

Tot Classes

SPANISH FOR FUN AND FOREVER – TINY TOTS

The class is packed with visuals, songs rhymes, movement activities and games. Each child receives color visuals for mastery of the current vocabulary. Parent/child participation. \$5 material fee due at first class.

Blades, Murnez City Gym Room A
6313.400 3yrs to 5yrs 10/3 - 11/21 10:30am-11:15am Th \$90

SPORTS: SKYHAWKS BASKETBALL

This fun, skill-intensive program is designed for beginning to intermediate players. An active week of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff will also focus on respect, teamwork and responsibility. All participants receive a t-shirt. No class 11/11.

Skyhawks Sports, Academy Inc Murdy Community Center Basketball Courts
6367.400 4yrs to 7yrs 9/9 - 10/7 4:00pm-4:45pm M \$59
6367.401 4yrs to 7yrs 10/21 - 12/2 4:00pm-4:45pm M \$59

SPORTS: SKYHAWKS: MINI HAWK MULTI-SPORT

This basketball and baseball program gives 4 to 7 year-olds a fun and positive first step into athletics. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace. Each child receive a t-shirt and a merit award.

Skyhawks Sports, Academy Inc Murdy Community Center Basketball Courts
6368.400 4yrs to 7yrs 9/11 - 10/9 4:00pm-5:00pm W \$59
6368.401 4yrs to 7yrs 10/23 - 11/20 4:00pm-5:00pm W \$59

Youth Classes

ART: ART EXPLORATIONS

In this beginning art class, students will combine fun drawing exercises and creative painting projects to build skills as young artists. The different elements of art will be introduced through a variety of media such as acrylic on canvas, pastels, charcoal, watercolor and more. Emphasis is placed on techniques as students explore the work of famous artists and create their own masterpieces. All materials and aprons will be provided. \$20 material fee due at first class.

Henry, Lucia Art Center Studio
5333.401 6yrs to 12yrs 10/17 - 11/14 3:30pm-4:45pm Th \$79
HBAC \$71.70

ART: CLAY ADVENTURES

Have a blast learning how to turn clay into wonderful creatures and other fun projects. We will hand build the pieces as we learn techniques such as coiling, scoring and slab building. We will decorate them with under glazes. Different projects each week. All pieces will be glazed and fired. Aprons will be provided. \$20 material fee due at first class.

Henry, Lucia Art Center Studio
5200.401 6yrs to 12yrs 9/12 - 10/10 3:30pm-4:45pm Th \$81
HBAC \$73.50

Parks & Recreation...

Build Friendship

...The Benefits Are Endless

No classes November 11, 28 & 29

Youth Classes

ART: DRAWING FUNDAMENTALS

Students will learn the fundamentals of drawing, such as contour, shading, perspective, portraiture and composition, to make works of art that express both observation and imagination. We will use a mix of media including pencil, India ink, charcoal and watercolor. All levels welcome. Materials list. \$10 material fee due at first class. No Class 10/31.

Oquist, Courtney L Art Center Studio
4818.401 7yrs to 12yrs 9/12 - 10/10 5:15pm-6:30pm Th \$67
4818.402 7yrs to 12yrs 10/17 - 11/21 5:15pm-6:30pm Th \$67
HBAC \$61

ART: ESSENTIAL CARTOONING

This fun and exciting class will teach character drawing and basic cartooning skills. Returning students will begin to learn layout and design. Beginners will learn how to draw characters. Limited enrollment. \$25 material fee due at first class, which covers all supplies. Pre-registration is required. All materials are provided.

Kent, Pati L Art Center Studio
3600.401 7yrs to 12yrs 9/10 - 10/1 4:30pm-5:30pm Tu \$50
3600.402 7yrs to 12yrs 10/22 - 11/12 4:30pm-5:30pm Tu \$50
3600.403 7yrs to 12yrs 11/19 - 12/10 4:30pm-5:30pm Tu \$50
HBAC \$45

ART: M.A.D PRESENTS: ART IN THE PARK

Young artist will rub elbows with famous artist such as: Monet, Michelangelo, Pollack, Kandinsky and more. Most importantly they will discover and set free the little artist within. Engaging in water colors, clay sculptures, murals, painting, texture, pastels, chalk and more. \$10 material fee due at first class. No class 10/31.

