301 5yrs to 12yrs 7/8 - 7/12 9:00am-12:00pm M-F \$135\*

Broderick, Jay City Gym  
2114.300 5yrs to 12yrs 7/1 - 7/3 9:00am-12:00pm M Tu W \$80\*\*  
\*\$20 Material Fee  
\*\*\$30 Material Fee

**Parks & Recreation...**  
**Provide Safe Places to Play**  
...The Benefits Are Endless

# Day Camps

## MAD SCIENCE: LET'S GET GROWING: PRESCHOOL CAMP

Investigate the science of nature with this fun summer camp for the youngest of scientist. Cultivate your interest in life science as you learn about insects, weather, plants and soil. Experience fun hands-on experiments in this week long lab. Parent participation not required. Must be potty trained. \$30 material fee due at first class.

Broderick, Jay Murdy Community Center Entire Building  
 2175.300 3yrs to 5yrs 8/19 - 8/23 9:00am-12:00pm M-F \$135  
 2175.301 3yrs to 5yrs 6/24 - 6/28 1:30pm-4:30pm M-F \$135

## MAD SCIENCE: NASA JR. ASTRONAUTS

Prepare to explore the galaxy! Build your own model rocket, race a balloon rocket, and then see the real thing—a rocket launch up to 300ft in the air. Make and take home your own comet, Shuttle Copter, glow-in-the-dark bead dipper, and much more. Use teamwork to complete an important space mission. This NASA camp is "Out of this World"! \$30 material fee due first day of class.

Broderick, Jay Edison Community Center Picnic Shelter #1  
 2062.300 6.5 yrs to 12yrs 8/19 - 8/23 9:00am-12:00pm M-F \$135

Broderick, Jay City Gym  
 2067.300 5yrs to 12yrs 7/15 - 7/19 9:00am-12:00pm M-F \$135  
 2067.301 5yrs to 12yrs 7/15 - 7/19 1:30pm-4:30pm M-F \$135

Broderick, Jay Murdy Community Center  
 2147.300 5yrs to 12yrs 6/24 - 6/28 9:00am-12:00pm M-F \$135

## MAD SCIENCE: ROBOTS 101

Learn about the uses of robots in our world and spend time experimenting with super cool robots that can sense sound, follow patterns, even play soccer! Discover the science of circuitry and how robots use sensors to explore the things around them. Use your skills to build your very own working robot to take home! \$30 material fee due at first class.

Broderick, Jay Edison Community Center Picnic Shelter #1  
 2060.300 8yrs to 12yrs 8/5 - 8/9 9:00am-12:00pm M-F \$145

Broderick, Jay City Gym  
 2112.300 8yrs to 12yrs 8/26 - 8/30 9:00am-12:00pm M-F \$135

Broderick, Jay Harbour View Clubhouse  
 2148.300 8yrs to 12yrs 7/22 - 7/26 9:00am-12:00pm M-F \$145

## MAD SCIENCE: ROCKIN' ROCKETS

Aerodynamic and Motion are the stars of this fun filled week! Designed and build everything from kites to Rockets! Experiment with different propulsion systems as you use your new knowledge to blast off, track and recover all kinds of flying machinery! Have a rockin' good time at this rocket camp! \$30 material fee due at first class.



Broderick, Jay City Gym  
 2167.300 5yrs to 12yrs 8/12 - 8/16 9:00am-12:00pm M-F \$135

Broderick, Jay Murdy Community Center Entire Building  
 2173.300 5yrs to 12yrs 7/29 - 8/2 9:00am-12:00pm M-F \$135  
 2173.301 5yrs to 12yrs 8/26 - 8/30 9:00am-12:00pm M-F \$135

## MAD SCIENCE: SCIENCE IN MOTION

Discover how things move with science. Take apart owl pellets to see what they can digest. View the world through a camera obscura that you make yourself. Assemble and control pulleys, levers catapults, and mega pinchers. Make your own birdhouse, sidewalk chalk, crystal gardens, and play with Magic Mud! \$30 material fee due at first class.

Broderick, Jay City Gym  
 2063.300 5yrs to 12yrs 7/29 - 8/2 1:30pm-4:30pm M-F \$135

Broderick, Jay Murdy Community Center Entire Building  
 2068.301 5yrs to 12yrs 8/5 - 8/9 1:30pm-4:30pm M-F \$135  
 2068.300 5yrs to 12yrs 8/5 - 8/9 9:00am-12:00pm M-F \$135

## MAD SCIENCE: SCIENCE SLEUTHS

Explore the world of science! Discover space travel as you prepare your "egg-stronaut" for flight and design a crash helmet to protect your "egg-celent" partner. Figure out the tricks of tight rope walkers with CG OWL. Send your friends secret messages using chemical reactions. Discover your scientific passions by exploring life earth and physical science. Material fees due the first day of class.

Broderick, Jay Edison Community Center Picnic Shelter #1  
 2036.300 6.5yrs to 12yrs 7/22 - 7/26 9:00am-12:00pm M-F \$135\*

Broderick, Jay Lake View Clubhouse, 17451 Zeider Ln  
 2174.300 5yrs to 12yrs 7/1 - 7/3 9:00am-12:00pm M Tu W \$80\*\*  
 \*\$20 Material Fee  
 \*\*\$30 Material Fee

## MAGIC CAMP

Popular magic tricks will be broken down to their basic forms. We focus on the presentation and performance of magic turning a magic trick into a magic show. You will have a full kit of magic to take home with you at the end of the week. You'll be able to perform your new skills before family and friends on the last day of camp.

Edutainment Art, David Herbelin Lake View Clubhouse  
 17451 Zeider Lane  
 2185.300 6yrs to 12yrs 7/22 - 7/26 9:00am-12:00pm M-F \$150

## MUSICAL THEATER CAMP

Love to sing and dance? From High School Musical to Glee, everyone loves musical theater! This FUN camp will introduce students to the basics of musical theater dance, acting, and voice instruction. Parents are invited to watch the show on the last day of camp. Pack a lunch and wear dance attire. Join us and SING and DANCE the summer away!

Huntington Academy of Dance 16601 Gothard Street, Suite A  
 2115.300 7yrs to 12yrs 8/12 - 8/16 10:00am-2:00pm M-F \$150

## PHOTOGRAPHY CAMP

An introduction to photography using digital cameras. We will learn about shading, lighting, composition, balance and focus. We will also use our skills in photo scavenger hunts to keep our learning fun and exciting. We will create a variety of picture frames and present an art exhibit at the end of the week. We'll supply the cameras. Just bring a SD card to get your photos instantly, or we'll send you a CD of your photos at the end of summer.

Edutainment Art, David Herbelin Lake View Clubhouse  
 17451 Zeider Ln  
 2144.300 7yrs to 12yrs 7/15 - 7/19 9:00am-12:00am M-F \$150

## Parks & Recreation...

Conquer boredom

...The Benefits Are Endless

Register Online! [www.hbsands.org](http://www.hbsands.org)

# Day Camps

## SAILING: SEA TURTLES

For the young sailor who is not yet ready to sail a sabot on their own, this fun-filled camp focuses on basic water/boating safety, and developing a sense of comfort in and around sailboats. Sea Turtles will have a chance to sail with their instructors in sabots and larger sailboats. No class 7/4.

HB Sailing Foundation		Huntington Harbour Yacht Club			
5352.300	6-7yrs	7/1 - 7/18	9:00am-12:00pm	M-Th	\$375
5352.301	6-7yrs	7/22 - 8/8	9:00am-12:00pm	M-Th	\$375
5352.302	6-7yrs	7/1 - 8/8	9:00am-12:00pm	M-Th	\$600

## SAILING: BEGINNING SABOTS

Sailors will learn the basics of water safety, boat parts, rigging, docking, boat handling, wind direction, and racing. Students will sail solo and should be competent by the end of summer to compete in friendly camp regattas. Must be age 8 or about to enter 3rd grade. Boat rental fee of \$75 for those without their own sabot (\$150 for six week session). No class 7/4.

HB Sailing Foundation		Huntington Harbour Yacht Club			
5353.300	8-16yrs	7/1 - 7/18	9:00am-12:00pm	M-Th	\$375
5353.301	8-16yrs	7/22 - 8/8	9:00am-12:00pm	M-Th	\$375
5353.302	8-16yrs	7/1 - 8/8	9:00am-12:00pm	M-Th	\$650

## SAILING: INTERMEDIATE SABOTS

This course is tailored to honing boat handling skills and racing tactics and techniques. Sailors should be comfortable tacking and following a simple course around buoys. Afternoon winds challenge students to advance their skills and prepare for outside regattas. Prerequisite: one season of beginning sailing. Boat rental fee of \$75 for those without their own sabot (\$150 for six-week session). No class 7/4.

HB Sailing Foundation		Huntington Harbour Yacht Club			
5354.300	8-16yrs	7/1 - 7/18	1:00pm-4:00pm	M-Th	\$375
5354.301	8-16yrs	7/22 - 8/8	1:00pm-4:00pm	M-Th	\$375
5354.302	8-16yrs	7/1 - 8/8	1:00pm-4:00pm	M-Th	\$650

## SAILING: ADVANCED SAILING

Additional skills will be developed including race starts, tactics, rules and sportsmanship. Sailors will have the opportunity to expand their racing skills and knowledge in sabots and apply their skills to larger two-person boats. They will be encouraged to participate in outside regattas. Boat rental fee of \$150 for those without their own sabot. No class 7/4.

HB Sailing Foundation		Huntington Harbour Yacht Club			
5355.300	8-16yrs	7/1 - 7/18	1:00pm-4:00pm	M-Th	\$375
5355.301	8-16yrs	7/22 - 8/8	1:00pm-4:00pm	M-Th	\$375
5355.302	8-16yrs	7/1 - 8/8	1:00pm-4:00pm	M-Th	\$650

## SKATEBOARD AND SCOOTER CAMP

Whether you are just learning or ready to learn advanced tricks, this camp is right for you. Make new friends, advance your skills, and most importantly, have fun in our private skate park. All participants will receive a Skatedogs t-shirt. Requirements: A signed Skatedogs waiver form, a skateboard or scooter, knee pads, elbow pads, and a helmet.

Skatedogs, Adam Cohen		Sports Complex Parking Lot 18100 Goldenwest			
2018.301	6yrs to 13yrs	6/17 - 6/21	3:30pm-6:30pm	M-F	\$164
2018.302	6yrs to 13yrs	7/8 - 7/12	3:30pm-6:30pm	M-F	\$164
2018.303	6yrs to 13yrs	8/12 - 8/16	8:30am-11:30am	M-F	\$164
2018.304	6yrs to 13yrs	8/26 - 8/30	8:30am-11:30am	M-F	\$164

## SAND CASTLE CAMP

Imagine playing in the sand by the ocean with a dozen new friends all helping you build massive castles, humans, mermaids, and other sea creatures all out of sand. Learn the techniques experts use to create these marvelous works of sand art. Bring your sun screen for a summer you'll always remember.

Edutainment Art, David Herbelin		Beach North of Beach Blvd.			
2034.300	6yrs to 12yrs	7/22 - 7/26	8:00am-11:00am	M-F	\$150

## SKATEBOARDING BIRTHDAY PARTY

Celebrate your birthday with your friends by riding ramps and getting skateboarding instruction from an experienced coach in the Skatedogs private skate park. All parties include instruction, free skate, and fun games! Requirements: A signed Skatedogs waiver form, a skateboard or scooter, knee pads, elbow pads, and a helmet. Call Skatedogs at 714-313-8787 for more details.

**\$350 for 1.5 hours including a t-shirt** Sports Complex

## SKYHAWKS: BASKETBALL

This fun, skill-intensive program is designed for beginning to intermediate players. An active week of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff will also focus on respect, teamwork and responsibility. All participants receive a t-shirt, basketball, and player evaluation. The participant-to-coach ratio is approximately 10:1. Participants should bring appropriate clothing, two snacks, a water bottle, gym shoes, and sunscreen.

Skyhawks Sports Academy, Inc		Edison Community Center Basketball Court			
2054.300	6yrs to 12yrs	8/5 - 8/9	9:00am-12:00pm	M-F	\$149
2054.301	6yrs to 12yrs	8/19 - 8/23	9:00am-12:00pm	M-F	\$149

Skyhawks Sports Academy, Inc		City Gym Gymnasium			
2111.300	6yrs to 12yrs	6/24 - 6/28	2:00pm-5:00pm	M-F	\$149
2111.301	10yrs to 14yrs	8/5 - 8/9	2:00pm-5:00pm	M-F	\$149

Skyhawks Sports Academy, Inc		Murdy Community Center Basketball Courts			
2077.300	6yrs to 12yrs	7/15 - 7/19	9:00am-12:00pm	M-F	\$149

## SKYHAWKS: BEGINNING GOLF

Campers will learn the fundamentals of swinging, putting, and body positioning. Using the SNAG (Starting New At Golf) system, we have simplified instruction so that young players can make an effective transition onto the golf course. All equipment will be provided. All participants receive a T-shirt and a merit award. The participants-to-coach ratio is approximately 8:1. Participants should bring appropriate clothing, two snacks, water bottle, running shoes, and sunscreen.

Skyhawks Sports Academy, Inc		Murdy Community Center Tournament Fields			
2078.300	5yrs to 8yrs	7/15 - 7/19	9:00am-12:00pm	M-F	\$149
2078.301	9yrs to 11yrs	8/5 - 8/9	9:00am-12:00pm	M-F	\$149

## SKYHAWKS: FLAG FOOTBALL

Campers learn skills on both sides of the football including the core components of passing, catching, and defense - all in a fun and positive environment. The weekends with the Skyhawks Super Bowl! All participants receive a t-shirt, football, and player evaluation. The participant-to-coach ratio is approximately 12:1. Participants should bring appropriate clothing, two snacks, a water bottle, running shoes, and sunscreen.

Skyhawks Sports Academy, Inc		Edison Community Center Football Field			
2056.300	6yrs to 12yrs	7/22 - 7/26	9:00am-12:00pm	M-F	\$149

Skyhawks Sports Academy, Inc		Murdy Community Center Tournament Fields			
2076.300	6yrs to 12yrs	7/8 - 7/12	9:00am-12:00pm	M-F	\$149
2076.301	6yrs to 12yrs	7/29 - 8/2	9:00am-12:00pm	M-F	\$149

Register Online! [www.hbsands.org](http://www.hbsands.org)

# Day Camps

## SKYHAWKS: INDOOR SOCCER

The #1 camp for learning the fundamentals of the soccer. Using our progression curriculum, campers will gain the technical skills & sport knowledge required for that next step into soccer. Participants receive a t-shirt, soccer ball and evaluation. Participant-to-coach ratio is approximately 14:1. Bring appropriate clothing, two snacks, water bottle, shin guards, and indoor soccer or running shoes.

Skyhawks Sports Academy, Inc City Gym Gymnasium  
2170.300 6yrs to 12yrs 7/29 - 8/2 2:00pm-5:00pm M-F \$149

## SKYHAWKS: TINY HAWK MULTI-SPORT

Designed for children 3 to 4 years of age, this camp introduces the essentials of soccer and t-ball. Through games and activities, campers explore balance, hand/eye coordination, and skill development. Must be toilet trained in order to participate. All participants receive a t-shirt and merit award. The participant-to-coach ratio is approximately 6:1. Participants should bring appropriate clothing, a water bottle, running shoes, and sunscreen.

Skyhawks Sports Academy, Inc Murdy Community Center-Tour. Fields  
2171.300 3yrs to 4yrs 7/22 - 7/26 12:00pm-12:45pm M-F \$59

## SKYHAWKS: MINI-HAWK MULTI-SPORT

This baseball, basketball, and soccer program gives children a fun and positive first step into athletics. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace. All participants receive a t-shirt, ball, and merit award. The participant-to-coach ratio is approximately 8:1. Bring appropriate clothing, two snacks, a water bottle, running shoes and sunscreen.

Skyhawks Sports Academy, Inc Edison Community Center Basketball Court  
2055.300 4yrs to 7yrs 8/5 - 8/9 9:00am-12:00pm M-F \$139

Skyhawks Sports Academy, Inc Murdy Community Center Tournament Fields  
2079.300 4yrs to 7yrs 7/22 - 7/26 9:00am-12:00pm M-F \$139

## SKYHAWKS: MULTI-SPORT

In this multi-sport camp we combine soccer, baseball and basketball into one fun-filled week. Athletes will learn the rules and essential skills of each sport along with vital life lessons such as respect and teamwork. All participants receive a t-shirt, sports ball and player evaluation. The participant-to-coach ratio is approximately 12:1. Participants should bring appropriate clothing, two snacks, a water bottle, running shoes, a baseball glove, and sunscreen.

Skyhawks Sports Academy, Inc Edison Community Center Basketball Court  
2057.300 6yrs to 12yrs 6/17 - 6/21 9:00am-12:00pm M-F \$149

## SKYHAWKS: VOLLEYBALL

The fundamental skills of volleyball are taught through game-speed drills and daily scrimmages that focus on passing, setting, hitting, and serving. This co-ed program is designed for the beginning to intermediate players. Participants receive a t-shirt, volleyball and evaluation. Participant-to-coach ratio is approximately 10:1. Bring appropriate clothing, two snacks, water bottle, gym shoes, and knee pads.

Skyhawks Sports Academy Inc City Gym Gymnasium  
2169.300 7yrs to 12yrs 7/8 - 7/12 2:00pm-5:00pm M-F \$149

## Parks & Recreation...

### Build Friendship

...The Benefits Are Endless

## SOCCER: COAST 2 COAST IRISH SOCCER CAMP

Our qualified and enthusiastic Irish coaches will deliver a unique curriculum that is aligned with State Standards for Physical Activity. Your child will learn soccer techniques and skills in an active engaging environment. Your child will get a Coast 2 Coast soccer jersey, a ball, a wristband and a certificate. Spaces are limited! Sign up today! Please bring water, fruit, lunch, and sunscreen. Cleats and shin pads are recommended.

Coast 2 Coast Murdy Community Center Fields  
2017.300 4yrs to 14yrs 7/8 - 7/12 9:00am-2:00pm M-F \$149  
2017.301 4yrs to 14yrs 7/22 - 7/26 9:00am-2:00pm M-F \$149  
2017.302 4yrs to 14yrs 8/5 - 8/9 9:00am-2:00pm M-F \$149

Coast 2 Coast Edison Community Center Softball Field #1  
2026.300 4yrs to 14yrs 7/29 - 8/2 9:00am-2:00pm M-F \$149  
2026.301 4yrs to 14yrs 8/12 - 8/16 9:00am-2:00pm M-F \$149

## STAR WARS THEME CAMP

It's Jedi Training Time at Camp! Learn to use the force and how to operate a Lightsaber. Campers will build a Jedi Costume, be issued a practice saber, and taught the positive aspects of being a Jedi. Basic stage combat will be taught for safe sparring. Jedi games and competitions will be held to help strengthen the force.

Edutainment Art, David Herbelin Lake View Clubhouse  
17451 Zeider Lane  
2184.300 6yrs to 12yrs 8/5 - 8/9 9:00am-12:00pm M-F \$150

Edutainment Art, David Herbelin City Gym  
2050.300 6yrs to 12yrs 6/24 - 6/28 9:00am-12:00pm M-F \$150

## SUPER STAR DANCE CAMP

Be a STAR at Huntington Academy's Dance Camp! This FUN camp offers instruction in ballet, tap, jazz, and hip hop with high energy instructors and great music. Join other beginners in learning a new skill while experienced dancers refine the basics. Parents are invited to watch your budding star at the show on last day of camp! Pack a lunch and wear dance attire.

Huntington Academy of Dance 16601 Gothard Street, Suite A  
2153.300 7yrs to 12yrs 8/19 - 8/23 10:00am-2:00pm M-F \$150

## SUPERHERO FILMMAKING FLIX

What superhero power do you want? Flying? Invisibility? Super karate skills? Shot in front of a green screen, in this action packed movie camp kids will get to act, write, and direct in their own superhero adventure movie! Sign up for an IncrediFlix morning and an afternoon camp in the same week and receive free lunch supervision and \$18 discount per camp. \$30 material fee due at first class.

IncrediFlix Studios Lake View Clubhouse  
17451 Zeider Lane  
2181.300 7yrs to 13yrs 7/29 - 8/2 9:00am-12:00pm M-F \$176



# Day Camps

## SURF CAMP: HB SURF SCHOOL

The HB Surf School has taught hundreds of kids to surf in Huntington Beach. Our summer camps offer outstanding surfing instruction in a fun and safe environment. We teach all levels and focus on basic skills, paddling, overall riding, and wave selection. Campers also learn about ocean safety and the importance of surfing around the tides. Each student receives a sponsor gift pack and Del Taco lunch is served on Friday. Surfers must be 8 or older and comfortable in the ocean. HB Surf School Camp's professional instructor is Bill Sharp, former competitive surfer and coach of the South African National Surf Team. We provide boards and full suits for the camps. Bring a towel, hat, sweatshirt, sunscreen, water and snacks. No class 7/4.

HB Surf School, Bill S Sharp Beach Service Center  
South Side of Pier

2014.300	8yrs to 16yrs	6/24 - 6/28	8:30am-11:30am	M-F	\$245
2014.301	8yrs to 16yrs	7/1 - 7/5	8:30am-11:30am	M-W, F	\$196
2014.302	8yrs to 16yrs	7/8 - 7/12	8:30am-11:30am	M-F	\$245
2014.303	8yrs to 16yrs	7/15 - 7/19	8:30am-11:30am	M-F	\$245
2014.304	8yrs to 16yrs	7/22 - 7/26	8:30am-11:30am	M-F	\$245
2014.305	8yrs to 16yrs	7/29 - 8/2	8:30am-11:30am	M-F	\$245
2014.306	8yrs to 16yrs	8/5 - 8/9	8:30am-11:30am	M-F	\$245
2014.307	8yrs to 16yrs	8/12 - 8/16	8:30am-11:30am	M-F	\$245
2014.308	8yrs to 16yrs	8/19 - 8/23	8:30am-11:30am	M-F	\$245
2014.309	8yrs to 16yrs	8/26 - 8/30	8:30am-11:30am	M-F	\$245
2014.310	8yrs to 16yrs	9/2 - 9/6	8:30am-11:30am	M-F	\$245

## SURF CAMP: BEACH KIDS

Students will learn to play safely in water, play beach games, body board and even surf! Wetsuits and boards provided during class. Students will wear an identifying rash guard at all times. Water supervision is 1:4 and surf lessons are one-on-one with 1:8 for land supervision. "Aloha Friday" potluck on Fridays family members welcomed. Bring lunch and arrive with sunscreen applied. Camp is held at 9th street and PCH. Parking is NOT included. No class 7/4.

Surf Academy Collective PCH & City Beach at 9th Street

2011.300	5yrs to 8yrs	6/24 - 6/28	9:30am-1:30pm	M-F	\$230
2011.301	5yrs to 8yrs	7/1 - 7/5	9:30am-1:30pm	M-W, F	\$184
2011.302	5yrs to 8yrs	7/8 - 7/12	9:30am-1:30pm	M-F	\$230
2011.303	5yrs to 8yrs	7/15 - 7/19	9:30am-1:30pm	M-F	\$230
2011.304	5yrs to 8yrs	7/22 - 7/26	9:30am-1:30pm	M-F	\$230
2011.305	5yrs to 8yrs	7/29 - 8/2	9:30am-1:30pm	M-F	\$230
2011.306	5yrs to 8yrs	8/5 - 8/9	9:30am-1:30pm	M-F	\$230
2011.307	5yrs to 8yrs	8/12 - 8/16	9:30am-1:30pm	M-F	\$230
2011.308	5yrs to 8yrs	8/19 - 8/23	9:30am-1:30pm	M-F	\$230
2011.309	5yrs to 8yrs	8/26 - 8/30	9:30am-1:30pm	M-F	\$230

## SURF CAMP: SURF ACADEMY

This fun-filled camp teaches safe ocean swim and surf skills. Soft surfboards, bodyboards, wetsuits and identifying rash guards are provided. Instructor ratio is 1:5 during water time, depending on skill level and land ratio 1:10. Daily clinics teach oceanography, board care and selection, HB surf heritage and Aloha Spirit. "Aloha Friday" potluck celebration every Friday is open to family members. Bring lunch and arrive with sunscreen applied. Camp is held at 9th street and PCH. Parking is NOT included. No class 7/4.

Surf Academy Collective PCH & City Beach at 9th Street

2012.300	9yrs to 17yrs	6/24 - 6/28	9:30am-1:30pm	M-F	\$270
2012.301	9yrs to 17yrs	7/1 - 7/5	9:30am-1:30pm	M-W, F	\$216
2012.302	9yrs to 17yrs	7/8 - 7/12	9:30am-1:30pm	M-F	\$270
2012.303	9yrs to 17yrs	7/15 - 7/19	9:30am-1:30pm	M-F	\$270
2012.304	9yrs to 17yrs	7/22 - 7/26	9:30am-1:30pm	M-F	\$270
2012.305	9yrs to 17yrs	7/29 - 8/2	9:30am-1:30pm	M-F	\$270
2012.306	9yrs to 17yrs	8/5 - 8/9	9:30am-1:30pm	M-F	\$270
2012.307	9yrs to 17yrs	8/12 - 8/16	9:30am-1:30pm	M-F	\$270
2012.308	9yrs to 17yrs	8/19 - 8/23	9:30am-1:30pm	M-F	\$270
2012.309	9yrs to 17yrs	8/26 - 8/30	9:30am-1:30pm	M-F	\$270

## TENNIS: COMPETITIVE TEEN CAMP

Designed for teenagers who are playing or are interested in playing high school tennis and/or tournaments. Focus on improving basic strokes and strategy, spins and touch shots, tennis rules, scoring, and etiquette. Match play will be included, awards presented on the last day of each camp. Drinks included. Siblings who attend the same week pay \$110.

Danielson, Brenda L Murdy Community Center  
Tennis Court #1

9172.300	12yrs to 18yrs	7/29 - 8/2	8:30am-12:30pm	M-F	\$125
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## TENNIS: JUNIOR TENNIS CAMP

This program, for beginner to advanced players, includes instruction in basic physical fitness concepts, skill coordination development, all stroke techniques, "Tennis Olympics" and supervised match play in a "tennis clinic" setting. Parents will be invited to a pizza awards presentation on the last day of each camp week. Each student is required to bring one can of new balls and tennis racquet. Drinks will be provided. There are daily awards. One free camp awarded each week for the "Camper of the Week". No class 7/4.

Rich, Ian D Edison High School Tennis Courts

2016.301	6yrs to 16yrs	6/24 - 6/28	8:30am-12:30pm	M-F	\$129
2016.302	6yrs to 16yrs	7/1 - 7/5	8:30am-12:30pm	M-W, F	\$103
2016.303	6yrs to 16yrs	7/8 - 7/12	8:30am-12:30pm	M-F	\$129
2016.304	6yrs to 16yrs	7/15 - 7/19	8:30am-12:30pm	M-F	\$129
2016.305	6yrs to 16yrs	7/22 - 7/26	8:30am-12:30pm	M-F	\$129
2016.306	6yrs to 16yrs	7/29 - 8/2	8:30am-12:30pm	M-F	\$129
2016.307	6yrs to 16yrs	8/5 - 8/9	8:30am-12:30pm	M-F	\$129
2016.308	6yrs to 16yrs	8/12 - 8/16	8:30am-12:30pm	M-F	\$129
2016.309	6yrs to 16yrs	8/19 - 8/23	8:30am-12:30pm	M-F	\$129

## TOP DESSERT CHEF COOKING SHOP

Make different desserts, sweets, and other foods your parents don't want you to have too much of. A few healthier items will be offered, but not many. It's time for sugar and spice. On Friday, have a tasting of all your goodies for family and friends (2 guests per student enrolled allowed for the final day meal). \$15 material fee due at first class.

Edutainment Art, David Herbelin Harbour View Clubhouse  
16600 Saybrook Lane

2145.300	7yrs to 12yrs	8/12 - 8/16	9:00am-12:00pm	M-F	\$150
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## TOP HEALTHY CHEF COOKING CAMP

Sick of the standard hot dogs and chicken nuggets? Have your kids learn how to steam their own veggies, create wholesome pasta, and snack in a way that will make your doctor happy. Kids are encouraged to try new foods and will hopefully leave with healthier habits. On Friday have a tasting of all your healthy eats for family and friends. (2 guests per student enrolled allowed at the final days meal.) \$15 material fee due at first class.

Edutainment Art, David Herbelin Harbour View Clubhouse  
16600 Saybrook Lane

2178.300	7yrs to 12yrs	7/8 - 7/12	9:00am-12:00pm	M-F	\$150
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## TOP JUNIOR CHEF COOKING CAMP

Our goal: to open a restaurant in one week. Campers will learn food handling skills and hygiene and then learn how to make several delicious and fun dishes. Our restaurant is open at the end of the week for family and friends! (2 guests per student enrolled allowing at the final days meal.) \$15 material fee due at first class.

Edutainment Art, David Herbelin Harbour View Clubhouse  
16600 Saybrook Lane

2179.300	7yrs to 12yrs	7/29 - 8/2	9:00am-12:00pm	M-F	\$150
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# Day Camps

## VOLLEYBALL: JUNIOR SPIKERS - BEACH CAMP

Learn skills and have fun! Groups are formed based on age and ability. Beginners learn basics while returning players will be coached for further development. The program includes: training, drills, fun challenges, team competition, t-shirt, and a daily dip in the ocean. A drop off and pick up pass will be issued on the first day. More info: <http://www.ricsvolleyball.com>. A sibling who attends the same week pays \$110. No camp week of July 4<sup>th</sup>.

Win Win Promotions, LLC		City Beach at Beach Blvd			
2013.300	7yrs to 14yrs	6/17 - 6/21	9:00am-12:00pm	M-F	\$140
2013.301	7yrs to 14yrs	6/24 - 6/28	9:00am-12:00pm	M-F	\$140
2013.302	7yrs to 14yrs	7/8 - 7/12	9:00am-12:00pm	M-F	\$140
2013.303	7yrs to 14yrs	7/15 - 7/19	9:00am-12:00pm	M-F	\$140
2013.305	7yrs to 14yrs	7/29 - 8/2	9:00am-12:00pm	M-F	\$140
2013.306	7yrs to 14yrs	8/5 - 8/9	9:00am-12:00pm	M-F	\$140
2013.307	7yrs to 14yrs	8/12 - 8/16	9:00am-12:00pm	M-F	\$140
2013.308	7yrs to 14yrs	8/19 - 8/23	9:00am-12:00pm	M-F	\$140
2013.309	7yrs to 14yrs	8/26 - 8/30	9:00am-12:00pm	M-F	\$140

## YOUNG ARTIST CAMP 2013 CHILDREN'S SUMMER ART CAMPS

Summer Art Camp Program is back at the Huntington Beach Art Center! By popular demand, it is available as a full- and half-day session. Your art camper will learn how to think creatively, develop art skills, and language in a fun and challenging environment. Campers aged 6-12 will be able to select from four exciting themed weeks. Campers spend the week creating works of art and exploring a variety of media based on their camp theme in a dedicated art studio. Our camp is staffed by professional contemporary artists who will make art camp come alive! A health form for each child must be completed by parents/ guardians and turned in the first day of camp session. Included in the camp enrollment fee: one camp tee shirt per child and all art materials. Camp size is limited to 40 children per session.

