

# Human Services

## HUNTINGTON BEACH SENIOR SERVICES

### MICHAEL E. RODGERS SENIORS CENTER

1706 Orange Avenue, 714 536-9387; FAX 714 374-1543  
Office Hours: Monday through Friday, 8:30 am to 5:00 pm

The Michael E. Rodgers Seniors Center is a focal point for an array of programs and services important to the quality of life for the seniors in our community. The center is a multi-purpose facility and offers opportunities for community involvement and companionship with a wide range of social, recreational, and educational programs promoting wellness. Volunteer and internship opportunities are available.

### SENIORS' OUTREACH CENTER

1718 Orange Ave, 714-960-2478; Fax 714-374-1620  
Office Hours: Monday through Friday 8:30am to 5:00pm  
Transportation office 714-374-1742

Seniors' Outreach, under direction of the Community Services Department since 1974, provides services aimed toward successful aging in place. Transportation, Home Delivered Meals, Care Management and other services are designed to meet the otherwise unmet physical, emotional, and nutritional needs of homebound, frail and at risk older adults living independently in Huntington Beach. Through professionally trained staff and dedicated volunteers, the center provides services, resources, information and consultation for older adults and their loved ones.

Services for residents include: Home Delivered Meals (60 years and older) - to those who qualify, 3 meals a day, Monday through Friday; Transportation (55 years and older) weekday transportation to any location within Huntington beach, the Social Security Office in Fountain Valley, and to medical appointments at Fountain Valley Regional Hospital, Orange Coast Memorial Hospital and Hoag Memorial Presbyterian Hospital. Care management (60 years and older) - information, referral, advocacy, and connection to support services.

### SENIORSERV LUNCH PROGRAM

SeniorServ serves a wide variety of delicious, nutritious lunches each weekday at 11:30 am. A donation of \$3 per meal is suggested for people 60 years of age and older. A meal cost for those under 60 years of age is \$5. For more information regarding the lunch program, call 714-536-8404.

### PC BUDDY CLUB

The PC Buddy Club is a FREE social club for new and experienced computer users. The club meets the 2nd and 4th Thursday of each month, from 2:00 - 4:00 pm, at the Michael E. Rodgers Seniors Center. Experienced teachers who are able to answer your most troubling computer questions will moderate the club. Guest speakers will address a variety of topics current in the computer industry.

### HUNTINGTON BEACH COUNCIL ON AGING

The Huntington Beach Council on Aging (HBCOA) is officially recognized by the City Council of Huntington Beach as representing its local senior citizens. The mission of this nonprofit corporation is to work with city staff and volunteers to enhance the dignity and quality of life for city seniors through comprehensive services, education, and advocacy aimed to empower and meet the needs of a diverse population. As the senior population continues to grow, the HBCOA will respond to the broadening needs of our senior community and advocate on their behalf.

The Executive Board meets at 9:00 am on the first Thursday of each month at the Michael E Rodgers Seniors Center; and general membership meetings are held four times a year. Please help us continue our efforts by becoming a member of the HBCOA, or by making a donation. The HB Council on Aging and the seniors who benefit directly from your generosity appreciate your support of senior programs. Please call Rodgers Seniors Center at 714 536-9387 for additional information.



### PROJECT SELF-SUFFICIENCY

Project Self-Sufficiency is a local Huntington Beach program that assists low-income, single parents to achieve economic independence through education and training. The program is in its 27th year of helping local families in need.

The Huntington Beach community, civic organizations, businesses and public and private donors support the PSS program in a variety of ways. Project Self Sufficiency Foundation is a 501 (C)(3) organization and all contributions are tax deductible. For more information, please call 714 536-5263 or 714 536-5439 or visit our website: [www.pssfoundation.org](http://www.pssfoundation.org).

## Recreation Facilities

### EDISON COMMUNITY CENTER (ECC)

21377 Magnolia Street, 714 960-8870

&

### MURDY COMMUNITY CENTER (MCC)

7000 Norma Drive, 714 960-8895

**Reservations are now available for group picnic shelters!** The centers offer children's play equipment, lighted tennis courts, lighted softball diamonds, lighted racquetball courts (ECC only), lighted basketball courts, volleyball, horseshoes and barbecues. The centers contain four meeting rooms, kitchen, lounge and game room. Pool, ping-pong, and table games are available during specified hours.

### CITY GYM AND POOL (CG)

1600 Palm Avenue, 714-960-8884.

This supervised facility offers cultural classes, swim lessons, indoor basketball courts and swimming pool. Billiards, ping-pong and table games are available during specific hours.

Open Basketball and Volleyball:

Full Court: Thurs. 7:30 pm - 9:00 pm

Fri. 12:00 pm - 4:45 pm

Half Court: Mon. & Wed. 10:30 am - 12:00 pm & 1:00 pm - 3:00 pm

Volleyball Fri. 5:00 pm - 8:00 pm



Lake Park Clubhouse