M.A.D., Studio HB Harbour View Clubhouse 16600 Saybrook Ln
6362.400 6yrs to 10yrs 9/12 - 10/10 3:30pm-4:30pm Th \$62
6362.401 6yrs to 10yrs 10/17 - 11/21 3:30pm-4:30pm Th \$62

ART: M.A.D PRESENTS: CONNECTING WORLDS THRU PAINT

The art class is geared for children with Autism and special needs. We Be Free curriculum teaches children about famous artist, technique and medium. We give them the freedom to create their own masterpieces and their art a voice. We guide and encourage through all development. No class 10/31.

M.A.D., Studio HB Harbour View Clubhouse 16600 Saybrook Ln
5357.400 6yrs to 12yrs 9/12 - 10/10 3:30pm-4:30pm Th \$60
5357.401 6yrs to 12yrs 10/17 - 11/21 3:30pm-4:30pm Th \$60

ART: OUR BRILLIANT VISUAL WORLD

Student's ideas will be explored through various art materials. Warm up exercises to connect eye and hand will be followed by investigations in various media, representational and automatic pencil drawing, watercolor, collage, mixed media and acrylic. Art history lessons are interwoven to offer students connections to their everyday life. \$10 material fee due at first class.

Shurts, Christina Art Center Multipurpose Room
4624.401 7yrs to 12yrs 9/18 - 10/23 3:15pm-4:15pm W \$76
HBAC \$69

ART: PAINTING FOR KIDS

Exploring various painting and printmaking techniques, students will use a variety of wet media, including inks, watercolor, tempera and acrylic to make works of art that build paint-handling techniques while exploring creativity, aesthetics and personal expression. All supplies included. \$15 material fee due at first class. No Class 10/31.

Oquist, Courtney L Art Center Multipurpose Room
5329.401 7yrs to 12yrs 9/12 - 10/10 3:15pm-4:30pm Th \$70*
5329.402 7yrs to 12yrs 10/17 - 11/21 3:15pm-4:30pm Th \$70*
HBAC \$63.60

Youth Classes

CHEERLEADING

GO! CHEER! GO! Learn basic cheers, chants, dance movements, and jumps in this fun cheerleading class! Students develop rhythm, flexibility and coordination in this exciting sport. Cheerleading builds teamwork and cooperation – Bring a friend and learn to cheer! Parents are invited to watch the last class of the session. \$1 material fee due at first class.

Huntington Academy of Dance Murdy Community Center Game Room
 5336.400 7yrs to 12yrs 9/9 - 11/4 5:30pm-6:30pm M \$95

COMPUTERS: COMIC WORLD

Welcome to the Comedic Digital Short Format often associated with Saturday Night Live and commercials and TV shows like, Nike's "You Can't Say That On TV." Students learn to write, film, and edit specifically for fast setups and punch lines using comedic techniques. Each student will finish at least one short film.

Freshi, Films LLC City Gym Room B
 5382.400 7yrs to 12yrs 9/12 - 10/31 4:00pm-5:30pm Th \$139

COMPUTERS: VIDEO GAME DESIGN BEGINNING TO ADVANCED

This program combines both advanced and beginning students allowing participants to work at a slower or more advanced pace dependent upon individual needs and aptitudes. Advanced gamers will work on their own computers and be more mentored through a series of lessons. Beginners will work in pairs on one computer and be introduced by the teacher to the fundamentals of game design and computer programming.

Freshi, Films LLC City Gym Room B
 5377.400 7yrs to 12yrs 9/10 - 10/29 4:00pm-5:30pm Tu \$139

CULINARY KIDS: KIDS IN THE KITCHEN

Culinary Kids Cooking is an appetizing adventure where children between the ages of 5 and 12 will create healthy meals to share with family and friends. All weeks will feature new recipes come to one or come to ALL! \$30 material fee due at first class.

Culinary Cooking, Kids LLC Murdy Community Center Hall C&D
 2125.400 5yrs to 12yrs 9/10 - 10/29 3:30pm-5:00pm Tu \$175

DANCE: BALLET

Challenge your child to develop rhythm, strength and coordination the fun way! In ballet class, boys and girls learn ballet positions, jumps, turns, and dances using French vocabulary. Ballet attire required. \$1 material fee due at first class. No class 10/31.