### YOUNG ARTIST CAMP: WEEK 1 – ON THE BEACH

Discover the beach through an artist's eyes. Be inspired by the underwater world and natural objects found on the beach. Make drawings, mono prints, cyanotypes, plaster casts, sculpt with clay and paint with watercolors, ink and acrylic. Campers will visit the beach as part of the weeks' camp.

Artist Instructors		Art Center Studio			
2090.301	6yrs to 12yrs	6/24 - 6/28	9:00am-5:00pm	M-F	\$195*
2091.301	6yrs to 12yrs	6/24 - 6/28	9:00am-12:30pm	M-F	\$155*
2092.301	6yrs to 12yrs	6/24 - 6/28	1:30pm-5:00pm	M-F	\$155*

\*\$175/\$140 HBAC



### YOUNG ARTIST CAMP: WEEK 2 – CREEPY CREATURES

Create and design your very own creepy creatures. Explore the world of animals and insects through drawing, painting, print and 3D techniques. Campers will make a soft sculpture of their own design and make their own picture book starring their creepy creature. From bookbinding skills to basic sewing, this week is action-packed!

Artist Instructors		Art Center Studio			
2090.302	6yrs to 12yrs	7/8 - 7/12	9:00am-5:00pm	M-F	\$195*
2091.302	6yrs to 12yrs	7/8 - 7/12	9:00am-12:30pm	M-F	\$155*
2092.302	6yrs to 12yrs	7/8 - 7/12	1:30pm-5:00pm	M-F	\$155*

\*\$175/\$140 HBAC

### YOUNG ARTIST CAMP: WEEK 3 – MY HB

Huntington Beach, Surf City USA is the theme of this week and is inspired by the current exhibition co-curated by Paul Frank. Campers will explore the local urban and natural landscape through drawings, paintings, printmaking, collage and more. Campers will create their own Tee shirt designs as well as create a 3D version of HB.

Artist Instructors		Art Center Studio			
2090.303	6yrs to 12yrs	7/15 - 7/19	9:00am-5:00pm	M-F	\$195*
2091.303	6yrs to 12yrs	7/15 - 7/19	9:00am-12:30pm	M-F	\$155*
2092.303	6yrs to 12yrs	7/15 - 7/19	1:30pm-5:00pm	M-F	\$155*

\*\$175/\$140 HBAC

### YOUNG ARTIST CAMP: WEEK 4 - WONDERLANDS

Campers will get to sculpt, draw, paint and more during this fun filled week of exploration. From caves to spider webs, campers will learn how to use different materials to create 2D and 3D projects using paper, yarn, plaster, found objects and more.

Artist Instructors		Art Center Studio			
2090.304	6yrs to 12yrs	7/22 - 7/26	9:00am-5:00pm	M-F	\$195*
2091.304	6yrs to 12yrs	7/22 - 7/26	9:00am-12:30pm	M-F	\$155*
2092.304	6yrs to 12yrs	7/22 - 7/26	1:30pm-5:00pm	M-F	\$155*

\*\$175/\$140 HBAC

Register Online! [www.hbsands.org](http://www.hbsands.org)

## Workshops

### BABYSITTING: SERIOUSLY AWESOME SITTERS

The ultimate babysitter preparation class! You will become certified in Basic First Aid and CPR/AED for adults and children. You'll also learn how to market your services, safely care for children, make healthy snacks, and entertain kids so that you'll be asked back again and again! \$30 material fee due at first class.

Workshops On Wellness		Murdy Community Center Game Room			
3605.300	10yrs to Adult	7/13	10:00am-5:00pm	Sa	\$60
3605.301	10yrs to Adult	8/3	10:00am-5:00pm	Sa	\$60

### COOKING: BARBECUE AND SMOKING

Just in time for the 4th! Gone are the days of just steaks and burgers! Any food you can cook, you can barbecue or smoke. You will learn about marinades and sauces for each food type for optimum flavor and smoking essentials for mouth watering starters, main courses, and side dishes. \$10 material fee due at first class.

Berg, April		Edison Community Center Hall C&D			
3714.300	Adult	6/11	6:15pm-9:15pm	Tu	\$35

### COOKING: CANNING THE HARVEST BOUNTY

You don't need a garden to benefit from this class. The Farmers Market will do. You will learn the techniques of hot and cold baths, freezing and drying. You will be making several jams, jellies, relishes, pickles, fruit butter and different jerkies. \$10 material fee due at first class.

Berg, April		Edison Community Center Hall C&D			
3643.300	Adult	8/6	6:15pm-9:15pm	Tu	\$35

### CPR/AED: WHAT PARENTS AND CAREGIVERS NEED TO KNOW

A dynamic and interactive class that covers what every parent/caregiver needs to know about CPR/First Aid/AED use for infants/children. Parents are encouraged to bring their children, and share their knowledge, while they learn alongside other parents/caregivers. An American Heart Association card will be issued to all who participate. Please bring self-addressed stamped envelope. \$15 material fee due at first class.

Ameduri, Megan		Murdy Community Center Hall C&D			
3711.300	Adult	6/29	9:00am-1:00pm	Sa	\$50
3711.301	Adult	8/12	9:00am-1:00pm	M	\$50



### MUSIC: GUITAR RIGHT NOW

Want to learn guitar but find it difficult to find the time? This course will show you chords, strumming, tablature--with workbook & DVD to practice at home. We'll be strumming simple songs by class end! Bring acoustic guitar, or electric guitar w/small amp. \$24 material fee for book and DVD.

Guitar Insider, Keith J Eliot		Rodgers Senior Center Game Room			
3625.301	Adult	6/26	6:30pm-9:00pm	W	\$40

## Tot Classes

### LITTLE AND WEE FOLK COMBINATION CLASS

We will emphasize having fun while exploring a range of interesting and exciting activities including music, arts, science, story time, and more. Must be 3 years old by 6/25/2013 and potty trained. Snack fee of \$20 payable at first class. Public school holidays will be observed. No class 7/4.

Shurts, Nancy L		Edison Community Center Hall C&D			
6201.300	3yrs to 5yrs	6/25 - 8/22	9:00am-12:00pm	Tu Th	\$225

Shurts, Nancy L		Murdy Community Center Hall C&D			
6202.300	3yrs to 5yrs	6/25 - 8/22	9:00am-12:00pm	Tu Th	\$225

### LITTLE FOLK PRE-K PROGRAM

This class is for children entering kindergarten in the fall of 2013. The program is designed to enhance your child's performance in kindergarten. Writing skills, letter recognition, and reading readiness skills will be emphasized. Must be five years old by 10/1/2013. Snack fee of \$25 payable at first class. Public school holidays will be observed. No class 7/5.

Shurts, Nancy L		Edison Community Center Hall C&D			
6203.300	5yrs to 5yrs	6/24 - 8/23	9:00am-12:00pm	M W F	\$299

Shurts, Nancy L		Murdy Community Center Hall C&D			
6200.300	5yrs to 5yrs	6/24 - 8/21	9:00am-12:00pm	M W	\$225

### ART PLAYGROUND

Are you worn out, running in seven different directions with your kids? Bring them to the SAME class where fun and creativity are key. Each week, kids express their artistic style in our playground of arts and crafts stations. You take home fabulous masterpieces; the mess stays with us! Parent participation. Dress for mess! \$15 materials fee due at first class.

Easel Does It, Tracy Gohl  
Lake Park Clubhouse  
1035 11th Street

6214.301	1yrs 6mnths to 5yrs	6/24 - 8/12	9:00am-9:45am	M	\$80
6214.302	1yrs 6mnths to 5yrs	6/24 - 8/12	10:00am-10:45am	M	\$80
6214.303	1yrs 6mnths to 5yrs	6/25 - 8/13	9:00am-9:45am	Tu	\$80
6214.304	1yrs 6mnths to 5yrs	6/25 - 8/13	10:00am-10:45am	Tu	\$80

Easel Does It, Tracy Gohl		Murdy Community Center Hall A			
6363.300	1yrs 6mnths to 5yrs	6/26 - 8/14	10:15am-11:00am	W	\$80
6363.301	4yrs to 10yrs	6/26 - 8/14	11:15am-12:00pm	W	\$80

### ART: DRAWING FOR LITTLE TOTS

Children ages 4 to 6 learn step-by-step how to create works of art, while developing an awareness of basic shapes, colors, compositions, hand-eye coordination and more. Class is limited to 15 students. Pre-registration is required. Materials Fee \$2 payable to instructor at first class.

Oquist, Courtney L		Art Center Studio			
6205.301	4yrs to 6yrs	7/31 - 8/28	3:00pm-4:00pm	W	\$71*
6205.302	4yrs to 6yrs	7/31 - 8/28	4:00pm-5:00pm	W	\$71*
*\$64.50 HBAC					

### ART: LITTLE TOTS MIXED MEDIA

From drawing to painting to printmaking and sculpture, this mixed-media art class has it all! Designed especially for little artists, students explore a variety of art-making techniques, while engaging in their creativity and imagination. All supplies included. Class size limited to 15. \$15 studio material fee payable to instructor at first class meeting.

Oquist, Courtney L		Art Center Studio			
6379.301	4yrs to 6yrs	8/2 - 8/23	4:00pm-5:30pm	F	\$71*
*\$64.50 HBAC					

# Tot Classes

## ART: M.A.D PRESENTS "WE BE FREE TOTS"

M.A.D created the "We Be Free" curriculum. Your little artist will be encouraged through all development of instruction while engaging in all aspects of "Art". M.A.D provides and opportunity for your child to develop physically, socially, and emotionally through art. \$10 material fee is due at first class. No class 7/4.

M.A.D., Studio HB Murdy Community Center Hall A  
**6377.300** 1yrs 6mths to 2yrs 6/27 - 8/1 10:15am-11:15am Th \$62  
**6377.301** 1yrs 6mths to 2yrs 8/8 - 9/5 10:15am-11:15am Th \$62

## ART: M.A.D PRESENTS: ART IN THE PARK

Young artists will rub elbows with famous artist such as: Monet, Michelangelo, Pollack, Kandinsky and more. Most importantly they will discover and set free the little artist within. Engage in water colors, clay sculptures, murals, painting, texture, pastels, chalk and more. \$10 material fee due at first class.

M.A.D., Studio HB Murdy Community Center Picnic #1  
**6384.300** 3yrs to 5yrs 6/25 - 7/23 10:00am-11:00am Tu \$62  
**6384.301** 3yrs to 5yrs 7/30 - 8/27 10:00am-11:00am Tu \$62

## ART: YOUNG REMBRANDTS PRESCHOOL DRAWING

Jump into creativity and expand your child's horizons with Young Rembrandts. Students learn how to draw and discover their artistic skills. This summer we have exciting adventures in the rain forest and under the sea learning to draw beautiful creatures like toucans, jaguars, seahorses, and even a walrus. Reveal the imaginative world of drawing to your budding artist. Enroll your child today! First class is free!

Young Rembrandts Edison Community Center Hall B  
**6352.300** 3yrs 6mths to 5yrs 7/12 - 8/16 11:00am-11:45am F \$81

## CHINESE: I SPEAK CHINESE

Like learning a native language, children apply words learned to real-life situations and start speaking Chinese immediately. Class incorporates fun and culturally-enriching songs, dances, and rhymes, games, puppet shows, art, and crafts. Language is best acquired by experiencing through it. Parent participant required. \$10 material fee due at first class.

OC 1st Language, Veronica Liu City Gym Room A  
**6337.300** 3yrs to 5yrs 7/9 - 8/13 2:15pm-3:00pm Tu \$88

## CREATIVE LEARNING HOUR

This parent participation class will get your child excited about learning their ABC's and 123's. We will read, write, create, sing and play all while we learn together. We will use circle times and educational themed centers. Stay and learn all year as we will have new themes and activities every 8 weeks. \$5 material fee due at first class.

Diersing, Teri Edison Community Center Hall B  
**6351.300** 3yrs to 5yrs 7/11 - 8/29 11:00am-12:00pm Th \$80

## CREATIVE MOVEMENT: TIPPI TOES PARENT & ME

Tippi Toes Dance Company introduces music, movement, balance and the basic dance steps in a fun and positive manner! Instructors will keep fun & exciting music and curriculum moving along while parents take an active role in encouraging supporting and keeping the little dancer on track. Performance opportunities available throughout the year.

Tippi Toes HB, Alexander Lynn Murdy Community Center Hall B  
**6360.300** 1yrs 6mths to 3yrs 6/25 - 8/27 10:15am-10:45am Tu \$85

## CREATIVE MOVEMENT: TIPPI TOES PRINCESS

With song like "Put'n on my Make-up" & "Pink High Heels" your little dancer is sure to leave class covered in sparkles while she leaps and twirls! The instructor in Princess Character will use dance, imagination and Tippi Toes music to make class a magical experience! Performance opportunities available throughout the year.

Tippi Toes HB, Alexander Lynn Murdy Community Center Hall A  
**6359.300** 2yrs to 3yrs 5mths 6/24 - 8/26 2:55pm-3:30pm M \$95  
**6359.301** 3yrs 5mths to 6yrs 6/24 - 8/26 3:35pm-4:10pm M \$95

Tippi Toes HB, Alexander Lynn City Gym Room A  
**6370.300** 3yrs to 6yrs 6/29 - 8/31 10:05am-10:45am Sa \$95

## CREATIVE MOVEMENT: TIPPI TOES SUPERHERO

It's a bird, it's a plane, it's....your super boy! Reaching for the stars and boogieing to the beat your little man will learn balance, rhythm and the basics of dance in this exciting & high energy class taught by a Tippi Toes Superhero! Performance opportunities available throughout the year.

Tippi Toes HB, Alexander Lynn City Gym Room A  
**6378.300** 2.5yrs to 5yrs 6/29 - 8/31 11:00am-11:35am Sa \$90

Tippi Toes HB, Alexander Lynn Murdy Community Center Hall B  
**6381.300** 2.5yrs to 5yrs 6/25 - 8/27 11:00am-11:35am Tu \$90

## DANCE: BABY'S FIRST DANCE CLASS

Children delight in a sense of movement. Singing and dancing is a marvelous introduction for little ones to acquire confidence and motor skills, as well as strength, knowledge and coordination. Parent participation.

Ludwig, Dawna A Murdy Community Center Hall B  
**6215.300** 1yrs to 3yrs 6 mths 6/28 - 7/26 10:20am-11:00am F \$45  
**6215.301** 1yrs to 3yrs 6mths 8/2 - 8/30 10:20am-11:00am F \$45

## DANCE: BABY BALLERINA AND ME

Parents assist dancers in learning basic ballet positions, movements, short dances and more. Both parents and tiny dancers benefit by improving body awareness, coordination and flexibility. A great start for a budding ballerina and fun for parents, too. \$1 material fee due at first class.

Huntington Academy of Dance Murdy Community Center Hall B  
**6216.300** 2.5yrs to 4yrs 7/8 - 8/12 10:00am-10:45am M \$65

Huntington Academy of Dance Edison Community Center Hall B  
**6217.300** 2.5yrs to 4yrs 7/10 - 8/14 10:30am-11:15am W \$65

Huntington Academy of Dance 16601 Gothard Street, Suite A  
**6218.300** 2.5yrs to 4yrs 7/9 - 8/13 10:00am-10:45am Tu \$65



Register Online! [www.hbsands.org](http://www.hbsands.org)

# Tot Classes

## DANCE: BALLET BUDDIES

Learn ballet the fun way with friends, great music, and an enthusiastic instructor. Learn basic ballet positions, jumps, turns, and short dances using French vocabulary. Leotard, tights, ballet slippers encouraged. Parents are invited to watch the last class of the session. \$1 material fee due at first class.

Huntington Academy of Dance Murdy Community Center Hall B  
**6219.300 3yrs to 5yrs 7/8 - 8/12 9:00am-10:00am M \$65**  
**6219.301 4yrs to 6yrs 7/8 - 8/12 3:00pm-4:00pm M \$65**

Huntington Academy of Dance Edison Community Center Hall B  
**6220.300 3yrs to 5yrs 7/10 - 8/14 9:30am-10:30am W \$65**  
**6220.301 4yrs to 6yrs 7/10 - 8/14 3:30pm-4:30pm W \$65**  
**6220.302 3yrs to 5yrs 7/13 - 8/17 9:00am-10:00am Sa \$65**

Huntington Academy of Dance City Gym Room A  
**6221.300 3yrs to 5yrs 7/11 - 8/15 3:00pm-4:00pm Th \$65**

Huntington Academy of Dance 16601 Gothard Street, Suite A  
**6222.300 3yrs to 5yrs 7/9 - 8/13 11:00am-12:00pm Tu \$65**

## DANCE: FAMILY NIGHT HIP HOP

Parents how would you like to spend quality time with your children and have a good laugh too? Join certified dance instructor Charletta Fry, where the coolest music is played to the latest Hip-Hop moves. Children will develop performing and social skills while having fun! Bring the whole family. Infants welcome. One class off, TBA.

Fry, Charletta R City Gym Room A  
**6316.300 6mths to 7yrs 6/25 - 8/13 5:00pm-5:45pm Tu \$100**

## DANCE: TINY TUTU TOTS

Dance develops body awareness, coordination, and rhythm in young tots as they move and groove to the music. Parents will enjoy helping baby improve gross motor skills, plus it's so much fun to watch baby dance! Dance attire encouraged for tots. Parent participation required. \$1 material fee due at first class.

Huntington Academy of Dance Edison Community Center Hall B  
**6336.300 1yrs 6mths to 2yrs 6mths 7/10 - 8/14 9:00am-9:30am W \$45**

Huntington Academy of Dance 16601 Gothard St, Suite A  
**6355.300 1yrs 6mths to 2yrs 6mths 7/9 - 8/13 9:30am-10:00am Tu \$45**

## DANCE: TOTS HULA

Aloha! Fundamentals of Hawaiian Hula and Tahitian dance for your little ones. Great for fine-tuning motor skills, building self-esteem and showmanship. Have fun dancing to the rhythms of the islands! The class will end with a show and luau for family and friends.

Seanoa, Melody A Art Center Multipurpose  
**6227.301 4yrs to 6yrs 6/18 - 7/16 4:00pm-4:45pm Tu \$56**  
**6227.302 4yrs to 6yrs 7/23 - 8/27 4:00pm-4:45pm Tu \$66**

\*\$51/ \$60 HBAC

## DANCE: TINY TOTS HULA

Aloha! Fundamentals of Hawaiian Hula and Tahitian dance for your little ones. Great for fine-tuning motor skills, building self-esteem and showmanship. Have fun dancing to the rhythms of the islands! The class will end with a show and luau for family and friends.

Seanoa, Melody A Art Center Multipurpose  
**5220.301 2yrs to 4yrs 6/18 - 7/16 3:00pm-3:30pm Tu \$62\***  
**5220.302 2yrs to 4yrs 7/23 - 8/27 3:00pm-3:30pm Tu \$72\***

\*\$56.40/ \$65.40 HBAC

## GYMNASTICS: KARTWHEEL-N-KIDS

Girls & boys, kick-up your heels & learn to cartwheel! Gymnastic skills include: cartwheels, rolls, handstands, bridge/backbend, beams, handspring barrel, trampoline and more. We focus on beginning tumbling skills while incorporating music, obstacle courses & fun. Progressive skill level instruction promotes success and confidence. \$2 material fee due at first class. Non-parent participation.

Tumble-N-Kids, Inc Edison Community Center Hall A  
**6233.300 4yrs to 6yrs 6/26 - 7/24 2:00pm-3:00pm W \$56**

## GYMNASTICS: TEENY TUMBLE-N-YOGA

Join this fun and active class combining baby-friendly yoga poses and age-appropriate tumbling skills! This parent-participation class provides social interaction and helps baby "yoginis" build important motor skills, hand/eye-foot/eye coordination and balance as they climb, jump, roll, slide, explore tunnels, balls and enjoy safe, creative FUN and MUSIC! \$2 materials fee due at first class meeting.

Tumble-N-Kids, Inc Murdy Community Center Hall A  
**6333.300 9mths to 1yrs 5mths 6/25 - 7/23 10:30am-11:15am Tu \$46**

## GYMNASTICS: TINY TUMBLE-N-YOGA

Don't "Om" alone! A double dose of fun, this active class combines kid-friendly yoga poses with age-appropriate tumbling skills! Get strong and fit learning Gymnastics (rolls, beams, trampoline, "Big Cheese" mat & more), improve balance, flexibility and concentration with Yoga as you both improve body-awareness and confidence. Parent participation, yoga mats provided. \$2 material fee is payable first class. \* 4yrs-6yrs age group is a non-parent participation class.

Tumble-N-Kids, Inc Murdy Community Center Hall A  
**6353.300 1yrs 6mths to 3yrs 6/25 - 7/23 11:15am-12:15pm Tu \$56**  
**\*6353.301 4yrs to 6yrs 6/25 - 7/23 12:30pm-1:30pm Tu \$56**

## GYMNASTICS: TEENY TUMBLERS

"Teeny Tumblers" will develop important motor skills and confidence as they tumble, roll, balance, bounce, sing, sit and crawl in this fun, active class! Together we'll enjoy safe, creative fun and music! \$2 materials fee due first class. Parent participation. No class 7/5-6.

Tumble-N-Kids, Inc City Gym Room B  
**6241.300 8mths to 1yrs 5mths 6/28 - 7/26 9:00am-9:45am F \$38**

Tumble-N-Kids, Inc Murdy Community Center Hall A  
**6242.300 8mths to 1yrs 4mths 6/29 - 7/27 9:30am-10:15am Sa \$38**

## GYMNASTICS: TINY TUMBLE-N-DANCE

Combining two great skills, Gymnastics and Dance, your little one will improve rhythm, balance and coordination through music, creative movement and age-appropriate tumbling. Together, we'll sing, dance and tumble in a fun, safe environment - "Ta-Da!" Parents participant in the FUN! \$2 material fee due at first class. No class 7/5.

Tumble-N-Kids, Inc City Gym Room B  
**6247.300 1yrs 4mths to 3yrs 6/28 - 7/26 10:00am-11:00am F \$46**

## GYMNASTICS: TINY TWISTERS

Enjoy Saturday mornings with your "Tiny Twister." Learning age appropriate tumbling is great fun! Your little one improves important motor skills, strength, confidence and coordination. Together, we'll tumble-roll-balance-bounce-sing-sit-crawl-jump and enjoy safe, creative fun and music. "Let the good times ROLL" \$2 material fee due first class. No class 7/6.

Tumble-N-Kids, Inc Edison Community Center Hall A  
**6328.300 10mths to 2yrs 6/29 - 7/27 10:00am-10:45am Sa \$38**

# Tot Classes

## GYMNASTICS: TOOTSIE ROLLERS

This class is jam-packed with music, movement and Tumble-N-Fun! Together, we'll tumble, roll, balance, bounce, sing, hop, jump, and enjoy safe, creative fun and music! Obstacle courses, beams, trampoline, and "Big Cheese" keep it roll'n! Gymnastic skills are a great foundation for all sports! Parent participation. \$2 material fee due at first class. No class 7/4 and 7/6.

Tumble-N-Kids, Inc Murdy Community Center Hall B  
**6238.300** 1yrs 6mths to 3yrs 6/27 - 7/25 10:00am-11:00am Th \$46  
**6238.301** 1yrs 6mths to 3yrs 6/29 - 7/27 10:15am-11:15am Sa \$46

Tumble-N-Kids, Inc Edison Community Center Hall A  
**6239.300** 1yrs 6mths to 3yrs 6/26 - 7/24 10:30am-11:30am W \$56

## GYMNASTICS: TUMBLE BUGS

Together, we'll tumble, roll, balance, bounce, sing, hop, jump and enjoy safe, creative tumble-fun & music. Obstacle courses, balance beams, trampoline, "big cheese," tunnels, animal walks, circle time, learning gymnastic positions, keep it roll'n. Parent participation required. \$2 material fee due at first class. No class 7/6.

Tumble-N-Kids, Inc Edison Community Center Hall A  
**6315.300** 2yrs to 4yrs 6/29 - 7/27 10:45am-11:45am Sa \$46

## GYMNASTICS: TUMBLE STARS

Boys and girls safely learn fun and age-appropriate Gymnastics/Tumbling skills. Students gain strength, coordination, flexibility, balance, and self-confidence. Obstacle courses, balance beams, trampoline and handspring barrel keep the fun roll'n. Students learn to follow directions - a great class to prepare for school. Parent participation. \$2 material fee due at first class. No class 7/4 and 7/6.

Tumble-N-Kids, Inc Murdy Community Center Hall B  
**6295.300** 2yrs 6mths to 4yrs 6/27 - 7/25 11:00am-12:00pm Th \$46  
**6295.301** 2yrs 6mths to 4yrs 6/29 - 7/27 11:15am-12:15pm Sa \$46

Tumble-N-Kids, Inc Edison Community Center Hall A  
**6298.300** 2yrs 6mths to 4yrs 6/26 - 7/24 11:30am-12:30pm W \$56

## GYMNASTICS: TUMBLE-N-CHEER

Students learn GYMNASTICS & high energy CHEER skills - great for beginners! An experienced coach teaches with enthusiasm and positive reinforcement, creating a comfortable, non-competitive atmosphere. Learn easy cheers, age-appropriate tumbling: beginning cartwheels, rolls, jumps, & balance beam. These skills improve balance, flexibility, coordination, agility & prepare children for ALL SPORTS. \$2 material fee due at first class. No class 7/5.

Tumble-N-Kids, Inc City Gym Room B  
**6354.300** 3yrs to 5yrs 6/28 - 7/26 2:00pm-3:00pm F \$46

## GYMNASTICS: TUMBLE-N-DANCE

Boys and girls will improve rhythm, strength, body control, balance and coordination through music, creative movement and gymnastic skills. Gymnastics/Dance is great foundation for all sports! Have FUN and find your GROOVE! \$2 material fee due at first class. No class 7/5.

Tumble-N-Kids, Inc City Gym Room B  
**6248.300** 3yrs 6mths to 5yrs 6/28 - 7/26 11:00am-12:00pm F \$46

## GYMNASTICS: TUMBLE-N-FREESTYLE! NEW

Release your child's inner "Tumbler"! Supervised by Tumble-N-Kids instructor, we offer a great opportunity to safely explore gymnastics in a fun, "freestyle" environment. Gymnastic equipment includes: balance beams, trampoline, incline wedge, cartwheel mat, handspring barrel. "Mr. Wobbles", obstacle courses, plus fun music. Come socialize plus exercise! Some parent participation required. \$2 material fee due at first class. No class 7/5.

Tumble-N-Kids, Inc City Gym Room B  
**6338.300** 2yrs to 4yrs 6/28 - 7/26 12:15pm-1:00pm F \$38

## INFANT TODDLER PLAY AND LEARN

A special time for parent and baby/toddler, which includes creative play and learning centers, music time, bubbles, and parachute play. Parenting tips, family outing ideas, and tips on selecting toys and educational materials shared. Field trip to visit animals included each session. \$5 material fee due at first class.

Rico, Beverly G Murdy Community Center Hall B  
**6251.300** 8mths to 2yrs 6/26 - 8/14 9:00am-10:00am W \$64

Rico, Beverly G Edison Community Center Hall B  
**6252.300** 8mths to 2yrs 6/28 - 8/16 9:30am-10:30am F \$64

## KARATE: TRADITIONAL JAPANESE KARATE-DO BEGINNING

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Classes are ongoing and progressive. Uniforms and equipment are available for purchase from instructor. No class 7/4. Make up class on Friday.

Wadoryu USA, Nishimura Shoji Edison Community Center Hall A  
**6253.300** 5yrs to 7yrs 6/27 - 8/29 5:00pm-5:45pm Th \$90

**6253.301** 5yrs to 7yrs 6/28 - 8/30 5:00pm-5:45pm F \$90

**6253.302** 5yrs to 7yrs 6/27 - 8/30 5:00pm-5:45pm Th F \$110

## KARATE: TRADITIONAL JAPANESE KARATE-DO NOVICE

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Classes are ongoing and progressive. Uniforms and equipment are available for purchase from instructor. Orange, yellow, blue belts only. No class 7/4. Make up class on Friday.

Wadoryu USA, Nishimura Shoji Edison Community Center Hall A  
**6279.300** 5yrs to 7yrs 6/27 - 8/29 5:45pm-6:30pm Th \$90

**6279.301** 5yrs to 7yrs 6/28 - 8/30 5:45pm-6:30pm F \$90

**6279.302** 5yrs to 7yrs 6/27 - 8/30 5:45pm-6:30pm Th F \$110

## KARATE: TRADITIONAL KARATE-DO INTERMEDIATE/ADV.

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Classes are ongoing and progressive. Uniforms and equipment are available for purchase from instructor. Blue/St, Green/St, Purple, Purple/St, Red, Red St belts only. No class 7/4. Make up class on Friday.

Wadoryu USA, Nishimura Shoji Edison Community Center Hall A  
**6278.300** 5yrs to 7yrs 6/27 - 8/29 5:45pm-6:45pm Th \$100

**6278.301** 5yrs to 7yrs 6/28 - 8/30 5:45pm-6:45pm F \$100

**6278.302** 5yrs to 7yrs 6/27 - 8/30 5:45pm-6:45pm Th F \$120



# Tot Classes

## MUSIC: WIGGLE, GIGGLE MUSIC TIME

It's time to let loose. Singing, dancing and playing musical instruments as we "get our wiggles out" in this fun and active class. Balance and coordination will be developed as we groove to the tunes. \$3 material fee due at first class. Parent participation required. No class 7/4.

Hill, Patricia Y Murdy Community Center Game Room  
**6364.300 1yrs 6mths to 3yrs 6mths 6/27 - 8/22 10:30am-11:15am Th \$70**

Hill, Patricia Y City Gym Room B  
**6383.300 1yrs 4mths to 3yrs 5mths 6/25 - 8/13 9:30am-10:15am Tu \$70**

## PARENT AND ME SUNSHINE BABIES AND TOTS FUN CLUB OF HB

Have fun singing, dancing, marching and playing to upbeat music using bright colored props, and introduce your child to the wonderful world of song combined with dance. Fun activities include parachute games, bubbles, balls, tunnels, marching parade using rhythm instruments, and more. Parent participation is required. No class 7/4.

Merdjanian, Iskui Murdy Community Center Hall B  
**6256.300 10mths to 3yrs 6/25 - 7/30 9:15am-10:00am Tu \$59**  
**6256.301 10mths to 3yrs 6/26 - 7/31 5:30pm-6:15pm W \$59**

Merdjanian, Iskui Edison Community Center Hall B  
**6257.300 10mths to 3yrs 6/27 - 8/1 9:15am-10:00am Th \$49**

## PARENT AND ME TOT HOUR

Parent participation class including creative play and learning centers; bubbles and parachute time; craft activity with Playdough, paints, collages; plus songs and dancing. Trip to visit farm animals. Provides opportunities in play and learning activities helpful for future preschool experiences. \$5 material fee due at first class.

Rico, Beverly G Murdy Community Center Hall B  
**6258.300 2yrs to 3yrs 6mths 6/26 - 8/14 10:00am-11:00am W \$64**

## PERFORMING ARTS: SUNSHINE GENERATION

Make new friends while building useful lifetime skills! Gain confidence for public performing with NO pressure. Kids focus on singing, dancing, and public speaking with showmanship. Optional community performances after the end of the session. \$30 for Sunshine t-shirt, CD, and worksheets. Parents are asked not to stay during rehearsals. No class 7/4.

Merdjanian, Iskui Edison Community Center Hall B  
**6261.300 3yrs to 6yrs 6/27 - 8/1 4:30pm-6:30pm Th \$89**

## PLAYBALL

Playball is a coed progressive sports program developed 25 years ago by occupational therapists, sports psychologists and school teachers. Children learn basic skills for tennis, baseball, hockey, basketball and soccer. Playball is taught in a positive, non-intimidating and non-competitive environment where results are achieved while having fun. Parent participation required for the 2-3 yrs class. No class 7/4

OC Playball Inc, Nancy Blake Edison Community Center Game Center

**6263.300 2yrs to 3yrs 6/27 - 9/5 9:00am-9:45am Th \$100**  
**6263.301 3yrs to 4yrs 6/27 - 9/5 10:00am-10:45am Th \$100**

OC Playball Inc, Nancy Blake City Gym Room A

**6264.300 2yrs to 3yrs 6/24 - 8/26 9:00am-9:45am M \$100**  
**6264.301 3yrs to 4yrs 6/24 - 8/26 10:15am-11:00am M \$100**  
**6264.302 4yrs to 5yrs 6/24 - 8/26 3:15pm-4:00pm M \$100**

OC Playball Inc, Nancy Blake Murdy Community Center Game Center

**6265.300 2yrs to 3yrs 6/25 - 8/27 9:00am-9:45am Tu \$100**  
**6265.301 3yrs to 4yrs 6/25 - 8/27 10:00am-10:45am Tu \$100**  
**6265.302 2yrs to 3yrs 6/26 - 8/28 9:00am-9:45am W \$100**

## PRESCHOOL PLAY AND PRACTICE

Imagine learning activities, award-winning children's literature, arts and crafts, songs, and many more fresh new ideas for your child. Each class is based on a different theme and includes cutting, pasting, painting, coloring, and more importantly, interacting with other children. The words creative and fun best describe this class. \$5 material fee due at first class.

Ludwig, Dawna A Murdy Community Center Hall B  
**6266.300 1yrs to 3yrs 6mths 6/28 - 7/26 9:30am-10:10am F \$45**  
**6266.301 1yrs to 3yrs 6mths 8/2 - 8/30 9:30am-10:10am F \$45**

## RHYTHM BABIES

This class is an easy and fun way to introduce your child to age appropriate musical instruments. They will delight to the sounds while developing their balance and coordination skills. This is a parent participation class. \$2 material fee due at first class. No class 7/4.

Hill, Patricia Y Murdy Community Center Game Room  
**6339.300 6mths to 1yrs 6mths 6/27 - 8/22 9:30am-10:15am Th \$70**

Hill, Patricia Y Edison Community Center Hall B  
**6382.300 6mths to 1yrs 3mths 6/24 - 8/12 9:15am-10:00am M \$70**

## RHYTHM, RHYME AND FUN

Rhyming games, musical instruments, and a colorful costume parade are just some of the fun things that your child will take part in as they learn to socialize in a positive and cheerful environment. This is a parent participation class. \$3 material fee due at first class.

Hill, Patricia Y Edison Community Center Hall B  
**6269.300 1yrs 3mths to 3yrs 6/24 - 8/12 10:15am-11:15am M \$86**  
**6269.301 3yrs to 5yrs 6/24 - 8/12 11:30am-12:30pm M \$86**

Hill, Patricia Y City Gym Room B  
**6271.300 1yrs 3mths to 3yrs 6/25 - 8/13 10:30am-11:30am Tu \$86**

## SKATING: ICE SKATING FOR TOTS

Join the fun at Westminster ICE! Beginning ice skating made fun and easy. Learn to march, glide, fall down and get up properly. Includes skate rental, 30-minute lesson, free practice on day of class, (3:00-5:00pm for Wednesday class and 12:00-2:00pm for Saturday), and three additional skating passes to be used during the 4-week session.

Westminster Ice 13071 Springdale, Westminster  
**6293.300 3yrs to 5yrs 7/31 - 8/21 5:40pm-6:10pm W \$37**  
**6293.301 3yrs to 5yrs 8/03 - 8/24 10:15am-10:45am Sa \$37**

## SKATING: PARENT AND ME ICE SKATING

What a great opportunity to bond with your child as you both learn to skate in a fun and relaxed atmosphere. One parent and one child per class. Includes skate rental, 30-minute lesson, free practice on day of class (3:10-4:40pm for Tuesday class and 12:00-2:00pm for Saturday class) and three additional skating passes to be used during the 4-week session.

Westminster Ice 13071 Springdale, Westminster  
**6292.300 3yrs to 5yrs 11mths 7/30 - 8/20 4:10pm-4:40pm Tu \$37**  
**6292.301 3yrs to 5yrs 11mths 8/03 - 8/24 11:15am-11:45am Sa \$37**

## SKATING: OC MINI ROLLERS

This roller skating class is designed for the young, first time skater. Students will learn the basics of roller skating, while building confidence and enjoying the outdoors. Parent participation is encouraged. Skaters to wear roller skates or inlines, protective gear - helmet, knee/elbow pads, and wrist guards.

Parra, Elena Edison Community Center Patio  
**6274.300 2yrs to 5yrs 7/13 - 8/10 9:00am-9:45am Sa \$45**

## Tot Classes

### SPANISH FOR FUN AND FOREVER

The class is packed with visuals, songs rhymes, movement activities and games. Each child receives color visuals for mastery of the current vocabulary. Parent/child participation. \$5 material fee due at first class. No class 7/4.

Blades, Murnez City Gym Room A  
6313.300 3yrs to 5yrs 6/27 - 8/15 10:30am-11:15am Th \$80

### TIPPI TOES MUSIC & MOVEMENT: PARENT & ME

Tippi Toes Dance Company introduces music, movement, balance and the basic dance steps in a fun and positive manner! Instructors will keep fun & exciting music and curriculum moving along while parents take an active role in encouraging, supporting and keeping the little dancer on track. Performance opportunities available throughout the year.

Tippi Toes HB, Alexander Lynn City Gym Room A  
6371.300 1yrs 6mths to 3yrs 6/29 - 8/31 9:30am-9:55am Sa \$85

## Youth Classes

### ART: ART EXPLORATIONS CAMP

This ART Camp is filled with creative and fun projects. Explore a variety of media such as acrylics on canvas, watercolors, pastels, clay sculpture and more! We will enjoy Summer time thru art as we draw and paint landscapes, still life, animals and other themes. Clay projects will be glazed and fired. All art supplies and aprons will be provided.

Henry, Lucia Art Center Studio  
5333.302 6yrs to 12yrs 8/5 - 8/9 10:00am-12:00pm M-F \$95\*  
\*\$86 HBAC

### ART: CERAMIC CREATIONS CAMP

Have a blast learning how to turn clay into wonderful creatures and other fun projects. We will hand build the pieces as we learn techniques such as coiling, scoring, slab construction, pinch pots and more. We will decorate the projects with under glazes (special paint for wet clay). Different projects each day. All pieces will be glazed and fired. Aprons will be provided. \$20 material fee due at first class.

Henry, Lucia Art Center Studio  
5358.302 6yrs to 12yrs 8/26 - 8/30 10:00am-12:00pm M-F \$105\*  
\*\$89 HBAC

### ART: CERAMIC CREATIONS

Have a blast learning how to turn clay into wonderful creatures and other fun projects. We will hand build the pieces as we learn techniques such as coiling, scoring, slab construction, pinch pots and more. We will decorate the projects with under glazes (special paint for wet clay). Different projects each week. All pieces will be glazed and fired. Aprons will be provided. \$20 material fee due at first class.

Henry, Lucia Art Center Studio  
5358.301 6yrs to 12yrs 8/1 - 8/29 3:30pm-4:45pm Th \$85\*  
\*\$77.10 HBAC

### ART: DRAWING FUNDAMENTALS

Students will learn the fundamentals of drawing, such as contour, shading, perspective, portraiture and composition, to make works of art that express both observation and imagination. We will use a mix of media including pencil, India ink, charcoal and watercolor. All levels welcome. Materials list. Materials fee of \$5 due at first class.

Oquist, Courtney L Art Center Studio  
4818.301 7yrs to 12yrs 8/1 - 8/29 5:15pm-6:30pm Th \$73\*  
\*\$66.30 HBAC

## Youth Classes

### ART: INTRO TO PAINTING FOR KIDS

Exploring various painting and printmaking techniques, students will use a variety of wet media, including inks, watercolor, tempera and acrylic to make works of art that build paint-handling techniques while exploring creativity, aesthetics and personal expression. All supplies included. Materials fee \$15 payable to instructor at first class.

Oquist, Courtney L Art Center Multipurpose  
5329.301 7yrs to 12yrs 8/1 - 8/29 3:15pm-4:30pm Th \$76\*  
\*\$69 HBAC

### ART: M.A.D PRESENTS: ART IN THE PARK

Young artist will rub elbows with famous artist such as: Monet, Michelangelo, Pollack, Kandinsky and more. Most importantly they will discover and set free the little artist within. Engaging in water colors, clay sculptures, murals, painting, texture, pastels, chalk and more. \$10 material fee due at first class. No class 7/4.

M.A.D., Studio HB Murdy Community Center Picnic #1  
6362.300 6yrs to 10yrs 6/27 - 8/1 3:30pm-4:30pm Th \$62  
6362.301 6yrs to 10yrs 8/8 - 9/5 3:30pm-4:30pm Th \$62

### ART: M.A.D PRESENTS: CONNECTING WORLDS THRU PAINT

The art class is geared for children with Autism and special needs. We Be Free curriculum teaches children about famous artists, technique and medium. We give them the freedom to create their own masterpieces and their art a voice. We guide and encourage through all development. No class 7/4.

M.A.D., Studio HB Murdy Community Center Hall A  
5357.300 6yrs to 12yrs 6/27 - 8/1 3:30pm-4:30pm Th \$62  
5357.301 6yrs to 12yrs 8/8 - 9/5 3:30pm-4:30pm Th \$62

### ART: PLAYGROUND

Children/siblings can explore their own artistic abilities in our free-flowing playground of art stations. Create masterpieces including wood crafts, canvas, paper projects and our exciting "Buried Treasure." Parent participation required for 4 and 5 year olds. Wear painting clothes. \$15 material fee due at first class.

Easel Does It, Tracy Gohl Lake Park Clubhouse, 1035 11th Street  
5207.301 4yrs to 10yrs 6/24 - 8/12 11:00am-11:45am M \$80  
5207.302 4yrs to 10yrs 6/25 - 8/13 11:00am-11:45am Tu \$80

### CHEERLEADING

GO! CHEER! GO! Learn basic cheers, chants, dance movements, and jumps in this fun cheerleading class! Students develop rhythm, flexibility and coordination in this exciting sport. Cheerleading builds teamwork and cooperation. Bring a friend and learn to cheer! Parents are invited to watch the last class of the session. \$1 material fee due at first class.

Huntington Academy of Dance Murdy Community Center  
Game Room  
5336.300 7yrs to 12yrs 7/8 - 8/12 5:30pm-6:30pm M \$65

### CHINESE: I SPEAK CHINESE TOO

Class is for those continuing with the series. Students will learn to speak better Chinese through new stories, songs, rhymes, and games while incorporating previous materials. The spiral-up approach helps language retention. Class empowers students with knowledge and confidence to explore Chinese language and culture. \$10 material fee due at first class (sibling discount \$5 applied on second child).

OC 1st Language, Veronica Liu City Gym Room B  
5345.300 6yrs to 12yrs 7/9 - 8/13 3:15pm-4:30pm Tu \$88

# Youth Classes

## DANCE: BALLET

Challenge your child to develop rhythm, strength and coordination the fun way! In ballet class, boys and girls learn ballet positions, jumps, turns, and dances using French vocabulary. Ballet attire required. \$1 material fee due at first class.

Huntington Academy of Dance Murdy Community Center Hall B  
5212.300 6yrs to 8yrs 7/8 - 8/12 4:00pm-5:00pm M \$65

Huntington Academy of Dance Edison Community Center Hall B  
5213.300 5yrs to 7yrs 7/13 - 8/17 10:00am-11:00am Sa \$65

Huntington Academy of Dance City Gym Room A  
5214.300 5yrs to 7yrs 7/11 - 8/15 4:00pm-5:00pm Th \$65

Huntington Academy of Dance 16601 Gothard Street, Suite A  
5316.300 8yrs to 12yrs 7/10 - 8/14 6:30pm-7:30pm W \$65

## DANCE: CONTEMPORARY

Love the moves on So You Think You Can Dance? Contemporary dance style incorporates movements of ballet, jazz, and modern with great music and personal expression. Learn the basic of contemporary, stretches, leaps and turns in the FUN class! Dance attire required.

Huntington Academy of Dance 16601 Gothard Street, Suite A  
5340.300 12yrs to 16yrs 7/11 - 8/15 6:30pm-7:30pm Th \$105

## DANCE: FAMILY COUNTRY LINE

Country Line Dance together as a family. Parents need to register, also. Have fun & dance easy, popular line dances to popular country music. Taught slowly so all kids will be able to dance. \$2 material fee due it first class. No class 7/4.

Fox, Kaylaa Murdy Community Center Hall C/D  
4620.300 8yrs to Adult 6/27 - 7/25 5:15pm-6:00pm Th \$24  
4620.301 8yrs to Adult 8/1 - 8/22 5:15pm-6:00pm Th \$24

## DANCE: HIP HOP

Hip Hop Hurray! Ho! Boys and girls will get their groove on hip hoppin' to high energy music with funky dance moves! Hip hop introduces students to the rhythmic urban style of popping, locking, and gliding. Parents delight in our family friendly music and movements while kids have a blast and bust-a-move! Bring a friend and try your first class for free! \$1 material fee due at first class.

Huntington Academy of Dance Edison Community Center Game Room  
5351.300 7yrs to 12yrs 7/10 - 8/14 4:35pm-5:35pm W \$65

Huntington Academy of Dance City Gym Room A  
5374.300 5yrs to 7yrs 7/8 - 8/12 4:15pm-5:15pm M \$65  
5374.301 7yrs to 12yrs 7/8 - 8/12 5:15pm-6:15pm M \$65

## DANCE: POLYNESIAN YOUTH

Get moving to the rhythms of the South Pacific Islands! From Hawaiian Hula to Tahitian Ori, your child will build confidence and showmanship. Class ends with a luau and performance.

Seanoa, Melody A Art Center Multipurpose Room  
5221.301 7yrs to 12yrs 6/18 - 7/16 5:00pm-6:00pm T \$56\*  
5221.302 7yrs to 12yrs 7/23 - 8/27 5:00pm-6:00pm T \$66\*  
\*\$51/\$60 HBAC

## DANCE: TAP

Bring a friend and learn the basics of tap dancing in this FUN class! Students will learn how to keep time and stay in beat with music. Tap dancing is a great way to improve coordination, rhythm, and athletic agility. Boys and girls love making NOISE with their feet! Dance attire, please.

Huntington Academy of Dance 16601 Gothard Street, Suite A  
5330.300 7yrs to 12yrs 7/10 - 8/14 4:30pm-5:30pm W \$65

## FITNESS: ZUMBA – AGES 6 TO 86!

Bring your family and friends to this fun-packed Zumba class for everyone ages 6 to 96! Reap the benefits of a calorie-torching workout while you “Zumba” to fabulous Latin and International music. Increases coordination, rhythm, balance, muscle tone, aerobic fitness and fun!

Foreman, Jill E Rodgers Senior Center Hall A  
4573.300 6yrs to 86yrs 6/18 - 7/23 6:00pm-6:50pm Tu \$36  
4573.301 6yrs to 86yrs 7/30 - 8/27 6:00pm-6:50pm Tu \$30

## GYMNASTICS: CHEER-NASTICS

Students have fun while safely learning cheers & stunting techniques plus gymnastic skills great for all levels. Cartwheels, roundoffs, backbends, walkovers, splits, rolls, jumps, beam and back-handsprings barrel are taught by an experienced instructor. Progressive skill level instruction creates success! \$2 material fee due at first class. No class 7/5.

Tumble-N-Kids, Inc City Gym Room B  
5225.300 6yrs to 12yrs 6/28 - 7/26 4:00pm-5:00pm F \$46

## GYMNASTICS: GYMNASTICS PLUS!

This class offers girls and boys gymnastic skills plus music, fun and great exercise! Experienced coaches safely teach all levels. Students learn cartwheels, round-offs, backbends, splits, balance beams, back-handsprings and more. Progressive skill level instruction creates confidence, success and prepares kids for all sports. \$2 material fee due at first class.

Tumble-N-Kids, Inc Murdy Community Center Hall A  
5226.300 6yrs to 12yrs 6/25 - 7/23 3:30pm-4:30pm Tu \$56

Tumble-N-Kids, Inc Edison Community Center Hall A  
5297.300 6yrs to 12yrs 6/26 - 7/24 3:00pm-4:00pm W \$56

## GYMNASTICS: JAMMIN GYMNASTICS

Girls and boys of all levels learn age-appropriate gymnastics skills, coordination and strength development. Experienced coaches introduce cartwheels, round-offs, rolls, handstands, backbends, beam, trampoline, back-handspring barrel and more. Obstacle courses and music make learning fun, while progressive skill instruction creates confidence and success preparing kids for all sports! \$2 material fee due at first class. No Class 7/4-6.

Tumble-N-Kids, Inc Murdy Community Center Hall B  
5331.300 4yrs to 6yrs 6/27 - 7/25 2:30pm-3:30pm Th \$56  
5331.301 4yrs to 6yrs 6/27 - 7/25 3:30pm-4:30pm Th \$56

Tumble-N-Kids, Inc Edison Community Center Hall A  
5327.300 5yrs to 8yrs 6/29 - 7/27 11:50am-12:50pm Sa \$46

## GYMNASTICS: KARTWHEEL-N-KIDS

Girls and boys learn gymnastics skills including: cartwheels, rolls, jumps, handstands, bridge/backbends, beams, handspring barrel, trampoline and more. We focus on beginning tumbling skills incorporating music, obstacle courses and fun. Progressive skill level instruction creates confidence and success. \$2 material fee due at first class. No class 7/5.



Tumble-N-Kids, Inc Murdy Community Center Hall A  
5227.300 4yrs to 6yrs 6/25 - 7/23 2:30pm-3:30pm Tu \$56

Tumble-N-Kids, Inc City Gym Room B  
5293.300 4yrs to 6yrs 6/28 - 7/26 3:00pm-4:00pm F \$46

# Youth Classes

## KARATE: PRACTICAL MARTIAL ARTS

Our system combines the foundations of traditional martial arts which instills a sense of respect, self-confidence, and focus; and adds to that a modern flavor of training. We combine the striking involved in Muay Thai, and Boxing - the groundwork of Jiu-Jitsu, and the throws and takedowns trained in Wrestling and Judo. Belt Advancement is Available. No class 7/4.

Betance, Justin		Murdy Community Center Hall B			
5232.300	5yrs to 9yrs	6/22 - 8/24	5:30pm-6:30pm	Th	\$120
			8:00am-8:45am	Sa	
5232.301	10yrs to 15yrs	6/22 - 8/24	6:30pm-7:30pm	Th	\$120
			8:00am-8:45am	Sa	

## KARATE: TRADITIONAL JAPANESE KARATE-DO BEG & NOVICE

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Uniforms and equipment are available for purchase from instructor. White, orange, yellow, and blue belts only. No class 7/4. Make up Friday.

Wadoryu USA, Nishimura Shoji		Edison Community Center Hall A			
5230.300	8yrs to 14yrs	6/27 - 8/29	5:45pm-6:30pm	Th	\$90
5230.301	8yrs to 14yrs	6/28 - 8/30	5:45pm-6:30pm	F	\$90
5230.302	8yrs to 14yrs	6/27 - 8/30	5:45pm-6:30pm	Th F	\$110

## KARATE: TRADITIONAL JAPANESE KARATE-DO INTERMEDIATE

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Uniforms and equipment are available for purchase from instructor. Blue/St, Green, Green/St, Red, Red/St. belts only. No class 7/4. Make up Friday.

Wadoryu USA, Nishimura Shoji		Edison Community Center Hall A			
5257.300	8yrs to 14yrs	6/27 - 8/29	5:45pm-7:00pm	Th	\$110
5257.301	8yrs to 14yrs	6/28 - 8/30	5:45pm-7:00pm	F	\$110
5257.302	8yrs to 14yrs	6/27 - 8/30	5:45pm-7:00pm	Th F	\$130

## KARATE: TRADITIONAL JAPANESE KARATE-DO ADVANCED

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Uniforms and equipment are available for purchase from instructor. Red Stripe belts and higher. No class 7/4. Make up Friday.

Wadoryu USA, Nishimura Shoji		Edison Community Center Hall A			
5258.300	8yrs to 14yrs	6/27 - 8/29	6:30pm-8:00pm	Th	\$120
5258.301	8yrs to 14yrs	6/28 - 8/30	6:30pm-8:00pm	F	\$120
5258.302	8yrs to 14yrs	6/27 - 8/30	6:30pm-8:00pm	Th F	\$140

## KARATE: TRADITIONAL JAPANESE KARATE DO BROWN & BLACK BELT

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Uniforms and equipment are available for purchase from instructor. No class 7/4. Make up Friday.

Wadoryu USA, Nishimura Shoji		Edison Community Center Hall A			
5350.300	8yrs to 18yrs	6/27 - 8/29	6:30pm-8:15pm	Th	\$125
5350.301	8yrs to 18yrs	6/28 - 8/30	6:30pm-8:15pm	F	\$125
5350.302	8yrs to 18yrs	6/27 - 8/30	6:30pm-8:15pm	Th F	\$145

## KARATE: YOUNG CHAMPIONS

This program combines safety awareness with self-defense instruction. Students learn verbal and physical skills for self-defense against bullies and strangers. Escape maneuvers and communication skills are taught to contract threats. Safety tips are discussed each week. Students progress in rank and earn their belts.

Young Champions Murdy Community Center Hall A

New Students					
5272.300	5yrs to 15yrs	6/28 - 9/13	5:15pm-5:55pm	F	\$86

Yellow Belt					
5272.301	5yrs to 15yrs	6/28 - 9/13	6:00pm-6:40pm	F	\$86

Orange Belt					
5272.302	5yrs to 15yrs	6/28 - 9/13	6:45pm-7:25pm	F	\$86

Purple Belt & Above					
5272.303	5yrs to 15yrs	6/28 - 9/13	7:30pm-8:10pm	F	\$86

## PERFORMING ARTS: SUNSHINE GENERATION OF HB

Make new friends while building useful lifetime skills! Gain confidence for public performing with NO pressure. Kids focus on singing, dancing, and public speaking with showmanship. Optional community performances after the end of the session. \$30 for Sunshine t-shirt, CD, and wordsheets. Parents are asked not to stay during rehearsals. No class 7/4.

Merdjanian, Iskui		Edison Community Center Hall B			
5248.300	7yrs to 12yrs	6/27 - 8/1	4:30pm-6:30pm	Th	\$89

## SKATING: ICE HOCKEY SKILLS

Learn basic skating skills necessary for hockey including forward and backward skating, stopping, and turning. Pucks and sticks are not used during this class. Includes skate rental, 30-minute lesson, free practice on day of class, and three additional skating passes to be used during the 4-week session.

Westminster Ice		13071 Springdale, Westminster			
5295.300	6yrs to 16yrs	7/31 - 8/21	6:10pm-6:40pm	W	\$37
5295.301	6yrs to 16yrs	8/3 - 8/24	10:45am-11:51am	Sa	\$37

## SKATING: ICE SKATING BEGINNING

Enjoy the Winter Olympics' most beautiful sport. Figure Skating. Learn to skate across the ice forward and backward, stop, hop, spin and more! Includes skate rental, 30-minute lesson, free practice on day of class (3:00-5:00pm for Wednesday class and 12:00-2:00pm for Saturday), and three additional skating passes to be used during the 4-week session.

Westminster Ice		13071 Springdale, Westminster			
5271.300	6yrs to 16yrs	7/31 - 8/21	5:10pm-5:40pm	W	\$37
5271.301	6yrs to 16yrs	8/3 - 8/24	10:45am-11:15am	Sa	\$37

## SKATING: OC ROLLER KIDS

Has your child expressed interest in playing hockey or roller derby? This class is designed for the aspiring skater. Drills range from beginner to advanced, based on the individual skater needs. Skaters to wear roller skates or inlines, protective gear - helmet, knee/elbow pads, and wrist guards.

Parra, Elena		Edison Community Center Patio			
5249.300	6yrs to 13yrs	7/13 - 8/10	10:00am-10:30am	Sa	\$45

Register Online! [www.hbsands.org](http://www.hbsands.org)

## Youth Classes

### SPANISH FOR FUN AND FOREVER: BEGINNING

Fun and developmentally appropriate for children of all ages. Class is packed with visuals, songs, rhymes, movement activities and games. Children have opportunities to create language and play. Parents are welcome to attend, observe and participate. Class taught by credentialed teacher. \$5 material fee due at first class.

Blades, Murnez Edison Community Center Hall B  
5252.300 5yrs to 8yrs 6/25 - 8/13 3:15pm-4:00pm Tu \$92

Blades, Murnez Murdy Community Center Hall D  
5379.300 5yrs to 8yrs 6/24 - 8/12 3:15pm-4:00pm M \$92

### SPANISH FOR FUN AND FOREVER: INTERMEDIATE

This program is fun and developmentally appropriate for children of all ages. Class is packed with visuals, songs, rhymes, movement activities and games. Children have opportunities to create language and play. Parents are welcome to attend, observe and participate. Class taught by credentialed teacher. \$5 material fee due at first class.

Blades, Murnez Murdy Community Center Hall D  
5253.300 Grades 5-8 6/24 - 8/12 4:15pm-5:00pm M \$92

## Adult & Teen Classes

### AQUA EVENING: AQUA-TONE AEROBICS

This fun and very challenging water workout class will take you to a new limit of resistance using Hydro-Tone's Water Weights. Move from shallow to deep water utilizing and concentrating on the weaker muscle groups of your body. No prerequisite for swimming ability. No equipment necessary. Questions: aquatonefitness@aol.com. No class 7/4.

AquaToneFitness, Dawnette Lowry City Gym Pool  
4311.300 16yrs to Adult 6/28 - 8/30 5:30pm-6:30pm F \$76

### AQUATIC BODY BUILDING: HYDRO-TONE

Hydro-Tone is a unique and intense Body Building workout course. This system accommodates variable resistance of water to movement through it. Hydro-Tone Bells and Boots are designed to fit any individual who is looking for greater muscle stimulation. Equipment rental \$3 per class to be paid each class. Questions: aquatonefitness@aol.com. No class 7/4.

AquaToneFitness, Dawnette Lowry City Gym Pool  
4314.300 16yrs to Adult 6/24 - 8/26 8:15am-9:25am M \$106  
4314.301 16yrs to Adult 6/26 - 8/28 8:15am-9:25am W \$106  
4314.302 16yrs to Adult 6/28 - 8/30 6:45am-8:00am F \$106



## Adult & Teen Classes

### AQUATIC EXERCISE: AQUA ACTIVE

This class is designed for people with arthritis to gently improve range of motion, strength and endurance. Participants must be able to enter and exit the pool independently. A doctor's release is recommended if you have recently had surgery. No class 7/4-5.

Thurn, Debra City Gym Pool  
4315.300 Adult 6/24 - 7/26 12:15pm-1:15pm M W F \$75  
4315.301 Adult 7/29 - 8/30 12:15pm-1:15pm M W F \$81  
4315.302 Adult 6/25 - 7/25 12:30pm-1:30pm Tu Th \$65  
4315.303 Adult 7/30 - 8/29 12:30pm-1:30pm Tu Th \$71

### AQUATIC EXERCISE: AQUA-TONE AEROBICS

This unique class improves body tone, flexibility, cardiovascular strength and physical fitness through exercises utilizing all muscle groups. This high-energy workout is twice as effective in the water as it would be on land. No prerequisite for swimming ability. Questions: aquatonefitness@aol.com. No class 7/4.

AquaToneFitness, Dawnette Lowry City Gym Pool  
4312.300 16yrs to Adult 6/24 - 8/26 7:00am-8:00am M W \$146  
4312.301 16yrs to Adult 6/25 - 8/29 7:00am-8:00am Tu Th \$139  
4312.302 16yrs to Adult 6/25 - 8/29 8:20am-9:20am Tu Th \$139  
4312.303 16yrs to Adult 6/24 - 8/26 7:00am-8:00am M \$76  
4312.304 16yrs to Adult 6/26 - 8/28 7:00am-8:00am W \$76  
4312.305 16yrs to Adult 6/28 - 8/30 8:20am-9:20am F \$76  
4312.306 16yrs to Adult 6/29 - 8/31 7:00am-8:00am Sa \$76

### AQUATIC EXERCISE: AQUACISE

Come challenge yourself in this extreme water workout. Designed to improve body tone, flexibility, cardiovascular strength and physical fitness through exercise performed in both shallow and deep water. All fitness levels will benefit. No prerequisite for swimming ability. No class 8/5 or 8/7.

Zschach, Alicia K City Gym Pool  
4310.300 12yrs to Adult 6/24 - 8/26 5:30pm-6:30pm M \$68  
4310.301 12yrs to Adult 6/26 - 8/28 5:30pm-6:30pm W \$68  
4310.302 12yrs to Adult 6/24 - 8/28 5:30pm-6:30pm M W \$131

### AQUATIC EXERCISE: FAT BURNING FRIDAYS

This calorie burning workout is performed in the deep end. Combining aqua aerobics, circuit training, and sprint work for the ultimate deep water exercise program.