Huntington Academy of Dance Murdy Community Center Hall B
 5212.400 6yrs to 8yrs 9/9 - 11/4 4:00pm-5:00pm M \$95

Huntington Academy of Dance Edison Community Center Hall B
 5213.400 5yrs to 7yrs 9/14 - 11/16 11:00am-12:00pm Sa \$105

Huntington Academy of Dance City Gym Room A
 5214.400 5yrs to 7yrs 9/12 - 11/14 4:00pm-5:00pm Th \$95

Huntington Academy of Dance 16601 Gothard Street, Suite A, HB
 5316.400 8yrs to 12yrs 9/10 - 11/12 6:30pm-7:30pm Tu \$105

DANCE: CONTEMPORARY

Love the moves on So You Think You Can Dance? Contemporary dance style incorporates movements of ballet, jazz, and modern with great music and personal expression. Learn the basic of contemporary, stretches, leaps and turns in the FUN class! Dance attire required.

Huntington Academy of Dance 16601 Gothard Street, Suite A, HB
 5340.400 12yrs to 16yrs 9/11 - 11/13 5:30pm-6:30pm W \$95

DANCE: HIP HOP

Hip Hop Hurray! Ho! Boys and girls will get their groove on hip hoppin' to high energy music with funky dance moves! Hip hop introduces students to the rhythmic urban style of popping, locking, and gliding. Parents delight in our family friendly music and movements while kids have a blast and bust-a-move! Bring a friend and try your first class for free! \$1 material fee due at first class.

Huntington Academy of Dance Edison Community Center Game Room

5351.400 7yrs to 12yrs 9/11 - 11/13 4:35pm-5:35pm W \$105

Huntington Academy of Dance City Gym Room A

5374.400 5yrs to 7yrs 9/9 - 11/4 4:15pm-5:15pm M \$95

5374.401 7yrs to 12yrs 9/9 - 11/4 5:15pm-6:15pm M \$95

DANCE: IMPROVISATIONAL DANCE WITH LIVE DRUMS

Learn an approach to dance that will free your spirit and move your soul. Improvisational dance encourages uninhibited movement with live drumming that gets you moving and encourages exploration of kinetics. Class begins with warm-up then the fun begins. Come have the time of your life. No dance experience necessary. One day off, TBA.

Fry, Charletta R City Gym Room B

5378.400 9yrs to 13yrs 9/9 - 11/4 3:30pm-4:30pm M \$88

5378.402 9yrs to 13yrs 11/18 - 12/9 3:30pm-4:30pm M \$44

DANCE: KIDS COUNTRY LINE

Country Line Dance together as a family. Parents need to register, also. Have fun & dance easy, popular line dances to popular country music. Taught slowly so all kids will be able to dance. \$2 material fee due at first class. No class 10/31.

Fox, Kaylaa Murdy Community Center Hall C

4620.400 8yrs to Adult 9/12 - 10/3 5:15pm-6:00pm Th \$24

4620.401 8yrs to Adult 10/10 - 11/7 5:15pm-6:00pm Th \$24

DANCE: POLYNESIAN YOUTH

Get moving to the rhythms of the South Pacific Islands ! From Hawaiian Hula to Tahitian Ori, your child will build confidence and showmanship. Class ends with a luau and performance.

Seanoa, Melody A Art Center Multipurpose Room

5221.401 7yrs to 13yrs 9/10 - 10/15 5:00pm-6:00pm Tu \$66*

5221.402 7yrs to 13yrs 10/22 - 12/3 5:00pm-6:00pm Tu \$76**

HBAC *\$60 **\$69

DANCE: TAP

Bring a friend and learn the basics of tap dancing in this FUN class! Students will learn how to keep time and stay in beat with music. Tap dancing is a great way to improve coordination, rhythm, and athletic agility. Boys and girls love making NOISE with their feet! Dance attire, please.

Huntington Academy of Dance 16601 Gothard Street, Suite A, HB

5330.400 7yrs to 12yrs 9/11 - 11/13 3:30pm-4:30pm W \$105

Parks & Recreation...
Conquer Boredom
 ...The Benefits Are Endless

Register Online! www.hbsands.org

Youth Classes

FITNESS: ZUMBA – AGES 6 TO 86!

Bring your family and friends to this fun-packed Zumba class for everyone ages 6 to 96! Reap the benefits of a calorie-torching workout while you “Zumba” to fabulous Latin and International music. Increases coordination, rhythm, balance, muscle tone, aerobic fitness and fun!

Foreman, Jill E
Rodgers Senior Center Hall A

4573.401 6yrs to 86yrs 9/10 - 10/22 6:00pm-6:50pm Tu \$52

4573.402 6yrs to 86yrs 10/29 - 12/3 6:00pm-6:50pm Tu \$45

GYMNASTICS: CHEER-NASTICS

Students have fun while safely learning cheers & stunting techniques plus gymnastic skills great for all levels. Cartwheels, roundoffs, backbends, walkovers, splits, rolls, jumps, beam and back-handsprings barrel are taught by an experienced instructor. Progressive skill level instruction creates success! \$2 material fee due at first class.

Tumble-N-Kids, Inc
City Gym Room B

5225.400 6yrs to 12yrs 9/13 - 11/15 4:00pm-5:00pm F \$106

GYMNASTICS: GYMNASTICS PLUS!

This class offers girls and boys gymnastic skills plus music, fun and great exercise! Experienced coaches safely teach all levels. Students learn cartwheels, round-offs, backbends, splits, balance beams, back-handsprings and more. Progressive skill level instruction creates confidence, success and prepares kids for all sports. \$2 material fee due at first class.

Tumble-N-Kids, Inc
Murdy Community Center Hall A

5226.400 6yrs to 12yrs 9/10 - 11/12 3:45pm-4:45pm Tu \$106

Tumble-N-Kids, Inc
Edison Community Center Hall A

5297.400 6yrs to 12yrs 9/11 - 11/13 3:40pm-4:40pm W \$106

GYMNASTICS: JAMMIN GYMNASTICS

Girls and boys of all levels learn age-appropriate gymnastics skills, coordination and strength development. Experienced coaches introduce cartwheels, round-offs, rolls, handstands, backbends, beam, trampoline, back-handspring barrel and more. Obstacle courses and music make learning fun, while progressive skill instruction creates confidence and success preparing kids for all sports! \$2 material fee due at first class.

Tumble-N-Kids, Inc
Murdy Community Center Hall B

5331.400 4yrs to 6yrs 9/12 - 11/14 3:00pm-4:00pm Th \$106

5331.401 7yrs to 14yrs 9/12 - 11/14 4:00pm-5:00pm Th \$106

Tumble-N-Kids, Inc
Edison Community Center Hall A

5327.400 5yrs to 8yrs 9/14 - 11/16 11:50am-12:50pm Sa \$106

GYMNASTICS: KARTWHEEL-N-KIDS

Girls and boys learn gymnastics skills including: cartwheels, rolls, jumps, handstands, bridge/backbends, beams, handspring barrel, trampoline and more. We focus on beginning tumbling skills incorporating music, obstacle courses and fun. Progressive skill level instruction creates confidence and success. \$2 material fee due at first class.

Tumble-N-Kids, Inc
Murdy Community Center Hall A

5227.400 4yrs to 6yrs 9/10 - 11/12 2:45pm-3:45pm Tu \$106

Tumble-N-Kids, Inc
City Gym Room B

5293.400 4yrs to 6yrs 9/13 - 11/15 3:00pm-4:00pm F \$106

Parks & Recreation...

Create Memories

...The Benefits Are Endless

KARATE: PRACTICAL MARTIAL ARTS

Our system combines the foundations of traditional martial arts which instills a sense of respect, self-confidence, and focus; and adds to that a modern flavor of training. We combine the striking involved in Muay Thai, and Boxing - the groundwork of Jiu-Jitsu, and the throws and takedowns trained in Wrestling and Judo. Belt Advancement is Available.

Betance, Justin
Murdy Community Center Hall B

5232.400 5yrs to 9yrs 9/12 - 11/23 5:30pm-6:30pm Th \$150

8:00am-8:45am Sa

5232.401 10yrs to 15yrs 9/12 - 11/23 6:30pm-7:30pm Th \$150

8:00am-8:45am Sa

KARATE: JUNIOR TAE KWON DO

Develop coordination, improve balance, and achieve total fitness and self-defense while increasing self-confidence and discipline. Uniforms will be made available for purchase from instructor. No class 11/11, 11/28 & 11/29.

Tillehkooh, Kiavash
City Gym Room B

5229.400 6yrs to 9yrs 9/9 - 12/2 5:45pm-6:30pm M \$177

5229.401 6yrs to 9yrs 9/10 - 12/3 5:45pm-6:30pm Tu \$177

5229.402 6yrs to 9yrs 9/11 - 12/4 5:45pm-6:30pm W \$177

5229.403 6yrs to 9yrs 9/12 - 12/5 5:45pm-6:30pm Th \$177

KARATE: TAE KWON DO

Develop coordination, improve balance, and achieve total fitness and self-defense while increasing self-confidence. Uniforms will be available for purchase from instructor. No class 11/11, 11/28 & 11/29.