Thurn, Debra City Gym Pool  
4313.300 Adult 6/28 - 8/30 11:15am-12:00pm F \$86

### AQUATIC EXERCISE: H2O BOOT CAMP

This UNIQUE program is a rigorous cross-training of swimming, water polo, water aerobics, modified plyometrics, and traditional strength and cardiovascular exercises. H<sub>2</sub>O Boot Camp challenges swimmers of all ages and physical shape. Whether you are a recreational swimmer or not, this 45 minute session will be hard work. Questions: aquatonefitness@aol.com.

AquaToneFitness, Dawnette Lowry City Gym Pool  
4525.300 16yrs to Adult 6/28 - 8/30 9:30am-10:15am F \$76

### AQUATIC EXERCISE: POOLATES - AQUAPILATES

Is designed to use the water's natural resistance to increase the body's full range of motion while stabilizing the core muscles. This mind-body workout incorporates movements based on the Pilates method, set in a healing environment of water that increases flexibility, core strength, postural alignment, and balance.

Thurn, Debra City Gym Pool  
4574.300 Adult 6/24 - 8/28 1:15pm-2:15pm M W \$166

# Adult & Teen Classes

## ART: BEGINNING OIL PAINTING

Learn the fundamentals of oil painting. Students will be introduced to the media, techniques, color theory, structural and expressive properties of oil painting and design using oil paints. All levels welcome. Material list. Materials fee of \$10 due at first class. No class on 7/3.

Oquist, Courtney L  
Art Center Studio  
4468.301 12yrs to Adult 6/19 - 7/24 6:00pm-7:45pm W \$69\*  
4468.302 12yrs to Adult 7/31 - 8/28 6:00pm-7:45pm W \$69\*  
\*\$62.70 HBAC

## ART: DIGITAL PHOTOGRAPHY - INTERMEDIATE

This intermediate class reinforces and enhances the basic concepts and skills acquired in the beginning digital photography class. Course emphasis is on the refinement of technical skills, technique, concept and development of a personal direction in photography. Theoretical, historical, and critical concerns will form part of our curriculum.

Weston, Kurt T  
Art Center Multipurpose  
4305.301 16yrs to Adult 8/2 - 9/6 1:00pm-3:00pm F \$91\*  
\*\$82.50 HBAC

## ART: DIGITAL PHOTOGRAPHY-BEGINNING

The beginning digital photography class will help students gain fluency with the basic technical skills of digital photography as it relates to image making. Expect to expand your understanding of the medium, acquire basic technical skills and pursue your own photographic vision while using the digital camera of your choice.

Weston, Kurt T  
Art Center Multipurpose  
4304.301 16yrs to Adult 8/2 - 9/6 3:30pm-5:30pm F \$91\*  
\*\$82.50 HBAC

## ART: DRAWING AND PAINTING

Maximize your time! This great class is designed for beginning and intermediate students who would like to learn how to improve their drawings and paintings. Color theory, drawing skills, right brain exercises and elements of art will be incorporated in this course. Materials List.

Kent, Pati L  
Art Center Studio  
4302.301 12yrs to Adult 7/16 - 8/6 6:00pm-7:30pm Tu \$78\*  
\*\$70.80 HBAC

## ART: DRAWING AND PAINTING ON LOCATION

This unique class which welcomes all levels is offered in Summer only. First class meets in Art Center studio for a lesson in drawing and painting. A map will be given out for the locations of next three lessons. Enjoy the outdoors and the challenge of plein air painting. Materials List.

Kent, Pati L  
Art Center Studio  
4558.301 12yrs to Adult 8/13 - 9/3 6:00pm-8:00pm Tu \$78\*  
\*\$70.80 HBAC

## ART: DRAWING WITH WET MEDIA PART 1

This is a class that will explore the techniques of drawing with wet media and its unique sensibilities. Studies on how to use mark making and brush stroke to create depth, texture, form, and space with inks will be practiced. Open to all levels. Materials list.

Pedroza, Ya'el  
Art Center Studio  
4618.301 Adult 6/18 - 7/9 6:00pm-8:00pm Tu \$86\*  
\*\$78 HBAC

## ART: DRAWING WITH WET MEDIA PART 2

The versatility of gouache will be demonstrated in this class. Students will examine techniques that have carried this media from classical to its contemporary uses. The use of color theory, depth, space will also be described. Open to beginners through intermediate welcome. Materials List.

Pedroza, Ya'el  
Art Center Multipurpose  
4619.301 Adult 8/1 - 8/29 6:00pm-8:00pm Th \$86\*  
\*\$78 HBAC

## ART: FOUNDATION DRAWING

Improve your skills at rendering form through the clear application of light and shade. Still life compositions, nature studies and the figure. Expand your ability to create drawings with successful value, texture, pattern and perspective. All levels welcome.

Moody, Gia M  
Art Center Studio  
4608.301 17yrs to Adult 6/22 - 8/3 2:30pm-4:00pm Sa \$100\*  
\*\$92 HBAC

## ART: FRESH COLOR IN STILL LIFE

Learn the art of setting up and composing subjects for Still Life Painting with experienced artist Ebrahim Amin. Learn how to direct light, capture atmosphere and express the combined harmony of subjects in the painting. Materials List.

Amin Fine Art, Ebrahim Amin  
Art Center Multipurpose  
4554.301 14yrs to Adult 8/2 - 8/30 10:00am-12:30pm F \$136\*  
\*\$123 HBAC

## ART: LANDSCAPE DRAWING

Discover the power of line, tone and color to enhance your personal expression in a landscape drawing. Work from on site locations as well as working from photographs, memory and imagination.

Moody, Gia M  
Art Center Multipurpose  
4609.201 14yrs to Adult 6/20 - 8/1 2:30pm-4:30pm Th \$73\*  
\*\$66.30 HBAC

## ART: OPEN STUDIO PAINTING

This class is an independent study for the intermediate student who is working on a new or existing painting. All subjects welcome, figure, portraits, landscape and still life. Work in a group atmosphere in our studio. Get individual one-to-one support and guidance to help you complete your project. Any wet medium welcome.

Moody, Gia M  
Art Center Studio  
4595.301 14yrs to Adult 6/22 - 8/3 12:15pm-2:15pm Sa \$100\*  
\*\$92 HBAC

## ART: PAINTING AND DRAWING STUDIO SESSION

Develop basic painting skills and techniques through demonstration, lecture and personal help. Emphasis will be on watercolor techniques, but oil and acrylics are welcome. This is a 3-hour studio session with beginning instruction. There is a \$20 lab fee due to instructor if you do not already have materials.

Oropeza, Marilyn  
Rodgers Senior Center Hall D  
4814.301 Adult 6/25 - 7/30 8:30am-11:30am Tu \$40  
4814.302 Adult 8/6 - 9/10 8:30am-11:30am Tu \$40

## Parks & Recreation...

### Promotes Self Expression

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# Adult & Teen Classes

## ART: PHOTOGRAPHY – LANDSCAPES AT THE BEACH

This class will show students how to get that professional looking landscape out on the beach. Classes will take place outdoors and will use students own camera. Techniques in lighting, composition and the fundamentals of landscape will be covered. DSLR is suggested but not required. \$5 material fee due at first class.

Chambers, Randall		Art Center Multipurpose			
4586.301	Adult	6/22 - 7/6	3:00pm-5:30pm	Sa	\$76*
4586.302	Adult	7/13 - 7/27	3:00pm-5:30pm	Sa	\$76*
4586.303	Adult	8/3 - 8/17	3:00pm-5:30pm	Sa	\$76*

\*\$69 HBAC

## ART: PHOTOGRAPHY – PORTRAITS AT THE BEACH

This class will show students how to get that professional looking portrait out on the beach. Classes will take place outdoors and will use students own camera. Techniques in lighting and composition and the fundamentals of portraits will be covered. DSLR is suggested but not required. \$5 material fee due at first class.

Chambers, Randall		Art Center Multipurpose			
4597.301	Adult	6/19 - 7/3	3:30pm-5:30pm	W	\$76*
4597.302	Adult	7/10 - 7/24	3:30pm-5:30pm	W	\$76*
4597.303	Adult	7/31 - 8/14	3:30pm-5:30pm	W	\$76*

\*\$69 HBAC

## ART: PLEIN AIR PAINTING IN OIL

Learn the art of Plein Air Painting outdoors with experienced professional Ebrahim Amin. This class will focus on traditional painting skills including vibrant color, movement, light and shade. All levels welcome as each student will be given individual instruction. First class meets at Art Center then on location. Materials List.

Amin Fine Art, Ebrahim Amin		Art Center Studio			
4552.301	13yrs to Adult	6/19 - 7/17	6:00pm-8:00pm	W	\$136*

\*\$123 HBAC

## ART: PORTRAITURE

The class will introduce the basics of drawing and painting human portraiture by way of instruction and demonstration. A live model will be used at times to introduce human facial structure and proportions, as well as establish basic concepts of lighting, value and composition. Materials List.

Moody, Gia M		Art Center Studio			
4505.301	17yrs to Adult	6/22 - 7/27	10:00am-12:00pm	Sa	\$100*
4505.302	17yrs to Adult	8/3 - 8/31	10:00am-12:00pm	Sa	\$84*

\*\$92/ \$76.20 HBAC

## ART: RUBBER STAMPING

Save money while impressing your family and friends with some handmade greeting cards and gifts. Learn creative ways to make gift bags/boxes, stamp on candles and other items. You'll go home with your own hand-created items from each class. Material fee of \$11 material fee due at first class. No class 7/4.

Husting, Margaret E		Murdy Community Center Hall C&D			
4395.300	13yrs to Adult	6/27 - 9/5	1:00pm-2:00pm	Th	\$77
Husting, Margaret E		Rodgers Senior Center Hall E			
4396.301	13yrs to Adult	6/26 - 9/4	9:00am-10:00am	W	\$77

**Parks & Recreation...**  
**Stimulate the Mind**  
 ...The Benefits Are Endless

## ART: WORK WITH SILVER CLAY

Learn to make Silver Clay jewelry! Students will learn how to work with silver clay, various firing and finishing methods. Projects we will work on are, making a mold, a ring, a leaf pendant, earrings, and setting cubic zirconia stones. Projects completed will vary depending on students' experience. Tools are provided. Material Fee \$27 per project due to Instructor.

Moore, Laura		Art Center Studio			
3603.301	13yrs to Adult	6/19 - 7/24	5:30pm-7:30pm	W	\$120*

\*\$109 HBAC

## BEACH VOLLEYBALL: ADULT BEGINNERS

This adult program is designed for individuals with minimal or no beach volleyball experience. Our friendly coaches will introduce you to the great game of beach volleyball in a fun, relaxed and non-threatening environment.

BeachVolleyball, California LLC		Beach Courts, North of Pier			
4438.301	15yrs to Adult	6/24 - 8/26	6:00pm-7:20pm	M	\$150
4438.302	15yrs to Adult	6/25 - 8/27	6:00pm-7:20pm	Tu	\$150

## BEACH VOLLEYBALL: INTERMEDIATE SKILLS

This class is designed for individuals with playing experience who can serve, pass, set and spike consistently. Sessions run by experienced beach volleyball coaches will be structured around the development of a specific skill each week and then applying that skill in a game situation.

BeachVolleyball, California LLC		Beach Courts, North of Pier			
4523.300	15yrs to Adult	6/27 - 8/29	6:00pm-7:20pm	Th	\$150

## BOOK CLUB DINNER

Have dinner and stimulating conversation with others who love good books. Please read "The Paris Wife" by Paula McLain before the first class meeting. The remaining books will be selected by the class each month. Class meets the second Wednesday of each month. Material fee of \$5 is due at each meeting. Class meets 6/12, 7/10, 8/14 and 9/11.

Berg, April		Rodgers Senior Center Hall D			
4317.301	Adult	6/12 - 9/11	7:00pm-9:00pm	W	\$30

## BRIDGE: BEGINNING

This class is just the beginning of the fun you can have once you learn this game. Meet new people and form long time friendships. Handouts, discussions and learning the play of the game. Come join us.

Spira, Rita L		Rodgers Senior Center Hall E			
4318.301	Adult	6/24 - 8/19	2:00pm-4:00pm	M	\$60

## BRIDGE: INTERMEDIATE 1

Intermediate bridge takes you to the next step if you are familiar with the basics. Learn a variety of the popular conventions, Stayman, weak two's, preemptive bids and much more. Handouts included. No partner needed.

Spira, Rita L		Rodgers Senior Center Hall E			
4319.301	Adult	6/25 - 8/20	2:30pm-4:30pm	Tu	\$60

## BRIDGE: INTERMEDIATE 2

Are you past the basics? Know some conventions but want to learn others? We start with pre-set hands for each table, covering conventions, bidding techniques, defense and more. Jump in and join us!

Spira, Rita L		Rodgers Senior Center Hall E			
4320.301	Adult	6/26 - 8/21	6:30pm-8:30pm	W	\$60

# Adult & Teen Classes

## CAKE DECORATING: BASICS BEGINNING

You'll smile through each lesson as you master the techniques of coloring, borders, stars, roses and much more. Learn the fundamentals of cake decorating in four weekly fun filled classes. Why not bring a friend? You'll provide some of your own supplies. Book is extra. This class must be taken before taking the Gumpaste and Fondant or the Flowers and Cake Design classes.

Mejia, Rebecca		Murdy Community Center Hall C				
4321.300	13yrs to Adult	6/25 - 7/16	6:00pm-8:00pm	Tu	\$50	
4321.301	13yrs to Adult	7/23 - 8/13	6:00pm-8:00pm	Tu	\$50	
4321.302	13yrs to Adult	8/20 - 9/10	6:00pm-8:00pm	Tu	\$50	

## COMPUTERS: CREATE WEBSITES WITH WORDPRESS I

This hands-on beginner course will show you how to sign up for web hosting, install Wordpress, and set up your own website or blog. No prior experience needed. Bring your own computer. There is no materials fee paid to instructor but signing up for web hosting (optional) will be \$8.95/month.

Shen, Michael T		Murdy Community Center Game Room				
4602.300	Adult	7/08 - 7/29	7:00pm-9:00pm	M	\$75	

## COMPUTERS: EBAY BASICS OF SELLING

You'll learn the selling basics: how to open an E-Bay sales account, how to decide what to sell first, little known tips on setting up your first auction and stealth secrets for creating an eyeball-grabbing listing. Handouts will be given during class and CPU points are available. Instruction will be presented using Power Point.

Krueger, David M		Murdy Community Center Game Room				
4353.300	13yrs to Adult	7/9 - 7/23	7:00pm-9:00pm	Tu	\$79	

## DANCE: ADULT BALLET – BEGINNING

Love the grace and poise of ballet dancers? Looking to improve posture, gain strength, and increase flexibility? Join other beginners in learning a new skill while experienced dancers refine the basics. Wear comfortable clothing and bring an exercise mat or towel. First class is free.

Huntington Academy of Dance		City Gym Room A				
4487.300	13yrs to Adult	7/8 - 8/12	7:00pm-8:00pm	M	\$65	

## DANCE: ADULT BALLET BEGINNING

Love the grace and poise of ballet dancers? Looking to improve posture, gain strength, and increase flexibility? This class is for you! Join other beginners in learning a new skill while experienced dancers refine the basics. Wear comfortable clothing and bring an exercise mat or towel. First class free.

Huntington Academy of Dance		16601 Gothard Street, Suite A				
4326.300	13yrs to Adult	7/10 - 8/14	7:30pm-8:30pm	W	\$65	

## DANCE: BALLROOM

You'll have fun learning one of the classic ballroom dances (different each session) such as Waltz, Foxtrot, Cha-Cha, Salsa. Partnering skills and musicality will give you confidence for any kind of dance. No partner required.

Fox, Kaylaa		Edison Community Center Hall A				
4328.300	16yrs to Adult	6/24 - 7/22	7:00pm-7:45pm	M	\$49	
4328.301	16yrs to Adult	7/29 - 8/26	7:00pm-7:45pm	M	\$49	

**Parks & Recreation...**  
**Promote Good Health**

...The Benefits Are Endless

## DANCE: BELLY DANCE FOR FITNESS

Belly dance is a low impact exercise that helps strengthen muscles, especially the back and core. This class teaches the Turkish/Moroccan technique while getting a great cardio workout. It is proven that belly dance reduces stress, builds muscle and build self esteem.

Eckart, Maruja		Murdy Community Center Hall C&D				
4329.300	12yrs to Adult	6/24 - 7/29	7:00pm-8:00pm	M	\$60	
4329.301	12yrs to Adult	6/28 - 8/2	10:30am-11:30am	F	\$60	

## DANCE: COUNTRY LINE BEGINNING

Have fun & show off your dance moves and turns as you learn easy, popular line dances. Great exercise having a good time and burn up the calories. Taught slowly step by step so everyone will be dancing right away. No partner needed. \$2 materials fee due at first class. No class 7/4.

Fox, Kaylaa		Murdy Community Center Hall C&D				
4462.300	16yrs to Adult	6/27 - 7/25	6:15pm-7:00pm	Th	\$49	
4462.301	16yrs to Adult	8/1 - 8/22	6:15pm-7:00pm	Th	\$49	

## DANCE: COUNTRY LINE INTERMEDIATE

Great Intermediate popular Line dance. Dance at clubs, singles dances, weddings – it's so in right now. No partner needed. \$2 materials fee due at first class. No class 7/4.

Fox, Kaylaa		Murdy Community Center Hall C&D				
4512.300	16yrs to Adult	6/27 - 7/25	7:00pm-7:45pm	Th	\$49	
4512.301	16yrs to Adult	8/1 - 8/22	7:00pm-7:45pm	Th	\$49	

## DANCE: COUNTRY TWO STEP

Country Two Step is the top dance at country nightclubs and country events. You will learn Country Two Step and be out having a great country good time socializing and meeting new people. COUNTRY IS BIG! \$2 material fee due at first class. No partner needed! No class 7/4.

Fox, Kaylaa		Murdy Community Center Hall C&D				
4579.300	16yrs to Adult	6/27 - 7/25	7:45pm-8:30pm	Th	\$49	
4579.301	16yrs to Adult	8/1 - 8/22	7:45pm-8:30pm	Th	\$49	

## DANCE: EAST COAST SWING

The popular East Coast Swing is fun and versatile. You'll learn skills which apply to all kinds of partner dancing as you dance to jazzy big band and popular music. Patterns are different each session. Basics are covered for newcomers. 5 weeks. No partner required.

Fox, Kaylaa		Edison Community Center Hall A				
4434.300	16yrs to Adult	6/24 - 7/22	7:45pm-8:30pm	M	\$49	
4434.301	16yrs to Adult	7/29 - 8/26	7:45pm-8:30pm	M	\$49	

## DANCE: INTRO TO LATIN DANCE

Learn the basic essentials to Latin Dances of Rumba, Cha Cha, Samba and Jive. This class will teach you how to move different body parts for all the Latin dances. Let's improve your arm styling, body isolation, spins and turns in some exciting solo Latin routines. No partners required.



Dance Asylum, Peter Polak		Art Center Multipurpose				
4610.301	Adult	6/19 - 8/21	7:00pm-7:45pm	W	\$106*	
*\$96 HBAC						

Register Online! [www.hbsands.org](http://www.hbsands.org)

# Adult & Teen Classes

## DANCE: LATIN LINE

Brand new one-of-a-kind Latin Line dance. Like its cousin Country Line, you don't need a partner to do Latin Line Dance. Simple, fun routines that anyone can learn based on cha-cha, salsa, cumbia and samba--set to sizzling Latin rhythms. No experience necessary. No partner necessary. Walk-ins welcome, \$10.

Foreman, Jill E		Rodgers Senior Center Hall A			
4524.300	Adult	6/18 - 7/23	5:00pm-5:45pm	Tu	\$48
4524.301	Adult	7/30 - 8/27	5:00pm-5:45pm	Tu	\$40

## DANCE: LINE DANCE FITNESS LEVEL 2

Dancing is a great way to reduce stress and get mentally and physically fit while having fun. Dancers who have knowledge and experience with the basic steps and dances are now ready to learn some more challenging dances and all-time favorites. Recommended prerequisite: Introduction Class or previous dance experience.

Hazard, Sue A		Rodgers Senior Center Hall A			
4460.301	Adult	6/26 - 8/21	2:00pm-3:30pm	W	\$45

## DANCE: LINE DANCE LEVEL 1

Been wanting to learn to dance but don't know how to get started? Have fun while learning the basic steps and applying them in easy line dances, as well as how to read dance step sheets. Invite a friend so you can both experience the mental and physical benefits of dance and the joy of moving to music.

Hazard, Sue A		Rodgers Senior Center Hall A			
4459.301	Adult	6/28 - 8/23	3:00pm-4:30pm	F	\$45

## DANCE: LINE DANCE LEVEL 3-4

Dancers who have knowledge and experience with beginning dances and cues are now ready to have even more fun learning more challenging dances along with the latest favorites. Great physical and mental exercise. Instructor is certified in dance and has been teaching over 20 years.

Hazard, Sue A		Rodgers Senior Center Hall A			
4461.301	Adult	6/26 - 8/21	12:30pm-2:00pm	W	\$45

## DANCE: POLYNESIAN BEGINNING

Aloha! Introduction to the fundamentals of Hawaiian Hula and Tahitian dance. Great for fine-tuning motor skills, building self-esteem and showmanship. Have fun dancing to the rhythms of the islands! Class fills quickly. Pre-registration is required. No class 7/4.

Seanoa, Melody A		Rodgers Senior Center Hall D			
4598.301	13yrs to Adult	6/27 - 8/1	6:00pm-7:00pm	Th	\$55
4598.302	13yrs to Adult	8/8 - 9/5	6:00pm-7:00pm	Th	\$55

## DANCE: PRIVATE DANCE LESSON

Get ready for that special event with a 1 hour private lesson tailored to your specific goals. Choose from Wedding First Dance, Ballroom dances, Salsa, Swing and more. Lessons arranged at your convenience at Edison Community Center. Two people maximum (you alone or bring a friend or partner). Time and date to be arranged with instructor.

Foreman, Jill E		See Receipt Notes			
4561.300	6yrs to Adult	TBA	TBA	TBA	\$64

## DANCE: SALSA

Basics steps are taught to beginners step by step. You can dance immediately with confidence. Easy and fun salsa patterns and techniques. Partner not needed. \$2 materials fee due at first class. No class 7/4.

Fox, Kaylaa		Murdy Community Center Hall C&D			
4335.300	Adult	6/27 - 7/25	8:30pm-9:15pm	Th	\$49
4335.301	Adult	8/1 - 8/22	8:30pm-9:15pm	Th	\$49

## DANCE: SWING BASICS

Fun and easy Swing Dance. Basics steps are taught to beginners so they may dance immediately with confidence. Swing dance is the most versatile and fun social dance since it can be danced to almost any kind of music. No partner necessary. No class 7/4.

Fox, Kaylaa		Murdy Community Center Hall A			
4339.300	16yrs to Adult	6/27 - 8/1	8:15pm-9:15pm	Th	\$49
4339.301	16yrs to Adult	8/8 - 9/5	8:15pm-9:15pm	Th	\$49

## DANCE: SWING INTERMEDIATE

Move on to Swing intermediate. Combine and expand on your basic swing skills. Go beyond the basics to explore Lindy Hop, West Coast, and Charleston rhythms that will make your dancing more enjoyable. No partner needed. No class 7/4.

Fox, Kaylaa		Murdy Community Center Hall A			
4340.300	Adult	6/27 - 8/1	7:15pm-8:15pm	Th	\$49
4340.301	Adult	8/8 - 9/5	7:15pm-8:15pm	Th	\$49

## DANCE: SWING ADVANCED

Move way beyond the basics. Advanced Swing moves to 4, 6 and 8 swing rhythms that will challenge you and make you shine on the dance floor. No partner necessary. No class 7/4.

Fox, Kaylaa		Murdy Community Center Hall A			
4341.300	Adult	6/27 - 8/1	6:15pm-7:15pm	Th	\$49
4341.301	Adult	8/8 - 9/5	6:15pm-7:15pm	Th	\$49

## DANCE: TAP ADULTS AND SENIORS BEGINNING

No experience needed. Learn to tap in a fun friendly environment. A Broadway style tap routine will be taught. Guaranteed to increase balance and memory.

Roseth, Renee B		Rodgers Senior Center Hall D			
4342.301	Adult	6/24 - 8/26	5:00pm-6:00pm	M	\$150
4342.302	Adult	6/25 - 8/27	5:00pm-6:00pm	Tu	\$150

## DANCE: TAP ADULTS & SENIORS INTERMEDIATE/ADVANCED

Experience required. A fun, relaxed environment. Dance-Laugh-Love to the sound of music. An Intermediate routine will be taught.

Roseth, Renee B		Rodgers Senior Center Hall D			
4343.301	Adult	6/24 - 8/26	6:00pm-7:00pm	M	\$150
4343.302	Adult	6/26 - 8/28	2:30pm-3:30pm	W	\$150

## DANCE: TAP ADULTS AND SENIORS ADVANCED

Experience required. Advanced routine will be taught in a fun-filled environment. Dance! Love! Laugh!

Roseth, Renee B		Rodgers Senior Center Hall D			
4476.301	Adult	6/25 - 8/27	6:00pm-7:00pm	Tu	\$150

## DOG TRAINING: PUPPY KINDERGARTEN

Establish good manners and socialization skills at an early age through simple obedience training, emphasizing positive reinforcement and gentle handling. For puppies 2-5 months. We'll also discuss house-breaking, chewing, nipping, health tips, and other topics. Certificates presented at the last class. The first meeting held inside building, WITHOUT PUPPIES. Bring vaccination records and \$10 materials fee (includes training manual)

Dog Services, Unlimited		Murdy Community Center Basketball Courts			
4580.300	10yrs to Adult	7/9 - 8/13	7:00pm-8:00pm	Tu	\$76

# Adult & Teen Classes

## DOG TRAINING: AKC CANINE GOOD CITIZEN TEST

If your dog has already learned basic obedience commands and is relaxed and friendly around other dogs and people, sign him up to be tested in ten skill areas and have him earn his Canine Good Citizen certificate from American Kennel Club! Please call (714) 532-3647 if you'd like a list of the 10 skills to be tested.

Dog Services, Unlimited Edison Community Center  
Picnic Shelter #1  
4344.300 10yrs to Adult 7/30 - 8/6 8:30pm-9:15pm Tu \$26

## DOG TRAINING: BEGINNING DOG OBEDIENCE

For dogs 5 months and older and handlers 10 years to adult. Obedience commands (heel, sit, down, stay, stand, come), long distance work, hand signals, and correcting bad habits (chewing, jumping, digging, etc). Trophies and certificates awarded at graduation. First meeting inside building, WITHOUT DOGS. Bring shot records and \$10 material fee due at first class (includes training manual).

Dog Services, Unlimited Murdy Community Center  
Basketball Courts  
4345.300 10yrs to Adult 7/11 - 8/22 7:00pm-8:00pm Th \$88

Dog Services, Unlimited Edison Community Center  
Picnic Shelter #1

4346.300 10yrs to Adult 6/25 - 8/6 7:30pm-8:30pm Tu \$88  
4346.301 10yrs to Adult 7/10 - 8/21 6:00pm-7:00pm W \$88

## DOG TRAINING: CALLING ALL FRISBEE DOGS

In this one-day workshop, you & your dog can start learning the fun sport of Frisbee Toss-N-Fetch! Includes throwing techniques, safety and motivating your dog to go for a disc and bring it back. Pre-registration is required! Bring current shot records & \$5 materials fee due at first class. (Includes Frisbee). Class meets on grass near Dog Park, Edwards and Inlet.

Dog Services, Unlimited Dog Park  
4347.300 10yrs to Adult 7/7 4:00pm-5:30pm Su \$29

## DOG TRAINING: CRASH COURSE IN CANINE MANNERS

Accomplish your training goals and get behavior problems under control in just 4 weeks. For dogs 5 months or older will learn to obey commands: stay, come, sit, lie down and walk without pulling on a leash. Dog attend all meetings. Pre-registration is required. Instructor will brief students what to bring first lesson.

Dog Services, Unlimited Murdy Community Center  
Basketball Courts  
4352.300 10yrs to Adult 7/29 - 8/19 7:00pm-8:15pm M \$78

## DOG TRAINING: FLYBALL BEGINNING

Flyball is a fast paced sport for dogs that involves running, jumping and retrieving a ball. Dogs must be at least 6 months old, in good physical condition, well socialized and have a fairly reliable "come when called." First class held without dogs. \$10 material fee due at first class. Class will be held in Central Park next to Dog Park at Edwards.

Haney, Katherine Dog Park  
4421.300 15yrs to Adult 7/13 - 8/31 9:00am-10:00am Sa \$85

## DOG TRAINING: K9 WORK & PLAY

Challenge your dog with new commands, reinforce obedience basics and stimulate them with fun activities. Work on distance down and sits, drop on recall and progress to sit-stay and down-stay with handlers out of sight. Pre-requisite: beginning dog obedience. Dogs attend all meetings. Pre-registration required. Bring training collar, leash, long line, vaccination records and \$5 materials fee.

Dog Services, Unlimited Murdy Community Center  
Basketball Courts  
4581.300 12yrs to Adult 7/9 - 8/13 8:00pm-9:00pm Tu \$76

## FITNESS: 2PUA ISLAND DANCE CARDIO

2PUA Island Dance Cardio combines traditional dance steps from the South Pacific with modern formats & techniques. This fun group cardio dance class is designed for all levels whether you are new or experienced. If you enjoy moving & shaking your hips, you'll love this dance workout!! No class 7/4.

Seanoa, Melody A Rodgers Senior Center Hall D  
4614.300 13yrs to Adult 6/27 - 8/1 7:00pm-8:00pm Th \$50  
4614.301 13yrs to Adult 8/8 - 9/5 7:00pm-8:00pm Th \$50

## FITNESS: AB-CORE BLAST

This class will strengthen the abdominals and the core/powerhouse muscles of the body. Maintenance of these muscles is essential for everyday life and regular conditioning can create a flatter looking abdomen region, better posture, enhanced movement and mobility of the limbs, all while reducing the risks for certain back injuries. Bring exercise mat and medium-large sized fitness stability ball. No class 7/4.

HB Pilates Murdy Community Center Hall B  
4568.300 Adult 6/26 - 8/28 6:30pm-7:00pm W \$60

HB Pilates City Gym Room A  
4600.300 Adult 6/25 - 8/27 6:30pm-7:00pm Tu \$60  
4600.301 Adult 6/26 - 8/28 11:15am-11:45am W \$60

HB Pilates Edison Community Center Hall B  
4605.300 Adult 6/24 - 8/26 8:30pm-9:00pm M \$60  
4605.301 Adult 6/25 - 8/27 11:15am-11:45am Tu \$60

## FITNESS: BOOT CAMP WORKOUT

Fun and energizing exercise class. A short running session followed by sit-ups, push-ups, and light weights. Everything for a full-body workout. All levels of fitness welcome. Compete only against yourself. No class 7/30.