Tillehkooh, Kiavash
City Gym Room B

5231.400 10yrs to 17yrs 9/9 - 12/4 6:30pm-7:15pm M W \$188

5231.401 10yrs to 17yrs 9/10 - 12/5 6:30pm-7:15pm Tu Th \$188

5231.402 10yrs to 17yrs 9/9 - 12/3 6:30pm-7:15pm M Tu \$188

5231.403 10yrs to 17yrs 9/11 - 12/5 6:30pm-7:15pm W Th \$188

5231.404 10yrs to 17yrs 9/9 - 12/5 6:30pm-7:15pm M Th \$188

KARATE: TRADITIONAL JAPANESE KARATE-DO BEGINNER & NOVICE

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Uniforms and equipment are available for purchase from instructor. White, orange, and blue belts only. 1 day a week, Monday, Thursday, or Friday, for \$110. 2 days a week for \$130. 3 days a week for \$150 No class 11/11, 11/28 & 11/29.

Wadoryu USA, Nishimura Shoji
Edison Community Center Hall A

5230.400 8yrs to 14yrs 9/9 - 12/13 5:45pm-6:30pm M Th F \$110

5230.401 8yrs to 14yrs 9/9 - 12/13 5:45pm-6:30pm M Th F \$130

5230.402 8yrs to 14yrs 9/9 - 12/13 5:45pm-6:30pm M Th F \$150

KARATE: TRADITIONAL JAPANESE KARATE-DO INTERMEDIATE

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Uniforms and equipment are available for purchase from instructor. Blue/St, Green, Green/St, Red belts only. 1 day a week, Monday, Thursday, or Friday, for \$140. 2 days a week for \$160. 3 days a week for \$180. No class 11/11, 11/28 & 11/29.

Wadoryu USA, Nishimura Shoji
Edison Community Center Hall A

5257.400 8yrs to 14yrs 9/9 - 12/13 5:45pm-7:15pm M Th F \$140

5257.401 8yrs to 14yrs 9/9 - 12/13 5:45pm-7:15pm M Th F \$160

5257.402 8yrs to 14yrs 9/9 - 12/13 5:45pm-7:15pm M Th F \$180

Youth Classes

KARATE: TRADITIONAL JAPANESE KARATE DO ADVANCED

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Uniforms and equipment are available for purchase from instructor. One day a week, Thursday or Friday, for \$150. Two days a week for \$170. No class 11/28 & 11/29.

Wadoryu USA, Nishimura Shoji Edison Community Center Hall A
5350.400 8yrs to 18yrs 9/12 - 12/13 6:30pm-8:15pm Th F \$150
5350.401 8yrs to 18yrs 9/12 - 12/13 6:30pm-8:15pm Th F \$170

KARATE: YOUNG CHAMPIONS

This program combines safety awareness with self-defense instruction. Students learn verbal and physical skills for self-defense against bullies and strangers. Escape maneuvers and communication skills are taught to contract threats. Safety tips are discussed each week. Students progress in rank and earn their belts. No class 11/29 & 12/27.

Young Champions, Recreation Program Murdy Community Center Hall A

New Students 5272.400 5yrs to 15yrs 9/20 - 1/10 5:15pm-5:55pm F \$92
Yellow Belt 5272.401 5yrs to 15yrs 9/20 - 1/10 6:00pm-6:40pm F \$92
Orange Belts 5272.402 5yrs to 15yrs 9/20 - 1/10 6:45pm-7:25pm F \$92
Purple Belt 5272.403 5yrs to 15yrs 9/20 - 1/10 7:30pm-8:10pm F \$92
& Above

MAD SCIENCE

Enroll your child in the Ultimate in Spectacular Science for children. Participants will learn about scientific concepts through topics such as Che-mystery, "current" events, science of magic, stunt planes and gliders, under pressure, and more. All classes are hands-on, minds-on, and fun! Your child will create and take home their own bridge model, wacky diver, circuit series, air blaster, and more. There will be a \$10 material fee due at first class. No class 11/11.

Broderick, Jay Edison Community Center Hall B
5233.400 6yrs to 12yrs 9/30 - 11/25 3:30pm-4:30pm M \$90

MAD SCIENCE: EXPLORATIONS

Let Mad Science Electrify you day! In this new session you will get a chance to uncover the source of sound and explore the power of magnets. You can catch some cool colors, make rainbows out of white light, charge up on static electricity and trick your eyes with optical illusions and so much MORE!! \$10 materials fee due at first class. No class 11/11.

Broderick, Jay Murdy Community Center Hall D
2006.400 5yrs to 12yrs 10/2 - 11/20 3:30pm-4:30pm W \$90

Broderick, Jay City Gym Room A
5235.400 5yrs to 12yrs 10/1 - 11/19 3:30pm-4:30pm Tu \$90

PERFORMING ARTS: SUNSHINE GENERATION OF HB

Make new friends while building useful lifetime skills! Gain confidence for public performing with NO pressure. Kids focus on singing, dancing, and public speaking with showmanship. Optional community performances after the end of the session. \$30 for Sunshine t-shirt, CD, and worksheets. Parents are asked not to stay during rehearsals. No class 11/28.

Merdjanian, Iskui Edison Community Center Hall B
5248.400 5yrs 6mths to 12yrs 10/10 - 12/5 4:45pm-5:45pm Th \$89

SKATEBOARDING & SCOOTERING

Whether you are just learning or ready to learn advanced tricks, this class is right for you. Make new friends, advance your skills, and most importantly, have fun in our private skate park. All participants will receive a Skatedogs T-Shirt. Requirements: A signed Skatedogs waiver form, a skateboard or scooter, knee pads, elbow pads and a helmet.

Skatedogs, Adam Cohen Sports Complex Parking Lot, 18100 Goldenwest St., HB
5260.401 6yrs to 16yrs 9/18 - 10/23 4:00pm-5:30pm W \$150
5260.402 6yrs to 16yrs 11/6 - 12/11 4:00pm-5:30pm W \$150

SKATEDOGS BIRTHDAY PARTY

Celebrate your birthday with your friends by riding ramps and getting skateboarding instruction from an experienced coach in the Skatedogs private skatepark. All parties include instruction, free skate, and fun games! Call Adam at Skatedogs at 714-313-8787 for more details.

Location: HB Sports Complex

SKATING: ICE HOCKEY SKILLS

Learn basic skating skills necessary for hockey including forward and backward skating, stopping, and turning. Pucks and sticks are not used during this class. Includes skate rental, 30-minute lesson, free practice on day of class, and three additional skating passes to be used during the 4-week session.

Westminster Ice 13071 Springdale, Westminster
5295.400 6yrs to 16yrs 9/18 - 10/9 6:10pm-6:40pm W \$37
5295.401 6yrs to 16yrs 10/23 - 11/13 6:10pm-6:40pm W \$37
5295.402 6yrs to 16yrs 9/21 - 10/12 10:45am-11:15am Sa \$37
5295.403 6yrs to 16yrs 10/26 - 11/16 10:45am-11:15am Sa \$37

SKATING: ICE SKATING BEGINNING

Enjoy the Winter Olympics' most beautiful sport. Figure Skating. Learn to skate across the ice forward and backward, stop, hop, spin and more! Includes skate rental, 30-minute lesson, free practice on day of class (3:00-5:00pm for Wednesday class and 12:00-2:00pm for Saturday), and three additional skating passes to be used during the 4-week session.

Westminster Ice 13071 Springdale, Westminster
5271.400 6yrs to 16yrs 9/18 - 10/9 5:10pm-5:40pm W \$37
5271.401 6yrs to 16yrs 10/23 - 11/13 5:10pm-5:40pm W \$37
5271.402 6yrs to 16yrs 9/21 - 10/12 10:45am-11:15am Sa \$37
5271.403 6yrs to 16yrs 10/26 - 11/16 10:45am-11:15am Sa \$37

SKATING: OC ROLLER KIDS

Has your child expressed interest in playing hockey or roller derby? This class is designed for the aspiring skater. Drills range from beginner to advanced, based on the individual skater needs. Skaters to wear roller skates or inlines, protective gear - helmet, knee/elbow pads, and wrist guards.