Grossman, Marianne Edison Community Center Hall A  
4358.300 Adult 6/25 - 8/27 5:45pm-6:45pm Tu \$72

## FITNESS: CARDIO SCULPT

Join the fun! Combining step combinations with low impact and strength training to burn calories and improve heart and muscle health. Steps provided for an effective, energizing workout. Please bring water, towel, and exercise mat. Bringing your own hand held weights is also recommended. No class 7/4.

Pridomirski, Joanne C Edison Community Center Hall A  
4369.300 13yrs to Adult 6/25 - 8/29 8:45am-9:45am Tu Th \$70

## FITNESS: CARDIO STEP AND BODY SCULPT

Step aerobics is a high calorie-burning workout with less stress on ankles and joints compared to other impact classes. Steps range from 4 to 8 inches accommodating beginner through advanced. Upper body workout with light weights and abdominal work finishes up the class. Bring hand weights and a mat. No class 7/5.

Hardy, Susan S Edison Community Center Hall B  
4371.300 13yrs to Adult 6/24 - 8/26 5:15pm-6:15pm M W F \$100  
4371.301 13yrs to Adult 6/29 - 8/17 8:30am-9:30am Sa \$39

**Parks & Recreation...**

Create Memories

...The Benefits Are Endless

# Adult & Teen Classes

## FITNESS: CARDIO STEP FOR THE HEART

This class raises the heart rate by stepping up and down on 4, 6, or 8 -inch steps. A step workout effectively burns fat while strengthening your heart and toning lower body. Different size steps are provided for beginners through advanced levels. No class 7/5.

\*Take Cardio Step and Head to Toe Workout together and save!

Hardy, Susan S Murdy Community Center Hall A  
 4370.300 13yrs to Adult 6/24 - 8/26 9:15am-10:00am M W F \$96  
 \*4424.300 13yrs to Adult 6/24 - 8/26 8:30am-10:00am M W F \$116

## FITNESS: CARDIOFIT FOR SENIORS

As we age, leading an active lifestyle becomes more important than ever. Regular exercise helps seniors maintain health, boost energy and improve confidence! Come experience Senior CardioFit, a class designed for folks 50 and with fun music and easy to follow low impact routines. Stay motivated and keep moving! No class 7/26, 7/30, 8/2.

Grossman, Marianne Rodgers Senior Center Hall B  
 4816.301 50yrs and 6/25 - 8/30 9:00am-9:45am Tu F \$42

## FITNESS: FAMILY MARTIAL ARTS

Enjoy working out and getting healthier together with all family members. Ancient art of Korean Tang Soo Do is a traditional art with a 2000 year legacy. Minimum one adult and one child per family group. \$80 for one day weekly up to 3 family members, \$4 per each extra person. \$125 for both days up to 3 family members, \$5 per each extra person. Opportunities for advancement.

Cardinal, Frances M Rodgers Senior Center Hall B  
 4386.301 3yrs to Adult 6/25 - 9/3 5:00pm-6:00pm Tu \$80  
 4386.302 3yrs to Adult 6/27 - 9/5 5:00pm-6:00pm Th \$80  
 4386.303 3yrs to Adult 6/25 - 9/5 5:00pm-6:00pm Tu Th \$125

## FITNESS: HEAD TO TOE WORKOUT

A total body workout accommodating all fitness levels. Using body weight, hand weights, bands, and tubes as resistance this class targets hips and thighs. Exercises are safe and emphasize injury prevention. Bring a mat. No class 7/5.

\*Take Cardio Step and Head to Toe Workout together and save!

Hardy, Susan S Murdy Community Center Hall A  
 4363.300 13yrs to Adult 6/24 - 8/26 8:30am-9:15am M W F \$96  
 \*4424.300 13yrs to Adult 6/24 - 8/26 8:30am-10:00am M W F \$116

## FITNESS: HEAD TO TOE WORKOUT/STEPPING COMBO

Combine Head to Toe Workout and Step for the Heart and save \$\$.

Please see description for each class. No class 7/5.  
 Hardy, Susan S Murdy Community Center Hall A  
 4424.300 13yrs to Adult 6/24 - 8/26 8:30am-10:00am M W F \$116

## FITNESS: JAZZERCISE

This jazz dance exercise class is a total body-conditioning program based on simple dance movements and a follow-the-leader class structure. Class is co-ed. Please bring a towel or mat to class. walk-ins welcome, \$15. Registration is accepted in person at any time. No class 7/4.

Wilker, Mary M City Gym Gymnasium  
 4364.300 Adult Monthly Pass \$40  
 4364.301 Adult 10 Classes \$55  
 4364.302 Adult 4 Classes \$25

## FITNESS: KICKBOXING AEROBICS

Shape up with a black belt instructor who makes the popular karate kick boxing exercise fun for all levels. Easy to follow punches, kicks, elbow strikes and more. After a warm-up, stretch and aerobic segment, students have fun punching a bag. This workout burns twice the calories of a typical aerobic class.

Weber, Julia R Murdy Community Center Hall A  
 4360.300 13yrs to Adult 6/25 - 8/27 7:00pm-8:00pm Tu \$84

## FITNESS: PILATES CARDIO BARRE

This high-energy class incorporates Pilates, yoga and dance with cardio interval training to tone and strengthen the entire body. Combining Pilates on the Barre, thera-bands and exercise balls, this class will have you feeling fit and fabulous in no time while burning mega calories. Fitness level: Intermediate. Bring water, towel and mat. No class 7/4.

HB Pilates Murdy Community Center Hall B  
 4511.300 Adult 6/25 - 8/27 7:15pm-8:15pm Tu \$120

HB Pilates Edison Community Center Hall B  
 4513.300 Adult 6/24 - 8/26 7:30pm-8:30pm M \$120

HB Pilates City Gym Room A  
 4514.300 Adult 6/26 - 8/28 10:15am-11:15am W \$120  
 4514.301 Adult 6/27 - 8/29 7:15pm-8:15pm Th \$108  
 4514.302 Adult 6/28 - 8/30 7:45am-8:45am F \$120

## FITNESS: PILATES MAT CLASS

This class is designed for all ages and ability levels. The exercises are low impact with high results. Work on core strength, toning arms and thighs, and conditioning the entire body. Pilates is designed to improve posture, strength, flexibility, balance and total mind-body awareness. Bring water and an exercise mat. No class 7/4.

HB Pilates Edison Community Center Hall B  
 4365.300 Adult 6/24 - 8/26 6:30pm-7:30pm M \$110  
 4365.301 Adult 6/25 - 8/27 9:00am-10:00am Tu \$110  
 4365.302 Adult 6/28 - 8/30 10:30am-11:30am F \$110

HB Pilates City Gym Room A  
 4366.300 Adult 6/26 - 8/28 9:00am-10:00am W \$110  
 4366.301 Adult 6/27 - 8/29 6:15pm-7:15pm Th \$99

HB Pilates Murdy Community Center Hall B  
 4465.300 Adult 6/25 - 8/27 6:00pm-7:00pm Tu \$110  
 4465.301 Adult 6/29 - 8/31 9:00am-10:00am Sa \$110

HB Pilates Rodgers Senior Center Game Room  
 4539.300 Adult 6/26 - 8/28 5:00pm-6:00pm W \$110  
 4539.301 Adult 6/29 - 8/31 10:00am-11:00am Sa \$110

## FITNESS: PILOXING

From Hollywood to Huntington Beach, PILOXING® combines Pilates and boxing into one fat torching, muscle sculpting workout that is fun, challenging and guaranteed to whip you into shape. PILOXING® integrates the power, speed, and agility of boxing with the strength and flexibility of Pilates. Attain a sleek, lean, powerful self-image. Bring exercise mat. No class 7/4.

HB Pilates City Gym Room A  
 4544.300 Adult 6/25 - 8/27 7:00pm-8:00pm Tu \$120  
 4544.301 Adult 6/27 - 8/29 5:15pm-6:15pm Th \$108

HB Pilates Murdy Community Center Hall B  
 4545.300 Adult 6/26 - 8/28 7:00pm-8:00pm W \$120  
 4545.301 Adult 6/29 - 8/31 10:15am-11:15am Sa \$120

HB Pilates Edison Community Center Hall B  
 4571.300 Adult 6/25 - 8/27 10:15am-11:15am Tu \$120

Register Online! [www.hbsands.org](http://www.hbsands.org)

# Adult & Teen Classes

## FITNESS: PRIVATE PERSONAL TRAINING/ PILATES SESSION

Train one-on-one with a NASM Certified Personal Trainer and BASI Certified Pilates Instructor for one hour. Each workout is specifically designed to target personal health and fitness goals utilizing the essentials and equipment from both Pilates and personal training to maximize results. Time and dates TBD No class 7/4.

HB Pilates Murdy Community Center Hall B  
4606.300 Adult 6/24 - 9/14 9:00am-9:00pm TBD \$60

## FITNESS: SLIM & TRIM BY GEORGIA

Fun with low-impact aerobics, simple dance steps, slow stretching, lively floor routines, firming and toning, and relaxing lower back exercises done to a variety of music styles. See you in class. Bring a mat. No class 7/4.

Spidle, Georgia A Edison Community Center Hall A  
4367.300 13yrs to Adult 6/24 - 8/30 9:00am-10:00am M W F \$75

Spidle, Georgia A Murdy Community Center Hall A  
4368.300 13yrs to Adult 6/25 - 8/29 9:00am-10:00am Tu Th \$70

## FITNESS: TOTAL BODY STRETCH

Everyone benefits from stretching on a regular basis. Stretching improves posture and circulation, helps you become more limber and relaxed, and can even prevent injuries. This easy-to-follow class will help make stretching a part of your wellness routine. Bring an exercise mat. No class 7/29.

Grossman, Marianne Rodgers Senior Center Hall A & B  
4372.301 Adult 6/24 - 8/26 5:30pm-6:30pm M \$58

## FITNESS: TURBO KICK

Turbo Kick is a combination of kickboxing moves as well as dance moves choreographed to fun and motivating music. It's a unique blend of intense intervals, strength/endurance training, and a relaxing cool-down. Turbo Kick requires no kickboxing experience or equipment. Bring water, towel, and join the party!

Ferguson, Jennifer Edison Community Center Hall A  
4617.300 Adult 6/25 - 8/27 7:15pm-8:15pm Tu \$100

## FITNESS: ZUMBA

It's different! Effective! Zumba's body sculpting moves and engaging dance steps are set to a fabulous fusion of Latin and International music. Cha-cha, mambo, rock-n-roll and belly dance your way to fitness in this exciting class of calorie-burning, body-energizing fun. Ditch the workout - Join the Party! More info: [www.sockhopfitness.com](http://www.sockhopfitness.com).

Foreman, Jill E Edison Community Center Hall A  
4446.300 16yrs to Adult 6/26 - 8/28 6:35pm-7:25pm W \$72

## FITNESS: ZUMBA - AGES 6 TO 86!

Bring your family and friends to this fun-packed Zumba class for everyone ages 6 to 96! Reap the benefits of a calorie-torching workout while you "Zumba" to fabulous Latin and International music. Increases coordination, rhythm, balance, muscle tone, aerobic fitness and fun!

Foreman, Jill E Rodgers Senior Center Hall A  
4573.300 6yrs to 86yrs 6/18 - 7/23 6:00pm-6:50pm Tu \$36  
4573.301 6yrs to 86yrs 7/30 - 8/27 6:00pm-6:50pm Tu \$30

## FITNESS: ZUMBA GOLD & TONE

It's fun! It's different! These easy yet enticing dance steps will improve balance, strength, coordination and aerobic fitness while you enjoy the sizzling Latin music. Maraca-like toning sticks enhance rhythm and tone muscles. A joyful workout for body and mind. Walk-ins welcome \$10.

Foreman, Jill E Rodgers Senior Center Hall A & B  
4373.300 Adult 6/17 - 8/26 9:00am-9:50am M \$74  
4373.301 Adult 6/22 - 7/27 9:00am-9:50am Sa \$49  
4373.302 Adult 6/22 - 8/31 9:00am-9:50am Sa \$74  
4373.303 Adult 8/3 - 8/31 9:00am-9:50am Sa \$41

## FITNESS: ZUMBA TONING

The perfect way to sculpt while having a total blast! Zumba Toning combines body-sculpting exercises and high energy cardio with Latin-infused Zumba moves for a calorie torching, strength training dance fitness party. Lightweight, maraca-like Zumba Toning sticks can be purchased or bring 1-3 lb. hand weights.

Foreman, Jill E Edison Community Center Hall A  
4489.300 16yrs to Adult 6/24 - 8/26 5:45pm-6:30pm M \$69

## FITNESS: ZUMBA TONING PLUS SENTAO

Revolutionize your workout with Zumba Toning plus Sentao! Using a chair as your dance partner, Sentao revitalizes your cardio workout with moves like you've never seen. Add in the power of Toning and you've got one calorie-torching, core strengthening, and body sculpting fitness party! Suggested; light weights or Toning Sticks.

Foreman, Jill E Edison Community Center Hall A  
4590.300 16yrs to Adult 6/26 - 8/28 5:45pm-6:30pm W \$69

## FREE YOUR MIND

Free Your Mind matures with BEYOND YOUR MIND! In honor of the powerful energies brought forth with this NEW millennium, NEW insights, NEW awareness, and NEW deeper understanding is revealed, thus allowing connection with self and surrounding world with more clarity than ever before. Bring a smile, pen and notebook.

Caldwell, Sunny K Rodgers Senior Center Game Room  
4375.301 Adult 7/2 - 7/23 6:30pm-8:00pm Tu \$36

## GUITAR: STRUMMING AND SINGING

Beginning guitar students will learn chords and how to apply them to traditional folk, pop, and camp songs. The class will also introduce students to singing while accompanying themselves on guitar. Fun and interactive, Strumming and Singing will have students young and old ready to bring their skills to the next party, family gathering or camp out!

McGrath Music, Patrick McGrath Edison Community Center Hall B  
4615.300 10yrs to Adult 6/25 - 8/13 7:15pm-8:15pm Tu \$125

## ITALIAN: INTENSIVE BEGINNING

Whether you are traveling to Italy or just have a passion for the language, this intensive two week course will give you the basic words and phrases to get you on your way to learning and communicating. Focus is on spoken Italian.

Spectrum Languages Edison Community Center Hall C&D  
4551.300 Adult 6/24 - 7/1 6:30pm-8:30pm M \$44

Register Online! [www.hbsands.org](http://www.hbsands.org)

No classes Thursday, July 4

## Parks & Recreation...

Promote Weight Loss

...The Benefits Are Endless

# Adult & Teen Classes

## KARATE: PRACTICAL MARTIAL ARTS

Learn practical self-defense in a fun and safe environment. Our system instills a sense of respect, self-confidence, and focus; and adds to that a modern flavor of training. We combine the striking involved in Muay Thai, and Boxing - the groundwork of Jiu-Jitsu, and the throws and takedowns trained in Wrestling and Judo. You will sweat and have a good time. - Belt Advancement is Available. No class 7/4.

Betance, Justin Murdy Community Center Hall B  
 4441.300 16yrs to Adult 6/27 - 8/22 7:30pm-8:30pm Th \$120  
 9:00am-9:45am Sa

## KARATE: TRADITIONAL JAPANESE KARATE-DO ALL RANK

Learn traditional karate. Improve your physical fitness and balance. Come and learn basic Japanese commands and counting, meditation, self-defense, and how to spar correctly. This class is ongoing and progressive. Uniforms and equipment are available for purchase from instructor. No class 7/4.

Wadoryu USA, Nishimura Shoji Edison Community Center Hall A  
 4383.300 15yrs to Adult 6/27 - 8/29 7:00pm-8:15pm Th \$100

## MARTIAL ARTS FOR ADULTS

Students will be introduced to the basics of Tang Soo Do Karate. Basic blocks, kicks, punches, and forms will be featured. Opportunities for advancement. Any one day \$60, any 2 days \$105, all 3 days \$130. No Saturday classes on the first Saturday of each month.

Cardinal, Frances M Rodgers Senior Center Hall B  
 4385.300 13yrs to Adult 6/25 - 9/3 6:15pm-7:45pm Tu \$60  
 4385.301 13yrs to Adult 6/27 - 9/5 6:15pm-7:45pm Th \$60  
 4385.302 13yrs to Adult 6/29 - 8/31 10:00am-12:00pm Sa \$60  
 4385.303 13yrs to Adult 6/25 - 8/31 6:15pm-7:45pm Any 2 days \$105  
 4385.304 13yrs to Adult 6/25 - 8/31 6:15pm-7:45pm All 3 days \$130

## MUSIC: UKULELE 101 A BEGINNING CLASS

Learn 10 songs in 10 minutes! No prior musical training necessary. This is a hands-on class and you will be amazed by what you learn. Bring your uke and plan to have fun! No class July 2 and Aug. 6. Note: \$5 material fee will be collected at first class.

Price, Donald F Rodgers Senior Center Hall E  
 4390.301 Adult 6/25 - 8/13 9:30am-10:30am Tu \$49

## MUSIC: UKULELE 102 - BEYOND BEGINNERS

A 2nd class for learning to play the ukulele. Learn new strumming techniques. Learn to recognize chord patterns. Learn simple chord melodies and tips and tricks to enhance your playing skills. No class 7/2 & 8/6. Note: \$5 material fee due at first class.

Price, Donald F Rodgers Senior Center Hall E  
 4391.300 Adult 6/25 - 8/13 10:45am-11:45am Tu \$49

## QIGONG (CHINESE YOGA)

Esteemed by the Chinese for thousands of years for illness prevention and therapeutic benefit, this easy-to-learn practice includes gentle movements to promote flexibility and tone, breathing methods to calm. All activity is done standing or sitting in a chair. Instructor has a Qigong Master teaching credential. 1st class is free.

Walker, Donald D Murdy Community Center Hall C&D  
 4394.300 Adult 6/26 - 8/7 6:00pm-7:15pm W \$49

## SKATING: ICE SKATING FOR ADULTS

Learn to skate across the ice forward and backward, stop, hop, spin and more! Includes skate rental, 30-minute lesson, free practice on day of class (6:40-7:10pm), and three additional skating passes to be used during the 4-week session. Class is taught at Westminster ICE, Westminster Ice 13071 Springdale, Westminster  
 4436.300 17yrs to Adult 7/31 - 8/21 6:10pm-6:40pm W \$37

## SPANISH FOR FUN AND FOREVER - BEGINNING

Using recipes for clear, concise communication without difficult verb conjugation, the student can easily express his message in Spanish. The class is packed with visuals, songs, rhymes, movement activities and games. Each student receives color visuals for mastery of the current vocabulary. \$5 activity fee due at first class.

Blades, Murnez Rodgers Senior Center Hall C  
 4399.301 Adult 6/25 - 8/13 6:00pm-7:00pm Tu \$82  
 4399.302 Adult 6/27 - 8/15 3:00pm-4:00pm Th \$82

## SPANISH FOR FUN AND FOREVER - INTERMEDIATE

Building upon what they have learned in the previous sessions, the students continue using the recipe system and build upon it. They begin to learn a few of the finer points of communication and become more fluent. \$5 activity fee due at first class.

Blades, Murnez Rodgers Senior Center Hall E  
 4400.301 Adult 6/27 - 8/15 4:15pm-5:15pm Th \$82

## SURFING: BASIC SURF LESSON

This is a single lesson to introduce you to the joy of surfing and focuses on the basics of catching and riding waves, students must be able to swim. Boards and wetsuits provided. Lessons are run by a former pro surfer and coach with 30 years experience. [www.HBSurfSchool.com](http://www.HBSurfSchool.com)

HB Surf School, Bill Sharp Beach Service Center  
 South Side of Pier

4402.301	10yrs to Adult	7/6	8:00am-9:30am	Sa	\$75
4402.302	10yrs to Adult	7/13	8:00am-9:30am	Sa	\$75
4402.303	10yrs to Adult	7/20	8:00am-9:30am	Sa	\$75
4402.304	10yrs to Adult	7/27	8:00am-9:30am	Sa	\$75
4402.305	10yrs to Adult	8/3	8:00am-9:30am	Sa	\$75
4402.306	10yrs to Adult	8/10	8:00am-9:30am	Sa	\$75
4402.307	10yrs to Adult	8/17	8:00am-9:30am	Sa	\$75
4402.308	10yrs to Adult	8/24	8:00am-9:30am	Sa	\$75
4402.309	10yrs to Adult	9/14	8:00am-9:30am	Sa	\$75
4402.310	10yrs to Adult	9/28	8:00am-9:30am	Sa	\$75

## SURFING: LEARN TO SURF

This is a four-lesson surf program that stresses beach safety and fun while you learn the basics of catching and riding waves, and ocean safety. Students must be able to swim. Boards and wetsuits provided. Lessons are run by a former pro surfer and coach with 30 years experience. More info: [www.hbsurfschool.com](http://www.hbsurfschool.com).

HB Surf School, Bill Sharp Beach Service Center  
 South Side of Pier

4403.301	10yrs to Adult	7/6 - 7/21	8:00am-9:30am	Su Sa	\$200
4403.302	10yrs to Adult	8/3 - 8/18	8:00am-9:30am	Su Sa	\$200
4403.303	10yrs to Adult	9/14 - 9/29	8:00am-9:30am	Su Sa	\$200

## TAI CHI CHUAN FOR BEGINNERS

A "no sweat" form of mental and physical health exercise. Tai Chi produces a balanced unification of body, mind and spirit while stretching and toning the body's muscles. Wear comfortable clothing and flat-soled shoes. No class 7/4.

Pham, Elizabeth Rodgers Senior Center Hall B  
 4407.301 Adult 6/24 - 8/26 6:30pm-8:00pm M \$50  
 4407.302 Adult 6/27 - 8/29 9:00am-10:30am Th \$50

## TAI CHI CHUAN FOR INTERMEDIATE

A "no sweat" form of mental and physical health exercise. Tai Chi produces a balanced unification of body, mind and spirit while stretching and toning the body's muscles. Wear comfortable clothing and flat-soled shoes. No class 7/4.

Howe, Shona S Rodgers Senior Center Hall B  
 4499.301 Adult 6/24 - 8/26 6:30pm-8:00pm M \$50  
 4499.302 Adult 6/27 - 8/29 9:00am-10:30am Th \$50

# Adult & Teen Classes

## TAI CHI FOR WELLNESS I

First class is free! Relax, balance, and revitalize your body, mind and life force. Not a martial art or religion. The graceful, flowing movements improve health by toning muscles, increasing flexibility and aligning the body through a systematic release of stress. Instructor has a Tai Chi Masters teaching credential.

Walker, Donald D Edison Community Center Hall B  
4404.300 Adult 6/24 - 8/5 1:30pm-2:45pm M \$49

## TAI CHI TIGER WALKING

First class is free! Increase the benefits of walking by including the mindful principles of the fluid, flowing movement of Tai Chi. You'll soon walk farther, faster, with less effort, and no injury while gathering vital life force.

Walker, Donald D Lake Park Clubhouse, 1035 11th Street  
4435.301 Adult 7/9 - 8/6 1:00pm-2:15pm Tu \$45  
4435.302 Adult 7/9 - 8/6 6:30pm-7:45pm Tu \$45

## VOLLEYBALL: ADULT INDOOR CLINIC – INTERMEDIATE

This class is designed for those who have good fundamentals in addition to general consistency with their ball control. Students at this level can expect to learn advanced aspects of the game from strategy to overall improved technique. Guided play to follow instruction and drills.

Taylor, Matthew R City Gym Gymnasium  
4583.300 16yrs to Adult 6/25 - 7/23 7:15pm-9:15pm Tu \$89  
4583.301 16yrs to Adult 7/30 - 8/27 7:15pm-9:15pm Tu \$89

## WOMEN'S VOLLEYBALL

Tuesday and Thursday is Intermediate/Advanced only: Women's competitive league play! Wednesday is for the beginning to intermediate player to refresh your skills of bumping, setting, spiking and serving. No class 7/4.

Taylor, Matthew R City Gym Gymnasium  
4409.300 18yrs to 80yrs 6/25 - 8/27 9:30am-12:30pm Tu \$65  
4409.302 18yrs to 80yrs 6/27 - 8/29 9:30am-12:30pm Th \$65

## YOGA, A MOVING MEDITATION

This Hatha yoga practice is a moving meditation of postures to promote strength, balance and union among the mind, body, and universe. Focus is on the breath and experiencing the present. All levels welcome! Instructor is certified RYT 200. Please bring a towel or yoga mat. No practice July 6 and August 31.

Patire, Mary R Edison Community Center Hall C&D  
4559.300 14yrs to Adult 6/29 - 9/7 10:30am-11:30am Sa \$72

## YOGA: CANDLELIGHT VINAYASA YOGA

Decompress by candlelight on Tuesday evenings at HB's inspiring Art Center. Vinyasa yoga is a power yoga that provides a great workout while increasing strength and flexibility. Each class will strive to balance mind, body and spirit while decreasing stress and increasing inner peace and awareness.

Stanek, Denise Art Center Multipurpose  
4594.301 17yrs to Adult 6/18 - 8/6 6:30pm-7:30pm Tu \$116\*  
\*\$99.60 HBAC

## YOGA: CITY GYM

These classes are structured to increase body awareness and reduce stress while increasing flexibility and strength. Avoid eating two hours prior to class. Wear comfortable clothing and bring an exercise mat and towel or blanket.

Carmichael, Yvonne City Gym Room A  
4410.300 16yrs to Adult 6/24 - 8/26 10:30am-12:00pm M \$87

## YOGA: EDISON COMMUNITY CENTER

Yoga unites mind & body to reduce stress & promote holistic health benefits. Class incorporates postures, meditation & philosophy in a breath centered practice providing calm & well-being, as well as strength, balance, & flexibility. All levels welcome. Avoid eating 2 hours prior to class, bring a mat & blanket. Instructor: Diane Pavesic, Certified Yoga Therapist, RN, YTRx-500, ERYT-500. No class 7/3.

Pavesic, Diane M Edison Community Center Hall C&D  
4411.300 Adult 6/26 - 8/21 4:30pm-5:30pm W \$62  
4411.301 Adult 6/26 - 8/21 5:45pm-6:45pm W \$62  
4411.302 Adult 6/26 - 8/21 7:00pm-8:00pm W \$62

## YOGA: GENTLE THERAPEUTIC YOGA

Learn to live a balanced life with proper breathing, body alignment/posture while restoring flexibility and gaining strength. A traditional style class using props and based on Yoga Therapy, limited 12 student for individual attention, working from fingertips to toes, supporting the body as a whole while acquiring a more acute sense of body awareness. Bring a mat and blanket.

HelpYourHealth, RoxAnn Madera Lake View Clubhouse  
17451 Zeider Lane  
4578.300 15yrs to Adult 6/29 - 8/17 10:15am-11:15am Sa \$94

## YOGA: GENTLE YOGA FOR EVERYONE

Learn to live a balanced life with proper breathing, body alignment/posture restoring flexibility and gaining strength. A traditional class, Limited to 12 students for individual attention, working from fingertips to toes supporting the body as a whole acquiring a more acute sense of body awareness. Bring mat and blanket.

HelpYourHealth, RoxAnn Madera Marutani Center  
18964 Brookhurst St, Fountain Valley  
4509.300 15yrs to Adult 6/18 - 8/13 9:00am-10:15am Tu \$133  
4509.301 15yrs to Adult 6/19 - 8/14 9:00am-10:15am W \$133

## YOGA: GENTLE YOGA FOR EVERYONE

Learn to live a balanced life with proper breathing, body alignment/posture restoring flexibility and gaining strength. A traditional class, Limited to 12 students for individual attention, working from fingertips to toes supporting the body as a whole acquiring a more acute sense of body awareness. Bring mat and blanket. This class is held at the Marutani Dojo Cultural Center 18964 Brookhurst St Fountain Valley 92708.

HelpYourHealth, RoxAnn Madera Marutani Center  
18964 Brookhurst St, Fountain Valley  
4613.300 15yrs to Adult 6/29 - 8/17 9:00am-10:00am Sa \$94

## YOGA: GENTLE YOGA II

This class is for the yoga student who have already completed a beginner's course and wants to be challenged in further developing their skills in body alignment and movement. Never losing sight of the fundamentals but building on them for a stronger practice with the addition of more complicated poses, longer holds and flowing with the breath. Learn in the atmosphere of a small class, limited to 12 students with personalized attention.

HelpYourHealth, RoxAnn Madera Marutani Center  
18964 Brookhurst St, Fountain Valley  
4576.300 15yrs to Adult 6/18 - 8/13 10:45am-12:00pm Tu \$133

**Parks & Recreation...**

**Instill Teamwork**

...The Benefits Are Endless

# Adult & Teen Classes

## YOGA: IN THE GREAT OUTDOORS

Outdoor Hatha yoga class. A great way to start your weekend with deep breath and relaxing asanas. All levels welcome. Yoga is known for its calming and body beautifying effects. Please bring a yoga mat or towel.

Stevenson, Sarah Harriett Wieder Park, 19251 Seapoint Avenue  
**4414.301 Adult 6/29 - 8/31 9:00am-10:00am Sa \$95**

## YOGA: MURDY COMMUNITY CENTER

Beginner & intermediate students welcome! Classes are sequenced to increase flexibility while strengthening the entire body (back, hips, shoulders, neck, etc.) Breathing & relaxation techniques are incorporated to calm the mind integrating a sense of well being. Avoid eating two hours prior to class and bring a mat and large towel. If there are existing medical conditions, please check with your doctor before proceeding. No class 8/5-9.

King, Jacki, CYT, RYT Murdy Community Center Hall A  
**4417.300 Adult 7/1 - 8/26 4:35pm-5:35pm M \$62**  
**4417.301 Adult 7/10 - 8/21 4:30pm-5:30pm W \$52**

Carmichael, Yvonne Murdy Community Center Game Room  
**4418.300 16yrs to Adult 6/26 - 8/28 10:30am-12:00pm W \$87**  
**4418.301 16yrs to Adult 6/28 - 8/30 10:30am-12:00pm F \$87**

Holden, Susan, CYT, RYT Murdy Community Center Hall A  
**4450.300 16yrs to Adult 7/1 - 8/26 6:00pm-7:00pm M \$62**  
**4450.301 16yrs to Adult 7/1 - 8/26 7:15pm-8:15pm M \$62**  
**4450.302 16yrs to Adult 7/2 - 8/27 5:30pm-6:30pm Tu \$62**  
**4450.303 16yrs to Adult 7/12 - 8/30 4:00pm-5:00pm F \$57**

## YOGA: RODGERS SENIOR CENTER

Yoga unites mind and body to reduce stress and promote holistic health benefits. Class incorporates postures, meditation and philosophy in a breath-centered practice providing calm & well-being, as well as strength, balance & flexibility. All levels welcome. Avoid eating 2 hours prior to class. Bring mat and blanket. Instructor: Diane Pavesic, Certified Yoga Therapist, RN, E-RYT-500. No class 7/4.