Parra, Elena Edison Community Center Patio
5249.400 6yrs to 13yrs 10/5 - 11/2 10:00am-11:00am Sa \$50

SOCCER: COAST TO COAST SOCCER

Coast 2 Coast Soccer is the largest after school soccer program in California. Our program will include the most fun filled soccer games and world cup scrimmages. Our enthusiastic and experienced coaches will teach your child the fundamentals and great new skills your child will get a free Coast 2 Coast jersey and certificate. Most importantly, your child will have FUN!

Coast, 2 Coast Murdy Community Center-Tour. Fields
5294.400 6yrs to 10yrs 9/17 - 11/5 4:00pm-5:00pm Tu \$135
5294.401 6yrs to 10yrs 9/19 - 11/7 4:00pm-5:00pm Th \$135

Register Online! www.hbsands.org

Youth Classes

SPANISH FOR FUN AND FOREVER: BEGINNING

Fun and developmentally appropriate for children of all ages. Class is packed with visuals, songs, rhymes, movement activities and games. Children have opportunities to create language and play. Parents are welcome to attend, observe and participate. Class taught by credentialed teacher. \$5 material fee due at first class. No class 11/11.

Blades, Murnez Murdy Community Center Hall D
5379.400 5yrs to 8yrs 9/23 - 11/18 3:15pm-4:00pm M \$94

SPANISH FOR FUN AND FOREVER

Fun and developmentally appropriate for children of all ages. Class is packed with visuals, songs, rhymes, movement activities and games. Children have opportunities to create language and play. Parents are welcome to attend, observe and participate. Class taught by credentialed teacher. \$5 material fee due at first class.

Blades, Murnez Edison Community Center Hall B
5252.400 5yrs to 8yrs 10/1 - 11/19 3:15pm-4:00pm Tu \$94

SPANISH FOR FUN AND FOREVER

This program is fun and developmentally appropriate for children of all ages. Class is packed with visuals, songs, rhymes, movement activities and games. Children have opportunities to create language and play. Parents are welcome to attend, observe and participate. Class taught by credentialed teacher. \$5 material fee due at first class. No class 11/11.

Blades, Murnez Murdy Community Center Hall D
5253.400 10yrs to 13yrs 9/23 - 11/18 4:15pm-5:00pm M \$94

SPORTS: SKYHAWKS BASKETBALL

This fun, skill-intensive program is designed for beginning to intermediate players. An active week of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff will also focus on respect, teamwork and responsibility. All Participants receive a t-shirt. No class 11/11.

Skyhawks Sports, Academy Inc Murdy Community Center
Basketball Courts

5365.400 6yrs to 12yrs 9/9 - 10/7 5:00pm-6:00pm M \$59
5365.401 6yrs to 12yrs 10/21 - 12/2 5:00pm-6:00pm M \$59

SURFING: BEGINNER

Are you ready to take your skills to the next level? This 1-hour class is designed for beginners, and will help you improve your board riding ability, master basic skills and understand the ocean better. Must be at least 8 and proficient ocean swimmer. Boards/wetsuits can be provided.

HB Surf School, Bill Sharp Beach Service Center-south side of pier

5322.400 8yrs to 16yrs 9/3 - 9/24 3:15pm-4:15pm Tu \$120
5322.401 8yrs to 16yrs 10/1 - 10/22 3:15pm-4:15pm Tu \$120
5322.402 8yrs to 16yrs 10/29 - 11/19 3:15pm-4:15pm Tu \$120
5322.403 8yrs to 16yrs 11/26 - 12/17 3:15pm-4:15pm Tu \$120
5322.404 8yrs to 16yrs 9/4 - 9/25 3:15pm-4:15pm W \$120
5322.405 8yrs to 16yrs 10/2 - 10/23 3:15pm-4:15pm W \$120
5322.406 8yrs to 16yrs 10/30 - 11/20 3:15pm-4:15pm W \$120
5322.407 8yrs to 16yrs 11/27 - 12/18 3:15pm-4:15pm W \$120

VOLLEYBALL: JUNIOR SPIKERS INDOORS

Much like Club Volleyball, Junior Spikers will meet one day each week and learn all the elements of the game. Class will include instruction on technique, drills to reinforce, and plenty of team play. Juniors will be given a Jr. Spikers t-shirt the first day of class.

Win Win, Promotions LLC City Gym Gymnasium

5254.400 Grades 5 & 6 9/9 - 11/18 3:30pm-4:45pm M \$153
5254.401 Grades 7 & 8 9/9 - 11/18 4:45pm-6:00pm M \$153
5254.402 Grades 5 & 6 9/11 - 11/13 3:30pm-4:45pm W \$153
5254.403 Grades 7 & 8 9/11 - 11/13 4:45pm-6:00pm W \$153

No classes November 11, 28 & 29

Adult & Teen Classes

AQUA EVENING: AQUA-TONE AEROBICS

This fun and very challenging water workout class will take you to a new limit of resistance using Hydro-Tone's Water Weights. Move from shallow to deep water utilizing and concentrating on the weaker muscle groups of your body. No prerequisite for swimming ability. No equipment necessary. Questions: aquatonefitness@aol.com. No class 11/29.

AquaToneFitness, Dawnette Lowry City Gym Pool
4311.400 16yrs to Adult 9/13 - 12/13 5:30pm-6:30pm F \$97

AQUATIC BODY BUILDING: HYDRO-TONE

Hydro-Tone is a unique and intense Body Building workout course. This system accommodates variable resistance of water to movement through it. Hydro-Tone Bells and Boots are designed to fit any individual who is looking for greater muscle stimulation. Equipment rental \$3 per class to be paid each class. Questions: aquatonefitness@aol.com. No class 11/11, 11/28, 11/29, & 11/30.

AquaToneFitness, Dawnette Lowry City Gym Pool
4314.400 16yrs to Adult 9/9 - 12/9 8:15am-9:25am M \$111
4314.401 16yrs to Adult 9/11 - 12/11 8:15am-9:25am W \$119
4314.402 16yrs to Adult 9/13 - 12/13 6:45am-8:00am F \$111

AQUATIC EXERCISE: AQUA ACTIVE

This class is designed for people with arthritis to gently improve range of motion, strength and endurance. Participants must be able to enter and exit the pool independently. A doctor's release is recommended if you have recently had surgery. No class 11/11, 11/28 & 11/29.

Thurn, Debra City Gym Pool
4315.400 Adult 9/9 - 10/25 12:15pm-1:15pm M W F \$143
4315.401 Adult 10/28 - 12/13 12:15pm-1:15pm M W F \$130
4315.402 Adult 9/10 - 10/24 12:30pm-1:30pm Tu Th \$97
4315.403 Adult 10/29 - 12/12 12:30pm-1:30pm Tu Th \$90

AQUATIC EXERCISE: AQUA-TONE AEROBICS

This unique class improves body tone, flexibility, cardiovascular strength and physical fitness through exercises utilizing all muscle groups. This high-energy workout is twice as effective in the water as it would be on land. No prerequisite for swimming ability. Questions: aquatonefitness@aol.com. No class 11/11, 11/2, 11/29, & 11/30.

AquaToneFitness, Dawnette Lowry City Gym Pool
4312.400 16yrs to Adult 9/9 - 12/11 7:00am-8:00am M W \$184
4312.401 16yrs to Adult 9/10 - 12/12 7:00am-8:00am Tu Th \$184
4312.402 16yrs to Adult 9/10 - 12/12 8:20am-9:20am Tu Th \$184
4312.403 16yrs to Adult 9/9 - 12/9 7:00am-8:00am M \$97
4312.404 16yrs to Adult 9/11 - 12/11 7:00am-8:00am W \$104
4312.405 16yrs to Adult 9/13 - 12/13 8:20am-9:20am F \$97
4312.406 16yrs to Adult 9/14 - 12/14 7:00am-8:00am Sa \$97

AQUATIC EXERCISE: AQUACISE

Come challenge yourself in this extreme water workout. Designed to improve body tone, flexibility, cardiovascular strength and physical fitness through exercise performed in both shallow and deep water. All fitness levels will benefit. No prerequisite for swimming ability. No class 11/11 & 11/27.

Zschach, Alicia K City Gym Pool
4310.400 12yrs to Adult 9/9 - 12/9 5:30pm-6:30pm M \$96
4310.401 12yrs to Adult 9/11 - 12/11 5:30pm-6:30pm W \$89
4310.402 12yrs to Adult 9/9 - 12/11 5:30pm-6:30pm M W \$180

AQUATIC EXERCISE: FAT BURNING FRIDAYS

This calorie burning workout is performed in the deep end. Combining aqua aerobics, circuit training, and sprint work for the ultimate deep water exercise program. No class 11/29.

Thurn, Debra City Gym Pool
4313.400 Adult 9/13 - 12/13 11:15am-12:00pm F \$102