Pavesic, Diane M Rodgers Senior Center Hall E  
**4413.301 Adult 6/27 - 8/22 10:00am-11:00am Th \$62**  
**4413.302 Adult 6/27 - 8/22 11:00am-12:00pm Th \$62**



## YOGA: CHAIR YOGA FOR SENIORS

Class incorporates stretches & meditation in a holistic breath-centered practice to promote overall well-being. Therapeutic benefits include reduced pain and blood pressure, improved memory, flexibility, balance, and sleep. All levels and abilities welcome. Instructor: Diane Pavesic, Certified Yoga Therapist, RN, E-RYT-500.

Pavesic, Diane M Rodgers Senior Center Hall D  
**4817.301 50yrs and 6/24 - 8/19 10:00am-11:00am M \$70**

## YOGA: YOGA AS A SENIOR SOLUTION

Starting in the chair with emphasis on breathing/posture, then using the chair as a prop for balance, stretching and flexibility, continuing down to the mat. Working to strengthen the body from fingers to toes, keeping ones independence and freedom of movement for your individual body, in a class limited to 12 students for individual attention. Please bring a mat and blanket.

HelpYourHealth, RoxAnn Madera Marutani Center  
 18964 Brookhurst St, Fountain Valley  
**4510.300 50yrs and up 6/17 - 8/12 1:00pm-2:30pm M \$133**  
**4510.301 50yrs and up 6/18 - 8/13 12:30pm-2:00pm Tu \$133**  
**4510.302 50yrs and up 6/19 - 8/14 10:30am-12:00pm W \$133**  
**4510.303 50yrs and up 6/21 - 8/16 10:30am-12:00pm F \$133**



# Computers and Active Aging

## COMPUTERS: ESSENTIAL COMPUTER SKILLS

Hands-on instruction of basic but essential computer skills. Learn the keyboard, word processing, the Windows filing system to properly save information and find it. Also learn e-mailing, attaching files to e-mails, downloading, backing-up info on your computer and much more. Friendly, well-paced atmosphere. Experienced and patient teacher. Advanced registration strongly advised.

Lander, Joel Rodgers Senior Center Computer Lab  
**4593.300 25yrs to Adult 7/3 - 7/26 9:00am-12:00pm W F \$66**  
**4593.301 25yrs to Adult 8/16 - 9/6 9:00am-12:00pm F \$66**

## COMPUTERS: BEGINNING COURSE TO THE COMPUTER

Learn to properly turn a computer on and off; use a pointing device (mouse); correct typing mistakes; write, send, read, print, reply, forward and delete e-mail; surf the World Wide Web. A suggested donation of \$5 is due at the first class.

Staff, Recreation Rodgers Senior Center Computer Lab  
**4800.300 50 yrs and up 7/9 - 7/30 9:00am-11:30am Tu \$15**  
**4800.301 50 yrs and up 8/6 - 8/27 9:00am-11:30am Tu \$15**

# Computers and Active Aging

## COMPUTERS: ORGANIZE YOUR COMPUTER ONCE AND FOR ALL

Put information where you can find it. Clean up and organize old files and your desktop. Make shortcuts to favorite programs and files. Back up critical information. Get free programs to make your computer life easier and optimize your computer. Skills are universal whether you have Windows XP, Vista or 7. Ask questions, get answers, have fun! Advanced registration strongly advised.

Lander, Joel                      Rodgers Senior Center Computer Lab  
**4547.300**    **25yrs to Adult**    **7/18 - 7/25**    **2:00pm-5:00pm**    **Th**    **\$66**  
**4547.301**    **25yrs to Adult**    **8/29 - 9/5**    **2:00pm-5:00pm**    **Th**    **\$66**

## COMPUTERS: PICASA, PHOTO EDITING AND ORGANIZING

Organize, edit, and share digital pictures using Google's free Picasa program. Learn how to import/export, and relocate pictures; improve color, lighting, crop, fix red eye and do other edits; share your pictures via emails, web albums, CDs, prints and much more. Advanced registration strongly advised.

Lander, Joel                      Rodgers Senior Center Computer Lab  
**4548.300**    **Adult**    **7/2 - 7/25**    **9:00am-12:00pm**    **Tu Th**    **\$66**  
**4548.301**    **Adult**    **8/15 - 9/5**    **9:00am-12:00pm**    **Th**    **\$66**

## COMPUTERS: WINDOWS 7

Learn to navigate and use Windows 7 to your advantage. Personalize your computer. Design your desktop. Understand the Start menu and taskbar. Understand the libraries and Accessories. Take advantage of the control panel and the many adjustments available in Windows 7. Ask questions, experiment, learn tricks, share and discover. Have fun! Advanced registration strongly advised.

Lander, Joel                      Rodgers Senior Center Computer Lab  
**4585.300**    **Adult**    **7/2 - 7/11**    **2:00pm-5:00pm**    **Tu Th**    **\$66**  
**4585.301**    **Adult**    **8/15 - 8/22**    **2:00pm-5:00pm**    **Th**    **\$66**

## COMPUTERS: EXCEL BEGINNING

Learn how to use spreadsheets to logically present tabular information. This course will teach you how to: Manipulate spreadsheet cells, rows, columns, fonts; build spreadsheets; create formulas, graphs and drawings to spreadsheets. A suggested donation of \$5 is due at the first class. Prerequisite: Solid knowledge using a PC and Windows Skills. Note: No class May 28. Class on May 21 will be 2 sessions, 9-12 and 1-4.

Staff, Recreation                      Rodgers Senior Center Computer Lab  
**4803.300**    **50yrs and up**    **8/5-8/26**    **9:00am-12:00pm**    **M**    **\$15**

## COMPUTERS: GOOGLE GALORE

Learn the use of the powerful Google Search Engine and how to format key work groupings that will rapidly complete your search. Explore these and other tools: Google Earth, Maps, Directions, Word Processor, Spreadsheet, Language Translator, and more. A suggested donation of \$5 is due at the first class.

Staff, Recreation                      Rodgers Senior Center Computer Lab  
**4805.300**    **50yrs and up**    **8/9 - 8/16**    **1:00pm-4:00pm**    **F**    **\$12**

## COMPUTERS: MS WORD ESSENTIALS

Learn to create, save, retrieve, rename and delete documents. Learn text selection techniques, editing, cut/copy/paste, spell/grammar check, and using Thesaurus. Learn to use tab and ribbon. A suggested donation of \$5 is due at the first class.

Staff, Recreation                      Rodgers Senior Center Computer Lab  
**4802.300**    **50yrs and up**    **7/10 - 7/31**    **9:00am-12:00pm**    **W**    **\$15**  
**4802.301**    **50yrs and up**    **8/7 - 8/28**    **9:00am-12:00pm**    **W**    **\$15**

## COMPUTERS: IPAD FOR BEGINNERS

iPad for Beginners, for people who already have an iPad who want to learn how to use it. We will start at "How do I turn it on?" Discussions will include Wi-Fi, 3G/4G, iOS 5.1, iTunes and aspects of included apps. Must bring an iPad with charging cord to classes.

Staff, Recreation                      Rodgers Senior Center Hall C  
**4826.300**    **50yrs and up**    **6/5 - 6/26**    **9:00am-12:00pm**    **W**    **\$20**  
**4826.301**    **50yrs and up**    **8/7 - 8/28**    **9:00am-12:00pm**    **W**    **\$20**

## CPR/FIRST AID/AED BASICS FOR SENIORS & CAREGIVERS

An interactive class where seniors, caregivers and family members can learn about the basics of CPR/First Aid/AED use for adults. Learn lifesaving techniques, bring your questions and we will share our knowledge. American Heart Association card will be issued to all who participate. Please bring self-addressed stamped envelope. \$15 material fee due at first class.

Ameduri, Megan                      Rodgers Senior Center Hall C  
**4828.300**    **16yrs to Adult**    **7/13**    **9:00am-1:00pm**    **Sa**    **\$50**

## DANCE: BALLET AND BALLET STRETCH FOR OLDER ADULTS

Please join us in learning and practicing the beautiful graceful movements of Ballet. An opportunity to improve fitness through fun, working on flexibility, coordination, strength, balance, endurance and healthy attractive posture. No experience necessary. The class is non-competitive and we become great friends in the process.

Hunting Academy of Dance                      Rodgers Senior Center Hall D  
**4494.300**    **18yrs to Adult**    **7/01 - 7/22**    **12:30pm-1:30pm**    **M**    **\$35**  
**4494.301**    **18yrs to Adult**    **8/05 - 8/26**    **12:30pm-1:30pm**    **M**    **\$35**

## FITNESS: FITNESS FOR LIFE

Come join our work-out using body weight, bands, stretching and exercise balls. First class will include an assessment. We'll set goals to get you fit to enjoy whatever it is you love to do! Enrollments are kept low to insure personal attention and training. Bring mat or towel to class.

Hart, Phil                      Rodgers Senior Center Game Room  
**4827.300**    **50yrs and up**    **7/10 - 8/28**    **6:00pm-7:00pm**    **W**    **\$86**

## FITNESS: PILATES FOR SENIORS

Pilates is ideal for people over 50 because of its low-impact exercises. Benefits include: improved posture, strength, balance, along with an enhanced mind/body connection and total body awareness to reduce the risk of falls. This class will incorporate a chair for stability and flexibility exercises. Bring an exercise mat.

HB Pilates                      Rodgers Senior Center Game Room  
**4822.300**    **Adult**    **6/24 - 8/26**    **12:30pm-1:30pm**    **M**    **\$99**  
**4822.301**    **Adult**    **6/28 - 8/30**    **12:30pm-1:30pm**    **F**    **\$99**  
**4822.302**    **Adult**    **6/24 - 8/30**    **12:30pm-1:30pm**    **M F**    **\$180**

## Parks & Recreation...

# Reduce Stress

...The Benefits Are Endless

# Sports Programs

## YOUTH SPORTS

The City of Huntington Beach Youth Sports Program stresses the importance of teaching young people not only the rules and strategies of games but important lessons about life as well. Positive youth sports programs help young people develop confidence and self-esteem, help them learn to resolve conflicts peacefully, teach them ways to take care of their health and well-being, and help them develop skills for communicating with others. Coaches, spectators, families and participants are encouraged to be mindful that these programs are designed to develop the whole person, not just the athlete, and that sportsmanship is a required element of the City of Huntington Beach Youth Sports program.

### SUMMER VOLLEYBALL CAMP

Boys and girls will be introduced to the fundamentals of indoor volleyball in this instruction based camp with an emphasis on learning the game while having fun! all skill levels are welcomed and participants will be taught the basics of volleyball through games based drills, hands on training and semi-competitive scrimmages. Get ready for the fall indoor volleyball league!

Staff, Recreation				City Gym Gymnasium	
<b>7745.300</b>	<b>4th-6th Grade</b>	<b>8/12 - 8/16</b>	<b>2:00pm-3:30pm</b>	<b>M-F</b>	<b>\$55</b>
<b>7745.301</b>	<b>7th-8th Grade</b>	<b>8/12 - 8/16</b>	<b>3:30pm-5:00pm</b>	<b>M-F</b>	<b>\$55</b>

### PEE WEE T-BALL

Pee Wee T-Ball is a non-competitive introduction to T-Ball for youth between the ages of 3 and 5 years old. Participants will learn fundamental T-ball techniques, basic rules of the game and to have fun while playing sports. Participants will also strengthen social skills by interacting with their coaches and teammates. All players will be placed on a team and will receive an HB recreation jersey! No class 7/3.

Staff, Recreation				Murdy Community Center Softball Field #1	
<b>7728.310</b>	<b>3yrs to 5yrs</b>	<b>6/24 - 7/22</b>	<b>10:00am-10:50am</b>	<b>M W</b>	<b>\$55</b>
<b>7728.311</b>	<b>3yrs to 5yrs</b>	<b>6/24 - 7/22</b>	<b>11:00am-11:50am</b>	<b>M W</b>	<b>\$55</b>
<b>7728.312</b>	<b>3yrs to 5yrs</b>	<b>6/24 - 7/22</b>	<b>12:00pm-12:50pm</b>	<b>M W</b>	<b>\$55</b>

Staff, Recreation				Edison Community Center Softball Field #1	
<b>7729.310</b>	<b>3yrs to 5yrs</b>	<b>6/24 - 7/24</b>	<b>10:00am-10:50am</b>	<b>M W</b>	<b>\$55</b>
<b>7729.311</b>	<b>3yrs to 5yrs</b>	<b>6/24 - 7/24</b>	<b>11:00am-11:50am</b>	<b>M W</b>	<b>\$55</b>
<b>7729.312</b>	<b>3yrs to 5yrs</b>	<b>6/24 - 7/22</b>	<b>12:00pm-12:50pm</b>	<b>M W</b>	<b>\$55</b>

### JUNIOR BASEBALL / SOFTBALL

Junior Baseball/Softball is a semi-competitive introduction to baseball and softball for youth between the ages of 6 and 8 years old. Participants will learn fundamental baseball and softball techniques, basic rules of the game and to have fun while playing sports. Participants will also strengthen social skills by interacting with their coaches and teammates. All players will be placed on a team and will receive an HB recreation jersey! No class July 3rd.

Staff, Recreation				Murdy Community Center Softball Field #1	
<b>7730.300</b>	<b>6yrs to 8yrs</b>	<b>6/24 - 7/22</b>	<b>1:00pm-1:50pm</b>	<b>M W</b>	<b>\$55</b>

Staff, Recreation				Edison Community Center Softball Field #1	
<b>7730.301</b>	<b>6yrs to 8yrs</b>	<b>6/24 - 7/22</b>	<b>1:00pm-1:50pm</b>	<b>M W</b>	<b>\$55</b>

### BASEBALL: INSTRUCTIONAL

This City of Huntington Beach program is a clinic-based program with an emphasis on learning the game and having fun. All skill levels are welcome and basic fundamentals will be taught through drills and instruction. Players will enjoy a recreational program where enjoying baseball is the key to learning. All players will be placed on a team and will receive an HB recreation jersey! No class 7/3.

Staff, Recreation				Murdy Community Center Softball Field #1	
<b>7731.300</b>	<b>9yrs to 12yrs</b>	<b>6/24 - 7/22</b>	<b>1:00pm-1:50pm</b>	<b>M W</b>	<b>\$55</b>

### SOFTBALL: INSTRUCTIONAL

This City of Huntington Beach program is a clinic-based program with an emphasis on learning the game and having fun. All skill levels are welcome and basic fundamentals will be taught through drills and instruction. Payers will enjoy a recreational program where enjoying softball is the key to learning. All players will be placed on a team and will receive an HB recreation jersey! No class 7/3.

Staff, Recreation				Edison Community Center Softball Field #1	
<b>7731.301</b>	<b>9yrs to 12yrs</b>	<b>6/24 - 7/22</b>	<b>1:00pm-1:50pm</b>	<b>M W</b>	<b>\$55</b>

### PEE WEE BASKETBALL

Pee Wee basketball is a non-competitive introduction to basketball for youth between the ages of 3 and 5 years old. Participants will learn fundamental basketball techniques, basic rules of the game and to have fun while playing sports. Participants will also strengthen social skills by interacting with their coaches and teammates. All players will be placed on a team and will receive an HB recreation jersey!

Staff, Recreation				City Gym Gymnasium	
<b>7720.300</b>	<b>3yrs to 5yrs</b>	<b>6/22 - 7/27</b>	<b>9:30am-10:20am</b>	<b>Sa</b>	<b>\$55</b>
<b>7720.301</b>	<b>3yrs to 5yrs</b>	<b>6/22 - 7/27</b>	<b>10:30am-11:20am</b>	<b>Sa</b>	<b>\$55</b>
<b>7720.302</b>	<b>3yrs to 5yrs</b>	<b>6/22 - 7/27</b>	<b>12:30pm-1:20pm</b>	<b>Sa</b>	<b>\$55</b>

Staff, Recreation				Murdy Community Center Softball Field #1	
<b>7720.303</b>	<b>3yrs to 5yrs</b>	<b>6/22 - 7/27</b>	<b>9:30am-10:20am</b>	<b>Sa</b>	<b>\$55</b>

### JUNIOR BASKETBALL

Junior basketball is a semi-competitive introduction to basketball for youth in 1st or 2nd grade. Participants will learn fundamental basketball techniques, basic rules of the game and to have fun while playing sports. Participants will also strengthen social skills by interacting with their coaches and teammates. All players will be placed on a team and will receive an HB recreation jersey!

Staff, Recreation				Murdy Community Center Basketball Courts	
<b>7721.300</b>	<b>6yrs to 8yrs</b>	<b>6/22 - 7/27</b>	<b>10:30am-11:20am</b>	<b>Sa</b>	<b>\$55</b>

Staff, Recreation				City Gym Gymnasium	
<b>7721.301</b>	<b>6yrs to 8yrs</b>	<b>6/22 - 7/27</b>	<b>11:30am-12:20pm</b>	<b>Sa</b>	<b>\$55</b>

### SUMMER BASKETBALL: INSTRUCTIONAL

The Summer Basketball program is a clinic based program with an emphasis on learning the game and having fun. All skill levels are welcome and the fundamentals of basketball will be taught through game based drills and instruction. Players will participate in a recreational program where enjoying basketball is the key to learning. All players will be placed on a team and will receive an HB recreation jersey! No class 7/4.

Staff, Recreation				Murdy Community Center Basketball Courts	
<b>7722.300</b>	<b>9yrs to 10yrs</b>	<b>6/25 - 7/23</b>	<b>3:00pm-3:50pm</b>	<b>Tu Th</b>	<b>\$55</b>
<b>7722.301</b>	<b>11yrs to 13yrs</b>	<b>6/25 - 7/23</b>	<b>4:00pm-4:50pm</b>	<b>Tu Th</b>	<b>\$55</b>

### SHOOTING STARS BASKETBALL

Shooting Stars Basketball is for all boys and girls with special needs between the ages of 11-21. Participants will learn fundamental basketball techniques, basic rules of the game and to have fun while playing sports. Every player will receive an HB Recreation jersey! All of the practices/games will be played on Saturday afternoons at the City Gym & Pool.

Staff, Recreation				City Gym Gymnasium	
<b>7724.300</b>	<b>10yrs to 20yrs</b>	<b>6/22 - 7/27</b>	<b>12:30pm-1:20pm</b>	<b>Sa</b>	<b>\$55</b>

**Parks & Recreation...**  
**Quench Competitive Thirst**

...The Benefits Are Endless

# Sports Programs

## ADULT SPORTS

### ADULT SIX'S VOLLEYBALL LEAGUE

Monday & Wednesday Nights 6:00-10:00 PM Winter, Spring, Summer & Fall Sessions This program is designed to provide a structured, competitive volleyball league for players of various skill levels. New teams are evaluated and placed in an appropriate divisional level. We work with individuals to place them on just the right team. Three levels of Coed (3-men & 3-women) is offered on Monday nights. Advanced Women's League is offered on Wednesday nights. Games will be played at the City Gym. Each team must pay directly to the official a fee of \$14 before each match. Each match consists of three games. To enter a team or join an existing team, call the City Gym at (714) 960-8884 or Rics Volleyball (714) 375-5063. 12 Week Session.

Win Win, Promotions LLC City Gym Gymnasium  
7900.300 18yrs to 99yrs 6/24 - 9/11 6:00pm-10:00pm M W \$250

### ADULT SLO-PITCH SOFTBALL LEAGUES

The Huntington Beach Community Services Department offers year round adult softball leagues for Men and Coed teams. The Summer season will begin the week of May 5, 2013 and continue for approximately eleven weeks. Men's teams play Sunday, Monday, Tuesday, Thursday or Friday nights. Coed teams play Sunday afternoons/evenings, Wednesday, or Friday nights. Team registration costs are \$420 plus umpire fee. The umpire fee (\$15) is paid at each game directly to the umpire. Over 55 Senior Leagues are offered on Sunday mornings/ early afternoons and on Thursday nights. Senior Coed leagues are offered on Tuesday evenings. Legends Senior Women's Softball Association plays on Thursday nights at Murdy Park. For more information on the women's softball league, call: 714-523-2313 The team registration fee for the Senior Leagues is \$200 per team, plus the \$15 per game official's fee.

Deadline for registration is Thursday, April 25, 2013. Late-Registration will be taken after the deadline if league space permits. All accepted late registration is subject to a \$25 late fee. Registration packets are available at City Hall, on the City website or by mail. Individuals who wish to join a team may call the Community Services Department at 714-536-5486 and will be put on an eligibility list made available to the team managers.

Registration information for the Fall 2013 season will be available in July for the season starting in Mid-August, 2013.



### ARENA SOCCER LEAGUES

The City of Huntington Beach offers year round adult arena soccer leagues at the award winning Central Park Sports Complex. Games will be played on artificial sports turf under the lights starting the week of June 10, 2013. Team registration costs are \$400 per 8 week season plus referee fees (\$20) per game paid directly to the official by each team. League play will be 6 v 6 - including the goalie. All teams must have uniforms with numbers. Registration packets are available at City Hall, on the City website ([surfcity-hb.org](http://surfcity-hb.org)) or by mail. For league information or to be placed on the individual players list, please call 714-536-5230. The first day of registration will be April 29, 2013. The deadline to turn in team registration to City Hall is May 31, 2013. A manager's meeting will be held prior to the start of the league on Wednesday, June 5, 2013.

**6 v 6 Men's Open League** Monday Nights 6:30pm, 7:30pm, 8:30pm

**6 v 6 Men's Rec League – 28 & Over** Tuesday Nights 6:30pm, 7:30pm, 8:30pm

**6 v 6 Men's Open League** Wednesday Nights 6:30pm, 7:30pm, 8:30pm

**6 v 6 Coed Rec League – 28 & Over** Thursday Nights 6:30pm, 7:30pm, 8:30pm

**6 v 6 Coed Open League** Friday Nights 6:30pm, 7:30pm, 8:30pm

Registration information for the Fall 2013 season will be available in July, 2013 for the season starting in Mid September 2013.

### MEN'S ADULT RECREATIONAL BASKETBALL LEAGUE

Winter, Spring, Summer and Fall Sessions Basketball leagues are played on Sundays and are arranged by the overall skill level of each team to ensure competitiveness. Leagues are height restricted - 6'0" and under and 6'5" and under (with a 1" allowance). Each team is also responsible for a \$30 game fee each week to cover two officials and a scorekeeper/statistician. The last two game fees are collected with the registration fee as a deposit against forfeits. For more information please go to [hoopsunlimited.com](http://hoopsunlimited.com) or call the City Gym and Pool at (714) 960-8884 for registration information. 10 Week Session.

Walker, Marty City Gym Gymnasium  
7901.300 18yrs to 99yrs 6/23 - 8/25 9:00am-5:30pm Su \$426

# Swimming



American  
Red Cross

## Summer Swimming

The City of Huntington Beach is pleased to offer a complete summer swim program. Our program is designed to meet a variety of swimming needs. Whether it is learning new swimming techniques, or recreational enjoyment of the water, we have something for everybody.

All of our swim instructors are certified American Red Cross Water Safety Instructors and lifeguards. The swim course follows the American Red Cross standards. Classes are offered for youth ages six months through adult and teach skills from water adjustment through lifeguarding techniques. Classes consist of ten lessons unless otherwise specified. **No Class July 4.**

**Registration for the summer 2013 swim program begins Tuesday, March 5th at 9AM. Registration is available online at [HBsands.org](http://HBsands.org) or at your local community center. For more information call (714) 960-8884.**

### MARINA HIGH SCHOOL POOL

15871 Springdale St.  
(714) 373-1947  
Register at [HBsands.org](http://HBsands.org)

### CITY GYM AND POOL

1600 Palm Ave.  
(714) 960-8884  
Office Hours: M-TH 9a - 9p Sat 9a - 1p  
Friday 9a - 8p [HBsands.org](http://HBsands.org)

### EDISON HIGH SCHOOL POOL

21400 Magnolia St.  
(714) 962-9144  
Register at [HBsands.org](http://HBsands.org)

## SWIM LEVELS

### Parent and Child (PC) 6 month to about 3 years:

Parents and children learn together through two fun-filled levels to increase children's comfort in the water and build a foundation of basic aquatic and water safety skills.

**PC Level 1 (PC 1)** – Introduces Basic skills including safety topics to parents and children

**PC Level 2 (PC 2)** – Builds on the skills introduced in level 1, with participants improving these skills and learning more advanced skills.

**Preschool Aquatics (PA) About 4 to 5 years:** Three fun, age-appropriate levels teach basic aquatic safety and survival skills to increase children's comfort level in and around the water.

**PA Level 1 (PA 1):** Orients children to the aquatic environment and helps them gain basic aquatics skills.

**PA Level 2 (PA 2):** Helps children gain greater independence in their skills and develop more comfort in and around water.

**PA Level 3 (PA 3):** Helps children start to gain basic swimming propulsive skills to be comfortable in and around water.

**Learn-to-Swim (LS) About 6 years through adult:** Six progressive levels help swimmers of varying ages and abilities develop their water safety, survival and swim skills.

**Level 1 (LS 1):** Introduction to Water Skills: Ages 6 and up. Builds confidence and develops safety skills in and around water for children with little or no prior swim instruction.

**Level 2 (LS 2):** Fundamental Aquatic Skills: Ages 6 and up. Students are introduced to the front and back crawl.

**Level 3 (LS 3):** Stroke Development: Must hold level 2 certificate or be able to perform at the equivalent skill level. Students refine the front and back crawl and are introduced to the butterfly-kick.

**Level 4 (LS 4):** Stroke Improvement: Must hold level 3 certificate or be able to perform at the equivalent skill level. Students will be introduced to the breast stroke, elementary backstroke and butterfly.

**Level 5 (LS 5):** Stroke Refinement: Must hold level 4 certificate or be able to perform at the equivalent skill level. Students refine

their performance of all the strokes and increase their distance. Students will be introduced to sidestroke.

**Level 6 (LS 6):** Skill Proficiency: Must hold level 5 certificate or be able to perform at the equivalent skill level. Students will improve performance in all strokes and will learn competitive techniques.

**Semi-private:** Instructor to participant ratio for semi-private classes: (PA 1,2,3) 1 to 3, (LS 1,2) 1 to 4, (LS 3) 1 to 5.

**Exceptional Swim:** Designed for participants with any disability. This is a supervised, non-instructional swim class.

**Adult Lessons:** Adults will improve swimming skills and learn new skills.

### Need additional help or have questions?

Knowledgeable staff will be available at the City Gym and Pool to assist you with questions about aquatic programs. You can find out more information about swim levels or have your child tested for appropriate swim level placement. City Gym staff can also help you set up an online account so you will be prepared to register online.

### SWIM LEVEL TESTING:

Have your child tested for swim level placement. Please call the City Gym and Pool, at 714-960-8884, to schedule an appointment.

**Saturday, May 18 . . . 1 -2 pm    Saturday, May 25 . . . 1 -2 pm**

### SENIOR CITIZEN SWIM (55+)

Senior citizens have a special afternoon all to themselves at the City Gym and Pool. Come and enjoy the heated pool.

**City Gym Pool    1:30 – 3:00pm Fri    \$2**

# Swimming

## 2013 Summer Outdoor Swim Class Schedule

**FEES: \$50** (Ten Class Sessions unless noted) – **No class July 4th**  
 Session 1 - 9 classes \$45 / Saturdays - 9 Classes \$45 / Semi Private \$75 /  
 Private Swim Lessons \$75 (five 15 min. classes) - Register at [hbsands.org](http://hbsands.org)

### Edison H.S. Group Lesson Schedule

Time	Session 1 - EHS 6/24 - 7/5	Session 2 - EHS 7/8 - 7/19	Session 3 - EHS 7/22 - 8/2	Session 4 - EHS 8/5 - 8/16
9:00 am	PA2-8630.300	PA2-8630.305	PA2-8630.309	PA2-8630.313
	PA3-8631.300	PA3-8631.305	PA3-8631.310	PA3-8631.315
	LS3-8637.300	LS 3-8637.304	LS 3-8637.308	LS 3-8637.312
	LS4-8638.300	LS4- 8638.304	LS 4-8638.308	LS 4-8638.312
	LS6-8640.300	LS 6-8640.303	LS 6-8640.306	LS 6-8640.309
9:30 am	PA1-8629.300	PA 1-8629.303	PA 1-8629.307	PA 1-8629.311
	PA2-8630.301	PA2-8630.306	PA2-8630.310	PA2-8630.314
	LS1-8635.300	LS 1-8635.304	LS 1-8635.308	LS 1-8635.312
	LS2-8636.300	LS 2-8636.305	LS 2-8636.310	LS 2-8636.315
	LS5-8639.300	LS 5-8639.303	LS 5-8639.306	LS 5-8639.309
10:00 am	PC1-8514.300	PC 1-8514.301	PC 1-8514.302	PC 1-8514.303
	SPPA2-8652.300	SPPA2-8652.301	SPPA2-8652.302	SPPA2-8652.303
	LS2-8636.301	LS 2-8636.306	LS 2-8636.311	LS 2-8636.316
	LS3-8637.301	LS 3-8637.305	LS 3-8637.309	LS 3-8637.313
	LS4-8638.301	LS 4-8638.305	LS 4-8638.309	LS 4-8638.313
10:30 am	PA1-8629.301	PA 1-8629.304	PA 1-8629.308	PA 1-8629.312
	PA3-8631.301	PA3-8631.306	PA3-8631.311	PA3-8631.316
	LS1-8635.301	LS1-8635.305	LS1-8635.309	LS1-8635.313
	SPLS2-8648.300	SPLS2-8648.302	SPLS2-8648.304	SPLS2-8648.306
	LS5-8639.301	LS 5-8639.304	LS 5-8639.307	LS 5-8639.310
11:00 am	PA3-8631.302	PA3-8631.307	PA3-8631.312	PA3-8631.317
	SPLS1-8647.300	SPLS1-8647.301	SPLS1-8647.302	SPLS1-8647.303
	LS2-8636.302	LS 2-8636.307	LS 2-8636.312	LS 2-8636.317
	LS4-8638.302	LS 4-8638.306	LS 4-8638.310	LS 4-8638.314
	LS6-8640.301	LS 6-8640.304	LS 6-8640.307	LS 6-8640.310
11:30 am	PC2-8515.300	PC 2-8515.301	PC 2-8515.302	PC 2-8515.303
	PA1-8629.302	PA 1-8629.305	PA 1-8629.309	PA 1-8629.313
	PA2-8630.302	PA2-8630.307	PA2-8630.311	PA2-8630.315
	LS1-8635.302	LS 1-8635.306	LS 1-8635.310	LS 1-8635.314
	LS3-8637.302	LS 3-8637.306	LS 3-8637.310	LS 3-8637.314
Noon	PA2-8630.303	PA 1-8629.306	PA 1-8629.310	PA 1-8629.314
	PA3-8631.303	PA3-8631.308	PA3-8631.313	PA3-8631.318
	SPLS2-8648.301	SPLS2-8648.303	SPLS2-8648.305	SPLS2-8648.307
	LS3-8637.303	LS 3-8637.307	LS 3-8637.311	LS 3-8637.315
	LS4-8638.303	LS 4-8638.307	LS 4-8638.311	LS 4-8638.315
<b>12:30pm - 1:30pm Recreation Swim \$2</b>				
12:30 pm	LS2-8636.303	LS 2-8636.308	LS 2-8636.313	LS 2-8636.318
	SPLS3-8649.300	SPLS3-8649.301	SPLS3-8649.302	SPLS3-8649.303
	LS5-8639.302	LS 5-8639.305	LS 5-8639.308	LS 5-8639.311
1:00 pm	LS1-8635.303	LS 1-8635.307	LS 1-8635.311	LS 1-8635.315
	SPLS4-8650.300	SPLS4-8650.301	SPLS4-8650.302	SPLS4-8650.303
1:00 pm	LS6-8640.302	LS 6-8640.305	LS 6-8640.308	LS 6-8640.311
	PA2-8630.304	PA2-8630.308	PA2-8630.312	PA2-8630.316
1:00 pm	PA3-8631.304	PA3-8631.309	PA3-8631.314	PA3-8631.319
	LS2-8636.304	LS 2-8636.309	LS 2-8636.314	LS 2-8636.319

### Edison H.S. Private Swim Lesson Schedule

Time	Session 1 - EHS 6/24 - 7/5	Session 2 - EHS 7/8 - 7/19	Session 3 - EHS 7/22 - 8/2	Session 4 - EHS 8/5 - 8/16
9:00 am	PRI 1 - 8659.301	PRI 1 - 8659.320	PRI 1 - 8659.339	PRI 1 - 8659.358
	PRI 2 - 8660.301	PRI 2 - 8660.320	PRI 2 - 8660.339	PRI 2 - 8660.358
9:15 am	PRI 1 - 8659.302	PRI 1 - 8659.321	PRI 1 - 8659.340	PRI 1 - 8659.359
	PRI 2 - 8660.302	PRI 2 - 8660.321	PRI 2 - 8660.340	PRI 2 - 8660.359
9:30 am	PRI 1 - 8659.303	PRI 1 - 8659.322	PRI 1 - 8659.341	PRI 1 - 8659.360
	PRI 2 - 8660.303	PRI 2 - 8660.322	PRI 2 - 8660.341	PRI 2 - 8660.360
9:45 am	PRI 1 - 8659.304	PRI 1 - 8659.323	PRI 1 - 8659.342	PRI 1 - 8659.361
	PRI 2 - 8660.304	PRI 2 - 8660.323	PRI 2 - 8660.342	PRI 2 - 8660.361
10:00 am	PRI 1 - 8659.305	PRI 1 - 8659.324	PRI 1 - 8659.343	PRI 1 - 8659.362
	PRI 2 - 8660.305	PRI 2 - 8660.324	PRI 2 - 8660.343	PRI 2 - 8660.362
10:15 am	PRI 1 - 8659.306	PRI 1 - 8659.325	PRI 1 - 8659.344	PRI 1 - 8659.363
	PRI 2 - 8660.306	PRI 2 - 8660.325	PRI 2 - 8660.344	PRI 2 - 8660.363
10:30 am	PRI 1 - 8659.307	PRI 1 - 8659.326	PRI 1 - 8659.345	PRI 1 - 8659.364
	PRI 2 - 8660.307	PRI 2 - 8660.326	PRI 2 - 8660.345	PRI 2 - 8660.364
10:45 am	PRI 1 - 8659.308	PRI 1 - 8659.327	PRI 1 - 8659.346	PRI 1 - 8659.365
	PRI 2 - 8660.308	PRI 2 - 8660.327	PRI 2 - 8660.346	PRI 2 - 8660.365
11:00 am	PRI 1 - 8659.309	PRI 1 - 8659.328	PRI 1 - 8659.347	PRI 1 - 8659.366
	PRI 2 - 8660.309	PRI 2 - 8660.328	PRI 2 - 8660.347	PRI 2 - 8660.366
11:15 am	PRI 1 - 8659.310	PRI 1 - 8659.329	PRI 1 - 8659.348	PRI 1 - 8659.367
	PRI 2 - 8660.310	PRI 2 - 8660.329	PRI 2 - 8660.348	PRI 2 - 8660.367
11:30 am	PRI 1 - 8659.311	PRI 1 - 8659.330	PRI 1 - 8659.349	PRI 1 - 8659.368
	PRI 2 - 8660.311	PRI 2 - 8660.330	PRI 2 - 8660.349	PRI 2 - 8660.368
11:45 am	PRI 1 - 8659.377	PRI 1 - 8659.378	PRI 1 - 8659.379	PRI 1 - 8659.380
	PRI 2 - 8660.377	PRI 2 - 8660.378	PRI 2 - 8660.379	PRI 2 - 8660.380
Noon	PRI 1 - 8659.312	PRI 1 - 8659.331	PRI 1 - 8659.350	PRI 1 - 8659.369
	PRI 2 - 8660.312	PRI 2 - 8660.331	PRI 2 - 8660.350	PRI 2 - 8660.369
12:15 pm	PRI 1 - 8659.313	PRI 1 - 8659.332	PRI 1 - 8659.351	PRI 1 - 8659.370
	PRI 2 - 8660.313	PRI 2 - 8660.332	PRI 2 - 8660.351	PRI 2 - 8660.370
<b>12:30pm - 1:30pm Recreation Swim \$2</b>				
12:45 pm	PRI 1 - 8659.315	PRI 1 - 8659.334	PRI 1 - 8659.353	PRI 1 - 8659.372
	PRI 2 - 8660.315	PRI 2 - 8660.334	PRI 2 - 8660.353	PRI 2 - 8660.372
1:00 pm	PRI 1 - 8659.316	PRI 1 - 8659.335	PRI 1 - 8659.354	PRI 1 - 8659.373
	PRI 2 - 8660.316	PRI 2 - 8660.335	PRI 2 - 8660.354	PRI 2 - 8660.373
1:15 pm	PRI 1 - 8659.317	PRI 1 - 8659.336	PRI 1 - 8659.355	PRI 1 - 8659.374
	PRI 2 - 8660.317	PRI 2 - 8660.336	PRI 2 - 8660.355	PRI 2 - 8660.374
1:30 pm	PRI 1 - 8659.318	PRI 1 - 8659.337	PRI 1 - 8659.356	PRI 1 - 8659.375
	PRI 2 - 8660.318	PRI 2 - 8660.337	PRI 2 - 8660.356	PRI 2 - 8660.375
1:45 pm	PRI 1 - 8659.319	PRI 1 - 8659.338	PRI 1 - 8659.357	PRI 1 - 8659.376
	PRI 2 - 8660.319	PRI 2 - 8660.338	PRI 2 - 8660.357	PRI 2 - 8660.376

Private 1 lessons will be held the **FIRST** Monday through Friday of session  
 Private 2 lessons will be held the **SECOND** Monday through Friday of session

**PC = Parent & Child**      **PA = Preschool Aquatics**      **LS = Learn To Swim**      **SP = Semi-Private**  
**PRI = Private Lesson**      **PRI 1 (Mon - Fri Week 1 Of Session)** **PRI 2 (Mon - Fri Week 2 Of Session)**      **MHS = Marina High School Pool**  
**EHS = Edison High School Pool**      **CG = City Gym And Pool**

\*\*Please See Previous Page For Class Descriptions\*\*

# Swimming

## 2013 Summer Outdoor Swim Class Schedule

**FEES: \$50** (Ten Class Sessions unless noted) – **No class July 4th**

Session 1 - 9 classes \$45 / Saturdays - 9 Classes \$45 / Semi Private \$75 /

Private Swim Lessons \$75 (five 15 min. classes) - Register at [hbsands.org](http://hbsands.org)

<b>Marina H.S. Group Lesson Schedule</b>						
Time	Session 1-MHS 6/24-7/5	Session 2-MHS 7/8-7/19	Session 3-MHS 7/22-8/2	Session 4-MHS 8/5-8/16	Saturday- 6/22-8/17	
9:00 am	<b>Register at <i>HBsands.org</i></b>					PA1-8632.316
9:30 am						PA2-8633.332
10:00 am	PC1-8516.300	PC1-8516.302	PC1-8516.304	PC1-8516.306	PC2-8517.308	
10:30 am	PA1-8632.300	PA1-8632.304	PA1-8632.308	PA1-8632.312	PC1-8516.308	
11:00 am	PC2-8517.300	PC2-8517.302	PC2-8517.304	PC2-8517.306	PA2-8633.335	
11:30 am	PA2-8633.301	PA2-8633.309	PA2-8633.317	PA2-8633.325	PA3-8634.321	
Noon	PA3-8634.301	PA3-8634.306	PA3-8634.311	PA3-8634.316	LS2-8642.326	
2:30 pm	PC1-8516.301	PC1-8516.303	PC1-8516.305	PC1-8516.307		
3:00 pm	PA1-8632.302	PA1-8632.306	PA1-8632.310	PA1-8632.314		
3:30 pm	PC2-8517.301	PC2-8517.303	PC2-8517.305	PC2-8517.307		
4:00 pm	PA2-8633.306	PA2-8633.314	PA2-8633.322	PA2-8633.330		
4:30 pm	PA3-8634.307	PA3-8634.315	PA3-8634.323	PA3-8634.331		

<b>Marina H.S. Private Swim Lesson Schedule</b>						
Time	Session 1-MHS 6/24-7/5	Session 2-MHS 7/8-7/19	Session 3-MHS 7/22-8/2	Session 4-MHS 8/5-8/16	Saturday- 6/22-8/17	
9:00 am	<i>Private 1 lessons will be held the FIRST Monday through Friday of session</i>					PRI1-8657.380
9:15 am						PRI2-8658.380
9:30 am	<i>Private 2 lessons will be held the SECOND Monday through Friday of session</i>					PRI1-8657.381
9:45 am						PRI2-8658.381
10:00 am	PRI1-8657.300	PRI1-8657.320	PRI1-8657.340	PRI1-8657.360	PRI1-8657.384	
10:15 am	PRI2-8658.300	PRI2-8658.320	PRI2-8658.340	PRI2-8658.360	PRI2-8658.384	
10:30 am	PRI1-8657.301	PRI1-8657.321	PRI1-8657.341	PRI1-8657.361	PRI1-8657.385	
10:45 am	PRI2-8658.301	PRI2-8658.321	PRI2-8658.341	PRI2-8658.361	PRI2-8658.385	
11:00 am	PRI1-8657.302	PRI1-8657.322	PRI1-8657.342	PRI1-8657.362	PRI1-8657.386	
11:15 am	PRI2-8658.302	PRI2-8658.322	PRI2-8658.342	PRI2-8658.362	PRI2-8658.386	
11:30 am	PRI1-8657.303	PRI1-8657.323	PRI1-8657.343	PRI1-8657.363	PRI1-8657.387	
11:45 am	PRI2-8658.303	PRI2-8658.323	PRI2-8658.343	PRI2-8658.363	PRI2-8658.387	
12:00 pm	PRI1-8657.304	PRI1-8657.324	PRI1-8657.344	PRI1-8657.364	PRI1-8657.388	
12:15 pm	PRI2-8658.304	PRI2-8658.324	PRI2-8658.344	PRI2-8658.364	PRI2-8658.388	
12:30 pm	PRI1-8657.305	PRI1-8657.325	PRI1-8657.345	PRI1-8657.365	PRI1-8657.389	
12:45 pm	PRI2-8658.305	PRI2-8658.325	PRI2-8658.345	PRI2-8658.365	PRI2-8658.389	
1:00 pm	PRI1-8657.306	PRI1-8657.326	PRI1-8657.346	PRI1-8657.366	PRI1-8657.390	
1:15 pm	PRI2-8658.306	PRI2-8658.326	PRI2-8658.346	PRI2-8658.366	PRI2-8658.390	
1:30 pm	PRI1-8657.394	PRI1-8657.395	PRI1-8657.396	PRI1-8657.397	PRI1-8657.398	
1:45 pm	PRI2-8658.394	PRI2-8658.395	PRI2-8658.396	PRI2-8658.397	PRI2-8658.398	
2:00 pm	PRI1-8657.397	PRI1-8657.398	PRI1-8657.399	PRI1-8657.400	PRI1-8657.399	
2:15 pm	PRI2-8658.397	PRI2-8658.398	PRI2-8658.399	PRI2-8658.400	PRI2-8658.399	
2:30 pm	PRI1-8657.308	PRI1-8657.328	PRI1-8657.348	PRI1-8657.368	PRI1-8657.392	
2:45 pm	PRI2-8658.308	PRI2-8658.328	PRI2-8658.348	PRI2-8658.368	PRI2-8658.392	
3:00 pm	PRI1-8657.309	PRI1-8657.329	PRI1-8657.349	PRI1-8657.369	PRI1-8657.393	
3:15 pm	PRI2-8658.309	PRI2-8658.329	PRI2-8658.349	PRI2-8658.369	PRI2-8658.393	
3:30 pm	PRI1-8657.310	PRI1-8657.330	PRI1-8657.350	PRI1-8657.370		
3:45 pm	PRI2-8658.310	PRI2-8658.330	PRI2-8658.350	PRI2-8658.370		
4:00 pm	PRI1-8657.311	PRI1-8657.331	PRI1-8657.351	PRI1-8657.371		
4:15 pm	PRI2-8658.311	PRI2-8658.331	PRI2-8658.351	PRI2-8658.371		
4:30 pm	PRI1-8657.312	PRI1-8657.332	PRI1-8657.352	PRI1-8657.372		
4:45 pm	PRI2-8658.312	PRI2-8658.332	PRI2-8658.352	PRI2-8658.372		
5:00 pm	PRI1-8657.313	PRI1-8657.333	PRI1-8657.353	PRI1-8657.373		
5:15 pm	PRI2-8658.313	PRI2-8658.333	PRI2-8658.353	PRI2-8658.373		
5:30 pm	PRI1-8657.314	PRI1-8657.334	PRI1-8657.354	PRI1-8657.374		
5:45 pm	PRI2-8658.314	PRI2-8658.334	PRI2-8658.354	PRI2-8658.374		
6:00 pm	PRI1-8657.315	PRI1-8657.335	PRI1-8657.355	PRI1-8657.375		
6:15 pm	PRI2-8658.315	PRI2-8658.335	PRI2-8658.355	PRI2-8658.375		
6:30 pm	PRI1-8657.316	PRI1-8657.336	PRI1-8657.356	PRI1-8657.376		
6:45 pm	PRI2-8658.316	PRI2-8658.336	PRI2-8658.356	PRI2-8658.376		
7:00 pm	PRI1-8657.317	PRI1-8657.337	PRI1-8657.357	PRI1-8657.377		
7:15 pm	PRI2-8658.317	PRI2-8658.337	PRI2-8658.357	PRI2-8658.377		
7:30 pm	PRI1-8657.318	PRI1-8657.338	PRI1-8657.358	PRI1-8657.378		
7:45 pm	PRI2-8658.318	PRI2-8658.338	PRI2-8658.358	PRI2-8658.378		
8:00 pm	PRI1-8657.319	PRI1-8657.339	PRI1-8657.359	PRI1-8657.379		
8:15 pm	PRI2-8658.319	PRI2-8658.339	PRI2-8658.359	PRI2-8658.379		

**PC** = Parent & Child      **PA** = Preschool Aquatics      **LS** = Learn To Swim      **SP** = Semi-Private  
**PRI** = Private Lesson      **PRI 1** (Mon - Fri Week 1 Of Session) **PRI 2** (Mon - Fri Week 2 Of Session)      **MHS** = Marina High School Pool  
**EHS** = Edison High School Pool      **CG** = City Gym And Pool

\*\*Please See Previous Page 42 For Class Descriptions\*\*

# Swimming

## Summer 2013 - City Gym Swim Schedule

**FEES: \$50 per 10-class session unless otherwise noted –**  
All swim lessons are one half hour. All classes held at the  
City Gym and Pool - 1600 Palm Ave. – **No class on July 4th**

### Indoor Summer 2013 Swim Schedule

Time	Mon/Wed 6/24 - 7/24	Tues/Thurs 6/25 - 7/25 (9 Classes - \$45)	Mon/Wed 7/29 - 8/28	Tues/Thurs 7/30 - 8/29	Saturday 6/22 - 8/24
8:00 am					LS 1- 8502.304 LS 2- 8503.305
9:00 am					PA L1- 8501.314 PA L2- 8626.324
9:30 am	PA L1- 8501.300 PA L2- 8626.300	PA L2- 8626.305 PA L3- 8627.303	PA L1- 8501.309 PA L2- 8626.312	PA L2- 8626.317 PA L3- 8627.312	LS 2- 8503.305 PA L3- 8627.318
10:00 am	PA L2- 8626.301 PA L3- 8627.300	PA L1- 8501.304 PA L2- 8626.306	PA L2- 8626.313 PA L3- 8627.307	PA L1- 8501.311 PA L2- 8626.318	PC L1- 8500.306
10:30 am	PC L1- 8500.300	PC L1- 8500.301	PC L1- 8500.303	PC L1- 8500.304	PC L2- 8628.306
11:00 am	PC L2- 8628.300	PC L2- 8628.301	PC L2- 8628.303	PC L2- 8628.304	PA L1- 8501.315 PA L2- 8626.326
11:30 am		PA L1- 8501.305 PA L2- 8626.307		PA L1- 8501.312 PA L2- 8626.319	PA L2- 8626.327 PA L3- 8627.319
12:00 pm		PA L2- 8626.308 PA L3- 8627.304		PA L2- 8626.320 PA L3- 8627.313	LS 1- 8502.305 LS 2- 8503.306
12:30 pm					LS 3- 8504.305 LS 4- 8505.302
2:00 pm	PA L1- 8501.301 PA L3- 8627.301	PA L1- 8501.306 PA L3- 8627.305	PA L1- 8501.310 PA L3- 8627.308	PA L1- 8501.313 PA L3- 8627.314	
2:30 pm	PA L2- 8626.302 PA L3- 8627.302	PA L2- 8626.309 PA L3- 8627.306	PA L2- 8626.314 PA L3- 8627.309	PA L2- 8626.321 PA L3- 8627.315	
3:00 pm	PA L1- 8501.302 PA L2- 8626.303	LS 2- 8503.302 LS 3- 8504.300	PA L2- 8626.315 PA L3- 8627.310	PA L2- 8626.322 PA L3- 8627.316	
3:30 pm	LS 1- 8502.300	LS 1- 8502.301	LS 1- 8502.302	LS 1- 8502.303	
4:00 pm	LS 2- 8503.300	LS 2- 8503.302	LS 2- 8503.303	LS 2- 8503.304	
4:30 pm	LS 2- 8503.301	LS 3- 8504.300	LS 3- 8504.302	LS 3- 8504.303	
5:00 pm		LS 3- 8504.301		LS 3- 8504.304	
5:30 pm		LS 4- 8505.300		LS 4- 8505.301	
6:00 pm		PC L1- 8500.302		PC L1- 8500.305	
6:30 pm	PA L1- 8501.303 PA L2- 8626.304	PC L2- 8628.302	PA L1- 8501.309 PA L2- 8626.312	PC L2- 8628.305	
7:00 pm		PA L1- 8501.308 PA L2- 8626.311		PA L2- 8626.323 PA L3- 8627.317	
7:30 pm	<b>Rec Swim \$2</b>	8507.300 Exceptional Swim \$18	<b>Rec Swim \$2</b>	8507.301 Exceptional Swim \$18	
8:00 pm	Adult Swim \$2 8-8:30 PM	8508.300 Adult Lessons	Adult Swim \$2 8-8:30 PM	8508.301 Adult Lessons	

### SUMMER 2013 - PRIVATE SWIM LESSONS

For students and parents who desire more individual attention, the Community Services Department will now be offering private swim lessons. Private swim lessons will consist of five (5), fifteen (15) minute swim classes, held once a week on Friday afternoons. Classes will be held at the City Gym and Pool and will be taught to the desired level. Please see the private swim schedule below or contact the City Gym and Pool at (714) 960-8884 with any questions. Online registration NOT available.

• Private lessons will be taught with 1 to 1 participant to instructor ratio - Class Fee: \$75

#### OR

• Small Group lessons are also available with maximum 2 students per instructor - Class Fee: \$85

#### All Private Lessons Held at City Gym and Pool

##### Private Swim Schedule - Session 1

Class #	Time	Age	Day	Dates
8524.300	3:20pm	3yrs to Adult	F	6/28 - 7/26
8524.301	3:20pm	3yrs to Adult	F	6/28 - 7/26
8524.302	3:20pm	3yrs to Adult	F	6/28 - 7/26
8524.303	3:40pm	3yrs to Adult	F	6/28 - 7/26
8524.304	3:40pm	3yrs to Adult	F	6/28 - 7/26
8524.305	3:40pm	3yrs to Adult	F	6/28 - 7/26
8524.306	4:00pm	3yrs to Adult	F	6/28 - 7/26
8524.307	4:00pm	3yrs to Adult	F	6/28 - 7/26
8524.308	4:00pm	3yrs to Adult	F	6/28 - 7/26
8524.309	4:20pm	3yrs to Adult	F	6/28 - 7/26
8524.310	4:20pm	3yrs to Adult	F	6/28 - 7/26
8524.311	4:20pm	3yrs to Adult	F	6/28 - 7/26
8524.312	4:40pm	3yrs to Adult	F	6/28 - 7/26
8524.313	4:40pm	3yrs to Adult	F	6/28 - 7/26
8524.314	4:40pm	3yrs to Adult	F	6/28 - 7/26
8524.315	5:00pm	3yrs to Adult	F	6/28 - 7/26
8524.316	5:00pm	3yrs to Adult	F	6/28 - 7/26
8524.317	5:00 pm	3yrs to Adult	F	6/28 - 7/26

##### Private Swim Schedule - Session 2

Class #	Time	Age	Day	Dates
8524.318	3:20pm	3yrs to Adult	F	8/2 - 8/30
8524.319	3:20pm	3yrs to Adult	F	8/2 - 8/30
8524.320	3:20pm	3yrs to Adult	F	8/2 - 8/30
8524.321	3:40pm	3yrs to Adult	F	8/2 - 8/30
8524.322	3:40pm	3yrs to Adult	F	8/2 - 8/30
8524.323	3:40pm	3yrs to Adult	F	8/2 - 8/30
8524.324	4:00pm	3yrs to Adult	F	8/2 - 8/30
8524.325	4:00pm	3yrs to Adult	F	8/2 - 8/30
8524.326	4:00pm	3yrs to Adult	F	8/2 - 8/30
8524.327	4:20pm	3yrs to Adult	F	8/2 - 8/30
8524.328	4:20pm	3yrs to Adult	F	8/2 - 8/30
8524.329	4:20pm	3yrs to Adult	F	8/2 - 8/30
8524.330	4:40pm	3yrs to Adult	F	8/2 - 8/30
8524.331	4:40pm	3yrs to Adult	F	8/2 - 8/30
8524.332	4:40pm	3yrs to Adult	F	8/2 - 8/30
8524.333	5:00pm	3yrs to Adult	F	8/2 - 8/30
8524.334	5:00pm	3yrs to Adult	F	8/2 - 8/30
8524.335	5:00pm	3yrs to Adult	F	8/2 - 8/30

# Tennis



In our continuous effort to better serve the tennis needs of the citizens of Huntington Beach we have added two new tennis class locations. Marina Park (Graham & Edinger) and LeBard Park (20451 Cramer Ln) will offer the same quality, low-priced, professionally taught tennis classes that are offered at Murdy and Edison Community Centers.

## TENNIS: TOTS

Help your tot to develop hand-eye coordination while having fun outdoors. This class will introduce young students to the game of tennis. Development of basic pre-tennis skills will be taught in this program. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class. Parent participation requested.

Monroe, Lynn S Edison Community Center Tennis Court #3  
**9102.300 3yrs to 5yrs 6/29 - 8/31 1:00pm-1:30pm Sa \$60**  
**9102.301 3yrs to 5yrs 6/29 - 8/31 1:30pm-2:00pm Sa \$60**

Barrie, Monty A Murdy Community Center Tennis Court #1  
**9104.300 3yrs to 5yrs 6/24 - 8/26 3:00pm-3:30pm M \$60**  
**9104.301 3yrs to 5yrs 6/26 - 8/28 3:00pm-3:30pm W \$60**

## TENNIS: 10 AND UNDER TENNIS BEGINNING

New Class: The goal is to get students to rally and play within a shorter amount of time and keep them excited to play. This class is for students with little or no experience. Basic skills are introduced. Students will use smaller balls, smaller courts and smaller nets. Please bring a USTA approved can of balls or Quickstart tennis balls.

Arbeiter, Andrew Murdy Community Center Tennis Court #1  
**9283.300 6yrs to 10yrs 6/29 - 8/31 10:30am-11:30am Sa \$80**  
**9283.301 6yrs to 10yrs 6/29 - 8/31 11:30am-12:30am Sa \$80**



## TENNIS: 10 AND UNDER TENNIS ADVANCED BEGINNING

New Class: This class is designed for students with the ability to hit ground strokes, volleys and are starting to serve. Students will use softer balls and a smaller court. The focus will be on rallying skills, ball placement and movement. Students will be playing real tennis, and having a lot of fun at the same time. Please bring a USTA approved can of balls or Quickstart tennis balls.

Arbeiter, Andrew Murdy Community Center Tennis Court #1  
**9284.300 6yrs to 10yrs 6/29 - 8/31 12:30pm-1:30pm Sa \$80**

## TENNIS: YOUTH BEGINNING

This class is designed for students with little or no tennis experience. Basic skills are introduced. Students will learn forehand, backhand, volley, serve and scoring. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class. No class 7/4.

Monroe, Lynn S Edison Community Center Tennis Court #3  
**9106.300 6yrs to 9yrs 6/29 - 8/31 2:00pm-3:00pm Sa \$80**

Danielson, Brenda L Edison Community Center Tennis Court #3  
**9107.300 6yrs to 9yrs 6/25 - 7/23 3:30pm-4:30pm Tu Th \$64**  
**9107.301 6yrs to 9yrs 7/30 - 8/29 3:30pm-4:30pm Tu Th \$80**  
**9107.302 6yrs to 9yrs 6/24 - 7/17 11:00am-12:00pm M W \$64**  
**9107.303 6yrs to 9yrs 7/29 - 8/28 11:00am-12:00pm M W \$80**

Barrie, Monty A Murdy Community Center Tennis Court #1  
**9109.300 6yrs to 9yrs 6/24 - 7/24 3:30pm-4:30pm M W \$80**  
**9109.301 6yrs to 9yrs 8/5 - 9/4 3:30pm-4:30pm M W \$80**  
**9109.302 10yrs to 13yrs 6/24 - 7/24 4:30pm-5:30pm M W \$80**  
**9109.303 10yrs to 13yrs 8/5 - 9/4 4:30pm-5:30pm M W \$80**

Moore, Jim Murdy Community Center Tennis Court #1  
**9110.300 10yrs to 13yrs 6/28 - 8/30 5:30pm-6:30pm F \$80**

Moore, Jim Marina Park Tennis Court 15871 Graham St  
**9112.300 6yrs to 9yrs 6/25 - 7/30 3:30pm-4:30pm Tu Th \$80**  
**9112.301 6yrs to 9yrs 8/6 - 9/5 3:30pm-4:30pm Tu Th \$80**  
**9112.302 10yrs to 13yrs 6/25 - 7/30 4:30pm-5:30pm Tu Th \$80**  
**9112.303 10yrs to 13yrs 8/6 - 9/5 4:30pm-5:30pm Tu Th \$80**

Nieto, Rafael E Murdy Community Center Tennis Court #1  
**9270.300 10yrs to 13yrs 6/25 - 7/30 3:30pm-4:30pm Tu Th \$80**  
**9270.301 10yrs to 13yrs 8/6 - 8/29 3:30pm-4:30pm Tu Th \$64**

## TENNIS: YOUTH ADVANCED BEGINNING

This class is designed for students that have recently had beginning tennis, who can successfully execute forehands, backhands, volleys and starting to serve. The class will focus on movement and ball placement. Bring an unopened can of USTA approved tennis balls to first class. No class 7/4.

Danielson, Brenda L Edison Community Center Tennis Court #3  
**9209.300 6yrs to 9yrs 6/25 - 7/23 4:30pm-5:30pm Tu Th \$64**  
**9209.301 6yrs to 9yrs 7/30 - 8/29 4:30pm-5:30pm Tu Th \$80**

Danielson, Brenda L LeBard Tennis Courts - 20451 Cramer Ln  
**9244.300 10yrs to 13yrs 6/24 - 7/17 3:30pm-4:30pm M W \$64**  
**9244.301 10yrs to 13yrs 7/29 - 8/28 3:30pm-4:30pm M W \$80**

Nieto, Rafael E Murdy Community Center Tennis Court #1  
**9269.300 10yrs to 13yrs 6/25 - 7/30 4:30pm-5:30pm Tu Th \$80**  
**9269.301 10yrs to 13yrs 8/6 - 8/29 4:30pm-5:30pm Tu Th \$64**

Register Online! [www.hbsands.org](http://www.hbsands.org)

# Tennis

## TENNIS: YOUTH INTERMEDIATE

Youth who enroll in this class will be expected to be able to rally the ball several times using forehand and backhand strokes. Crosscourt placement, services, lobs, overhands and strategy will be taught. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class. No class 7/4.

Moore, Jim	Marina Park Tennis Court, 15871 Graham Street
9186.300	10yrs to 13yrs 6/25 - 7/30 5:30pm-6:30pm Tu Th \$80
9186.301	10yrs to 13yrs 8/6 - 9/5 5:30pm-6:30pm Tu Th \$80

Danielson, Brenda L	LeBard Tennis Courts - 20451 Craimer Lane
9260.300	10yrs to 13yrs 6/24 - 7/17 4:30pm-5:30pm M W \$64
9260.301	10yrs to 13yrs 7/29 - 8/28 4:30pm-5:30pm M W \$80

Arbeiter, Andrew	Murdy Community Center Tennis Court #1
9274.300	10yrs to 13yrs 6/29 - 8/31 1:30pm-2:30pm Sa \$80

## TENNIS: YOUTH ADVANCED INTERMEDIATE

This class is designed for students who are competent in all of the skills taught in the intermediate class. Class time is devoted to service, second serve, return of serve, volley, ground stroke placement and strategy. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class.

Moore, Jim	Murdy Community Center Tennis Court #1
9117.300	10yrs to 13yrs 6/28 - 8/30 3:30pm-4:30pm F \$80

## TENNIS: COMPETITIVE TEEN CAMP

Designed for teenagers who are playing or are interested in playing high school tennis and/or tournaments. Focus on improving basic strokes and strategy, spins and touch shots, tennis rules, scoring, and etiquette. Match play will be included, awards presented on the last day of each camp. Drinks included, Siblings who attend the same week pay \$110

Danielson, Brenda L	Murdy Community Center Tennis Court #1
9172.300	12yrs to 18yrs 7/22 - 7/26 9:00am-12:00pm M-F \$125

## TENNIS: JUNIOR TENNIS CAMP

This program, for beginner to advanced players, includes instruction in basic physical fitness concepts, skill coordination development, all stroke techniques, "Tennis Olympics" and supervised match play in a "tennis clinic" setting. Parents will be invited to a pizza awards presentation on the last day of each camp week. Each student is required to bring one can of new balls and tennis racquet. Drinks will be provided. There are daily awards. One free camp awarded each week for the "Camper of the Week". No class 7/4.

Rich, Ian D	Edison High School Tennis Courts
2016.301	6yrs to 16yrs 6/24 - 6/28 8:30am-12:30pm M-F \$129
2016.302	6yrs to 16yrs 7/1 - 7/5 8:30am-12:30pm M-W, F \$103
2016.303	6yrs to 16yrs 7/8 - 7/12 8:30am-12:30pm M-F \$129
2016.304	6yrs to 16yrs 7/15 - 7/19 8:30am-12:30pm M-F \$129
2016.305	6yrs to 16yrs 7/22 - 7/26 8:30am-12:30pm M-F \$129
2016.306	6yrs to 16yrs 7/29 - 8/2 8:30am-12:30pm M-F \$129
2016.307	6yrs to 16yrs 8/5 - 8/9 8:30am-12:30pm M-F \$129
2016.308	6yrs to 16yrs 8/12 - 8/16 8:30am-12:30pm M-F \$129
2016.309	6yrs to 16yrs 8/19 - 8/23 8:30am-12:30pm M-F \$129

## HB TENNIS ACADEMY BEGINNER

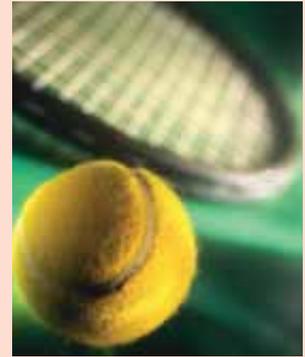
An affordable year-round tennis academy designed for 10-17 year olds preparing for or playing high school team tennis. Students learn to apply tactics and strategy to match situations. Ideal for aspiring juniors who wish to compete at advanced levels or prepare for college. HBTA Instructors are USPTA/PTR certified. Open to all levels of experience.

Nieto, Rafael & Arbeiter, Andrew	Edison Community Center Tennis Court #3
9238.300	10yrs to 17yrs 6/24 - 7/24 3:25pm-4:20pm M W \$80
9238.301	10yrs to 17yrs 8/5 - 8/28 3:25pm-4:20pm M W \$64

No classes Thursday, July 4

# The Benefits of Tennis

Historically known as the "sport for a lifetime," tennis can be played by just about anyone, at any stage of their fitness journey. As we all know, exercise is important for good health, and tennis has specific health benefits that gives it an edge over many other types of physical activity. Recreational tennis has health benefits for the cardiovascular system, the muscles, bones, agility levels and more. In addition, tennis is a fun activity that reduces stress. For children, learning how to play tennis early on can improve energy levels and enhance an individual's confidence and optimism later on in life.



BELOW ARE JUST A FEW OF THE MANY BENEFITS ONE CAN GAIN FROM PARTICIPATING IN THIS ILLUSTRIOUS ACTIVITY:

- Heart Health
- Improves balance, dexterity, mobility and agility
- Calorie Burning
- Mental Health Benefits
- Interval Training

The community services department offers an array of tennis programs from beginner classes to advanced and a selection of new tennis workout programs. Choose between group lessons, semi-private or individual private lessons on days, times and locations that fit your schedule.

# Tennis

## HB TENNIS ACADEMY INTERMEDIATE

An affordable year-round tennis academy designed for 10-17 year olds preparing for or playing high school team tennis. Students learn to apply tactics and strategy to match situations. Ideal for aspiring juniors who wish to compete at advanced levels or prepare for college. HBTA Instructors are USPTA/PTR certified. Open to all levels of experience.

Nieto, Rafael E & Arbeiter, Andrew		Edison Community Center Tennis Court #3			
<b>9239.300</b>	<b>10yrs to 17yrs</b>	<b>6/24 - 7/24</b>	<b>3:25pm-4:20pm</b>	<b>M W</b>	<b>\$80</b>
<b>9239.301</b>	<b>10yrs to 17yrs</b>	<b>8/5 - 8/28</b>	<b>3:25pm-4:20pm</b>	<b>M W</b>	<b>\$64</b>

## HB TENNIS ACADEMY ADVANCED INTERMEDIATE

An affordable year-round tennis academy designed for 10-17 year olds preparing for or playing high school team tennis. Students learn to apply tactics and strategy to match situations. Ideal for aspiring juniors who wish to compete at advanced levels or prepare for college. HBTA Instructors are USPTA/PTR certified. Open to all levels of experience.

Nieto, Rafael & Arbeiter, Andrew		Edison Community Center Tennis Court #3			
<b>9240.300</b>	<b>10yrs to 17yrs</b>	<b>6/24 - 7/24</b>	<b>4:20pm-5:45pm</b>	<b>M W</b>	<b>\$120</b>
<b>9240.301</b>	<b>10yrs to 17yrs</b>	<b>8/5 - 8/28</b>	<b>4:20pm-5:45pm</b>	<b>M W</b>	<b>\$96</b>
<b>9240.302</b>	<b>10yrs to 17yrs</b>	<b>6/28 - 8/30</b>	<b>3:30pm-5:00pm</b>	<b>F</b>	<b>\$120</b>

## HB TENNIS ACADEMY ADVANCED

An affordable year-round tennis academy designed for 10-17 year olds preparing for or playing high school team tennis. Students learn to apply tactics and strategy to match situations. Ideal for aspiring juniors who wish to compete at advanced levels or prepare for college. HBTA Instructors are USPTA/PTR certified. Open to all levels of experience.

Nieto, Rafael & Arbeiter, Andrew		Edison Community Center Tennis Court #3			
<b>9252.300</b>	<b>10yrs to 17yrs</b>	<b>6/26 - 8/28</b>	<b>5:45pm-6:45pm</b>	<b>W</b>	<b>\$80</b>
<b>9252.301</b>	<b>10yrs to 17yrs</b>	<b>6/28 - 8/30</b>	<b>5:00pm-6:30pm</b>	<b>F</b>	<b>\$120</b>

## HB TENNIS ACADEMY MATCH PLAY

An affordable year-round tennis academy designed for 10-17 year olds preparing for or playing high school team tennis. Students learn to apply tactics and strategy to match situations. Ideal for aspiring juniors who wish to compete at advanced levels or prepare for college. HBTA Instructors are USPTA/PTR certified. Must be Intermediate or Advanced level No class 7/4.

Nieto, Rafael & Arbeiter, Andrew		Edison Community Center Tennis Court #3			
<b>9281.300</b>	<b>10yrs to 17yrs</b>	<b>6/25 - 7/30</b>	<b>9:00am-10:15am</b>	<b>Tu Th</b>	<b>\$120</b>
<b>9281.301</b>	<b>10yrs to 17yrs</b>	<b>8/6 - 8/29</b>	<b>9:00am-10:15am</b>	<b>Tu Th</b>	<b>\$96</b>
<b>9281.302</b>	<b>10yrs to 17yrs</b>	<b>6/25 - 7/30</b>	<b>10:15am-11:30am</b>	<b>Tu Th</b>	<b>\$120</b>
<b>9281.303</b>	<b>10yrs to 17yrs</b>	<b>8/6 - 8/29</b>	<b>10:15am-11:30am</b>	<b>Tu Th</b>	<b>\$96</b>

## TENNIS: COMPETITIVE TEEN

These classes are designed for teenagers who are playing or interested in playing high school tennis and/or tournaments. These classes will focus on improving basic strokes and strategy, introduction to spins and touch shots, along with the understanding of tennis rules, scoring and etiquette. Bring a tennis racquet and one unopened can of STA approved tennis balls to first class.

Moore, Jim		Murdy Community Center Tennis Court #1			
<b>9121.300</b>	<b>14yrs to 17yrs</b>	<b>6/28 - 8/30</b>	<b>4:30pm-5:30pm</b>	<b>F</b>	<b>\$80</b>

## TENNIS: ADULT BEGINNING

For adult students with no experience or long forgotten past experience in tennis. Basic skills are introduced: forehand, backhand, volley, serve and scoring. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class. No class 7/4.

Nieto, Rafael E		Edison Community Center Tennis Court #3			
<b>9128.300</b>	<b>Adult</b>	<b>6/26 - 8/28</b>	<b>6:45pm-8:15pm</b>	<b>W</b>	<b>\$100</b>
Monroe, Lynn S		Edison Community Center Tennis Court #3			
<b>9130.300</b>	<b>Adult</b>	<b>6/29 - 8/31</b>	<b>11:00am-12:30pm</b>	<b>Sa</b>	<b>\$100</b>

Moore, Jim		Marina Park Tennis Court, 15871 Graham Street			
<b>9134.300</b>	<b>Adult</b>	<b>6/27 - 9/5</b>	<b>9:00am-10:30am</b>	<b>Th</b>	<b>\$100</b>

Moore, Jim		Marina Park Tennis Court, 15871 Graham Street			
<b>9273.300</b>	<b>Adult</b>	<b>6/25 - 8/27</b>	<b>9:00am-10:30am</b>	<b>Tu</b>	<b>\$100</b>
<b>9273.301</b>	<b>Adult</b>	<b>6/25 - 8/27</b>	<b>6:30pm-8:00pm</b>	<b>Tu</b>	<b>\$100</b>

## TENNIS: ADULT ADVANCED BEGINNING

For those students who have recently had beginning tennis instruction or for those who can successfully execute forehands, backhands, volleys, serves and know how to keep score. The instruction focuses on repetitive drill work to improve coordination of ground strokes, volleys and serves. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class.

Nieto, Rafael E		Edison Community Center Tennis Court #3			
<b>9145.300</b>	<b>Adult</b>	<b>6/26 - 8/28</b>	<b>8:15pm-9:45pm</b>	<b>W</b>	<b>\$100</b>

Arbeiter, Andrew		Murdy Community Center Tennis Court #1			
<b>9194.300</b>	<b>Adult</b>	<b>6/25 - 8/27</b>	<b>7:00pm-8:30pm</b>	<b>Tu</b>	<b>\$100</b>

Monroe, Lynn S		Edison Community Center Tennis Court #3			
<b>9237.300</b>	<b>Adult</b>	<b>6/29 - 8/31</b>	<b>9:30am-11:00am</b>	<b>Sa</b>	<b>\$100</b>

Barrie, Monty A		Murdy Community Center Tennis Court #1			
<b>9285.300</b>	<b>Adult</b>	<b>6/26 - 8/28</b>	<b>5:30pm-7:00pm</b>	<b>W</b>	<b>\$100</b>

## TENNIS: ADULT INTERMEDIATE

For those students who have recently had beginning & adv. Beginning tennis instruction or for those who can successfully execute forehands, backhands, volleys, serves and know how to keep score. The instruction focuses on repetitive drill work to improve coordination of ground strokes, volleys and serves. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class. No class 7/4.

Danielson, Brenda L		Edison Community Center Tennis Court #3			
<b>9139.300</b>	<b>Adult</b>	<b>6/25 - 8/27</b>	<b>7:00pm-8:30pm</b>	<b>Tu</b>	<b>\$100</b>
<b>9139.301</b>	<b>Adult</b>	<b>6/27 - 8/29</b>	<b>5:30pm-7:00pm</b>	<b>Th</b>	<b>\$90</b>
<b>9139.302</b>	<b>Adult</b>	<b>6/24 - 7/17</b>	<b>9:30am-11:00am</b>	<b>M W</b>	<b>\$80</b>
<b>9139.303</b>	<b>Adult</b>	<b>7/29 - 8/28</b>	<b>9:30am-11:00am</b>	<b>M W</b>	<b>\$100</b>

Nieto, Rafael E		Edison Community Center Tennis Court #3			
<b>9140.300</b>	<b>Adult</b>	<b>6/24 - 8/26</b>	<b>5:45pm-7:15pm</b>	<b>M</b>	<b>\$100</b>

Monroe, Lynn S		Edison Community Center Tennis Court #3			
<b>9141.300</b>	<b>Adult</b>	<b>6/29 - 8/31</b>	<b>8:00am-9:30am</b>	<b>Sa</b>	<b>\$100</b>

Barrie, Monty A		Murdy Community Center Tennis Court #1			
<b>9142.300</b>	<b>Adult</b>	<b>6/24 - 8/26</b>	<b>5:30pm-7:00pm</b>	<b>M</b>	<b>\$100</b>
<b>9142.301</b>	<b>Adult</b>	<b>6/24 - 8/26</b>	<b>7:00pm-8:30pm</b>	<b>M</b>	<b>\$100</b>
<b>9142.302</b>	<b>Adult</b>	<b>6/26 - 8/28</b>	<b>8:30pm-10:00pm</b>	<b>W</b>	<b>\$100</b>

Moore, Jim		Marina Park Tennis Court, 15871 Graham Street			
<b>9211.300</b>	<b>Adult</b>	<b>6/27 - 9/5</b>	<b>6:30pm-8:00pm</b>	<b>Th</b>	<b>\$100</b>

Ramirez, David A		Marina Park Tennis Court 15871 Graham Street			
<b>9212.300</b>	<b>Adult</b>	<b>6/29 - 8/31</b>	<b>8:00am-9:30am</b>	<b>Sa</b>	<b>\$100</b>

Register Online! [www.hbsands.org](http://www.hbsands.org)

# Tennis

## TENNIS: ADULT ADVANCED INTERMEDIATE

Students must have completed the three prior levels or have considerable playing experience. Class time is devoted to service, second serve, return of serve, volley, ground stroke placement, lobs, smashes and strategy in doubles and singles. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class. No class 7/4.

Danielson, Brenda L		Edison Community Center Tennis Court #3	
9144.300	Adult	6/24 - 7/17	8:00am-9:30am M W \$80
9144.301	Adult	7/29 - 8/28	8:00am-9:30am M W \$100
9144.303	Adult	6/25 - 8/27	5:30pm-7:00pm Tu \$100
9144.304	Adult	6/27 - 8/29	7:00pm-8:30pm Th \$90

Barrie, Monty A		Murdy Community Center Tennis Court #1	
9147.300	Adult	6/26 - 8/28	7:00pm-8:30pm W \$100

Nieto, Rafael E		Edison Community Center Tennis Court #3	
9259.300	Adult	6/24 - 8/26	7:15pm-8:45pm M \$100

## TENNIS: ADULT ADVANCED

Students must have completed the Advanced Intermediate level or have considerable playing experience. Students must have special permission from the Tennis Scheduler. Class time is devoted to service placement, return of serve placement, approach volley, lobs, overheads and singles and doubles strategy. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class.

Arbeiter, Andrew		Murdy Community Center Tennis Court #1	
9193.300	Adult	6/25 - 8/27	5:30pm-7:00pm Tu \$100

Ramirez, David A		Marina Park Tennis Court 15871 Graham Street	
9219.300	Adult	6/29 - 8/31	9:30am-11:00am Sa \$100

## TENNIS: CARDIO

For students of all levels that are interested in this new, fun group activity that gives players of all abilities a high energy workout. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class. Drop-ins welcome if there is space in class at \$12 per student (must contact instructor in advance for drop-ins). No class 7/5.

Nieto, Rafael E		Edison Community Center Tennis Court #1	
9100.301	18yrs to 75yrs	6/25 - 8/27	6:15pm-7:15pm Tu \$105

Nieto, Rafael E		Murdy Community Center Tennis Court #1	
9101.300	Adult	6/24 - 8/26	9:00am-10:00am M \$105
9101.301	Adult	6/26 - 8/28	9:00am-10:00am W \$105
9101.302	Adult	6/27 - 9/5	6:00pm-7:00pm Th \$105
9101.303	Adult	6/29 - 8/31	10:30am-11:30am Sa \$105



No classes Thursday, July 4

## TENNIS: DROP IN DRILLS INTERMEDIATE & ADV INTERMEDIATE

For the players that want to work on their game, hit a lot of tennis balls, and improve their strategy on the tennis court. These one and a half hour clinics of non-stop tennis drills and play are run by skill level with 2 instructors. Get to know other players and a great workout. One and one half drill must have a minimum of 3 students, maximum of 8. If one student, drill will be one half hour. If two students, drill will be one hour. Sign up today on-line to reserve your spot.

Arbeiter, Andrew & Nieto, Rafael Murdy Community Center  
Tennis Court #1

9220.300	Adult	6/27	7:00pm-8:30pm	Th	\$15
9220.301	Adult	7/11	7:00pm-8:30pm	Th	\$15
9220.302	Adult	7/18	7:00pm-8:30pm	Th	\$15
9220.303	Adult	7/25	7:00pm-8:30pm	Th	\$15
9220.304	Adult	8/1	7:00pm-8:30pm	Th	\$15
9220.305	Adult	8/8	7:00pm-8:30pm	Th	\$15
9220.306	Adult	8/15	7:00pm-8:30pm	Th	\$15
9220.307	Adult	8/22	7:00pm-8:30pm	Th	\$15
9220.308	Adult	8/29	7:00pm-8:30pm	Th	\$15
9220.309	Adult	6/29	9:00am-10:30am	Sa	\$15
9220.310	Adult	7/6	9:00am-10:30am	Sa	\$15
9220.311	Adult	7/13	9:00am-10:30am	Sa	\$15
9220.312	Adult	7/20	9:00am-10:30am	Sa	\$15
9220.313	Adult	7/27	9:00am-10:30am	Sa	\$15
9220.314	Adult	8/3	9:00am-10:30am	Sa	\$15
9220.315	Adult	8/10	9:00am-10:30am	Sa	\$15
9220.316	Adult	8/17	9:00am-10:30am	Sa	\$15
9220.317	Adult	8/24	9:00am-10:30am	Sa	\$15
9220.318	Adult	8/31	9:00am-10:30am	Sa	\$15

## TENNIS: SEMI-PRIVATE WORKOUT BEGINNING

For those students who want concentrated skill development of forehand and backhand ground strokes, volleys, approach volleys and overheads. Classes are limited to a maximum of four students. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class.

Moore, Jim LeBard Tennis Courts, 20451 Craimer Lane

9243.300	Adult	6/24 - 8/26	10:00am-11:00am	M	\$130
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Moore, Jim Marina Park Tennis Court, 15871 Graham Street

9254.300	Adult	6/25 - 8/27	8:00am-9:00am	Tu	\$130
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Barrie, Monty A Murdy Community Center Tennis Court #1

9278.300	Adult	6/24 - 7/24	9:00am-10:00am	M W	\$130
9278.301	Adult	8/5 - 9/4	9:00am-10:00am	M W	\$130
9278.302	Adult	6/24 - 8/26	8:30pm-10:00pm	M	\$130

Ramirez, David A Marina Park Tennis Court, 15871 Graham Street

9280.300	Adult	6/26 - 8/28	10:00am-11:00am	W	\$130
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## TENNIS: SEMI-PRIVATE WORKOUT ADVANCED BEGINNING

For those students who want concentrated skill development of forehand and backhand ground strokes, volleys, approach volleys and overheads. Classes are limited to a maximum of four students. Class time is devoted to vigorous drills to enhance the player's techniques through personalized and concentrated sessions of instruction. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class.

Ramirez, David A Marina Park Tennis Court  
15871 Graham Street

9199.300	Adult	6/26 - 8/28	8:00am-9:00am	W	\$130
9199.301	Adult	6/28 - 8/30	9:00am-10:00am	F	\$130

Arbeiter, Andrew Murdy Community Center Tennis Court #1

9218.301	Adult	6/28 - 8/30	9:00am-10:00am	F	\$130
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# Tennis

## TENNIS: SEMI-PRIVATE WORKOUT INTERMEDIATE

For those students who want concentrated skill development of forehand and backhand ground strokes, volleys, approach volleys and overheads. Classes are limited to a maximum of four students. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class.

Arbeiter, Andrew		Murdy Community Center Tennis Court #1			
9189.300	Adult	6/24 - 8/26	10:00am-11:00am	M	\$130
9189.301	Adult	6/26 - 8/28	10:00am-11:00am	W	\$130
9189.302	Adult	6/28 - 8/30	11:00am-12:00pm	F	\$130

Ramirez, David A		Marina Park Tennis Court 15871 Graham Street			
9197.300	Adult	6/24 - 8/26	8:00am-9:00am	M	\$130
9197.301	Adult	6/26 - 8/28	9:00am-10:00am	W	\$130
9197.302	Adult	6/28 - 8/30	8:00am-9:00am	F	\$130
9197.303	Adult	6/28 - 8/30	9:00am-10:00am	F	\$130

Moore, Jim		LeBard Tennis Courts, 20451 Craimer Lane			
9251.300	Adult	6/24 - 8/26	9:00am-10:00am	M	\$130

Barrie, Monty A		Murdy Community Center Tennis Court #1			
9253.300	Adult	6/24 - 7/24	10:00am-11:00am	M W	\$130
9253.301	Adult	8/5 - 9/4	10:00am-11:00am	M W	\$130

## TENNIS: SEMI-PRIVATE WORKOUT ADULT ADVANCED INTERMEDIATE

Students must have completed the three prior levels or have considerable playing experience. Class time is devoted to service, second serve, return of serve, volley, ground stroke placement, lobs, smashes and strategy in doubles and singles. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class.

Arbeiter, Andrew		Murdy Community Center Tennis Court #1			
9282.300	Adult	6/26 - 8/28	9:00am-10:00am	W	\$130
9282.301	Adult	6/28 - 8/30	10:00am-11:00am	F	\$130

## TENNIS: SEMI-PRIVATE WORKOUT ADVANCED

Students must have completed the Advanced Intermediate level or have considerable playing experience. Students must have special permission from the Tennis Scheduler. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class.

Ramirez, David A		Marina Park Tennis Court, 15871 Graham Street			
9206.300	Adult	6/24 - 8/26	9:00am-10:00am	M	\$130

## TENNIS: SEMI-PRIVATE WORKOUT SUPER SENIORS

For the students who can successfully execute forehands, backhands, volleys, serves and know how to keep score. This class will focus on drills for doubles skills in organized team play. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class. No class 7/4.

Moore, Jim		Murdy Community Center Tennis Court #1			
9248.300	55yrs to Adult	6/27 - 9/5	8:00am-9:00am	Th	\$130

## TENNIS: SEMI-PRIVATE WORKOUT WOMEN'S DOUBLES

For the students who can successfully execute forehands, backhands, volleys, serves and know how to keep score. Designed for the woman, that wants more playtime with strategy instruction on the "art of doubles." No partner needed. Bring a tennis racquet and one unopened can of USTA approved tennis balls to first class. No class 7/4.

Moore, Jim		Murdy Community Center Tennis Court #1			
9250.300	Adult	6/27 - 9/5	10:30am-11:30am	Th	\$130

## TENNIS: STROKE OF THE DAY

For the players that can successfully execute forehand, backhand, volleys, overheads and serves but want to improve their technical skill to an advanced level. Focus will be on slice and spin development. A different stroke will be covered each class, including serve, overhead, drop shot, lob, volleys and ground strokes.

Moore, Jim		Marina Park Tennis Court, 15871 Graham Street			
9256.300	Adult	6/25 - 8/27	10:30am-11:30am	Tu	\$100

## TENNIS PRIVATE LESSONS

For students who desire more individual attention, private lessons are available for one or two students at Murdy and Edison Community Centers for all levels. Dates and times to be pre-arranged with instructor. For registration and instructor contact information, please contact Murdy or Edison Community Centers. If you would like a larger group of students in the private lesson setting, the instructors also offer this at the following rates; 3-4 students for 64/hour, 5-6 students for 72/hour.

Danielson, Brenda L	9154.300	3yrs to Adult	6/24 - 8/28	\$55
Moore, Jim	9257.300	3yrs to Adult	6/24 - 9/13	\$55
Ramirez, David A	9159.300	3yrs to Adult	6/24 - 9/13	\$55
Ramey, Mai-ai	9160.300	3yrs to Adult	6/24 - 9/13	\$55
Arbeiter, Andrew	9202.300	3yrs to Adult	6/24 - 9/13	\$55
Nieto, Rafael	9155.300	3yrs to Adult	6/24 - 9/13	\$55
Monroe, Lynn	9231.300	3yrs to Adult	6/24 - 9/13	\$55
Barrie, Monty	9157.300	3yrs to Adult	6/24 - 9/13	\$55



**Tennis Rain Hotline**  
**714-536-5246**

# Class Registration Information



**Register Online – beginning May 28**  
**9:00 am at [www.hbsands.org](http://www.hbsands.org)**  
*Save time ★ Save postage ★ No waiting ★ No stress*

**Classes begin week of**  
**June 24, 2013,**  
**unless otherwise indicated**

## Walk In



In person registration accepted at the following locations beginning May 28, 9 am.

### **CG City Gym & Pool**

1600 Palm Avenue 714-960-8884  
 Office Hours: M-Th 9 am-9 pm  
 Fr 9 am-8 pm, Sa 9 am-12:30 pm

### **ECC Edison Community Center**

21377 Magnolia Avenue 714-960-8870  
 Office Hours: M-Th 9 am-9 pm  
 Fr 9 am-8 pm, Sa 9 am-12:30 pm

### **HBAC Huntington Beach Art Center**

538 Main Street 714-374-1650  
 Office Hours: Tues-Sa Noon-6 pm

### **MCC Murdy Community Center**

7000 Norma Avenue 714-960-8895  
 Office Hours: M-Th 9 am-9 pm  
 Fr 9 am-8 pm, Sa 9 am-12:30 pm

### **RSC Rodgers Seniors Center**

1706 Orange Avenue 714-536-9387  
 Office Hours: M-F 8:30 am-5 pm, Sa 9 am-Noon

### **CS Community Services Classes**

Various locations through the city. Please see class descriptions. Register online, or at any Community Center listed above, or by mail.

## Mail In/ Drop Off



Indicate class location on your registration form and on the front, lower left hand corner of the envelope.

1. Mail-in registration will not be given any priority and will be randomly processed beginning May 28, 9 am.
2. Payment by check or money order made payable to City of Huntington Beach – Okay to use one form for multiple classes, but please include a separate check for each class. Payment by check must include name, address, telephone number, and drivers license number. \$30 will be charged for returned checks.
3. Payment by credit card – Please complete all payment information on the Registration Form.
4. To receive a class confirmation receipt, simply enclose one self-addressed, stamped envelope.
5. Improperly submitted registration will not be processed.
6. Mail registration to:  
**City of Huntington Beach**  
**Community Services Dept.**  
**PO Box 190**  
**Huntington Beach, CA 92648-0190**

**Staff is available to answer questions or assist with on-line registration account set-up prior to May 28. Please contact your local center to learn more about on-line registration!**

## WITHDRAWAL & REFUND POLICY

Full refunds/credits are available for classes that are cancelled. All other withdrawals are subject to a \$6 processing fee for each class. Refunds/credits after the start of the program are contingent upon City approval and are for illnesses only. The refund/credit will be assessed a \$6 processing fee and prorated based on the number of classes held. Credit Card transactions will be refunded to the same credit card. Cash or check transactions may receive a refund 4 to 6 weeks after the request. You may also choose to receive credit towards future recreation programs for any type of transaction following the same guidelines. Refunds are not available for Excursions or Special Events. Refunds are not available for classes that have concluded. Refunds or credits will not be given for Workshops without a two-day notice.



The City of Huntington Beach Community Services Department intends to comply with the Americans with Disabilities Act. If you require special assistance for participation in our recreation programs please notify staff at the time of registration or call 714-536-5486.

# Walk in/Mail in Class Registration Form

Save time, register online. Registration begins May 28. [www.hbsands.org](http://www.hbsands.org)

**PAYEE**

*Name (Print)		*Billing Address	
*Address		*e-mail	
*City	*Zip Code	Work Phone ( )	*Home Phone ( )

\* Required fields. Email address will only be used for City of Huntington Beach information.

**PARTICIPANT**

**CG** City Gym & Pool      **ECC** Edison Community Center      **HBAC** Huntington Beach Art Center  
**MCC** Murdy Community Center      **RSC** Rodgers Senior Center      **CS** Community Services Classes

Location/Activity # <small>please include location abbreviation as shown above</small>	Activity Name	Day	Time	Participant Name	Birth Date	Sex	Fee
RSC / 4386 201	Family Martial Arts	Tu	5-6 pm	Joe Surfer	Jan 1, 1984	M	\$75
/ /							
/ /							
/ /							
/ /							
<b>Total of Activity Fees \$</b>							

**Swimming Only!** 2nd Choice Class # \_\_\_\_\_ 3rd Choice Class # \_\_\_\_\_

**Youth Sports Only!**  Grades 7-8  Grades 5-6  Grades 3-4  Grades 1-2  Pee Wee

The above named participant has my permission to participate in the activity indicated above. I realize every precaution is taken to eliminate any injuries or hazards and a competent supervisor is present; however, in the event of an injury, I hereby waive, release and hold harmless from any liability for damages or claims for damages for personal injury, including accidental death, as well as from claims for property damage which may arise in connection with the above named activity, against the Supervisor, Community Services Department personnel and the City of Huntington Beach. Registration constitutes permission for the City of Huntington Beach to take and use any photograph of the above named participant and/or legal guardian in any promotional materials without compensation to the above named participant and/or legal guardian of the above named participant for such use.

DATE: \_\_\_\_\_ SIGNED: \_\_\_\_\_  
Participant/Parent or Legal Guardian

**PAYMENT**

Cash (walk-in only)       Check # \_\_\_\_\_ RECEIPT # \_\_\_\_\_

Credit Card # \_\_\_\_\_

Visa  
 Mastercard      Expiration Date \_\_\_\_\_ Card Holder Signature: \_\_\_\_\_  
 Discover

HAVE YOU ENCLOSED YOUR CHECK OR CREDIT CARD INFORMATION AND A STAMPED, SELF-ADDRESSED ENVELOPE?  
**ONE CHECK REQUIRED FOR EACH CLASS** Only one envelope required.

MAIL TO: City of Huntington Beach, Community Services Department  
 2000 Main St. PO Box 190, Huntington Beach, CA 92648-0190



# Heart and Soul of Surf City

## HUNTINGTON BEACH DOWNTOWN

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### Orange County's Largest Weekly Street Fair & Certified Farmers' Market

90 UNIQUE VENDORS • STREET  
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**EVERY 3RD THURSDAY - 6PM-9PM EVERY MONTH**

### Free Downtown Shuttle! May 18-October 1

Park free at the Huntington Beach Civic Center and ride the shuttle to HB Downtown on weekends and Tuesday nights. Visit [www.hbdowntown.com](http://www.hbdowntown.com) for links to parking information and the Free Shuttle schedule.



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# Huntington Beach

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